



# Winter Festival South

January 25-26, 2020 Cochrane, AB

## Purpose

An introduction to provincial level competitions with exposure to heats and finals racing.

Qualifying	Up to January 13, 2020
Entry Deadline *	January 13, 2020 9:59 pm MST
Scratch Deadlines	Swim Alberta Scratch Rule (Appendix A)
<b>* <i>Withdrawals will not be refunded after the entry deadline</i></b>	

## Facility

Spray Lakes Sawmills, 800 Griffin Rd East, Cochrane, Alberta  
8 x 25-meter pool

January 25	Warm-up: 1:00 PM / Start: 2:00 PM
January 26	Warm-up: 1:00 PM / Start: 2:00 PM

## Sanction

This meet is sanctioned by Swim Alberta.

## Rules

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

## Hosts

Swim Alberta and Cochrane Comets Swim Club

Meet Manager	Karen Fournier	<a href="mailto:meetmanager@cochranecomets.ca">meetmanager@cochranecomets.ca</a>
Officials Chair	Mya Dvorak	<a href="mailto:officials@cochranecomets.ca">officials@cochranecomets.ca</a>
Advisory Referee	Jackie Snodgrass	<a href="mailto:snodpj@telusplanet.net">snodpj@telusplanet.net</a>
Swim Alberta	Tina Marie Baldwin	780-643-3855/ <a href="mailto:tinamarie@swimalberta.ca">tinamarie@swimalberta.ca</a>

## Safe Sport

Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment or discrimination.

Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

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### Eligibility

This meet is closed to swimmers currently registered with a Swim Alberta affiliated year-round club south of the 52<sup>nd</sup> parallel may enter. (south of Innisfail)

### Qualifying

Swimmers may qualify for the Winter Festival South by achieving one of the Festival time standards within the qualifying period. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca), converted times are permitted to qualify. Para swimmers who have a Level 1 classification and are age eligible may attend.

### New Qualifiers

Entries for Swimmers who have qualified after the entry deadline will be accepted. Coaches must notify Swim Alberta by 11:59pm Sunday January 19, 2020.

### Entries

Swimmers who have qualified in one (1) event may enter any number of individual events. Entries must be submitted online at [www.swimming.ca](http://www.swimming.ca). Deck entries will not be permitted.

### Entry Fees payable to Swim Alberta.

Entry Fees are \$80.00 per swimmer. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

### Entry Rules

Entries must be submitted using the athletes best short course time, converted times may be used for entry. No-Time (NT) entries will not be accepted, coaches must submit estimated times.

Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition.

Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

### Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. (See appendix A)

### Format

Individual Events: Age Categories

Female: 8, 9, 10

Male: 8- 9, 10, 11

Relay Events: Age Categories

Female: 8-10

Male: 9-11

Mixed: 8-11

### Diving

Starts will be conducted from Starting Platforms (blocks) as per FINA 2.3 and SW 4.1. Relay takeovers from the turn end will be in-water.

### Preliminaries

There will be preliminaries and finals for the 50 freestyle and the 50 backstroke. All preliminaries will swim regardless of the number of entries and will be seeded fast to slow. There will be no age categories in the 50 Freestyle or the 50 backstroke.

### Finals

There will be A to F finals (6 finals) for each gender in the 50 freestyle and the 50 backstroke immediately following the time final events, before the relays.

### Time Finals

All remaining events will be swum as time final events will be senior seeded, fast to slow.

### Relays

Swimmers may enter one relay event per day; female, male or mixed.

Teams may enter one (1) 'relay only' swimmer for the 'A' relay. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted. This is only permitted if the team has three (3) swimmers eligible for the relay who are entered in at least one individual event.

Individual names must be submitted to the Clerk of Course by the deadlines listed below.

4x25 Free	January 25	1:30 pm
4x25 Medley	January 26	1:30 pm

### **Awards**

Individual Time Final Events

Ribbons will be awarded to the top eight swimmers of each age category in each event.

### **Individual Finals**

The top eight swimmers will receive a ribbon of their rank. All remaining swimmers racing in the finals will receive a finals award card with their rank and time.

### **Relay Events**

Ribbons will be awarded to the top eight teams in each event.

### **Draw Prizes**

Each heat winner will be eligible for a draw prize. Draw prizes will be selected each day prior to the start of finals.

### **Media**

Club photographers are not permitted.

### **Time Trials**

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

### **Proof of Time**

Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed or seeded last.

### **Official Splits**

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

### **Psych Sheets**

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

### **Accreditation**

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

## **EVENTS**

Saturday January 25	Sunday January 26
Warm-up: 1:00 pm / Start: 2:00 pm	Warm-up: 1:00 pm / Start: 2:00 pm
<b>50 Freestyle Preliminaries</b> 100 Butterfly 50 Breaststroke 100 Backstroke 100 IM	<b>50 Backstroke Preliminaries</b> 100 Breaststroke 50 Butterfly 100 Freestyle
<b>50 Freestyle Finals</b> 4x25 Freestyle Relay	<b>50 Backstroke Finals</b> 4x25 Medley Relay

## **Appendix A**

Alberta provincial meets will use the Swim Alberta Scratch Rule.

<http://www.swimalberta.ca/officials/meet-manager-information>

### **SWIM ALBERTA SCRATCH RULE**

#### **Time Final Meets including Winter & Summer Festivals:**

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course.

Scratches for the session's events are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

#### **Deadlines for Relays**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.