

**A-Meet LH @ CW - 7/1/2017**  
**Northern Virginia Swimming League**  
**Results - All events**

**Event 1 Boys 8 & Under 25 SC Meter Freestyle**

NVSL Meter: 15.10 ! 7/10/1965 Roger McLeod M  
 2017CW Team: 16.85 C 6/1/1998 Brian Murphy CW  
 Laurel Hill: 16.36 L 6/25/2011 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Brooks, Benjamin	8	Canterbury Woods Swim Team	23.30	23.94	5
2 Rose, Finn	7	Canterbury Woods Swim Team	30.14	27.65	3
3 Sjurset, Matthew	8	Laurel Hill	28.17	27.72	1
4 Van Dam, James	8	Laurel Hill	27.47	28.17	
5 Miller, Kale	7	Canterbury Woods Swim Team	36.11	30.06	
6 Kwitchoff, Jeremy	8	Laurel Hill	40.74	41.25	

**Event 2 Girls 8 & Under 25 SC Meter Freestyle**

NVSL Meter: 15.48 ! 7/20/1985 Amy Rymiszewski MHC  
 2017CW Team: 17.08 C 6/1/1992 Marshi Smith CW  
 Laurel Hill: 17.49 L 6/20/2015 Ana Loveridge at A-Meet WG@LH LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Page, Blaine	8	Canterbury Woods Swim Team	20.18	20.03	5
2 Kasperowski, Kareena	8	Laurel Hill	20.47	21.64	3
3 Rexroth, Harper	8	Laurel Hill	20.78	22.37	1
4 Yates, Abby	8	Canterbury Woods Swim Team	22.60	23.35	
5 Robinson, Ashley	7	Laurel Hill	27.10	26.68	
6 Saunders, Riley	7	Canterbury Woods Swim Team	25.36	26.79	

**Event 3 Boys 9-10 50 SC Meter Freestyle**

NVSL Meter: 29.38 ! 7/12/2014 Johnny Bradshaw HSC  
 2017CW Team: 33.37 C 6/1/2001 David Shen CW  
 Laurel Hill: 31.84 L 7/13/2013 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Bauernshub, Brady	10	Canterbury Woods Swim Team	36.34	36.32	5
2 Kasperowski, Nayan	10	Laurel Hill	37.78	36.91	3
3 Behan, Caden	9	Laurel Hill	39.50	38.05	1
4 Jiron, Bryce	10	Laurel Hill	42.27	43.81	
5 Farlin, Hudson	9	Canterbury Woods Swim Team	43.90	44.78	
6 McSorley, Jack	9	Canterbury Woods Swim Team	45.84	47.37	

**Event 4 Girls 9-10 50 SC Meter Freestyle**

NVSL Meter: 29.58 ! 7/30/2016 Courtney Watts HS  
 2017CW Team: 32.35 C 6/1/1994 Marshi Smith CW  
 Laurel Hill: 33.31 L 7/12/2014 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Fleming, Sharli	10	Laurel Hill	35.17	36.62	5
2 Nguyen, Evi	10	Canterbury Woods Swim Team	37.66	37.90	3
3 Tran, Gabrielle	9	Laurel Hill	NT	40.34	1
4 Wade, Maya	9	Laurel Hill	42.85	43.44	
5 Page, Cassie	10	Canterbury Woods Swim Team	42.21	44.78	
6 Oh, Avery	9	Canterbury Woods Swim Team	44.79	45.31	

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**Event 5 Boys 11-12 50 SC Meter Freestyle**

NVSL Meter: 26.44 ! 7/14/2007 Cyrus Hashemi VAC  
 2017CW Team: 29.20 C 6/1/2003 David Shen CW  
 Laurel Hill: 29.87 L 7/15/2013 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Ching, Ian	12	Canterbury Woods Swim Team	29.80	29.37	5
2 Chengal-Varayan, Mugilan	12	Laurel Hill	30.36	29.63 L	3
3 Ly, Nicholas	12	Laurel Hill	33.78	34.21	1
4 Oh, Jady	11	Canterbury Woods Swim Team	36.62	37.50	
5 Krynski, Mark	11	Laurel Hill	44.64	43.16	
6 Sandino, Jem	9	Canterbury Woods Swim Team	NT	46.78	

**Event 6 Girls 11-12 50 SC Meter Freestyle**

NVSL Meter: 27.36 ! 6/23/2012 Cassidy Bayer MVP  
 2017CW Team: 29.90 C 6/1/1995 Marshi Smith CW  
 Laurel Hill: 31.20 L 6/23/2012 Alicia Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Bauernshub, Katie	12	Canterbury Woods Swim Team	36.40	36.19	5
2 Miska, Holly	11	Laurel Hill	36.50	37.13	3
3 Spencer, Victoria	12	Laurel Hill	37.25	38.09	1
4 Rose, Atti	11	Canterbury Woods Swim Team	37.20	38.97	
5 Behan, Claire	11	Laurel Hill	36.81	40.09	
6 Johnson, Gabby	11	Canterbury Woods Swim Team	42.91	42.72	

**Event 7 Boys 13-14 50 SC Meter Freestyle**

NVSL Meter: 24.03 ! 8/2/2014 Tommy Hallock FMW  
 2017CW Team: 27.27 C 6/1/2005 David Shen CW  
 Laurel Hill: 27.80 L 7/18/2015 Samir Lagouit at A-Meet LH@CCC LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Tran, Matthew	13	Laurel Hill	29.17	28.56	5
2 Nguyen, Kameron	13	Canterbury Woods Swim Team	29.05	29.47	3
3 Patel, Harit	14	Laurel Hill	31.32	32.74	1
4 Sandino, Cal	13	Canterbury Woods Swim Team	34.56	33.69	
5 Sjurset, Andrew	13	Laurel Hill	33.26	34.06	
6 Sandino, Beau	14	Canterbury Woods Swim Team	35.95	34.47	

**Event 8 Girls 13-14 50 SC Meter Freestyle**

NVSL Meter: 26.00 ! 7/31/2010 Janet Hu MW  
 2017CW Team: 27.53 C 6/1/1998 Marshi Smith CW  
 Laurel Hill: 29.53 L 6/14/2014 Alicia Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Olson, Alexa	14	Laurel Hill	32.43	32.06	5
2 Torgersen, Kathleen	14	Canterbury Woods Swim Team	36.39	36.40	3
3 Whitlock, Kai	13	Laurel Hill	37.31	37.37	1
4 Lockard, Alex	13	Laurel Hill	37.85	38.26	
5 Mounier, Hannah	14	Canterbury Woods Swim Team	38.94	38.56	
6 Jones, Caroline	13	Canterbury Woods Swim Team	39.14	39.53	

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**Event 9 Boys 15-18 50 SC Meter Freestyle**

NVSL Meter: 22.60 ! 8/2/2014 Paul O'Hara HM  
 2017CW Team: 24.49 C 6/1/1992 Sean McGrath CW  
 Laurel Hill: 24.64 L 7/27/2013 Evin Rude LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Collins, Sammy	15	Canterbury Woods Swim Team	27.46	27.28	5
2 Torgersen, Ryan	17	Canterbury Woods Swim Team	27.65	28.47	3
3 Peterson, Nathan	17	Laurel Hill	28.48	28.68	1
4 Milian, Antonio	17	Canterbury Woods Swim Team	28.35	29.62	
5 Buchanan, Bryce	15	Laurel Hill	32.07	31.73	
6 Riedl, Gabriel	14	Laurel Hill	33.85	33.50	

**Event 10 Girls 15-18 50 SC Meter Freestyle**

NVSL Meter: 25.67 ! 7/27/2013 Janet Hu MW  
 2017CW Team: 28.23 C 6/1/2001 Marshi Smith CW  
 Laurel Hill: 27.70 L 8/4/2012 Stephanie Phillips LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Chester, Hannah	16	Laurel Hill	32.29	32.72	5
2 Riedl, Greer	18	Laurel Hill	32.48	33.45	3
3 Lockard, Caitie	15	Laurel Hill	34.96	35.44	1
4 Felsberg, Nora	16	Canterbury Woods Swim Team	37.04	37.22	
5 Oleyar, Julia	11	Canterbury Woods Swim Team	43.57	43.15	
6 Napoli, Isabella	11	Canterbury Woods Swim Team	45.00	45.02	

**Event 11 Boys 8 & Under 25 SC Meter Backstroke**

NVSL Meter: 18.15 ! 7/28/2007 Roman Lowery FS  
 2017CW Team: 17.55 C 6/1/2006 Jonathan Pollock CW  
 Laurel Hill: 19.84 L 6/25/2011 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Sjurset, Matthew	8	Laurel Hill	30.35	31.05	5
2 Brooks, Benjamin	8	Canterbury Woods Swim Team	30.66	31.26	3
3 Kwitchoff, Jeremy	8	Laurel Hill	41.94	38.32	1
4 Ho, Khoi	7	Laurel Hill	41.39	38.35	
5 Miller, Kale	7	Canterbury Woods Swim Team	47.23	39.60	
6 Nguyen, Paul	5	Canterbury Woods Swim Team	44.93	43.72	

**Event 12 Girls 8 & Under 25 SC Meter Backstroke**

NVSL Meter: 17.70 ! 8/2/2014 Courtney Watts HS  
 2017CW Team: 22.00 C 6/1/1974 Mary Monohan CW  
 Laurel Hill: 20.18 L 8/4/2012 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Lien	8	Canterbury Woods Swim Team	24.13	23.73	5
2 Strickland, Ginger	8	Canterbury Woods Swim Team	25.71	25.34	3
3 Kasperowski, Kareena	8	Laurel Hill	28.39	27.78	1
4 Yates, Abby	8	Canterbury Woods Swim Team	26.89	28.09	
5 Rexroth, Harper	8	Laurel Hill	25.06	28.10	
6 Wade, Zoe	7	Laurel Hill	29.90	33.31	

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**Event 13 Boys 9-10 50 SC Meter Backstroke**

NVSL Meter: 33.37 ! 7/5/2014 Johnny Bradshaw HSC  
 2017CW Team: 37.57 C 6/1/1984 Sean McGrath CW  
 Laurel Hill: 36.76 L 7/27/2013 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Collins, William	10	Canterbury Woods Swim Team	43.39	42.94	5
2 Yarashus, Matthias	10	Canterbury Woods Swim Team	47.28	48.97	3
3 Johnson, Zach	10	Laurel Hill	NT	49.56	1
4 Miska, Henry	9	Laurel Hill	47.68	49.88	
5 McSorley, Jack	9	Canterbury Woods Swim Team	55.45	58.41	
6 Lagouit, Rayhan	10	Laurel Hill	56.04	59.91	

**Event 14 Girls 9-10 50 SC Meter Backstroke**

NVSL Meter: 33.16 ! 7/9/2016 Courtney Watts HS  
 2017CW Team: 38.78 C 6/1/1994 Marshi Smith CW  
 Laurel Hill: 37.42 L 7/26/2014 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Rose, Hiro	9	Canterbury Woods Swim Team	49.30	45.04	5
2 Lockard, Grace	10	Laurel Hill	45.25	46.87	3
3 Tran, Gabrielle	9	Laurel Hill	NT	47.47	1
4 Cicerrella, Olivia	10	Canterbury Woods Swim Team	57.87	53.66	

**Event 15 Boys 11-12 50 SC Meter Backstroke**

NVSL Meter: 29.09 ! 7/7/2007 Philip Hu MW  
 2017CW Team: 33.09 C 6/1/2003 David Shen CW  
 Laurel Hill: 35.03 L 6/21/2014 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Riedl, Finn	12	Laurel Hill	39.69	38.71	5
2 Nguyen, Andrew	12	Canterbury Woods Swim Team	41.63	39.84	3
3 Olson, Luke	12	Laurel Hill	43.38	43.35	1
4 Gay, Trevor	12	Canterbury Woods Swim Team	45.51	45.24	
5 Krynski, Mark	11	Laurel Hill	53.69	57.28	
--- Gay, Matthew	9	Canterbury Woods Swim Team	1:17.84	DQ	

Multiple strokes past vertical at turn

**Event 16 Girls 11-12 50 SC Meter Backstroke**

NVSL Meter: 30.06 ! 6/28/2008 Janet Hu MW  
 2017CW Team: 34.00 C 6/1/1996 Marshi Smith CW  
 Laurel Hill: 34.95 L 6/20/2015 Kalisi Loveridge at A-Meet WG@ LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Yarashus, Phoebe	12	Canterbury Woods Swim Team	42.71	41.13	5
2 Rodriguez, Allyson	12	Laurel Hill	43.47	44.20	3
3 Yates, Libby	11	Canterbury Woods Swim Team	44.83	44.82	1
4 Sheeran, Caitlin	11	Laurel Hill	50.37	48.16	
5 Behan, Claire	11	Laurel Hill	43.26	48.37	
6 Johnson, Gabby	11	Canterbury Woods Swim Team	50.55	49.94	

**Event 17 Boys 13-14 50 SC Meter Backstroke**

NVSL Meter: 27.28 ! 8/1/2015 Max Cruz HRA  
 2017CW Team: 31.95 C 6/1/1990 Sean McGrath CW  
 Laurel Hill: 33.46 L 7/12/2014 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Dylan	14	Laurel Hill	31.15	31.68L	5

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**(Event 17 Boys 13-14 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Johnson, Jordan	14	Canterbury Woods Swim Team	31.63	35.09	3
3 Cicerrella, Daniel	13	Canterbury Woods Swim Team	42.13	42.09	1
4 Kesting, Nathaniel	13	Laurel Hill	43.40	42.81	
5 Riedl, Gabriel	14	Laurel Hill	45.12	44.56	
6 Smith, Walker	13	Canterbury Woods Swim Team	48.50	50.46	

**Event 18 Girls 13-14 50 SC Meter Backstroke**

NVSL Meter: 29.75 ! 7/17/2010 Janet Hu MW  
 2017CW Team: 30.93 C 6/1/1998 Marshi Smith CW  
 Laurel Hill: 34.50 L 6/30/2014 Alicia Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Olson, Alexa	14	Laurel Hill	37.98	38.35	5
2 Wang, Sarah	13	Canterbury Woods Swim Team	38.54	38.46	3
3 Redding, Gracyn	14	Laurel Hill	49.47	46.95	1
4 Lewis, Rachel	13	Canterbury Woods Swim Team	50.50	47.85	
5 Maney, Jordan	13	Laurel Hill	51.37	52.37	
6 Oleyar, Julia	11	Canterbury Woods Swim Team	55.98	58.40	

**Event 19 Boys 15-18 50 SC Meter Backstroke**

NVSL Meter: 24.85 ! 7/27/2013 Philip Hu MW  
 2017CW Team: 27.09 C 6/1/1992 Sean McGrath CW  
 Laurel Hill: 30.44 L 7/27/2013 Evin Rude LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Lagout, Samir	16	Laurel Hill	31.02	31.82	5
*2 Williams, Nathan	15	Canterbury Woods Swim Team	32.79	32.78	2
*2 Collins, Sammy	15	Canterbury Woods Swim Team	32.20	32.78	2
4 Smiga, Gavin	17	Canterbury Woods Swim Team	34.32	34.03	
5 Krynski, Andre	14	Laurel Hill	54.06	51.93	

**Event 20 Girls 15-18 50 SC Meter Backstroke**

NVSL Meter: 28.21 ! 8/4/2012 Janet Hu MW  
 2017CW Team: 31.02 C 6/1/2000 Marshi Smith CW  
 Laurel Hill: 35.24 L 6/25/2012 Stephanie Phillips LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Riedl, Greer	18	Laurel Hill	37.51	38.38	5
2 Chester, Hannah	16	Laurel Hill	37.71	40.30	3
3 Lockard, Caitie	15	Laurel Hill	41.40	43.39	1
4 Austin, Kimberly	12	Canterbury Woods Swim Team	1:00.55	53.10	
--- Napoli, Isabella	11	Canterbury Woods Swim Team	56.96	DQ	

Not on back off wall

**Event 21 Boys 8 & Under 25 SC Meter Breaststroke**

NVSL Meter: 19.77 ! 8/6/2016 Blake Madsen PT  
 2017CW Team: 21.81 C 8/2/2008 Jonathan Pollock CW  
 Laurel Hill: 22.27 L 6/18/2011 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Spillmann, Phin	8	Canterbury Woods Swim Team	26.48	31.40	5
--- Van Dam, James	8	Laurel Hill	45.00	DQ	
Downward butterfly kick					
--- LE, Khang	6	Laurel Hill	NT	DQ	
Downward butterfly kick					

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**(Event 21 Boys 8 & Under 25 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Rose, Finn	7	Canterbury Woods Swim Team	NT	DQ	
Scissors kick					

**Event 22 Girls 8 & Under 25 SC Meter Breaststroke**

NVSL Meter: 19.98 ! 7/27/1985 Amy Rymiszewski MHC  
 2017CW Team: 24.02 C 6/1/2005 Melissa Kratzke CW  
 Laurel Hill: 24.99 L 6/20/2015 Ana Loveridge at A-Meet WG@LH LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Lien	8	Canterbury Woods Swim Team	27.45	27.22	5
2 Nguyen, Suri	7	Laurel Hill	31.02	27.45	3
3 Berkeley, Isabelle	7	Laurel Hill	29.28	30.26	1
4 Austin, Kathryn	8	Canterbury Woods Swim Team	34.59	32.75	
5 Kogon, Lorelai	8	Canterbury Woods Swim Team	36.50	34.78	
--- Robinson, Ashley	7	Laurel Hill	NT	DQ	
One hand touch					

**Event 23 Boys 9-10 50 SC Meter Breaststroke**

NVSL Meter: 37.36 ! 7/19/2014 Johnny Bradshaw HSC  
 2017CW Team: 45.01 C 6/1/1984 Sean McGrath CW  
 Laurel Hill: 45.04 L 6/24/2013 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Bauernshub, Brady	10	Canterbury Woods Swim Team	51.00	50.85	5
2 Behan, Caden	9	Laurel Hill	NT	53.47	3
3 Johnson, Zach	10	Laurel Hill	52.18	54.27	1
4 Yarashus, Matthias	10	Canterbury Woods Swim Team	56.01	56.50	
5 Gay, Matthew	9	Canterbury Woods Swim Team	1:06.96	1:01.48	
6 Rodriguez, Lance	10	Laurel Hill	1:04.32	1:03.46	

**Event 24 Girls 9-10 50 SC Meter Breaststroke**

NVSL Meter: 37.50 ! 7/17/2010 Jacqueline Clabeaux G  
 2017CW Team: 44.00 C 6/1/1980 Lisa McDonell CW  
 Laurel Hill: 46.91 L 6/23/2014 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Evi	10	Canterbury Woods Swim Team	52.37	52.53	5
2 Lockard, Grace	10	Laurel Hill	54.56	55.63	3
3 Reuther, Elise	9	Canterbury Woods Swim Team	1:02.47	1:00.94	1
4 Mesfin, Yovela	9	Laurel Hill	1:05.27	1:04.12	
--- Oh, Avery	9	Canterbury Woods Swim Team	1:10.74	DQ	
Hands brought beyond the hipline during stroke					

**Event 25 Boys 11-12 50 SC Meter Breaststroke**

NVSL Meter: 32.99 ! 7/30/2016 Johnny Bradshaw HSC  
 2017CW Team: 37.42 C 6/1/2003 David Shen CW  
 Laurel Hill: 39.05 L 7/8/2013 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Andrew	12	Canterbury Woods Swim Team	42.73	41.88	5
2 Riedl, Finn	12	Laurel Hill	42.75	42.81	3
3 Olson, Luke	12	Laurel Hill	47.25	50.08	1
4 Oh, Jady	11	Canterbury Woods Swim Team	48.53	51.85	
5 Raja, Zaine	12	Laurel Hill	57.03	55.90	

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**Event 26 Girls 11-12 50 SC Meter Breaststroke**

NVSL Meter: 34.84 ! 8/6/2016 Emily Makin MVP  
 2017CW Team: 39.20 C 6/23/2008 Sarah Liu CW  
 Laurel Hill: 40.08 L 8/5/2006 Danielle Gemma LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Yarashus, Phoebe	12	Canterbury Woods Swim Team	48.20	48.34	5
2 Spencer, Victoria	12	Laurel Hill	49.50	48.84	3
3 Mehta, Shaili	11	Laurel Hill	48.60	49.37	1
4 Rodriguez, Allyson	12	Laurel Hill	51.32	50.30	
5 Lewis, Amy	11	Canterbury Woods Swim Team	58.35	58.87	
6 Balunis, Evie	11	Canterbury Woods Swim Team	1:01.38	59.28	

**Event 27 Boys 13-14 50 SC Meter Breaststroke**

NVSL Meter: 30.90 ! 7/26/2014 Leo Wang VR  
 2017CW Team: 34.75 C 6/1/2000 David Shen CW  
 Laurel Hill: 34.84 L 8/2/2014 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Johnson, Jordan	14	Canterbury Woods Swim Team	38.09	38.56	5
2 Tran, Matthew	13	Laurel Hill	39.13	38.59	3
3 Patel, Harit	14	Laurel Hill	39.27	39.81	1
4 Cicerrella, Daniel	13	Canterbury Woods Swim Team	46.19	46.03	
--- Smith, Walker	13	Canterbury Woods Swim Team	NT	DQ	

Downward butterfly kick

**Event 28 Girls 13-14 50 SC Meter Breaststroke**

NVSL Meter: 32.83 ! 6/24/1997 Lindsey Ertter T  
 2017CW Team: 36.73 C 7/31/2010 Sarah Liu at Divisionals @Spri CW  
 Laurel Hill: 38.52 L 7/19/2008 Danielle Gemma LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Torgersen, Kathleen	14	Canterbury Woods Swim Team	43.90	44.38	5
2 Lockard, Alex	13	Laurel Hill	48.24	47.50	3
3 Gorman, Dorothy Joy	13	Canterbury Woods Swim Team	48.03	49.08	1
4 Mounier, Hannah	14	Canterbury Woods Swim Team	48.53	49.37	
5 Redding, Gracyn	14	Laurel Hill	51.82	51.78	
6 Despiegelaere, Jessica	14	Laurel Hill	1:00.99	59.65	

**Event 29 Boys 15-18 50 SC Meter Breaststroke**

NVSL Meter: 28.81 ! 8/1/1998 Ed Moses OKM  
 2017CW Team: 31.34 C 8/1/2007 David Shen CW  
 Laurel Hill: 34.45 L 6/20/2015 Bryan D. Nguyen at A-Meet WG@L LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Torgersen, Ryan	17	Canterbury Woods Swim Team	35.62	36.66	5
2 Hartley, Luke	15	Canterbury Woods Swim Team	41.12	40.67	3
3 Yarashus, Sam	17	Canterbury Woods Swim Team	42.10	40.88	1
4 Buchanan, Bryce	15	Laurel Hill	43.44	46.34	
5 Kesting, Nathaniel	13	Laurel Hill	50.39	49.31	
6 Krynski, Andre	14	Laurel Hill	1:00.19	58.65	

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**Event 30 Girls 15-18 50 SC Meter Breaststroke**

NVSL Meter: 31.62 ! 8/6/2016 Jacquee Clabeaux G  
 2017CW Team: 36.60 C 7/27/2013 Sarah Liu at Div 10 Individual CW  
 Laurel Hill: 38.27 L 7/24/2010 Danielle Gemma LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Ly, Rebecca	16	Laurel Hill	41.84	44.47	5
2 Felsberg, Nora	16	Canterbury Woods Swim Team	49.58	49.84	3
3 Maney, Jordan	13	Laurel Hill	1:02.78	55.72	1
4 Jackson, Ella	11	Canterbury Woods Swim Team	1:01.71	1:00.34	

**Event 31 Boys 8 & Under 25 SC Meter Butterfly**

NVSL Meter: 16.80 ! 8/6/2011 Anthony Grimm FO  
 2017CW Team: 19.30 C 6/1/1998 Brian Murphy CW  
 Laurel Hill: 18.61 L 6/27/2011 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Spillmann, Phin	8	Canterbury Woods Swim Team	27.90	26.06	5
--- LE, Khang	6	Laurel Hill	NT	DQ	
Non-simultaneous touch					
--- Ho, Khoi	7	Laurel Hill	NT	DQ	
Kick breaststroke type					
--- Kogon, Colin	6	Canterbury Woods Swim Team	NT	DQ	
Arms underwater recovery					

**Event 32 Girls 8 & Under 25 SC Meter Butterfly**

NVSL Meter: 16.54 ! 7/13/2013 Kathleen Modder WC  
 2017CW Team: 21.95 C 6/1/2000 Julia Millward CW  
 Laurel Hill: 18.65 L 7/15/2013 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Page, Blaine	8	Canterbury Woods Swim Team	22.88	22.22	5
2 Strickland, Ginger	8	Canterbury Woods Swim Team	28.98	25.24	3
3 Austin, Kathryn	8	Canterbury Woods Swim Team	33.37	34.22	1
4 Nguyen, Suri	7	Laurel Hill	NT	37.44	
*5 Berkeley, Isabelle	7	Laurel Hill	NT	38.64	
*5 Dao, Lina	8	Laurel Hill	41.74	38.64	

**Event 33 Boys 9-10 25 SC Meter Butterfly**

NVSL Meter: 14.36 ! 8/2/2014 Johnny Bradshaw HSC  
 2017CW Team: 17.25 C 6/1/1956 Donnie Moore CW  
 Laurel Hill: 16.25 L 7/13/2013 Dylan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Miska, Henry	9	Laurel Hill	18.68	18.59	5
2 Collins, William	10	Canterbury Woods Swim Team	18.71	18.72	3
3 Ho, Khoa	10	Laurel Hill	24.71	23.72	1
4 Farlin, Hudson	9	Canterbury Woods Swim Team	23.87	24.81	
5 Sandino, Jem	9	Canterbury Woods Swim Team	NT	28.59	
--- Kasperowski, Nayan	10	Laurel Hill	19.94	DQ	
Alternating Kick					

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**Event 34 Girls 9-10 25 SC Meter Butterfly**

NVSL Meter: 14.74 ! 7/31/2010 Cassidy Bayer MVP  
 2017CW Team: 16.66 C 6/1/1994 Marshi Smith CW  
 Laurel Hill: 16.60 L 7/19/2014 Elena Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Fleming, Sharli	10	Laurel Hill	17.53	17.47	5
2 Page, Cassie	10	Canterbury Woods Swim Team	21.14	20.65	3
3 Wade, Maya	9	Laurel Hill	29.56	25.99	1
4 Rose, Hiro	9	Canterbury Woods Swim Team	28.68	26.03	
5 Mesfin, Yovela	9	Laurel Hill	30.19	32.24	
--- Frantz, Claire	9	Canterbury Woods Swim Team	30.03	DQ	

Alternating Kick

**Event 35 Boys 11-12 50 SC Meter Butterfly**

NVSL Meter: 28.53 ! 8/2/2014 Max Cruz HRA  
 2017CW Team: 32.21 C 6/1/2003 David Shen CW  
 Laurel Hill: 33.31 L 7/28/2012 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Chengal-Varayan, Mugilan	12	Laurel Hill	34.21	32.88L	5
2 Ching, Ian	12	Canterbury Woods Swim Team	33.20	33.09	3
3 Ly, Nicholas	12	Laurel Hill	48.62	41.47	1
4 Gay, Trevor	12	Canterbury Woods Swim Team	45.15	45.91	

**Event 36 Girls 11-12 50 SC Meter Butterfly**

NVSL Meter: 28.49 ! 7/28/2012 Cassidy Bayer MVP  
 2017CW Team: 34.89 C 8/7/2010 Zoe Campbell CW  
 Laurel Hill: 34.60 L 7/4/2015 Kalisi Loveridge at A-Meet RFD LH-VA

Name	Age	Team	Seed Time	Finals Time	Points
1 Rose, Atti	11	Canterbury Woods Swim Team	41.17	41.22	5
2 Bauernshub, Katie	12	Canterbury Woods Swim Team	42.03	41.72	3
3 Sheeran, Caitlin	11	Laurel Hill	43.63	44.97	1
4 Yates, Libby	11	Canterbury Woods Swim Team	46.43	47.69	
5 Mehta, Shaili	11	Laurel Hill	48.36	50.82	
6 Lucynski, Sara	11	Laurel Hill	NT	1:09.61	

**Event 37 Boys 13-14 50 SC Meter Butterfly**

NVSL Meter: 26.40 ! 7/30/2011 Andrew Seliskar ML  
 2017CW Team: 29.09 C 6/1/2000 David Shen CW  
 Laurel Hill: 29.62 L 7/26/2014 Bryan D. Nguyen LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Nguyen, Dylan	14	Laurel Hill	30.61	30.75	5
2 Nguyen, Kameron	13	Canterbury Woods Swim Team	31.92	31.50	3
3 Sjurset, Andrew	13	Laurel Hill	37.30	38.44	1
--- Sandino, Cal	13	Canterbury Woods Swim Team	42.76	DQ	

Non-simultaneous arms

**Event 38 Girls 13-14 50 SC Meter Butterfly**

NVSL Meter: 27.89 ! 7/27/2013 Cassidy Bayer MVP  
 2017CW Team: 32.27 C 6/1/1998 Marshi Smith CW  
 Laurel Hill: 32.83 L 6/21/2014 Alicia Booher LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Wang, Sarah	13	Canterbury Woods Swim Team	39.48	40.41	5
2 Miska, Holly	11	Laurel Hill	44.06	44.89	3

**A-Meet LH @ CW - 7/1/2017**  
**Northern Virginia Swimming League**  
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**(Event 38 Girls 13-14 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
3 Jones, Caroline	13	Canterbury Woods Swim Team	44.39	44.99	1
4 Despiegelaere, Jessica	14	Laurel Hill	55.90	54.81	
5 Lewis, Rachel	13	Canterbury Woods Swim Team	56.66	1:02.43	

**Event 39 Boys 15-18 50 SC Meter Butterfly**

NVSL Meter: 23.90 ! 7/26/2014 Andrew Seliskar ML  
 2017CW Team: 26.36 C 6/1/1992 Sean McGrath CW  
 Laurel Hill: 27.65 L 7/20/2013 Evin Rude LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Lagouit, Samir	16	Laurel Hill	29.37	29.37	5
2 Milian, Antonio	17	Canterbury Woods Swim Team	31.34	29.42	3
3 Williams, Nathan	15	Canterbury Woods Swim Team	31.41	31.03	1
4 Yarashus, Sam	17	Canterbury Woods Swim Team	32.70	33.45	
5 Peterson, Nathan	17	Laurel Hill	34.97	34.06	

**Event 40 Girls 15-18 50 SC Meter Butterfly**

NVSL Meter: 27.30 ! 7/26/2014 Janet Hu MW  
 2017CW Team: 31.57 C 7/30/2016 Zoe Campbell CW  
 Laurel Hill: 31.98 L 6/23/2012 Stephanie Phillips LH

Name	Age	Team	Seed Time	Finals Time	Points
1 Ly, Rebecca	16	Laurel Hill	33.43	36.53	5
2 Austin, Kimberly	12	Canterbury Woods Swim Team	55.81	51.84	3
3 Jackson, Ella	11	Canterbury Woods Swim Team	1:09.91	1:11.41	1

**Event 41 Boys 8 & Under 100 SC Meter Freestyle Relay**

NVSL Meter: 1:09.10 ! 7/18/2015 Overlee O  
 E. Ingraham, M. Aslaksen, R. McNamara, B. Weber  
 2017CW Team: 1:18.53 C 6/1/1996 D. Canner, S. Thaxton, B. Murphy, J. Smith CW  
 Laurel Hill: 1:19.65 L 7/18/2015 Laurel Hill LH-VA  
 N. Kasperowski, C. Lines, H. Miska, C. Behan

Team	Relay	Seed Time	Finals Time	Points
1 Canterbury Woods Swim Team	A	1:50.00	1:50.31	5
1) Brooks, Benjamin 8	2) Rose, Finn 7	3) Miller, Kale 7	4) Spillmann, Phin 8	
2 Laurel Hill	A	1:19.65	2:24.40	
1) Van Dam, James 8	2) Sjurset, Matthew 8	3) Ho, Khoi 7	4) Kwitchoff, Jeremy 8	

**Event 42 Girls 8 & Under 100 SC Meter Freestyle Relay**

NVSL Meter: 1:10.35 ! 6/28/2014 Tuckahoe T  
 P. Leonard, J. Gieseman, B. Thomas, C. Hughes  
 2017CW Team: 1:20.22 C 7/19/2006 K. Felsberg, S. Kaneshige, G. Liu, Z. Campbell CW  
 Laurel Hill: 1:22.69 L 7/12/2014 G. Trahan, A. Loveridge, H. Miska, C. Behan LH

Team	Relay	Seed Time	Finals Time	Points
1 Canterbury Woods Swim Team	A	1:24.52	1:27.94	5
1) Nguyen, Lien 8	2) Strickland, Ginger 8	3) Yates, Abby 8	4) Page, Blaine 8	
2 Laurel Hill	A	1:22.69	1:41.90	
1) Kasperowski, Kareena 8	2) Nguyen, Suri 7	3) Robinson, Ashley 7	4) Rexroth, Harper 8	

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**Northern Virginia Swimming League**  
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**Event 43 Boys 9-10 100 SC Meter Medley Relay**

**NVSL Meter:** 1:08.44 ! 7/9/2012 **Chesterbrook CB**  
**O. Bernasek, N. Spicer, A. Kambhampaty, A. Bernstein**  
**2017CW Team:** 1:16.03 C 7/18/2012 **S. Collins, T. Brocato, J. Johnson, E. Yarashus CW**  
**Laurel Hill:** 1:16.63 L 7/31/2014 **Laurel Hill LH**  
**D. Graham, N. Shahin, D. Nguyen, C. Miska**

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	1:16.63	1:21.62	5
1) Johnson, Zach 10	2) Behan, Caden 9	3) Miska, Henry 9	4) Kasperowski, Nayan 10	
2 Canterbury Woods Swim Team	A	1:29.80	1:22.44	
1) Yarashus, Matthias 10	2) Bauernshub, Brady 10	3) Collins, William 10	4) Farlin, Hudson 9	

**Event 44 Girls 9-10 100 SC Meter Medley Relay**

**NVSL Meter:** 1:07.34 ! 7/23/2016 **Chesterbrook CB**  
**P. Leonard, E. Leonard, K. Gutierrez, M. Turley**  
**2017CW Team:** 1:15.16 C 7/16/2008 **S. Kaneshige, G. Liu, K. Felsberg, Z. Campbell CW**  
**Laurel Hill:** 1:19.63 L 7/1/2014 **Laurel Hill LH**  
**E. Booher, G. Frye, K. Loveridge, G. Valencia**

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	1:09.99	1:21.84	5
1) Lockard, Grace 10	2) Tran, Gabrielle 9	3) Fleming, Sharli 10	4) Wade, Maya 9	
2 Canterbury Woods Swim Team	A	1:34.37	1:23.16	
1) Rose, Hiro 9	2) Nguyen, Evi 10	3) Page, Cassie 10	4) Oh, Avery 9	

**Event 45 Boys 11-12 100 SC Meter Medley Relay**

**NVSL Meter:** 59.90 ! 7/23/2016 **Fairfax F**  
**J. Singletary, J. Connors, C. Dobrydney, G. Evers**  
**2017CW Team:** 1:08.50 C 6/1/2000 **G. Bowman, S. Bowman, K. Keneger, J. Peterson CW**  
**Laurel Hill:** 1:10.78 L 6/20/2015 **Laurel Hill LH-VA**  
**N. Shahin, M. Tran, D. Nguyen, E. Behan**

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	1:09.14	1:09.53 L	5
1) Ly, Nicholas 12	2) Riedl, Finn 12	3) Chengal-Varayan, Mugilan 12	4) Olson, Luke 12	
2 Canterbury Woods Swim Team	A	1:19.03	1:09.79	
1) Gay, Trevor 12	2) Nguyen, Andrew 12	3) Ching, Ian 12	4) Oh, Jadyn 11	

**Event 46 Girls 11-12 100 SC Meter Medley Relay**

**NVSL Meter:** 1:00.66 ! 7/18/2015 **McLean ML**  
**S. Gonzalez, D. Wu, O. Brower, S. Tennant**  
**2017CW Team:** 1:06.20 C 7/21/2010 **S. Kaneshige, G. Liu, Z. Campbell, A. Brocato CW**  
**Laurel Hill:** 1:07.22 L 6/20/2015 **Laurel Hill LH-VA**  
**K. Loveridge, D. Shahin, E. Booher, A. Olson**

Team	Relay	Seed Time	Finals Time	Points
1 Canterbury Woods Swim Team	A	1:27.20	1:16.87	5
1) Yarashus, Phoebe 12	2) Yates, Libby 11	3) Rose, Atti 11	4) Bauernshub, Katie 12	
2 Laurel Hill	A	1:07.22	1:18.91	
1) Rodriguez, Allyson 12	2) Mehta, Shaili 11	3) Sheeran, Caitlin 11	4) Miska, Holly 11	

**A-Meet LH @ CW - 7/1/2017**  
**Northern Virginia Swimming League**  
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**Event 47 Boys 13-14 100 SC Meter Medley Relay**

**NVSL Meter:** 53.65 ! 7/9/2016 Wakefield Chapel WC  
**J. Gerber, J. Schaefer, N. Parker, J. Temeles**  
**2017CW Team:** 1:01.55 C 7/12/2014 Canterbury Woods CW  
**G. Smiga, S. Craig, A. Milian, R. Torgersen**  
**Laurel Hill:** 1:05.49 L 7/11/2009 J. Billingslea, D. Gemma, S. Kesting, N. Orsino LH

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	1:05.49	1:03.18L	5
1) Nguyen, Dylan 14	2) Patel, Harit 14	3) Tran, Matthew 13	4) Sjurset, Andrew 13	
2 Canterbury Woods Swim Team	A	1:11.74	1:04.63	
1) Johnson, Jordan 14	2) Sandino, Cal 13	3) Nguyen, Kameron 13	4) Cicerrella, Daniel 13	

**Event 48 Girls 13-14 100 SC Meter Medley Relay**

**NVSL Meter:** 58.43 ! 7/19/2014 Overlee O  
**I. Lee, K. Park, E. Ridgeway, L. Bowers**  
**2017CW Team:** 1:04.24 C 7/20/2011 G. Liu, M. Kratzke, Z. Campbell CW  
**I S. Kaneshige**  
**Laurel Hill:** 1:07.50 L 7/12/2014 H. Chester, A. Booher, A. Bakir, H. Van dam LH

Team	Relay	Seed Time	Finals Time	Points
1 Canterbury Woods Swim Team	A	1:22.89	1:12.60	5
1) Wang, Sarah 13	2) Torgersen, Kathleen 14	3) Jones, Caroline 13	4) Mounier, Hannah 14	
2 Laurel Hill	A	1:07.50	1:15.41	
1) Behan, Claire 11	2) Lockard, Alex 13	3) Olson, Alexa 14	4) Redding, Gracyn 14	

**Event 49 Boys 15-18 200 SC Meter Medley Relay**

**NVSL Meter:** 1:48.16 ! 7/18/2015 McLean ML  
**C. Murphy, R. Lucas, A. Seliskar, T. Wu**  
**2017CW Team:** 1:54.30 C 6/1/1991 S. McGrath, M. Witherspoon, B. Cesca, P. McPartlin CW  
**Laurel Hill:** 2:05.03 L 7/20/2013 H. Kesting, E. Rude, B. Marwah, E. Rude, LH

Team	Relay	Seed Time	Finals Time	Points
1 Canterbury Woods Swim Team	A	2:07.96	2:07.31	5
1) Collins, Sammy 15	2) Torgersen, Ryan 17	3) Milian, Antonio 17	4) Smiga, Gavin 17	
2 Laurel Hill	A	2:01.69	2:22.34	
1) Lagouit, Samir 16	2) Buchanan, Bryce 15	3) Peterson, Nathan 17	4) Riedl, Gabriel 14	

**Event 50 Girls 15-18 200 SC Meter Medley Relay**

**NVSL Meter:** 2:01.09 ! 7/3/2015 Orange Hunt OH  
**A Wells, C Swanepoel Stevens, A Goldblatt, R Dryer**  
**2017CW Team:** 2:08.19 C 6/1/1985 M. Witherspoon, N. May, K. Forster, K. Schweizer CW  
**Laurel Hill:** 2:21.12 L 7/7/2012 A. Baird, S. Phillips, J. Borysiewicz, D. Gemma LH

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	2:18.11	2:38.56	5
1) Chester, Hannah 16	2) Lockard, Caitie 15	3) Ly, Rebecca 16	4) Riedl, Greer 18	
2 Canterbury Woods Swim Team	A	NT	3:08.59	
1) Lewis, Rachel 13	2) Gorman, Dorothy Joy 13	3) Austin, Kimberly 12	4) Felsberg, Nora 16	

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**Event 51 Boys 18 & Under 200 SC Meter Freestyle Mixed Age Relay**

NVSL Meter: 1:49.74 ! 7/12/2014 Fairfax F  
 P. Makin, J. Singletary, PJ D'Alessandro, B. Lutz

2017CW Team: 2:03.30 C 7/14/2010 C. Collins, J. Pollock, B. Pease, T. Calhoun CW

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	1:57.33	2:01.97	5
1) Chengal-Varayan, Mugilan 12	2) Kasperowski, Nayan 10	3) Nguyen, Dylan 14	4) Lagouit, Samir 16	
2 Canterbury Woods Swim Team	A	2:02.65	2:02.00 C	
1) Ching, Ian 12	2) Bauernshub, Brady 10	3) Nguyen, Kameron 13	4) Collins, Sammy 15	

**Event 52 Girls 18 & Under 200 SC Meter Freestyle Mixed Age Relay**

NVSL Meter: 1:57.09 ! 7/9/2016 Highlands Swim HS  
 S. Sunderhauf, C. Watts, A. Martin, X. de Cazotte

2017CW Team: 2:10.37 C 7/9/2008 S Liu, S Kaneshige, B Fan, M Moore CW

Team	Relay	Seed Time	Finals Time	Points
1 Laurel Hill	A	2:09.19	2:18.93	5
1) Miska, Holly 11	2) Fleming, Sharli 10	3) Olson, Alexa 14	4) Ly, Rebecca 16	
2 Canterbury Woods Swim Team	A	2:25.26	2:26.52	
1) Bauernshub, Katie 12	2) Nguyen, Evi 10	3) Wang, Sarah 13	4) Felsberg, Nora 16	

**Combined Team Scores**

Combined Team Scores - Through Event 52

1. Canterbury Woods Swim Team	216	2. Laurel Hill	196
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