



# ***Public's Guide to the NVSL Individual All Stars July 27th 2024 at 8:30AM***

***Hosted by Pinecrest Swim & Tennis Club***

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| <b>Pool Location</b>        | <p>12515 Pinecrest Rd, Herndon, VA 20171 \ Pool Telephone (703) 860-8027</p> <hr style="border-top: 1px dashed black;"/> <p>Pinecrest Swim &amp; Tennis Club (PC) is located between Fairfax County Pkwy (Rt. 286) and Reston Pkwy (Rt. 602). Please see parking restrictions below, but there will be no general parking available at PC or along Pinecrest Rd between Magna Carta and Fox Mill Rd. Swimmer and spectator drop-off for access to the team areas will be at the field gate along Pinecrest Rd. Recommend approaching PC from the West, avoiding turning onto Pinecrest Rd from Fox Mill Rd. See map for details.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Happy Ads</b>            | <p>The deadline for submission of the Meet Program Happy Ads is 5 PM Tuesday. Ads submitted after that time cannot be accepted. Ads must be submitted electronically to <a href="mailto:nvslhappyads@gmail.com">nvslhappyads@gmail.com</a> (PDF or JPG format preferred) and in its final version. Payment (checks made out to NVSL or cash) may be received at Merchandise pick-up or mailed to: NVSL c/o Michele Bergen, 7636 Webbwood Court, Springfield, VA 22151 and received by Monday, July 29. Information to submit Happy Ads can be found in the documents tabs of the NVSL website, All Stars (Individual) 2024-Pinecrest file</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Pool Familiarization</b> | <p>Pool Familiarization will be held on Friday, July 26th 7:00 AM – 11:00 AM. Swimmers will be allowed to swim in the pool at Pinecrest. The condition of the pool will be as close to meet conditions as possible. There will be limited parking at Pinecrest. You may also park in the surrounding neighborhood. Please be considerate by obeying posted signs and not blocking driveways. Pool Familiarization is not to be used as a team practice. This is an Open House warm-up for swimmers to become familiar with the pool and for the Coaches and Team Reps to become familiar with the site configuration. Please arrive as a team and sign in by coaches for lane space will be required. Teams will only be granted one 15-20 minute time slot to use the pool. There will be designated start/sprint lanes. Site maps will be available.</p> <hr style="border-top: 1px dashed black;"/> <p>All-Star T-shirts, Swim Caps, and meet programs will be available for purchase; a Happy Ads representative will be present to take orders and payments. Direct questions to <a href="mailto:nvslhappyads@gmail.com">nvslhappyads@gmail.com</a></p> |

## **Meet Day**

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| <b>Swimmer Drop Off</b> | <p>Swimmer drop-off for access to the team area at Pinecrest will be along the south side of Pinecrest Rd, just past the driveway entrance. The drop off area will be coned off and clearly marked.</p> <p>Drivers should approach Pinecrest from the West, passing the pool on the right. After dropping off your swimmer(s), continue to Fox Mill Road, turn right, then re-enter the neighborhood on John Milton Dr. Do NOT U-Turn along Pinecrest Road.</p> <hr style="border-top: 1px dashed black;"/> <p>Please build in time to park and walk to the pool after dropping off your swimmers.</p> |
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| <p><b>Parking</b></p>         | <p>The team area at Pinecrest will be open at 7am. Swimmers and spectators can gain access to the team areas through the gate at Swimmer Drop Off. General parking will be street parking in the surrounding neighborhood or at Fox Mill Elementary School (2611 Viking Dr, Herndon, VA 20171) which has limited parking. Parking in the Truist and Heritage Fellowship church parking lots across Fox Mill Rd is prohibited and strictly enforced; vehicles will be towed at owner's expense. Do not park on Fox Mill Rd; it is a high traffic thruway with no sidewalks or walking space. Allow plenty of time to park and walk to the pool once you drop off your swimmer(s). Please do not block driveways, park in intersections or block fire hydrants. Commercial vehicles and large buses are not permitted for this event. Be a good neighbor - Follow the guidelines please!</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>Parking (cont.)</b></p> | <p>The pool will provide eight (8) Handicapped Parking spaces during the day of the meet in the PC parking lot that are available only by reservation with a valid Handicap Tag. Please email <a href="mailto:president@pinecrest20171.com">president@pinecrest20171.com</a> to make a reservation. People who do not make prior arrangements will not be able to utilize the handicapped parking.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <p><b>Team Areas</b></p>      | <p>Team areas may be set up in the adjacent to Pinecrest NO EARLIER THAN 7 AM on Saturday morning. Anyone near or on PC pool property before 7AM will be considered to be trespassing and local authorities will be notified. Tents that are set up prior to 7AM on meet day will be removed. Access to the Team Area is through the swimmer drop off entrance. There will be a volunteer onsite to welcome teams and take them to their assigned Team Area. Teams may set up in designated areas as marked on the grass.</p> <p>PLEASE NOTE:</p> <ul style="list-style-type: none"> <li>*The NVSL and Pinecrest will assign locations for ALL teams to avoid the rush to choose a spot and set up tents from those teams with the most participants.</li> <li>*For teams sending 1-2 swimmers, Pinecrest will provide a "Single Swimmers" tented area and a covered pavilion near the tennis courts. Due to space limitations, there will not be locations assigned for these teams. Please bring chairs.</li> <li>*Teams from one division are welcome to reach out and organize a Team Area, under one tent, for their Division. Please email Bryan Haymond (<a href="mailto:iasnvsl@gmail.com">iasnvsl@gmail.com</a>) with your division number.</li> </ul> <p>The sand volleyball court is off-limits, will be clearly marked and will be strictly enforced.</p> <p>No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be in the pool parking lot/team areas.</p> <p>Tents, canopies and awnings are strongly encouraged. Grills, generators, and fires are NOT allowed in team areas.</p> <p>As always, Coaches are responsible for ensuring that their swimmers report to the Clerk-of-Course on time.</p> |
|                               | <p>Lining up early to enter the pool area is <b>strongly discouraged</b>. Marshals will escort the spectators for the first event to the Single Event Viewing bleachers at 8:10AM to ensure an orderly admission.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

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| <p><b>Single Event Viewing</b></p>         | <p><b><i>Take pride in modeling Great Sportsmanship - Be a good neighbor!</i></b></p> <p>Since this meet is providing SINGLE EVENT VIEWING ONLY THIS YEAR, there will be no reserving on bleacher seats. Marshals will remove materials covering bleachers to “reserve” seats. Please make your families and swimmers aware of the single event viewing plan for this year. Umbrellas are not permitted in the bleachers. There will be NO SPECTATOR ACCESS to the deck other than Single Event Viewing. To facilitate the movement of pedestrian traffic around the grounds, certain areas will be designated “NO STANDING” and a Marshal will be positioned to maintain pedestrian flow. The wooden deck just off the field will be a standing-room only spectator section.</p> <p>An area for disabled seating and a disabled restroom will be available.</p> <p>No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be located on the grounds.</p> |
| <p><b>Results</b></p>                      | <p>As events end, results will be posted at the meet. Full results can be found on the NVSL website after the conclusion of the meet.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p><b>Awards and Patches</b></p>           | <p>Medals and rosette ribbons are awarded to all swimmers and alternates immediately following each event.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>Photography - Group Pictures</b></p> | <p>As in the past, a professional photographer will be present to take photos of the participants in each event, following the presentation of awards. However, the photos will now be available for download approximately three to four weeks after the meet. Simply go to <a href="https://nvslallstars.smugmug.com">https://nvslallstars.smugmug.com</a> to locate the awards photo from your swimmer’s event. Images are organized based on the order they were swum at Individual All Star this year. The site is password protected---check with your division coordinator for the password. Photos can also be purchased from this site.</p>                                                                                                                                                                                                                                                                                                                                                                             |
| <p><b>Concessions and Vendors</b></p>      | <p>Pinecrest's Piranha Cafe will serve breakfast sandwiches, donuts, bagels, and fruit for breakfast and burgers, hot dogs, pulled pork sandwiches and grilled cheese for lunch in addition to other concessions of snacks, candy, ice cream, and drinks. A satellite concessions stand will be set up in the field to sell cold drinks. Concessions will accept cash and electronic payment. No outside food will be allowed within the pool fence enclosure. NVSL advertisers will have products for sale throughout the morning and afternoon. Please support Pinecrest’s concessions and all our NVSL and Pinecrest advertisers!</p>                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>Shop NVSL</b></p>                    | <p>NVSL Apparel, All-Star Shirts, Swim Caps and Programs will be on sale at the meet.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |