

# **Rochedale Rays Amateur Swim Club**

Rochedale State School, Rochedale Road, Rochedale  
(Parking available on the grounds)

## **Rochedale Rays**

### ***Principals Cup***

*with Camp Hill and Marshall Road*

## **Saturday 12th November 2022**

**Warm Ups ~ 2:00pm**

**Racing Commences ~ 2:30pm**

### **Rules of the Meet**

- Age on blocks.
- All swimmers must be club members.
- False Starts/Breaks: 50m swimmers disqualified, 25m swimmers restart race
- SWIMMING CAPS MUST BE WORN BY ALL SWIMMERS.
- Swimmers may swim in a higher age group, but can only swim in one individual event for a given stroke.
- Girls can swim in boy's races.
- Boys can only swim in boy's races.
- All events will start from the blocks.
- All 50m swimmers must remain in their lanes on completion of their event (except backstroke).
- Places will be decided by the swimmer's time.
- The referee's decision will be final.

**Officials Required from Each Club:** 4 Timekeepers and a Marshaller (at marshalling area)

**Lane Allocations:** 1 & 4 Camp Hill  
2 & 5 Rochedale  
3 & 6 Marshall Road

**Points:**

First	7	Second	5	Third	4
Fourth	3	Fifth	2	Sixth	1

### **Other Information**

The BBQ and canteen will operate during the carnival providing an assortment of food, snacks and drinks.

Pool entry \$5 per family, includes program. Eftpos facilities available.

Parents 25m Freestyle Relay will be swum for points.

Looking forward to a great carnival!

Rochedale Rays

*David Woodward*

President