

Rochedale Rays Amateur Swim Club

Rochedale State School, Rochedale Road, Rochedale
(Parking available on the grounds)

Rochedale Rays, Camp Hill Crocs, Marshall Road Marlins

“Principal’s Trophy”

3 Way Club Meet

Saturday 16th November 2019

Warm Ups ~ 1:30pm

Racing Commences ~ 2:00pm

Rules of the Meet

- Age on block.
- All swimmers must be club members.
- The “1 start” rule will apply to all 50m swimmers. (25m events restart race on false start)
- SWIMMING CAPS MUST BE WORN BY ALL SWIMMERS.
- Competitors may swim in a higher age group, but having done so, may not compete in other age races in that particular stroke.
- Swimmers cannot swim in more than one individual event for the same stroke.
- Girls can swim in boy’s races.
- Boys can only swim in boy’s races.
- All events will start from the blocks.
- All 50m swimmers must remain in their lanes on completion of their event (except backstroke).
- Places will be decided by the swimmer’s time.
- The referee’s decision will be final.

Officials required from each Club:

4 x timekeepers

Lane Allocations:

Lanes 1 & 4	Camp Hill
Lanes 2 & 5	Rochedale
Lanes 3 & 6	Marshall Road

Points

First	7	Second	5	Third	4
Fourth	3	Fifth	2	Sixth	1

Other Information

The BBQ and canteen will operate during the carnival providing an assortment of food, snacks and drinks.

Pool entry \$5 per family, includes program.

Parents 25m Freestyle Relay will be held after the medley relay events, prior to a 15 minute break.

Looking forward to great carnival!

David Woodward

President – Rochedale Rays