

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Nov. 17	18	19	20	21	22	23
	V - * 3:55 - 5:55pm D - * 3:55 - 5:55pm JV - * 5:30- 6:55pm	V - ! 6:10 - 7:50am V - * 3:55 - 5:40pm D - * 3:55 - 5:55pm JV - * 5:30- 6:55pm	V - * 3:55 - 5:40pm JV - * 3:55 - 5:30pm D - * 5:30 - 6:55pm	V - * 3:55 - 5:55pm D - * 3:55 - 5:55pm JV - * 5:30- 6:55pm	V - ! 6:10 - 7:50am JV - 6:10 - 7:50am V - * 3:55 - 5:30pm D - * 3:55 - 5:30pm	V - 7:00 - 9:45am % Team Building & Goal Setting
	Test Set	Time Trials		Time Trials	Time Trials	