Hercules Piranhas Swim Team – 2018

Swim Center Info:

Address: 2001 Refugio Valley Road, Hercules, CA 94547

 Web Site: [www.ci.hercules.ca.us](http://www.ci.hercules.ca.us)

 Phone: (510) 799-8296 Fax: (510) 799-8288

Contact Person For Team Information:

Rolo Lacanlale (510) 260-5864 rolo.lac@gmail.com

Meet Director & League Reps:

Annette Pizano-Lucas annette219@sbcglobal.net

Isadora Quintanilla isadoramontoya@yahoo.com

Marites Le meletime@yahoo.com

Randy Pinpin randyp830@gmail.com

Coaches:

Jodi Tamosunas swimnj@hotmail.com

Chelsea Colliver ccswimnpe@hotmail.com

Computer Tech:

Jack Lin (510) 682-8459 herculespiranhas@gmail.com

\*Our Meets are run with HY-TEK Meet Manager; we request that each team provide our Computer Techs with a complete list of their team’s entries 48 hours prior to the scheduled meet. (No later than 8pm on Monday for Wednesday evening meets, and 8pm on Thursdays for Saturday morning meets).

\*The Hercules Piranhas Swim Team will not accept any/all changes to a team’s swim meet entries less than 24 hours prior to the scheduled meet. (No later than 8pm on Tuesday for a Wednesday meet and no later than 10am on a Friday for a Saturday meet). Absolutely no changes 15 minutes before the start of any swim meet.

Swim Meet Info: The Hercules Swim Center doors will open at the designated time; parents who arrive early will not be allow in the facility until the designated times.

* Wednesday Meets: 6:00pm-9:00pm

Doors Open: 4:45pm

Visiting Team Warm ups: 5:30pm-5:50pm

Piranhas Warm ups: 5:00pm-5:20pm

* Saturday Meets: 8:30am-12:00pm

Doors Open: 7:00 am

Visiting Team Warm ups: 8:00am-8:20am

Hercules Warm ups: 7:30am-7:50am

* Lane Assignments:

Hercules Piranhas: Even number lanes

Visiting Team: Odd number lanes

* Parent Participation: to ensure a successful swim meet, we need parent participation to fill jobs and responsibilities:
	+ Timers/Recorder: 9 (Each lane will have 1 person using plunger only, 1 person using stop watches plus the plunger, and 1 person will be using plunger and recording time.) Visiting team will provide 2 timers/recorder for each even number lanes and 1 timer/recorder for each odd number lanes.
	+ Ribbon writers: 2
	+ Stroke & turn: 2
	+ Shepherds: Teams own parent volunteers

Visiting Team Area:

When you enter the pool the area located on the far side of the pool to the left of the diving boards.

Parking:

The Hercules Swim Center provides parking in our parking lot outside of the facility; please respect all fire lane and only park in designated parking spaces. Once the parking lot is full, there is additional parking located at the Hercules Middle School, and Hercules residential streets on Redwood and Falcon.

Pool Facility Capacity:

To accommodate both the Hercules Piranhas and the visiting team, the max capacity per team is 150 swimmers. Our facility will not be able to accommodate more than 300 swimmers on our pool deck; any additional swimmers will be asked to leave the facility.

Ribbons:

Ribbons are provided for individual events with the first six placements (1st – 6th place) and for relays top two placements (1st and 2nd place).

Order of Events:

There will be no changes allowed to the below Order of Events.

 MR 1 Heat / Age Group

 IM 1 Heat / Age Group

 Free 3 Heats / Age Group

 Breast 2 Heats / Age Group

 Fly 2 Heats / Age Group

 Back 2 Heats / Age Group

 FR 1 Heat / Age Group

Snack Bar:The Hercules Piranhas Snack Bar is open for Saturday morning meets from 7:30am-12pm and Wednesday evening meets from 5:30pm-9:00pm featuring a wide variety of drinks, snack items, specialty food items, candy, and ice cream. Our Concession stand is the best in the area, come down and check it out!

Team Bio:The Hercules Piranhas is a recreational swim team that is designed for children 4 to 18 years of age. Each swimmer participates in sanctioned practices, clinics, invitational swim meets, and monthly team socials & events.

Direction to Pool:Directions: Hwy 4 all the way into Hercules (end of Hwy); turn left onto San Pablo Ave. Turn left onto Sycamore, turn right onto Refugio Valley Road, turn left on the Swim Center.

Pool Rules at a Swim Meet:

* Play Pool: The Play Pool is closed during swim meets; parents are responsible for keeping an eye on their swimmers and children. Children, Swimmers, Teen and Adults are not permitted to swim in the play pool during a swim meet.
* Beginning level swimmers & swim meets: All swimmers are encouraged to participate in home and away swim meets; children who need assistance with a kickboard, a coach in the water, or is unable to complete one full lap will be asked not to compete in the swim meet until that swimmer is capable to complete and finish a race on their own.
* Difficult Swimmers: Swimmers who delay races by stopping on the wall or in the middle of the lane will be suspended from one full competition meet; if the swimmer continues to be difficult by delaying competition races, the swimmer is subjected to be suspended from the team longer than the one day or asked to leave the team.
* None swimmers: Only registered swim team members are allowed on the pool deck; parents with children need to supervise them at all times. Adults 14 years and up are welcome to pay a drop in fee for lap swim during designated lap swim hours; please speak with the Sr. Lifeguard before entering the pool.