



Welcome Belmont Sharks Letter

Flow of a Belmont Hosted meet

The Belmont Sharks look forward to hosting your team at our upcoming meet. Following you will find information for your team:

Meet Procedures

Belmont is a 6 lane, 25-meter pool and we start events from both ends of the pool. Our HOA requires the meet to end no later than 11:30 AM for Saturday meets, which could impact our ability to complete the meet. Suggested procedural changes are described below in “Seeding the Meet.”

Meet Timeline

Beginning Time	Concluding Time	Topic
6:00 am	6:30 am	Final pool/deck and site setup (Belmont Shark setup team)
6:30am	7:00 am	Home and visitor team arrival
8:00 am	10:30 am	Concessions
6:45 am	7:15 am	Home team warm up (6 lanes)
7:15 am	7:50 am	Visiting team warm up (6 lanes)
	7:55 am	National anthem
8:00 am		Meet begins (Event 1 / Heat 1)
TBD		Relays begins
NLT 11:30 am		Meet Concludes
Following last even until complete		Clean-up

Seeding the Meet

For SATURDAY meets, please submit your initial meet entry exchange/sync by the prior Thursday @ 7 PM.

Deck Entries & Heat Changes

As a general practice we do not allow deck entries except as afforded by Section 4.3 of the ODSL rules. Once the final meet entry exchange/sync has been completed, any requested changes should be brought to our Team Rep's attention as soon as possible and no later than 30 minutes prior to the scheduled start time of the meet. Please bring a list of requested changes to the meet, being sure to include event number, swimmer name, and desired change.

We run a cardless meet with electronic timing. Once we get the swimmers in a heat/event we do not generally combine heats. All decisions to combine heats will be made prior to the start of the meet.

Please make sure all of your volunteers report promptly when called for prior to the beginning of the meet. We will explain the Dolphin wireless timing system along with covering general meet procedures.

Inclement Weather

In the event of a storm, the lifeguards will determine the safety conditions of the pool and facility. If the pool needs to be cleared, your team should report to their vehicles immediately and await further instruction. We follow the National Lighting Safety Institute's recommendation of waiting 30 minutes from the last sound of thunder or sight of lightning before resuming. The Team Reps, in conjunction with the Referee and the lifeguard staff will determine whether the meet can resume.

Volunteer support

Below is a chart of the breakdown by position and quantity for the home and visiting team. These numbers are the minimum amount of personnel to operate a meet per ODSL guidelines. If teams have additional personnel that are certified, we could then in act a rotational plan to give the personnel a break. Water is supplied to timers and on deck volunteer team personnel.

Category	Belmont	Visitor
Certified Starter	0	1
Head Referee	1	0
Stroke and Turn Judge	2	2
Head Computer Operator	1	0
Assistant Computer Operator /Scorer	1	1
Clerk of Course	1	0
Assistant Clerk of Course	0	1
Clerking	5	5
Runners (For DQ Slips)	2	2
Head Timer	1	0
Timers (3 per lane)	9	9
Ribbons	2	2
Relay take-off judges	2	2
Team Rep	1	1

Health Protocols

- If your swimmer has any Covid-19 or other contagious disease symptoms, exposure or potential exposure, we ask you keep your swimmer home and follow the public health and CDC guidance to ensure they are healthy before returning to the Sharks.
- We are asking for NO crowding on the pool deck or along the sides of the pool. Please maintain a respectful distance.

Pool Deck

The Belmont pool has a capacity of 254. This will allow the teams to be able to have their swimmers in their designated team swim area, meet official personnel and minimum spectators on deck at the same time. To make sure that Belmont does not exceed the Loudoun County Health department requirements, we at Belmont have made the following modification to a pre-COVID operated meet:

Spectators and Tents/ chairs

In an effort to maintain our occupancy capacity as set out by the health and fire departments requirements for the following protocols will be enacted for larger visiting teams:

1. Tents and chairs will not be allowed on the pool deck.
2. Each team will have a marked team area in the parking lot that will allow for the waiting between events.
3. Swimmers will remain off the pool deck until the clerk of course calls their event to que. Swimmers from both teams will setup in the parking lot area.
4. Spectators will be allowed for the event that your swimmer is swimming as long as you maintain a proper social distancing.
5. While watching your swimmer, please be cognoscente to allow spectators of the current heat to be able to see.
6. No chairs in the spectator area will be allowed, with exception for people with medical needs. Once your swimmer has completed their event, please move off the pool deck.

We appreciate your cooperation to please clean up your area during and after the meet. Trash receptacles are located throughout the pool deck.

Restricted Areas

Please stay outside of the flagged areas and keep clear of the area around the starter table to allow access for Officials and Runners. Other than the race lanes, all pools and diving areas are closed. Please ensure that team members do not access any of the pools. Additionally, the Belmont HOA has request that during swim events, that team and spectators are not to utilize the new Belmont pool furniture.

Que of Swimmers

A key component of a smooth flowing meet is to allow the “Starter” to set the pace of the meet. In an effort to assist the starter, all swimmers need to be at the correct place at the correct time.

The home team will provide the Head Clerk who will coordinate the flow and line up all swimmers at the clerk entry point.

The visiting team will be responsible for organizing their swimmers and delivering them to Head Clerk at the clerk entry point.

We will conduct a clerk linkup between the two teams at 0730 at Saturday meet.

To assist in this process, there are two areas for lining up the swimmers (one on the deck and one off the deck). In both area, swimmers will be keep separated social distanced in the que area in designated spaces/ chairs. The Belmont Clerk of course will determine the quantity of swimmers that will gather in the following areas.

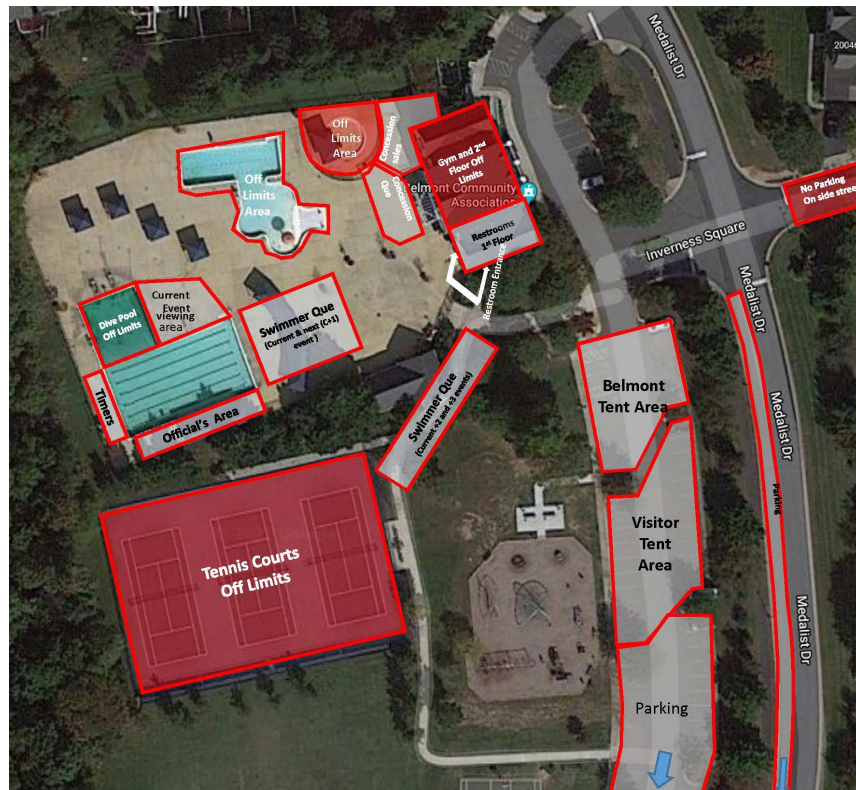
1. On-Deck que area: This area is for the clerks to line up the current Event by heats and to line up the next event.

2. Off-Deck que area: This area is where the following two event are to gather.

Protests

As per OLD DOMINION SWIM LEAGUE RULES AND REGULATIONS As Amended and Adopted by the ODSL Membership 10.16.23 the following rules are in effect:

- 10.1. Protests against the judgment decisions of starters, stroke and turn, place and relay take-off judges shall follow the procedures set forth below:
 - 10.1.1. Protests will only be considered when made by the Team Representative or the individual designated by them for a particular meet to the Referee.
 - 10.1.2. The protest shall be lodged with the Referee within thirty (30) minutes of the judgment decision protested or prior to completion of the last event, whichever occurs first.



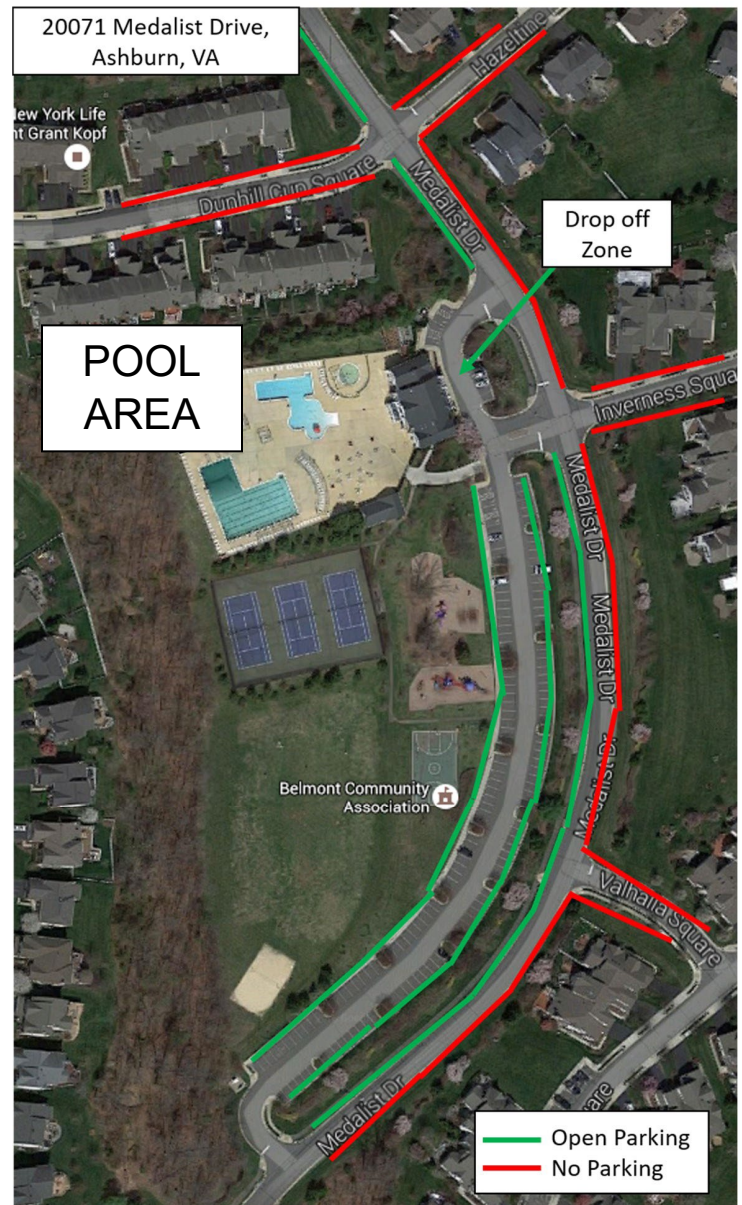
Access/ Parking

Access: Belmont is a gated community, where only one of the gates has an attendant. Do NOT attempt to enter via the two gates on Gloucester Pkwy. For those that do not hold a Belmont access pass, you will have to enter via the main gate off Russell Branch Parkway near Whole foods of Ashburn.

Directions

- Our pool is located at 20071 Medalist Drive, Ashburn VA. For those that do not hold a Belmont access pass, you will have to enter via the main gate off of Russell Branch Parkway near Whole foods of Ashburn.
- If the far RIGHT traffic bar is raised, you may proceed thru this lane without stopping. If the bars are lowered, you must stay to the LEFT and check in with the guards. Just let them know you are there for the Swim Meet.
- Once through the front gate, go around the traffic circle and proceed on Tournament Parkway, take the second left on Medalist Drive, the pool is about a ½ mile down on the right.

Parking: Will be limited to the parking lot at the pool and on the sidewalk side of Medalist Drive. No parking on side streets. There is a large parking lot in front of the pool. If full, obey all parking signs and park legally on Medalist Drive. A detailed parking map is attached. (Note: For regular season meets, BCC does not allow visitors to park at the Main Clubhouse)



National Anthem

At the start of the meet, the National Anthem will be played.

Concessions

The Belmont concession area will have a variety of food, beverages and snacks for you and your swimmer to enjoy. Meets will have Chick-Fil-A sandwiches and Anita's Breakfast Burritos as supplies last, drink (Gatorade, water, soda), and snacks (candy and other treats). Families are welcome to bring their own provisions. Glass containers of any kind are prohibited. We accept, cash, PayPal and Venmo.

Ribbons

Ribbons will be located adjacent to the computer terminal. Both team's ribbon volunteers will work together to apply labels as the labels are printed. Labels will be printed by team at the conclusion of Male and Female Freestyle, Backstroke, Breaststroke, Butterfly, IM and relays. There will be a consolidated ribbons table with bins for places 1-6. There will "NOT" be participation labels printed or ribbons provided.

We look forward to a great meet!