



2018-2019 CHAMBLEE SWIM & DIVE

SWIMMER/DIVER COMMITMENT CONTRACT

I, _____ (swimmer/diver's name—print clearly) understand that attending practice means SIGNING IN, being in the water *on time*, and *staying for the duration of practice*. If I forget to sign in, am late, or can not stay for the duration of practice I understand that I need to make up that practice...EVEN IF THAT MEANS ATTENDING PRACTICE AT A TIME THAT IS NOT CONVENIENT.

Swim Practice Requirements to remain on the team (Divers have an independent practice requirement to earn a letter for Diving):			
Before Thanksgiving:	Minimum: 10 practices	Recommended: 15 practices	Encouraged: 18+ practices
Before Winter Break:	Minimum: 20 practices	Recommended: 25 practices	Encouraged: 26+ practices
Before MLK Weekend:	Minimum: 30 practices (will not letter/earn PE credit without 30 practices)		

Club swimmers may continue to train with their club teams and will provide the Chamblee coaches with their club coach's contact information to verify attendance.

Team information is sent via email. Athletes are encouraged to check their email daily but must check at least once per week. Attendance reports are sent weekly—any discrepancies must be brought to the coaches' attention within seven days of the weekly attendance report being emailed.

Meet Attendance Requirements:

Swimmers and Divers must report for meets at the designated check in time. ALL athletes are expected to attend ALL meets (regardless of whether they compete) and are required to stay until the end of the meets AND must wear the official team swim cap and swimsuit to regular season mandatory meets.

During the season, the entire team is eligible to participate in nine meets. **Athletes must attend a minimum of seven meets to letter/earn P.E. credit (and, further, must not have ANY unexcused meet absences).** Additionally, all athletes are required to attend the DeKalb County Diving Championship and/or the DeKalb County Swimming Championship to cheer on the team. All athletes who are selected for the County Championship and State Championship teams are required to participate in these meets.

To be **excused** from a meet or meet arrival time means that a coach has given an athlete permission **in advance** to miss without penalty. **Excuses are granted in VERY limited circumstances**—such as a conflicting school function (EX: CCHS-sanctioned sport, band concert, team banquet). Students need to communicate with the coaches at **least seven days in advance** for the coaches to determine whether the event will be excused or unexcused. Practices, meetings, tutorials, homework, and rehearsals are NEVER considered excused.

Athletes are excused from meets when they are ill and absent from school if they provide the coaches with a doctor's note or the attendance office excused absence slip (you may send a picture of this to the coaches via email) within 7 days of the absence. *If you are not at school for at least 1/2 a day you are not eligible to compete.* If missing a meet please contact the Coaches via email ASAP so that they can adjust the lineup.

I understand that the coaches expect me to be a leader in the school, in the pool, and in the community. Therefore, I will abstain from illegal substances in order to be a role model and to achieve the best performance in the pool. Further, my behavior (both in and out of school) should represent the Chamblee community in a positive light. Students may be removed from the team for conduct violating the Student Code of Conduct. Students who become academically ineligible will be suspended from the team until they become academically eligible.

Consequences for failure to follow this Commitment Contract:

1. Be pulled from the lineup (and not receive meet attendance credit).
2. Lose opportunity to earn Varsity letter, participate in Senior Night, and lose opportunity to participate in County luncheon.
3. Removal from the Team

As a parent, I understand that my swimmer/diver may not participate in every meet (and might not even participate in any meets at all, due to the size of our team and the limitations of entries for each meet). I will encourage my son/daughter to attend practices and make them a priority even when there is a heavy homework load. I understand that should my son/daughter violate the above team rules then they will be removed from the team.

PARENT _____ DATE _____

STUDENT ATHLETE _____ DATE _____