

REGISTRATION

**Ends
April
10**



TIGERSHARKS PRE-SWIM

Online Registration

<https://sewaneetigersharks.com>

Registration ENDS April 10 midnight

April 15-May 16 (Monday-Thursdays, 4 lessons pre-week)

GROUPS

3:15-4:00 PM Rookie I and Rookie II

4:00-4:45 PM Junior I and Junior II

4:45-6:00 PM Pre-Senior and Senior

Cost: Rookies/Juniors \$200~Seniors \$175

mobermil@sewanee.edu

TIGERSHARKS PRE-SWIM

Registration Ends at 11:59 PM Wednesday, April 10

Sessions START Monday, April 15 and END Thursday, May 16 (Five weeks)
Four Lessons per week - Monday – Thursday

The following swim opportunities are being offered by Coach Max Obermiller.

NOTE: Students that have not swum on either the TigerSharks or MAC teams will need to come to the pool from 3:15-4:00 either April 11 or 12 for evaluation for placement. If the student can't meet the minimum requirements, they may sign-up for Summer swim lessons, but will not be able to participate in pre-swim. Caps and goggles will also be on sale.

3:15 – 4:00 pm

Rookie I: Must be able to swim to the backstroke flags (15 feet) on their own and swim freestyle and backstroke. This class is for beginning swimmers; this is NOT a learn-to-swim class. Primary ages 4 – 7 years. Instructors are in the water.

Rookie II: Can swim ½ length of pool easily doing freestyle and backstroke. Will be learning breaststroke and butterfly. Primary ages 5 – 10 years. Instructors are in the water.

4:00 – 4:45 pm

Junior I: Can swim a length of the pool easily. Teaching will focus on learning breaststroke and butterfly with conditioning to increase strength. Ages 5 – 10 years. Instructors are in the water on some days.

Junior II: One or two seasons of the swim team. Will be refining stroke mechanics for all 4 strokes with some light training. Primary ages 6 – 11 years. Instructors are in the water on some days.

4:45 – 6:00 pm

Pre-Senior: Have 3-4 strokes mastered and will work on establishing a training base. Primary ages 7 – 12 years

Senior: Focus will be on training and further stroke development. Primary ages 13 – 18 years

(Please note - there must be an enrollment of least 10 in the Pre-senior and senior group for the group to happen.)

COSTS: Rookies/Juniors = \$200 Seniors = \$175

Payment is due the first day of classes. Please make checks payable to **Max Obermiller**.

EQUIPMENT: both girls and boys must have a one-piece swimsuit, a swim cap (swimmers with long hair must have a swim cap), a pair of good goggles. We will have swim caps and goggles for sale if you need them..

If you have any questions please don't hesitate to contact me

Max Obermiller

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