

JOHN TIMMERMANS MEMORIAL MEET 2020

February 27 - 29, 2020

Repsol Sports Center North Competition Pool
2225 Macleod Trail SW, Calgary, T2G 5B6 Alberta
25meter, 8 lane pool,
Omega/ARES timing system



Eligibility

This competition is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club.

Schedule

Sessions		Date	Warm up	Start
Session 1 (Timed Final)	All age group	February 27, 2020	3:00 PM	3:45 PM
Session 2 (preliminaries)	All age group	February 28, 2020	7:30 AM	8:30 AM
Session 3 (final)	All age group	February 28, 2020	4:00 PM	4:45 PM
Session 4 (preliminaries)	All age group	February 29, 2020	7:30 AM	8:30 AM
Session 5 (final)	All age group	February 29, 2020	3:30 PM	4:15 PM

*John Timmermans Memorial Ceremony will hold one of session starts.

ENTRIES

- Entry Fees: Individual events
Heat & Final \$12.00/event, Timed Final \$10.00/event
Relays \$20.00
Entry Fees are non-refundable after the scratch deadline
- Entry Deadline: Monday, January 27, 2020 11:59PM
- Deck Entries: Deck Entries will be charged \$20.00/ event for all individual events, Relays \$25.00. All Deck Entries are exhibition swims, and will not be scored.
- Refunds: No refunds for any scratched swimmers after February 16, 2020
- Expected Entries:
- Maximum of 350 Swimmers and Minimum 275 swimmers
 - Nose Creek Swim Association reserved 125 swimmers
- Entry Procedures:
- All entries to be submitted using Hy-tek through the Swimming Canada online system.
 - All entries must contain the **swimmer's name, Swimming Canada swimmer ID and date of birth**. If entering from outside of Canada, please email Hy-tek file directly to the meet manager
 - Please enter all events with a time. NT's will not be accepted.



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- Swimmers are limited to a maximum of seven individual events, maximum three per preliminary session and one event on Session 1
- Maximum of 3 relays per team per age and gender
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system and will be accepted as long as no new heats are created and at Meet Management's discretion.
- **Swimmers who have achieved the Alberta Champion time in a given event for their age level (short course and/or long course), may swim preliminaries as exhibition, but are not eligible for Finals.**
- When a swimmer's birthday falls between February 27 and March 19 and move up higher age category at the Alberta Champion, he or she is willing to swim higher age category, coaches must notify meet manager at the time of entry with the swimmer's name for all age-up requests.

Time Trial:

- Each registered swimmer member is permitted to compete in one individual or relay event. No entry fees are permitted for Time Trials.

Official Split Time:

- Official Split time request deadline by 30minutes before start of the session in which the official split is requested. The coaches required to fill "Official Split Request Form.
- There will be a fee of \$5.00 for each single official split request. The fee is payable to the Clerk of Course at the time of the request.

Age Groups:

Individual events

50m, 100m, 200m, 400m distance events (preliminaries to be senior seeded); Finals to be swum in the following age groups:

- Female: 10&under, 11-12, 13-14, 15 &over, Male: 11&under, 12-13, 14-15, 16 &over

Relay events

- Female & Male: 12 & under; 13 & over

Qualifying Times:

Swimmers are able to enter 400IM and 400 freestyle if they are able to swim faster than event qualified time.

400 Free	7:30.00
400IM	8:00.00

MEET INFORMATION

Rules:

- The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- Swimming Canada warm-up procedures will be in effect.



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Safe Sport:

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

Competition and Diving Readiness Standards

- Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

Diving Rules:

- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

Meet Format – Timed Final and Preliminary Events

- All preliminaries events will be swum Senior seeded.
- 400 freestyle and 400IM must limit entries based on the times on due to numbers of entrants.
- 200 Breast, 200 Butterfly, 200 Back events are timed finals
- Relays: all relay events are timed finals

Meet Format – Finals Sessions

- for Female 10&under and Male 11&under - 50m and 100m stroke events and 200Free, 200IM, “A” finals only
- “A” & “B” finals for Female 11-12, 13-14 and 15&over / Male 12-13, 14-15 and 16&over - 50m and 100m stroke events
- “A” final only for Female 11-12 and 13-14, 15&over / Male 12-13 and 14-15, 16&over - 200 Free and 200IM
- “B” Finals - only if 18 and more qualified swimmers entered in the event

Scratches:

- **The Swim Alberta Scratch Rule will be in effect for this competition.**
- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- To make the meet run more efficiently any last minute scratches would be appreciated until Wednesday, February 26, 2020 by 3:00PM. Please notify by e-mail.
- Late scratches for timed final events and preliminaries: Submit to the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur. Meet Management may collapse heats to within an event to optimize meet proceedings.

Scratch Deadline and Penalties for Finals:

- Scratches are to be submitted to the clerk of course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session
- The Late Scratch Deadline shall be 30 minutes prior to the start of the Finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.

Deck Entries:

- Deck Entries will be “Exhibition” only and accepted only if the entry does not create a new heat.
- They must be submitted no later than the Late Scratch Deadline of that session.



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Relays:

- Provide swimmers name and name changes are to be submitted to the clerk of course 30 minutes after conclusion of the preliminary session.
- **Limited to three teams per age group and gender**
- Clubs may be limited to the number of relay teams per relay event based on session time out

Individual Awards:

- All events are awarded according to entry age categories.
- Individual Awards Ribbons for 1st - 8th places for age group Female 12 & Under and Male 13 & Under and Relays Ribbons for 1st - 3rd places.

Best Time Awards

- There will be a best time prize table for swimmers achieving one or more best times during session 1, 2 and 4.
- Draws for prizes for swimmers achieving best time will be conclusion of the session 4.
- All prizes must be picked up the conclusion of the Competition.

PLEASE NOTE: MEET MANAGEMENT RESERVES THE RIGHT TO ALTER, REVISE, LIMIT ENROLMENT, OR OTHERWISE MODIFY THE PROGRAM TO ENSURE MAXIMUM NUMBER OF SWIMS IN A SESSION OF REASONABLE LENGTH, FOLLOWING RECEIPT OF ENTRIES. COACHES WILL BE NOTIFIED OF ANY CHANGES PRIOR TO THE MEET.

ADDITIONAL INFORMATION

Meet Manager: Kyoko Taylor meet.manager@ncsaswim.ca
Assistant Meet Manager: Alexandra Rawlyck meet.manager@ncsaswim.ca

Officials:

Visiting clubs are encouraged to volunteer to officiate. Calgary and area clubs sending swimmers will be expected to send officials to: ncsa.officials@ncsaswim.ca



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<u>Session 1</u> February 27, 2020 Warm-up 3:00 pm Start 3:45 pm
200 Back (Timed Final)
200 Free
200 Breast (Timed Final)
200 Fly (Timed Final)
200 IM

- **Athletes can only swim ONE event in Session 1**

<u>Session 2</u> February 28, 2020 preliminaries Warm-up 7:30 am Start 8:30am		<u>Session 3</u> February 28, 2020 finals Warm-up 4:00 pm Start 4:45pm
100Back		100Back
50Free		50Free
100Breast		100Breast
50Fly		200 Free
400Free		50Fly
		Mixed 4 x 50 Free Relay 12&U
		Mixed 4 x 50 Free Relay 13 &O

<u>Session 4</u> February 29, 2020 preliminaries Warm-up 7:30 am Start 8:30am		<u>Session 5</u> February 29, 2020 finals Warm-up 3:30 pm Start 4:15pm
50Back		50 Back
100Fly		100 Fly
100 Free		200IM
50Breast		100 Free
400IM		50 Breast
		4 x 50 Medley Relay 12 & U
		4 x 50 Medley Relay 13 & O



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