

NVSLA-Meet CW@PH - 6/19/2021
Northern Virginia Swimming League
Results - All events

Event 1 Boys 8 & Under 25 SC Meter Freestyle

NVSL Meter: 15.10 ! 7/10/1965 Roger McLeod M
 PH Meters: 17.55 6/22/1996 Vincent Reydam PH
 2019CW Team: 16.85 6/1/1998 Brian Murphy CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Karnik, Devin	8	Poplar Heights Recreation Assn	19.78	19.53	5
2 1-2 Coho, Simon	8	Poplar Heights Recreation Assn	26.42	24.20	3
3 1-3 Rogers, Luke	8	Canterbury Woods Swim Team	30.90	25.90	1
4 1-4 Fay, Decker	6	Poplar Heights Recreation Assn	31.59	28.15	

Event 2 Girls 8 & Under 25 SC Meter Freestyle

NVSL Meter: 15.25 ! 6/24/2017 Charis Roundtree VR
 PH Meters: 16.28 8/3/2002 Katie Yensen PH
 2019CW Team: 17.08 6/1/1992 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Ryan, Haley	8	Poplar Heights Recreation Assn	21.80	21.40	5
2 1-2 Meyers, Clara	8	Canterbury Woods Swim Team	21.26	21.59	3
3 1-3 Callahan, Emily	8	Poplar Heights Recreation Assn	22.26	22.95	1
4 1-4 Kostova, Gaby	8	Canterbury Woods Swim Team	23.31	23.18	
5 1-5 Thompson, Abigail	8	Poplar Heights Recreation Assn	27.69	27.14	
6 1-6 Martin, Penelope	7	Canterbury Woods Swim Team	29.12	29.81	

Event 3 Boys 9-10 50 SC Meter Freestyle

NVSL Meter: 29.38 ! 7/12/2014 Johnny Bradshaw HSC
 PH Meters: 33.76 6/20/1998 Vincent Reydam PH
 2019CW Team: 33.37 6/1/2001 David Shen CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Peters, Sean	10	Canterbury Woods Swim Team	39.57	38.59	5
2 1-2 Robell, Alex	10	Poplar Heights Recreation Assn	40.75	40.68	3
3 1-3 Nicholas, Davis	9	Poplar Heights Recreation Assn	52.84	50.93	1
4 1-4 Holmes, Sawyer	9	Canterbury Woods Swim Team	54.01	52.40	
5 1-5 Kaufman, Bennett	10	Poplar Heights Recreation Assn	55.30	55.68	
6 1-6 Campbell, Ethan	10	Canterbury Woods Swim Team	1:07.94	59.95	

Event 4 Girls 9-10 50 SC Meter Freestyle

NVSL Meter: 29.43 ! 6/22/2019 Charis Roundtree VR
 PH Meters: 32.27 7/26/2014 Alissa Keegan PH
 2019CW Team: 32.35 6/1/1994 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Holmes, Alice	10	Canterbury Woods Swim Team	39.32	38.48	5
2 1-2 Thompson, Mia	10	Poplar Heights Recreation Assn	42.82	41.56	3
3 1-3 Forst, Leah	10	Poplar Heights Recreation Assn	43.30	44.86	1
4 1-4 Geer, Naomi	9	Canterbury Woods Swim Team	57.46	49.00	
5 1-5 Berry, Peyton	9	Poplar Heights Recreation Assn	48.54	50.21	
6 1-6 Collins, Claire	9	Canterbury Woods Swim Team	57.00	55.03	

Event 5 Boys 11-12 50 SC Meter Freestyle

NVSL Meter: 26.18 ! 8/4/2018 Michael Mullen OKM
 PH Meters: 30.43 7/30/2016 Dan KInsella PH
 2019CW Team: 29.20 6/1/2003 David Shen CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Steyn, John	12	Poplar Heights Recreation Assn	34.39	34.64	5
2 1-2 Carnevale, Max	12	Poplar Heights Recreation Assn	36.91	36.90	3

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(Event 5 Boys 11-12 50 SC Meter Freestyle)

	Name	Age	Team	Seed Time	Finals Time	Points
3	1-3 Aefsky, Mark	11	Canterbury Woods Swim Team	40.52	37.10	1
4	1-4 Berry, Gavin	11	Poplar Heights Recreation Assn	NT	39.89	
5	1-5 Murray, Alex	12	Canterbury Woods Swim Team	46.01	46.42	
6	1-6 Meyers, John	11	Canterbury Woods Swim Team	52.91	50.13	

Event 6 Girls 11-12 50 SC Meter Freestyle

NVSL Meter:	27.36	!	6/23/2012	Cassidy Bayer	MVP
PH Meters:	30.87		7/26/2003	Alexandra Yensen	PH
2019CW Team:	29.90		6/1/1995	Marshi Smith	CW

	Name	Age	Team	Seed Time	Finals Time	Points
1	1-1 Peters, Riley	12	Canterbury Woods Swim Team	33.53	31.80	5
2	1-2 Kruszynski, Sofia	12	Poplar Heights Recreation Assn	37.46	36.17	3
3	1-3 Page, Blaine	12	Canterbury Woods Swim Team	37.42	36.90	1
4	1-4 Lees, Mia	12	Poplar Heights Recreation Assn	44.36	41.66	
5	1-5 McSorley, Elle	11	Canterbury Woods Swim Team	43.66	42.63	
6	1-6 Piccolo, Emelia	11	Poplar Heights Recreation Assn	43.87	42.89	

Event 7 Boys 13-14 50 SC Meter Freestyle

NVSL Meter:	24.03	!	8/2/2014	Tommy Hallock	FMW
PH Meters:	26.90		6/22/2002	Vincent Reydams	PH
2019CW Team:	27.15		6/30/2018	Ian Ching	CW

	Name	Age	Team	Seed Time	Finals Time	Points
1	1-1 Collins, William	14	Canterbury Woods Swim Team	28.86	28.26	5
2	1-2 Simpson, David	13	Poplar Heights Recreation Assn	32.87	33.63	3
3	1-3 Webster, Nathaniel	13	Poplar Heights Recreation Assn	37.63	35.02	1
4	1-4 McSorley, Jack	13	Canterbury Woods Swim Team	41.00	36.61	
5	1-5 Murray, Kyle	14	Canterbury Woods Swim Team	39.21	38.28	
6	1-6 Chudd, Gregory	12	Poplar Heights Recreation Assn	NT	43.44	

Event 8 Girls 13-14 50 SC Meter Freestyle

NVSL Meter:	26.00	!	7/31/2010	Janet Hu	MW
PH Meters:	28.62		7/21/2012	Erin Mcfall	PH
2019CW Team:	27.53		6/1/1998	Marshi Smith	CW

	Name	Age	Team	Seed Time	Finals Time	Points
1	1-1 Nguyen, Evi	14	Canterbury Woods Swim Team	32.28	31.04	5
2	1-2 DeLuca, Campbell	13	Poplar Heights Recreation Assn	32.08	31.71	3
3	1-3 Baldwin, Annalise	13	Poplar Heights Recreation Assn	33.81	33.76	1
4	1-4 Page, Cassie	14	Canterbury Woods Swim Team	36.70	34.38	
5	1-5 Rose, Hiro	13	Canterbury Woods Swim Team	35.53	34.46	
6	1-6 Viola, Maeve	13	Poplar Heights Recreation Assn	34.08	34.56	

Event 9 Boys 15-18 50 SC Meter Freestyle

NVSL Meter:	22.45	!	7/20/2019	Anthony Grimm	FO
PH Meters:	24.59		7/23/2005	Vincent Reydams	PH
2019CW Team:	24.49		6/1/1992	Sean McGrath	CW

	Name	Age	Team	Seed Time	Finals Time	Points
1	1-1 Autor, Alec	18	Poplar Heights Recreation Assn	27.99	27.89	5
2	1-2 Micheli, X	18	Canterbury Woods Swim Team	29.21	28.18	3
3	1-3 Nguyen, Andrew	16	Canterbury Woods Swim Team	30.10	29.15	1
4	1-4 Kinsella, Dan	17	Poplar Heights Recreation Assn	30.09	29.29	
5	1-5 Liu, Emerson	16	Poplar Heights Recreation Assn	29.45	29.76	
6	1-6 Micheli, Gabriel	15	Canterbury Woods Swim Team	31.99	30.89	

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Event 10 Girls 15-18 50 SC Meter Freestyle

NVSL Meter: 25.67 ! 7/27/2013 Janet Hu MW
 PH Meters: 27.57 8/1/2015 Beth Cashin PH
 2019CW Team: 28.23 6/1/2001 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Simpson, Julia	16	Poplar Heights Recreation Assn	28.40	28.96	5
2 1-2 Dubois, Maddy	18	Poplar Heights Recreation Assn	30.59	30.73	3
3 1-3 Bauernshub, Katie	16	Canterbury Woods Swim Team	31.89	31.56	1
4 1-4 Cook, Haleigh	17	Poplar Heights Recreation Assn	35.20	35.57	
5 1-5 Lewis, Amy	15	Canterbury Woods Swim Team	40.04	40.16	

Event 11 Boys 8 & Under 25 SC Meter Backstroke

NVSL Meter: 18.15 ! 7/28/2007 Roman Lowery FS
 PH Meters: 21.39 8/4/2001 Will Doty PH
 2019CW Team: 17.55 6/1/2006 Jonathan Pollock CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Klaiber, Owen	7	Canterbury Woods Swim Team	25.89	25.96	5
2 1-2 Spillmann, Asher	8	Canterbury Woods Swim Team	30.00	29.09	3
3 1-3 Coho, Simon	8	Poplar Heights Recreation Assn	48.34	30.33	1
4 1-4 Moore, Carter	8	Poplar Heights Recreation Assn	36.32	33.82	
5 1-5 Rogers, Luke	8	Canterbury Woods Swim Team	38.56	35.57	
6 1-6 Schellman, Nicholas	6	Poplar Heights Recreation Assn	1:02.88	40.66	

Event 12 Girls 8 & Under 25 SC Meter Backstroke

NVSL Meter: 17.70 ! 8/2/2014 Courtney Watts HS
 PH Meters: 20.46 8/5/2006 Beth Cashin PH
 2019CW Team: 21.17 8/4/2018 Riley Saunders CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Lundquist, Paige	8	Canterbury Woods Swim Team	26.69	23.87	5
2 1-2 Kaufman, Madeline	8	Poplar Heights Recreation Assn	26.90	26.33	3
3 1-3 Kostova, Gaby	8	Canterbury Woods Swim Team	NT	26.50	1
4 1-4 Mara, Madeline	7	Canterbury Woods Swim Team	28.95	26.76	
5 1-5 Flanagan, Molly	8	Poplar Heights Recreation Assn	29.90	28.19	
6 1-6 Neveu, Eliza	8	Poplar Heights Recreation Assn	34.06	32.12	

Event 13 Boys 9-10 50 SC Meter Backstroke

NVSL Meter: 33.37 ! 7/5/2014 Johnny Bradshaw HSC
 PH Meters: 36.65 8/2/2003 Johnny Germanis PH
 2019CW Team: 37.57 6/1/1984 Sean McGrath CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Peters, Sean	10	Canterbury Woods Swim Team	NT	44.40	5
2 1-2 Richards, Lucas	10	Poplar Heights Recreation Assn	47.20	44.66	3
3 1-3 Nguyen, Paul	9	Canterbury Woods Swim Team	1:02.59	53.04	1
4 1-4 Deloye, Philip	10	Poplar Heights Recreation Assn	59.75	57.71	
5 1-5 Campbell, Ethan	10	Canterbury Woods Swim Team	NT	1:17.64	
--- 1- Webb, Connor	9	Poplar Heights Recreation Assn	1:10.97	DQ	

Not on back off wall

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Event 14 Girls 9-10 50 SC Meter Backstroke

NVSL Meter: 33.16 ! 7/9/2016 Courtney Watts HS
 PH Meters: 38.20 6/26/2004 Katie Yensen PH
 2019CW Team: 38.78 6/1/1994 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Bauernshub, Brooke	10	Canterbury Woods Swim Team	47.72	44.52	5
2 1-2 Klaiber, Anna	9	Canterbury Woods Swim Team	53.33	50.18	3
3 1-3 Fehr, Sofia	10	Poplar Heights Recreation Assn	59.92	51.27	1
4 1-4 Bishop, Zoe	10	Canterbury Woods Swim Team	55.87	51.48	
5 1-5 Forst, Leah	10	Poplar Heights Recreation Assn	52.86	51.97	
--- 1- Berry, Peyton	9	Poplar Heights Recreation Assn	1:02.68	DQ	

Shoulders past vertical toward breast

Event 15 Boys 11-12 50 SC Meter Backstroke

NVSL Meter: 29.09 ! 7/7/2007 Philip Hu MW
 PH Meters: 34.53 6/24/2000 Vincent Reydam PH
 2019CW Team: 33.00 7/15/2017 Ian Ching CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Kiersz, Matthew	12	Poplar Heights Recreation Assn	46.51	45.25	5
2 1-2 Boucher, Dominic	12	Canterbury Woods Swim Team	48.54	48.12	3
3 1-3 Carnevale, Max	12	Poplar Heights Recreation Assn	NT	49.12	1
4 1-4 Callahan, Aydin	11	Poplar Heights Recreation Assn	51.02	51.98	
5 1-5 Murray, Alex	12	Canterbury Woods Swim Team	54.61	55.43	
--- 1- Reinhardt, Jim Beau	11	Canterbury Woods Swim Team	58.46	DQ	

Shoulders past vertical toward breast

Event 16 Girls 11-12 50 SC Meter Backstroke

NVSL Meter: 30.06 ! 6/28/2008 Janet Hu MW
 PH Meters: 35.32 8/7/2010 Beth Cashin PH
 2019CW Team: 34.00 6/1/1996 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Nguyen, Lien	12	Canterbury Woods Swim Team	38.09	36.48	5
2 1-2 Saunders, Riley	11	Canterbury Woods Swim Team	40.54	38.96	3
3 1-3 Page, Blaine	12	Canterbury Woods Swim Team	48.42	45.39	1
4 1-4 Ismail, Maryam	11	Poplar Heights Recreation Assn	47.98	45.76	
5 1-5 Lees, Maren	12	Poplar Heights Recreation Assn	52.08	50.24	
6 1-6 Lees, Mia	12	Poplar Heights Recreation Assn	52.96	51.47	

Event 17 Boys 13-14 50 SC Meter Backstroke

NVSL Meter: 26.19 ! 7/15/2017 Anthony Grimm FO
 PH Meters: 31.53 6/22/2002 Vincent Reydam PH
 2019CW Team: 30.63 7/6/2019 Ian Ching CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Bauernshub, Brady	14	Canterbury Woods Swim Team	32.62	32.48	5
2 1-2 Lees, Jeremy	14	Poplar Heights Recreation Assn	36.19	35.55	3
3 1-3 Webster, Nathaniel	13	Poplar Heights Recreation Assn	42.72	41.96	1
4 1-4 Guessford, Dag	13	Canterbury Woods Swim Team	1:06.47	59.68	
--- 1- Murray, Kyle	14	Canterbury Woods Swim Team	50.61	DQ	

Shoulders past vertical toward breast

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Event 18 Girls 13-14 50 SC Meter Backstroke

NVSL Meter: 29.75 ! 7/17/2010 Janet Hu MW
 NVSL Meter 2: 29.75 ! 8/4/2018 Alexandra Dicks HTM
 PH Meters: 31.27 8/5/2017 Caroline DeLuca PH
 2019CW Team: 30.93 6/1/1998 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Nguyen, Evi	14	Canterbury Woods Swim Team	37.54	36.22	5
2 1-2 Baldwin, Ellie	13	Poplar Heights Recreation Assn	37.36	36.90	3
3 1-3 Baldwin, Annalise	13	Poplar Heights Recreation Assn	41.65	41.46	1
4 1-4 Rose, Hiro	13	Canterbury Woods Swim Team	42.18	42.22	
5 1-5 Lang, Maya	14	Poplar Heights Recreation Assn	42.69	43.78	
--- 1- Elliott, Cassidy	13	Canterbury Woods Swim Team	48.28	DQ	

Shoulders past vertical toward breast

Event 19 Boys 15-18 50 SC Meter Backstroke

NVSL Meter: 23.82 ! 7/20/2019 Anthony Grimm FO
 PH Meters: 28.55 7/30/2005 Vincent Reydams PH
 2019CW Team: 27.09 6/1/1992 Sean McGrath CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Ching, Ian	16	Canterbury Woods Swim Team	30.86	29.41	5
2 1-2 Scherer, William	16	Poplar Heights Recreation Assn	36.11	34.55	3
3 1-3 Viola, Ronan	15	Poplar Heights Recreation Assn	36.03	34.64	1
4 1-4 Hite, Max	15	Canterbury Woods Swim Team	37.33	36.94	
5 1-5 Liu, Emerson	16	Poplar Heights Recreation Assn	38.54	38.13	

Event 20 Girls 15-18 50 SC Meter Backstroke

NVSL Meter: 28.21 ! 8/4/2012 Janet Hu MW
 PH Meters: 30.72 7/27/2019 Caroline DeLuca PH
 2019CW Team: 31.02 6/1/2000 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Dickson, Anna	16	Poplar Heights Recreation Assn	33.63	34.10	5
2 1-2 Cook, Haleigh	17	Poplar Heights Recreation Assn	38.77	39.80	3
3 1-3 Rose, Atti	15	Canterbury Woods Swim Team	NT	41.34	1
4 1-4 Oleyar, Julia	15	Canterbury Woods Swim Team	45.77	45.20	
5 1-5 Dubois, Cassie	15	Poplar Heights Recreation Assn	46.77	46.14	

Event 21 Boys 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 19.35 ! 7/28/2018 Andy Li KG
 PH Meters: 21.35 7/31/2010 Ian Thompson PH
 2019CW Team: 21.81 8/2/2008 Jonathan Pollock CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Haynes, Owen	8	Poplar Heights Recreation Assn	30.94	30.42	5
--- 1- Moore, Carter	8	Poplar Heights Recreation Assn	40.42	DQ	
--- 1- Spillmann, Asher	8	Canterbury Woods Swim Team	31.03	DQ	
--- 1- Fay, Decker	6	Poplar Heights Recreation Assn	NT	DQ	

Scissors kick
Other
Alternating Kick

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Event 22 Girls 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 19.61 ! 7/22/2017 Elizabeth Bryan IC
 PH Meters: 21.68 7/29/2006 Beth Cashin PH
 2019CW Team: 24.02 6/1/2005 Melissa Kratzke CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Saunders, Taylor	8	Canterbury Woods Swim Team	28.97	24.95	5
2 1-2 Mara, Madeline	7	Canterbury Woods Swim Team	34.33	31.64	3
3 1-3 Martin, Penelope	7	Canterbury Woods Swim Team	36.70	36.40	1
--- 1- Kaufman, Madeline Alternating Kick	8	Poplar Heights Recreation Assn	34.01	DQ	
--- 1- Flanagan, Molly Scissors kick	8	Poplar Heights Recreation Assn	NT	DQ	
--- 1- Neveu, Eliza Arms past hipline	8	Poplar Heights Recreation Assn	40.87	DQ	

Event 23 Boys 9-10 50 SC Meter Breaststroke

NVSL Meter: 37.26 ! 8/4/2018 Brandon Lesser DV
 PH Meters: 42.06 8/5/2000 Brian Winchester PH
 2019CW Team: 45.01 6/1/1984 Sean McGrath CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Garcia, Xavier	10	Canterbury Woods Swim Team	52.31	51.06	5
2 1-2 Richards, Lucas	10	Poplar Heights Recreation Assn	1:00.87	55.44	3
3 1-3 Kaufman, Bennett	10	Poplar Heights Recreation Assn	1:06.40	1:04.83	1
4 1-4 Snyder, Sutton	9	Poplar Heights Recreation Assn	1:07.90	1:07.94	
--- 1- Holmes, Sawyer Alternating Kick	9	Canterbury Woods Swim Team	1:11.97	DQ	

Event 24 Girls 9-10 50 SC Meter Breaststroke

NVSL Meter: 36.38 ! 8/3/2019 Elizabeth Bryan IC
 PH Meters: 40.28 8/2/2008 Beth Cashin PH
 2019CW Team: 44.00 6/1/1980 Lisa McDonell CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Bishop, Zoe	10	Canterbury Woods Swim Team	52.15	48.40	5
2 1-2 Thompson, Mia	10	Poplar Heights Recreation Assn	1:05.12	1:03.81	3
3 1-3 Tarutani, Lorel	9	Poplar Heights Recreation Assn	1:19.47	1:18.46	1
4 1-4 Collins, Claire	9	Canterbury Woods Swim Team	NT	1:23.68	
--- 1- Geer, Naomi One hand touch	9	Canterbury Woods Swim Team	NT	DQ	
--- 1- Kruszynski, Petra Non-simultaneous touch	10	Poplar Heights Recreation Assn	1:00.34	DQ	

Event 25 Boys 11-12 50 SC Meter Breaststroke

NVSL Meter: 32.99 ! 7/30/2016 Johnny Bradshaw HSC
 PH Meters: 37.27 8/2/2003 Trey DeGeorges PH
 2019CW Team: 37.42 6/1/2003 David Shen CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Spillmann, Phin	12	Canterbury Woods Swim Team	44.02	43.13	5
2 1-2 Steyn, John	12	Poplar Heights Recreation Assn	46.68	46.96	3
3 1-3 Berry, Gavin	11	Poplar Heights Recreation Assn	54.46	54.37	1
4 1-4 Fisher, James	12	Poplar Heights Recreation Assn	NT	1:00.44	
5 1-5 Reinhardt, Jim Beau	11	Canterbury Woods Swim Team	1:02.92	1:02.84	
--- 1- Boucher, Dominic Scissors kick	12	Canterbury Woods Swim Team	NT	DQ	

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Event 26 Girls 11-12 50 SC Meter Breaststroke

NVSL Meter: 34.40 ! 7/28/2018 Catherine Hughes T
 PH Meters: 36.92 8/7/2010 Beth Cashin PH
 2019CW Team: 39.20 6/23/2008 Sarah Liu CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Peters, Riley	12	Canterbury Woods Swim Team	47.45	43.18	5
2 1-2 Kruszynski, Sofia	12	Poplar Heights Recreation Assn	45.68	45.45	3
3 1-3 Kuczkowski, Katie	12	Poplar Heights Recreation Assn	53.13	51.47	1
4 1-4 McSorley, Elle	11	Canterbury Woods Swim Team	59.28	54.14	
5 1-5 Piccolo, Emelia	11	Poplar Heights Recreation Assn	57.97	58.01	

Event 27 Boys 13-14 50 SC Meter Breaststroke

NVSL Meter: 30.41 ! 7/28/2018 Aiken Do RFD
 PH Meters: 34.25 8/6/2005 Trey DeGeorges PH
 2019CW Team: 34.71 7/29/2017 Jordan Johnson CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Bauernshub, Brady	14	Canterbury Woods Swim Team	36.22	36.31	5
2 1-2 Lees, Jeremy	14	Poplar Heights Recreation Assn	37.95	38.14	3
3 1-3 McSorley, Jack	13	Canterbury Woods Swim Team	57.50	49.38	1
4 1-4 Gay, Matthew	13	Canterbury Woods Swim Team	52.58	50.26	

Event 28 Girls 13-14 50 SC Meter Breaststroke

NVSL Meter: 32.83 ! 6/24/1997 Lindsey Ertter T
 PH Meters: 36.09 7/28/2012 Beth Cashin PH
 2019CW Team: 36.73 7/31/2010 Sarah Liu at Divisionals CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Spillmann, Nadia	14	Canterbury Woods Swim Team	40.29	39.94	5
2 1-2 Reinhardt, Jane Ritchie	13	Canterbury Woods Swim Team	44.10	41.92	3
3 1-3 Viola, Maeve	13	Poplar Heights Recreation Assn	48.53	46.71	1
4 1-4 Goethert, Cara	14	Poplar Heights Recreation Assn	45.98	47.41	
5 1-5 Lang, Maya	14	Poplar Heights Recreation Assn	48.74	49.96	
6 1-6 Hartley, Grace	13	Canterbury Woods Swim Team	53.53	52.21	

Event 29 Boys 15-18 50 SC Meter Breaststroke

NVSL Meter: 27.57 ! 7/13/2019 Anthony Grimm FO
 PH Meters: 31.40 8/4/2007 Trey DeGeorges PH
 2019CW Team: 31.34 8/1/2007 David Shen CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Kinsella, Dan	17	Poplar Heights Recreation Assn	37.68	35.06	5
2 1-2 Viola, Ronan	15	Poplar Heights Recreation Assn	37.33	37.14	3
3 1-3 Nguyen, Andrew	16	Canterbury Woods Swim Team	38.41	37.37	1
4 1-4 Miller, Caden	16	Poplar Heights Recreation Assn	37.42	38.49	
5 1-5 Hite, Max	15	Canterbury Woods Swim Team	44.84	43.37	
6 1-6 Micheli, Gabriel	15	Canterbury Woods Swim Team	44.32	43.76	

Event 30 Girls 15-18 50 SC Meter Breaststroke

NVSL Meter: 31.62 ! 8/6/2016 Jacquee Clabeaux G
 PH Meters: 35.00 8/1/2015 Beth Cashin PH
 2019CW Team: 36.60 7/27/2013 Sarah Liu at Div 10 Individual CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Hunter, Danielle	15	Poplar Heights Recreation Assn	45.81	45.22	5
2 1-2 Carnevale, Mira	16	Poplar Heights Recreation Assn	43.93	45.75	3
3 1-3 Lewis, Amy	15	Canterbury Woods Swim Team	51.31	49.04	1

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(Event 30 Girls 15-18 50 SC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
4 1-4 Rose, Atti	15	Canterbury Woods Swim Team	48.02	49.21	

Event 31 Boys 8 & Under 25 SC Meter Butterfly

NVSL Meter: 16.21 ! 7/28/2018 Andy Li KG
 PH Meters: 19.19 8/4/2001 Will Doty PH
 2019CW Team: 19.30 6/1/1998 Brian Murphy CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Karnik, Devin	8	Poplar Heights Recreation Assn	22.91	21.96	5
2 1-2 Klaiber, Owen	7	Canterbury Woods Swim Team	30.97	26.19	3
3 1-3 Haynes, Owen	8	Poplar Heights Recreation Assn	35.10	32.45	1

Event 32 Girls 8 & Under 25 SC Meter Butterfly

NVSL Meter: 16.54 ! 7/13/2013 Kathleen Modder WC
 PH Meters: 19.42 8/4/2012 Alissa Keegan PH
 2019CW Team: 21.43 7/29/2017 Blaine Page CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Lundquist, Paige	8	Canterbury Woods Swim Team	31.48	25.66	5
2 1-2 Callahan, Emily	8	Poplar Heights Recreation Assn	27.14	27.65	3
3 1-3 Meyers, Clara	8	Canterbury Woods Swim Team	34.46	36.04	1
4 1-4 Thompson, Abigail	8	Poplar Heights Recreation Assn	41.46	45.88	
--- 1- Saunders, Taylor	8	Canterbury Woods Swim Team	34.53	DQ	
Non-simultaneous arms					
--- 1- Ryan, Haley	8	Poplar Heights Recreation Assn	29.93	DQ	
Non-simultaneous touch					

Event 33 Boys 9-10 25 SC Meter Butterfly

NVSL Meter: 14.36 ! 8/2/2014 Johnny Bradshaw HSC
 PH Meters: 16.50 8/2/2003 Johnny Germanis PH
 2019CW Team: 17.25 6/1/1956 Donnie Moore CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Garcia, Xavier	10	Canterbury Woods Swim Team	21.78	20.50	5
2 1-2 Nguyen, Paul	9	Canterbury Woods Swim Team	32.70	27.97	3
--- 1- Deloye, Philip	10	Poplar Heights Recreation Assn	24.38	DQ	
Non-simultaneous arms					
--- 1- Robell, Alex	10	Poplar Heights Recreation Assn	26.65	DQ	
Alternating Kick					
--- 1- Snyder, Sutton	9	Poplar Heights Recreation Assn	39.27	DQ	
Arms underwater recovery					

Event 34 Girls 9-10 25 SC Meter Butterfly

NVSL Meter: 14.74 ! 7/31/2010 Cassidy Bayer MVP
 PH Meters: 16.52 6/16/2014 Alissa Keegan PH
 2019CW Team: 16.66 6/1/1994 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Holmes, Alice	10	Canterbury Woods Swim Team	19.53	18.36	5
2 1-2 Bauernshub, Brooke	10	Canterbury Woods Swim Team	19.85	20.59	3
3 1-3 Klaiber, Anna	9	Canterbury Woods Swim Team	23.39	20.87	1
4 1-4 Fehr, Sofia	10	Poplar Heights Recreation Assn	26.06	22.35	
5 1-5 Kruszynski, Petra	10	Poplar Heights Recreation Assn	24.72	27.38	
6 1-6 Tarutani, Lorel	9	Poplar Heights Recreation Assn	31.78	34.72	

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Event 35 Boys 11-12 50 SC Meter Butterfly

NVSL Meter: 28.47 ! 7/28/2018 Nolan Dunkel T
 PH Meters: 34.63 6/24/2000 Vincent Reydam PH
 2019CW Team: 31.29 7/29/2017 Ian Ching CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Spillmann, Phin	12	Canterbury Woods Swim Team	39.78	39.15	5
2 1-2 Callahan, Aydin	11	Poplar Heights Recreation Assn	46.03	47.90	3
3 1-3 Kiersz, Matthew	12	Poplar Heights Recreation Assn	53.37	51.69	1
4 1-4 Aefsky, Mark	11	Canterbury Woods Swim Team	59.71	52.37	
5 1-5 Collins, Zach	12	Canterbury Woods Swim Team	1:04.89	52.52	
6 1-6 Chudd, Gregory	12	Poplar Heights Recreation Assn	1:02.80	1:08.03	

Event 36 Girls 11-12 50 SC Meter Butterfly

NVSL Meter: 28.49 ! 7/28/2012 Cassidy Bayer MVP
 PH Meters: 31.87 8/1/2015 Caroline DeLuca PH
 2019CW Team: 34.89 8/7/2010 Zoe Campbell CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Nguyen, Lien	12	Canterbury Woods Swim Team	34.97	34.92	5
2 1-2 Saunders, Riley	11	Canterbury Woods Swim Team	38.71	37.53	3
3 1-3 Ismail, Maryam	11	Poplar Heights Recreation Assn	49.34	42.27	1
4 1-4 Lees, Maren	12	Poplar Heights Recreation Assn	51.09	48.99	
5 1-5 Kuczkowski, Katie	12	Poplar Heights Recreation Assn	53.84	51.89	

Event 37 Boys 13-14 50 SC Meter Butterfly

NVSL Meter: 25.88 ! 7/22/2017 Anthony Grimm FO
 PH Meters: 30.03 8/4/2012 Christopher Markus PH
 2019CW Team: 27.72 7/27/2019 Ian Ching CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Collins, William	14	Canterbury Woods Swim Team	32.11	30.82	5
2 1-2 Simpson, David	13	Poplar Heights Recreation Assn	35.03	35.69	3
3 1-3 Gay, Matthew	13	Canterbury Woods Swim Team	54.59	52.11	1

Event 38 Girls 13-14 50 SC Meter Butterfly

NVSL Meter: 27.89 ! 7/27/2013 Cassidy Bayer MVP
 PH Meters: 29.71 8/5/2017 Caroline DeLuca PH
 2019CW Team: 32.27 6/1/1998 Marshi Smith CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 DeLuca, Campbell	13	Poplar Heights Recreation Assn	34.23	33.50	5
2 1-2 Spillmann, Nadia	14	Canterbury Woods Swim Team	35.80	34.90	3
3 1-3 Reinhardt, Jane Ritchie	13	Canterbury Woods Swim Team	39.13	37.04	1
4 1-4 Baldwin, Ellie	13	Poplar Heights Recreation Assn	37.07	37.20	
5 1-5 Robell, Zoe	13	Poplar Heights Recreation Assn	37.95	37.29	
6 1-6 Page, Cassie	14	Canterbury Woods Swim Team	40.49	38.02	

Event 39 Boys 15-18 50 SC Meter Butterfly

NVSL Meter: 23.63 ! 7/13/2019 Anthony Grimm FO
 PH Meters: 28.02 7/30/2011 Will Doty PH
 2019CW Team: 26.36 6/1/1992 Sean McGrath CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Ching, Ian	16	Canterbury Woods Swim Team	28.74	27.56	5
2 1-2 Autor, Alec	18	Poplar Heights Recreation Assn	31.44	31.38	3
3 1-3 Scherer, William	16	Poplar Heights Recreation Assn	32.03	31.62	1
4 1-4 Micheli, X	18	Canterbury Woods Swim Team	32.53	32.13	

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(Event 39 Boys 15-18 50 SC Meter Butterfly)

Name	Age	Team	Seed Time	Finals Time	Points
5 1-5 Miller, Caden	16	Poplar Heights Recreation Assn	42.52	38.17	

Event 40 Girls 15-18 50 SC Meter Butterfly

NVSL Meter: 27.30 ! 7/26/2014 Janet Hu MW
 PH Meters: 30.61 7/28/2018 Caroline DeLuca PH
 2019CW Team: 31.57 7/30/2016 Zoe Campbell at Div 12 Individ CW

Name	Age	Team	Seed Time	Finals Time	Points
1 1-1 Dubois, Maddy	18	Poplar Heights Recreation Assn	33.31	32.25	5
2 1-2 Simpson, Julia	16	Poplar Heights Recreation Assn	32.92	33.71	3
3 1-3 Dickson, Anna	16	Poplar Heights Recreation Assn	34.21	33.80	1
4 1-4 Bauernshub, Katie	16	Canterbury Woods Swim Team	36.08	35.61	
5 1-5 Oleyar, Julia	15	Canterbury Woods Swim Team	38.50	38.87	

Event 41 Boys 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:09.10 ! 7/18/2015 Overlee O
 E. Ingraham, M. Aslaksen, R. McNamara, B. Weber
 PH Meters: 1:17.63 7/19/1989 M. Campet, B. Deutsch, C. Deut sch, M. Coleman PH
 2019CW Team: 1:18.53 6/1/1996 D. Canner, S. Thaxton, B. Murp hy, J. Smith CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Poplar Heights Recreation 1) Haynes, Owen 8	A 2) Coho, Simon 8	1:39.80	1:40.75	5
			4) Karnik, Devin 8	

Event 42 Girls 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:10.35 ! 6/28/2014 Tuckahoe T
 P. Leonard, J. Gieseman, B. Thomas, C. Hughes
 PH Meters: 1:15.66 7/18/2012 Ava Slivinski, Elizabeth Snyder, Katie Oliver, Alissa Keegan PH
 2019CW Team: 1:20.22 7/19/2006 K. Felsberg, S. Kaneshige, G. Liu, Z. Campbell CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Poplar Heights Recreation 1) Callahan, Emily 8	A 2) Kaufman, Madeline 8	1:29.25	1:33.09	5
			4) Ryan, Haley 8	
2 1-2 Canterbury Woods Swim 1) Lundquist, Paige 8	A 2) Mara, Madeline 7	1:31.62	1:33.15	
			4) Meyers, Clara 8	

Event 43 Boys 9-10 100 SC Meter Medley Relay

NVSL Meter: 1:08.44 ! 7/9/2012 Chesterbrook CB
 O.Bernasek, N.Spicer, A.Kambhampaty, A.Bernstein
 PH Meters: 1:15.41 7/16/2003 Johnny Germanis, Kyle Swenson, Will Doty, Luke Jeffery PH
 2019CW Team: 1:16.03 7/18/2012 S. Collins, T. Brocato, J. Johnson, E. Yarashus CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim 1) Nguyen, Paul 9	A 2) Holmes, Sawyer 9	1:48.84	1:35.24	5
			4) Peters, Sean 10	
--- 1- Poplar Heights Recreation 1) Richards, Lucas 10	A 2) Kaufman, Bennett 10	NT	DQ	
			4) Robell, Alex 10	

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Event 44 Girls 9-10 100 SC Meter Medley Relay

NVSL Meter: **1:07.34 !** 7/23/2016 **Chesterbrook CB**
P. Leonard, E. Leonard, K. Gutierrez, M. Turley
 PH Meters: **1:14.47** 7/16/2003 **Katie Yensen, Alice Craig, Jordan Walker, Paige Veoni PH**
 2019CW Team: **1:15.16** 7/16/2008 **S. Kaneshige, G. Liu, K. Felsberg, Z. Campbell CW**

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	1:30.71	1:22.24	5
1) Bauernshub, Brooke 10	2) Bishop, Zoe 10	3) Holmes, Alice 10	4) Klaiber, Anna 9	
2 1-2 Poplar Heights Recreation	A	NT	1:31.11	
1) Forst, Leah 10	2) Kruszynski, Petra 10	3) Fehr, Sofia 10	4) Thompson, Mia 10	

Event 45 Boys 11-12 100 SC Meter Medley Relay

NVSL Meter: **59.90 !** 7/23/2016 **Fairfax F**
J. Singletary, J. Connors, C. Dobrydney, G. Evers
 PH Meters: **1:08.50** 7/16/2003 **Max Grant, Trey DeGeorges, Carlos Clark, Jack Cashin PH**
 2019CW Team: **1:08.50** 6/1/2000 **G. Bowman, S. Bowman, K. Keneger, J. Peterson CW**

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Poplar Heights Recreation	A	NT	1:17.74	5
1) Kiersz, Matthew 12	2) Steyn, John 12	3) Callahan, Aydin 11	4) Carnevale, Max 12	
2 1-2 Canterbury Woods Swim'	A	1:38.91	1:24.57	
1) Murray, Alex 12	2) Reinhardt, Jim Beau 11	3) Spillmann, Phin 12	4) Aefsky, Mark 11	

Event 46 Girls 11-12 100 SC Meter Medley Relay

NVSL Meter: **1:00.66 !** 7/18/2015 **McLean ML**
S. Gonzalez, D. Wu, O. Brower, S. Tennant
 PH Meters: **1:05.27** 7/15/2015 **Abby Kinsella, Abby McFall, Caroline DeLuca, Maddy Dubois PH**
 2019CW Team: **1:06.20** 7/21/2010 **S. Kaneshige, G. Liu, Z. Campbell, A. Brocato CW**

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	1:20.18	1:09.20	5
1) Saunders, Riley 11	2) Peters, Riley 12	3) Nguyen, Lien 12	4) Page, Blaine 12	
2 1-2 Poplar Heights Recreation	A	NT	1:18.95	
1) Ismail, Maryam 11	2) Kruszynski, Sofia 12	3) Lees, Maren 12	4) Kuczowski, Katie 12	

Event 47 Boys 13-14 100 SC Meter Medley Relay

NVSL Meter: **53.50 !** 7/13/2019 **Tuckahoe T**
JT Ewing, E. Rovelas, N. Dunkel, S. Jafari
 PH Meters: **1:01.08** 6/30/2012 **Christopher Markus, Alex Epp PH**
Ned Quill, Tristan Liu
 2019CW Team: **1:00.50** 6/30/2018 **I. Ching, A. Nguyen, K. Nguyen, C. Sandino CW**

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	1:18.26	1:07.18	5
1) Bauernshub, Brady 14	2) Gay, Matthew 13	3) Collins, William 14	4) Murray, Kyle 14	
2 1-2 Poplar Heights Recreation	A	NT	1:07.93	
1) Webster, Nathaniel 13	2) Lees, Jeremy 14	3) Simpson, David 13	4) Berry, Gavin 11	

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Event 48 Girls 13-14 100 SC Meter Medley Relay

NVSL Meter: 57.33 ! 7/6/2019 Chesterbrook CB
 C. Sheridan, E. Leonard, P. Leonard, C. Burgeson
 PH Meters: 1:02.62 7/21/2012 Erin Mcfall, Theresa Neubig PH
 Beth Cashin, Kate Mills
 2019CW Team: 1:04.24 7/20/2011 G. Liu, M. Kratzke, Z. Campbell CW
 I S. Kaneshige

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	1:15.55	1:05.97	5
1) Nguyen, Evi 14	2) Spillmann, Nadia 14	3) Page, Cassie 14	4) Reinhardt, Jane Ritchie 13	
2 1-2 Poplar Heights Recreation	A	NT	1:08.03	
1) Baldwin, Ellie 13	2) Goethert, Cara 14	3) DeLuca, Campbell 13	4) Baldwin, Annalise 13	

Event 49 Boys 15-18 200 SC Meter Medley Relay

NVSL Meter: 1:44.84 ! 7/6/2019 Chesterbrook CB
 R. Soh, T. Lentine, T. Outlaw, R. Mathis
 PH Meters: 1:56.94 7/9/2014 Alex Epp, Jack Noordhuizen PH
 Christopher Markus, Alex Kardis
 2019CW Team: 1:54.30 6/1/1991 S. McGrath, M. Witherspoon, B. Cesca, P. McPartlin CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	2:13.66	2:08.66	5
1) Ching, Ian 16	2) Nguyen, Andrew 16	3) Micheli, X 18	4) Hite, Max 15	
2 1-2 Poplar Heights Recreation	A	2:13.47	2:10.90	
1) Viola, Ronan 15	2) Miller, Caden 16	3) Scherer, William 16	4) Autor, Alec 18	

Event 50 Girls 15-18 200 SC Meter Medley Relay

NVSL Meter: 2:00.90 ! 7/20/2019 Overlee O
 M. K. Reicherter, K. Park, K. Bailey, A. Lee
 PH Meters: 2:09.36 11/7/2018 Caroline DeLuca, Emily Hunter, PH
 Maddy Dubois, Grace Grossmann
 2019CW Team: 2:08.19 6/1/1985 M. Witherspoon, N. May, K. Forster, K. Schweizer CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Poplar Heights Recreation	A	2:19.27	2:18.59	5
1) Dickson, Anna 16	2) Carnevale, Mira 16	3) Dubois, Maddy 18	4) Simpson, Julia 16	
2 1-2 Canterbury Woods Swim'	A	NT	2:36.31	
1) Bauernshub, Katie 16	2) Lewis, Amy 15	3) Oleyar, Julia 15	4) Rose, Atti 15	

Event 51 Boys 18 & Under 200 SC Meter Freestyle Mixed Age Relay

NVSL Meter: 1:49.40 ! 7/14/2018 Hamlet HSC
 R. Bradshaw, A. Andrews, J. Bradshaw, D. DiMeglio
 PH Meters: 2:00.53 6/24/2000 Vincent Reydams, Brian Winches PH
 ter, Tim Richards, Brad Richards
 2019CW Team: 2:00.47 7/12/2017 I. Ching, W. Collins, K. Nguyen, S. Collins CW

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim'	A	2:10.14	2:07.52	5
1) Spillmann, Phin 12	2) Peters, Sean 10	3) Collins, William 14	4) Ching, Ian 16	
2 1-2 Poplar Heights Recreation	A	2:13.56	2:12.12	
1) Steyn, John 12	2) Richards, Lucas 10	3) Lees, Jeremy 14	4) Autor, Alec 18	

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Event 52 Girls 18 & Under 200 SC Meter Freestyle Mixed Age Relay

NVSL Meter: 1:55.96 ! 7/15/2017 Tuckahoe T
C. Hughes, D. Hughes, C. Zubler, E. Gieseeman
PH Meters: 2:05.68 7/21/2004 Maggie Rank, Katie Yensen, PH
Alex Yensen, Brooke Veoni
2019CW Team: 2:10.37 7/9/2008 S Liu, S Kaneshige, B Fan, M M CW
oore

Team	Relay	Seed Time	Finals Time	Points
1 1-1 Canterbury Woods Swim	A	2:14.95	2:13.53	5
1) Nguyen, Lien 12	2) Holmes, Alice 10	3) Nguyen, Evi 14	4) Bauernshub, Katie 16	
2 1-2 Poplar Heights Recreation	A	2:20.76	2:18.15	
1) Kruszynski, Sofia 12	2) Thompson, Mia 10	3) DeLuca, Campbell 13	4) Simpson, Julia 16	

Combined Team Scores

Combined Team Scores - Through Event 52

1. Canterbury Woods Swim Team	231	2. Poplar Heights Recreation Assn	184
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