41st Annual East County Invitational
July 8-9, 2017

Meet Director: Monica Unpingco SkimmerPresident@Gmail.com
Location: Freedom High School 1050 Neroly Rd. Oakley, CA 94561
Rules: U.S.S. & Pacific Swimming rules will be in effect. Pay special attention to starting rules. False starts will be charged at the discretion of the starter and meet referee.
Eligibility: Swimmers will swim in the age group according to his/her age on June 15, 2017. A swimmer may swim up (in a higher age group) but must remain in the higher age group for the entire meet. Swimmers who have competed as a member of a U.S.S team after December 31st are ineligible. High school/college students may continue to train and swim for a U.S.S. team until the first day of school practice and remain eligible. March 15th is the last day for students to train and swim for a U.S.S. team. Swimmers who swim unattached in a U.S.S. meet at any time are eligible.
Check-In: The meet will be deck seeded. Swimmers must check in for the first four events each day 45 minutes before the meet begins. Swimmers in all remaining events must check in at least 45 minutes before the estimated start of that event. Final check-in time will be at 1:00pm. Swimmers who do not check in will NOT be allowed to compete in the event. Check-in may only be done by the swimmer or the swimmer's parent.
Warm-ups: Pool opens at 6:40 am for warm-ups. Lane assignments will be given. No swimmer will be allowed in the pool without a coach's supervision.
Set-up: Team areas will be on the blacktop (Basketball courts) Please watch for specific details regarding tent set-up times.

Awards: Individual Awards - A and B Divisions: 1st thru 3rd Place: Medals 4th thru 8th Place: Rosette Ribbons High Point Trophy for both boys and girls in each age group.
ECI Record Breaker Ribbons
Team Awards – A and B Divisions: 1st thru 3rd Place: Trophy Team Relay
Admission: Free. ECI Programs will be available for $5.00.

Snack Bar: Opens at 7:00 am. Breakfast and lunch will be available both days. No food or drinks will be allowed on the pool deck.
Freedom High School does not allow any type of barbeque cooking in the team areas and/or parking lots.
Concessions: Swimming accessories will be available for purchase through Ultra-Star In addition, there will be a T-shirt vendor and specialty coffee bar for the two-day event.
Entry Fees: $4.00 per swimmer (Pool use/splash fee) $5.00 per swimmer per individual event **--NO REFUNDS--** $8.00 per relay team per relay event. Swimmers may compete in all five individual events. 6-under swimmers may only complete in four individual events. 6-under swimmers may not compete in the 7-8 individual medley.
Entry Form: ALL ENTRIES MUST FOLLOW ONE OF THESE FORMATS
1) HYTEK – (preferred method) see supplemental page/instructions for this method.
2) Manually – See attached ECI Meet Entry Forms. If manual, it is important to include all information and return in same format.
IMPORTANT: Every swimmer must submit a time! Please make every effort to supply a time (or estimate) for proper seeding. Without a time, the swimmer will be entered for time only. He/she will NOT be allowed He/she will NOT be allowed to place or score points for that event.

Work Requirements: Timing and recording assignments for your team will be based on the number of swimmers and will be forwarded to you after entries are processed. Your team is responsible for their assignments all day, both days. You may choose to use as many people as you want to fill these positions. Teams must provide their timers with stop watches, and workers must report to the timing area at 8:30 am each day for instructions. Each team is required to provide three qualified Stroke and Turn Officials.
Entry Deadline: Monday – July 3, 2017 A completed entry packet includes: 1) Team Information Sheet 2) Team Fee Summary Worksheet 3) ECI Meet Entry Form: a. Manual method (See format attached), or b. HYTEK Entry file AND a printed Entry worksheets (see separate instructions to submit HYTEK entries) 4) Check payable to “Antioch Delta Skimmers” (please mail) 5) Proof of Insurance indicating current year swim team liability coverage for your team. Provide a certificate of insurance naming Freedom High School/Liberty Union High School District, 1050 Neroly Rd. Oakley, CA.
The insurance form is required for all teams. PLEASE - NO CHANGES OR LATE ADDITIONS

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Check-In Procedures

The East County Invitational will be deck seeded. The following check-in rules will be in place:

1) Swimmers must check-in for the first four events of the day no later than 8:30 am on Saturday and 8:30 am on Sunday.

2) Swimmers in later events must check-in at least 45 minutes before the estimated start of that event. Final check-in for all other events will be at 1:00 pm.

3) Swimmers who do not check-in will not be allowed to compete in that event.

4) Check-in may only be done by the swimmer or the swimmer's parent.

We strongly advise all swimmers to immediately check-in at the Check-In Table as soon as they arrive each day. It is unfortunate when a swimmer is scratched from an event for not being checked-in by the deadline.

Please make sure that all swimmers, coaches and parents are informed of the Check-In Procedure.

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Supplemental Information

You will receive the following information back from the Meet Director by July 6th:

1) List of swimmers ranked by time for each event *

2) Assigned Warm-Up Schedule

3) Timer and Recorder Assignment Information Sheet (bring your team's stop watches!)

4) Scratch and Correction Sheet

* IMPORTANT: Upon receipt, please check your team's swimmers' entries for correctly entered times, age groups and spelling of names. Any correction of entry errors made by us must be submitted on a Scratch and Correction Sheet to Monica Adams or Charlie Gonzales on Saturday morning by 8:15 am.

See the Team Information Sheet and Entry Packet attached