



CIF/Central Coast Section
2016 SWIMMING & DIVING CHAMPIONSHIPS
Participant Information Bulletin

This Bulletin was e-mailed to all member-schools on or about

April 15, 2016

Contact: Jennifer Watson - Email: jwatson@cifccs.org

(408) 224-2994 FAX - (408) 224-0476



ATTENTION ATHLETIC DIRECTORS:

Please route this bulletin to your HEAD VARSITY SWIMMING & DIVING COACH, and make sure that you and your coach have read the [SWIMMING & DIVING BYLAWS](#) and ENTRY INFORMATION which are posted under the "Playoff Information & Bylaws" tab of the [Swimming & Diving webpage](#) of the [CCS website](#).

cc: League Commissioners, Site Directors, Executive Committee

MEETINGS	SCRATCH PROCEDURES	TRAINER
CHAMPIONSHIPS DATES / SITE/TIME	COACHES' PACKET & PASSES	SPORTSMANSHIP
SCHEDULE OF EVENTS	ADMISSION & PARKING	RADIO/TV LICENSING
WARM-UP PROCEDURE	RULES	CHAMPIONSHIP T-SHIRTS & PATCHES
IMPORTANT NOTICE!	TEAM SCORING	PARTICIPANT CERTIFICATES
ENTRY DEADLINE & PROCEDURES	RESULTS	ALL-AMERICAN APPLICATIONS

See also: [CCS PLAYOFF POLICY](#)

CCS STAFF LIAISON: [Jennifer Watson](#), Assistant Commissioner

TOURNAMENT DIRECTORS: [Bob Colyar](#) and [Bill Hird](#)

MEETINGS

- EVALUATION: WEDNESDAY, June 1, 2016, @ 4:00pm, @ the CCS Office**

CHAMPIONSHIPS DATES / SITES

The 2016 CCS Boys and Girls Swimming & Diving Championships will be held at:

SANTA CLARA INTERNATIONAL SWIM CENTER,
 2625 PATRICIA DRIVE, SANTA CLARA

FRIDAY, MAY 13th - BOYS DIVING

Warm-ups - 7:00 am; Competition - 9:00 am

FRIDAY, MAY 13th - SWIMMING PRELIMINARIES

Warm-Ups - 12:30 noon; Competition - 2:30 pm

SATURDAY, MAY 14th - GIRLS DIVING

Warm-ups - 7:00 am; Competition - 9:00 am

SATURDAY, MAY 14th - SWIMMING FINALS

Warm-Ups - 12:30 pm; Competition - 2:30 pm

** Note: The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.*

SCHEDULE OF EVENTS**FRIDAY, MAY 13, 2016 - SWIMMING PRE-LIM'S****GATES OPEN FOR SWIMMERS & SWIM COACHES @ 11:45 AM*****Warm-ups begin @ 12:30 pm; Competition begins @ 2:30 pm using the following order of events:***

200-Yard Medley Relay	100-Yard Butterfly	100-Yard Backstroke
200-Yard Freestyle	100-Yard Freestyle	100-Yard Breaststroke
200-Yard Individual Medley	500-Yard Freestyle	400-Yard Freestyle Relay
50-Yard Freestyle	200-Yard Freestyle Relay	

SATURDAY, MAY 14, 2016 - SWIMMING FINALS**GATES OPEN FOR SWIMMERS & SWIM COACHES @ 11:45 AM*****Warm-ups begin @ 12:30 am; Competition will follow the following approximate schedule***

<u>Event#</u>	<u>Event</u>	<u>Consolation</u>	<u>Final</u>
1	Girls 200-Yard Medley Relay	2:30 pm	2:33 pm
2	Boys 200-Yard Medley Relay	2:36	2:39
<u>Five-Minute Break</u>			
3	Girls 200-Yard Freestyle	2:44	2:47
4	Boys 200-Yard Freestyle	2:50	2:53
5	Girls 200-Yard Individual Medley	2:56	2:59
6	Boys 200-Yard Individual Medley	3:02	3:05
7	Girls 50-Yard Freestyle	3:08	3:10
8	Boys 50-Yard Freestyle	3:12	3:14
<u>Break</u>			
<i>Awards Presentation: 200-MR; 200-FREE; 200-IM; 50-FREE; GIRLS DIVING</i>			
11	Girls 100-Yard Butterfly	3:43	3:46
12	Boys 100-Yard Butterfly	3:49	3:52
13	Girls 100-Yard Freestyle	3:55	3:58
14	Boys 100-Yard Freestyle	4:01	4:04
15	Girls 500-Yard Freestyle	4:07	4:14
16	Boys 500-Yard Freestyle	4:21	4:28
<u>Break</u>			
17	Girls 200-Yard Freestyle Relay	4:40	4:43
18	Boys 200-Yard Freestyle Relay	4:46	4:49
<u>Break</u>			
<i>Awards Presentation: 100-FLY; 100-FREE; 500-FREE; BOYS DIVING</i>			
19	Girls 100-Yard Backstroke	5:09	5:12
20	Boys 100-Yard Backstroke	5:15	5:18
21	Girls 100-Yard Breaststroke	5:21	5:24
22	Boys 100-Yard Breaststroke	5:27	5:30
<u>Break</u>			
<i>Awards Presentation: 200-FREE RELAY; 100-BACK; 100-BREAST</i>			
23	Girls 400-Yard Freestyle Relay	5:40	5:45
24	Boys 400-Yard Freestyle Relay	5:50	5:55
<i>Awards Presentation: 400-FREE RELAY; TEAM AWARDS</i>			

WARM-UP PROCEDURE

The warm-up procedure will be conducted in accordance with the [Swimming & Diving Bylaws](#).

IMPORTANT NOTICE TO ALL PARTICIPANTS AND COACHES

The CIF-Central Coast Section is well aware that many other school and non-school activities (AP tests, SAT/ACT tests, proms, plays, holidays, senior trips, religious days, etc.) may occur during CCS Play-offs. The CCS tries to avoid as many conflicts as possible; however, with so many activities available for today's student-athlete, it is not reasonable to assume that all such activities can be taken into account, and thus, CCS Play-off events will go on as originally scheduled. Participants and coaches are therefore expected to plan in advance for such possible scheduling conflicts and make those difficult choices as to which events will take precedence for that individual. Generally, although it is ultimately the personal choice of the student-athlete and/or his/her parent(s), an academic activity should take precedence over an extra-curricular event.

ENTRY DEADLINES & PROCEDURES:

The Central Coast Section will utilize [Club Assistant](#) for entry to the CCS Swimming & Diving Championships. Each individual school will be responsible for following the procedures for entry of their school's entries. It is recommended that the head coach perform this responsibility. It is also recommended that this entry responsibility is not delegated to another person or league representative. **Both swimming and diving entries must be entered using the [Club Assistant](#) system.** Entry instructions, including school usernames and passwords, will be emailed directly to each head coach by Club Assistant. If the head coach information has not provided to the CCS, the school username and password will be emailed to the athletic director. If you experience a problem with entries to Club Assistant, contact Curtiss Kikuta at ccsentries@att.net **The deadline for entries is Sunday, May 8, 2016 by 6:00 p.m. THERE WILL BE NO EXCEPTIONS.**

Beginning Monday, May 9th diving coaches must also register and submit a list of specific dives using www.divemeets.com. Team dive sheets are supplemental to the entry process on Club Assistant; **they are NOT a form of entry. Completed dive sheets must be submitted by 5:00 pm on Thursday, May 12, 2016.** If you experience a problem with registration on www.divemeets.com, contact Logan Champion at 530 219-6392 or coachlogan@santaclaradiving.com.

NOTE TO ALL LEAGUE REPRESENTATIVES: A copy of your league championship results MUST be forwarded to CCS Meet Director Bob Colyar at: rhcolyar@gmail.com and Bill Hird at billhird@comcast.net

Please DO NOT SEND, FAX OR E-MAIL ENTRY FORMS TO THE CCS OFFICE.

For further information, please contact: Meet Director Bob Colyar: rhcolyar@gmail.com or (408-209-6472).

MEET TIMERS

Bill Hird, Meet Co-Director, will contact schools regarding their responsibilities to provide timers for the CCS Trials & Finals. As per CCS Swimming & Diving bylaws:

The top finishing teams from the previous year will have the responsibility to provide three (3) timers for each lane at the Section Trials & Finals.

SCRATCH PROCEDURES

Swimming PRELIMINARIES: All scratches must be submitted to the Clerk of Course by: **1:30 pm, FRI., MAY 13th**

Swimming FINALS: All scratches must be submitted to the Referee by: **1:00 pm, SAT., MAY 14th**

COACHES PACKET & PASSES

- All student athletes **must be accompanied by a coach** that meets the criteria as addressed in CIF Bylaws 308 & 506. Students who are not accompanied by a coach meeting these requirements at any CIF contest WILL BE CONSIDERED INELIGIBLE and will not be allowed to compete
- Coaches Schools must submit coaches' names to the meet director in advance using the form called "[Deck Pass List](#)". The form is available under the "Playoff Information & Bylaws" tab of the [Swimming & Diving webpage](#) of the [CCS website](#). It must be signed by the principal and emailed to billhird@comcast.net or faxed to 408-264-4755 or as soon as possible.
- Coaches should pick up team packets, containing heat sheets and other critical Meet information at the Pass Gate upon arrival at the venue.
- **Coaches will not be allowed on the deck area between the diving pool and the swimming pool.**
- **Only athletes, coaches and officials are allowed on the pool deck at any time.**
- **No team canopies will be allowed on the deck area or in the stands.**

ADMISSION & PARKING

Go to the CCS Website: www.cifccs.org for Online Ticket purchase

Adult Admission	General Admission: <i>Senior Citizens, High School Students, & Children 6 and older</i>	Children <i>5 and under</i>
\$8	\$4	Free

- Only CCS & CIF passes are acceptable.
- Please notify your students, parents and fans that the Santa Clara International Swim Center will be charging for parking.
- Parking for busses and RV's will be available at the lot on Kiely Boulevard.
- Lawn chairs will not be allowed in the stands by City of Santa Clara regulation.

LOCKER ROOMS/TEAM MEMBERS' PERSONAL BELONGINGS

Neither the CCS, nor the host site, is responsible for your team member's personal property. Meet participants should NOT assume that there will be "full time" supervision of locker-room facilities during Meet. Therefore, it is incumbent upon Meet participants to make their own arrangements for safeguarding their personnel's valuables. We strongly recommend that you do not leave ANY valuables in any locker room while you are on the deck. If you do so, you are doing so at your own risk.

USE OF AUDIO AND VIDEO

Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Director or his designee.

TRAINER

There will be NO trainers provided at the CCS Swimming & Diving Championships.

RULES

The 2015-16 [NFHS](#) Swimming & Diving Rules will be followed, except as modified by State CIF and CCS.

SPORTSMANSHIP

- **Each Principal** is required by the CCS Board of Managers to meet with any team/individual from his/her school participating in the CCS Tournament to review CCS Sportsmanship Information. See the [REQUIRED PRE-GAME SPORTSMANSHIP MEETING INFORMATION SHEET](#) which can be found under the "Playoff Information & Bylaws" tab of the [Swimming & Diving webpage](#) of the [CCS website](#).
- **SHAVE-DOWN:** Shaving of any form will **NOT** be allowed at the Meet venue. This will be considered as UNSPORTSMANLIKE CONDUCT under Rule 3. Section 5., Article 7. of the NFHS Swimming & Diving Rules. Any participant in violation of this rule will be disqualified from further competition.
- **DECK-CHANGING:** Deck-changing will **NOT** be allowed at the Meet venue. This will be considered as UNSPORTSMANLIKE CONDUCT under Rule 3. Section 5., Article 1. of the NFHS Swimming & Diving Rules. Any participant in violation of this rule will be disqualified from further competition.
- **The NFHS Uniforms Rule (Rule 3, Section 3, Article 1)** will be strictly enforced for the duration of the CCS Swimming & Diving Championships whenever participants are on the Championship premises. Any infraction of this will be considered an unsportsmanlike act and a violation of the CCS Sportsmanship Policy.
- Any player or coach who is ejected from a CCS Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season.

TEAM SCORING

As outlined in the CCS Swimming & Diving Bylaws, the meet will be scored to sixteen (16) places.

RESULTS

Live results will be linked under the "Brackets & Results" tab on the [CCS Swimming & Diving webpage](#) as will complete results upon completion of the meet.

RADIO/TV LICENSING & MEDIA POLICIES

CCS owns the broadcasting rights for all championship contests. Licensing is required. The NFHS Network/Play-On Sports will be providing both Live and On-Demand coverage of the Meet Finals on the [CCS/NFHS Network Portal](#).



Media intending to cover the CCS Swimming & Diving Championships must be credentialed by the CCS Commissioner well before the Tournament. *Unauthorized selling of photographs taken at CCS events is strictly prohibited. In accordance with CIF and CCS contractual agreements, at no time may photographs be sold to the general public, participating schools, or families of student-athletes. Please note: Photographers will not be allowed behind the starting blocks.*

COMMEMORATIVE T-SHIRTS & PATCHES

CCS Championships T-shirts and Patches may be ordered online (\$15 each) using the [T-Shirt Order/Patch Order Form](#) which is posted under the "Playoff Information & Bylaws" tab of the [Swimming & Diving webpage](#) of the [CCS website](#). While supplies last, T-shirts, patches, hats and other commemorative items will be available at the Meet site. No other merchandise may be sold without CCS approval. Credit cards will be accepted for purchase of merchandise

We now accept these
cards for payment:



PARTICIPANT CERTIFICATES

Participant Certificates are available for coaches and athletes and are posted under the "Playoff Information & Bylaws" tab of the [Swimming & Diving webpage](#) of the [CCS website](#)

ALL-AMERICAN APPLICATIONS

[Click here for NISCA application forms for swimmers](#) (www.niscaonline.org)

Divers will need to make their own arrangements to video-tape the event. All NISCA forms are available: [click here](#). Instructions and qualifications are detailed on the form. (www.niscaonline.org)

STATE CIF MEET:

The top three (3) placers in each event in the Boys and Girls Divisions qualify for the State CIF Swimming & Diving Meet at Clovis Olympic Swim Complex at Clovis West HS in Fresno, CA on May 20th & May 21st, 2016. Coaches who have athletes qualifying for the State Meet should refer to the State CIF website (www.cifstate.org) to download a copy of the *CIF State Meet Championship Handbook*.

Note: Any athlete who qualifies for the CIF State Meet but plans to scratch any event must notify the Meet Director at any time prior to 30 minutes after the completion of the CCS Championship Meet in order to complete their scratch and alert any potential alternate.