Crockett Swim Team

2025 Team Bio

crockettswimteam.com

crockettiles@gmail.com

PO BOX 268 Crockett, CA 94525

Welcome Visiting Swim Team!

Head Coaches: Alisa Airoldi 510-260-4281 alisaairoldi@yahoo.com

Dominic Alvarado coachdom.cst@gmail.com

Computer Contact: computercontact.CST@gmail.com & ronnicancst@gmail.com

Our Meets are run with HY-TEK Meet Manager; we request that each team provide our Computer Coordinator with a complete list of their team's entries 48 hours prior to the scheduled meet. **(No later than 5 pm on Sunday for Wednesday evening meets, and 5 pm on Wednesdays for Saturday morning meets). **We will not accept changes to a team's swim meet entries less than 24 hours prior to the scheduled meet****

Swim Meet Information:

Saturday Swim Meets: 8:30AM- 12:00PM

CST WARM UPS: 7:30AM-7:55AM

VISITING TEAM WARM UPS: 8:00AM-8:20AM

Wednesday Swim Meets: 5:30PM- 9:00PM

CST WARM UPS: 4:30PM-4:55PM

VISITING TEAM WARM UPS: 5:00PM-5:20PM

Volunteer Coordinator/Contact person between teams should check in a minimum of 30 minutes before the start of the meet at the computer table near sheds.

Lane Assignments:

CST is assigned even lanes (2, 4, and 6)

Visiting Team is assigned odd lanes (1, 3, and 5)

Order of Events & # of Heats: (subject to change)

1.	50 Free (15-18)	1 Heat
2.	Medley Relay	1 Heat
3.	IM	1 Heat
4.	Freestyle	4 Heats
5.	Breaststroke	2 Heats
6.	Butterfly	3 Heats
7.	Backstroke	2 Heats
8.	Free Relay	1 Heat

Meets will be pre-seeded, fastest swimmers placed in the first heat.

The number of heats will be reduced by combining heats whenever possible.

Swimmers are limited to 3 individual events plus relays.

Note regarding Relay events for 8 and under swimmers:

There will be no diving from the shallow end of the pool (3 ½ foot depth) & the 2nd and 4th swimmers in Relay events will use “in-water starts.”

Scoring Information:

Individual Scoring	**Relays**
• 1st= 5pts	• 1st = 6pts
• 2nd = 3pts	• 2nd = 3pts
• 3rd = 1pt	• NO SWEEPS

Ribbon Information:

Ribbons will be awarded for 1st through 6th place **ONLY**.

Participation ribbons for 8 & under swimmers will be given for each stroke swam where a place ribbon was not earned.

Visiting Team Work Requirements:

2 – Stroke & Turn Judges

12 – Timers/Plungers/Recorders (9 timers- **lanes 1,3,5**, & 3 recorders- **lanes 2,4,6**) **required to mute cell phones/tablets during the meet while behind blocks NO PHOTOS OR RECORDING FROM BEHIND BLOCKS**

1- Ribbon labelers

Shepherds for your own team.

Team Camp Areas:

There will be no visiting team areas inside the pool facility. Visiting teams may use Alexander Park beside the pool. Tennis courts are off limits.

Snack Bar: limited Menu

Restrooms in pool area: Open to CST and visiting team

Directions to Crockett Pool:

FROM HIGHWAY 4: Exit Cummings Skyway toward Vallejo. Right on Crockett Blvd. Right on Pomona St., the pool is on the left.

FROM HIGHWAY 80: Exit 27, Pomona St. Left on Pomona St. Follow road to stop sign, Rolph Ave. the pool is on the left, corner of Rolph and Pomona.

PARKING: Parking is street parking, along Rolph Ave. & Pomona St., please be courteous and do not block driveways.