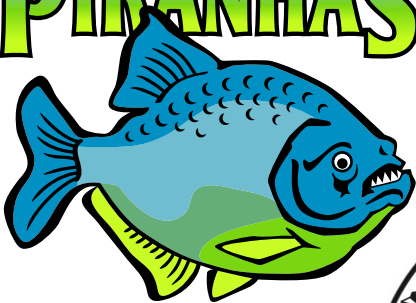


**NORTHERN VIRGINIA
SWIMMING LEAGUE
DIVISION 15
INDIVIDUAL
CHAMPIONSHIPS**



**PARKLAWN
PIRANHAS**



**SATURDAY, JULY 27TH, 2019
HOSTED BY THE LAKE BRADDOCK LAKERS**

WELCOME TO LAKE BRADDOCK

The Lake Braddock Lakers welcome the swimmers, fans, and officials from Herndon, Hollin Hills, Ilda, Parklawn, Woodley and the NVSL. We hope that all swimmers experience personal best times and that all spectators enjoy the meet.

Division 15 Team Representatives

Herndon: Ron Graham & Jill Vinson

Hollin Hills: Saskia Jansen & Brooke Lombardi

Ilda: Megan Fay

Lake Braddock: Karen Spencer & Davis May

Parklawn: Siphon & Nicole Molife

Woodley: Carrie McCall

Division 15 Coaches

Herndon: Coaches: Liz Badley, Danny Boboltz,
Cailley Graham and Vianca Verme

Hollin Hills: Head Coach: Liza Elder

Assistant Coach: Charlie Fessler-Krebs

Ilda: Head Coach: Johann Shim

Assistant Coach: Lily Powers

Lake Braddock: Head Coach: Becky Andersson

Assistant Coaches: Charlie Baird and Madison Lear

Parklawn: Head Coach: Gypsy Roberts

Assistant Coaches: John Gullickson and Armi Mack

Woodley: Coach Nasca, Coach van wijngaarden

Coach Isaiah Minix, Coach Ignat Miagkov



Division 15 Individual Championships Schedule



Warm-Ups:

Time	Lanes 1-3	Lanes 4-6
7:30 - 7:40 a.m.	Lake Braddock	Ilda
7:45 - 7:55 a.m.	Woodley	Parklawn
8:00 - 8:10 a.m.	Hollin Hills	Herndon

Warm-ups must be supervised by your Marshal and coach/coaches, and if possible, by a Team Rep as well.

- 7:20 a.m. Marshalls briefing in Clerk of Course (with Referee as needed)
- 7:35 a.m. Marshalls briefing in Clerk of Course (with Referee as needed)
- 7:45 a.m. Marshalls briefing in Clerk of Course (with Referee/Starter as needed)
- 8:00 a.m. Timers briefing with the Chief Timer
- 8:05 a.m. Team Rep scratch/substitution briefing with the Team Reps and Division Coordinator
- 8:10 a.m. Freestyle Only warm-ups (lane assignments same as team area numbers)
- 8:10 a.m. Clerk of Course briefing in Clerk of Course. Table workers briefing with Head of Tables
- 8:20 a.m. Clear pool; call first and second events to the Clerk of Course
- 8:20 a.m. Coaches briefing in coaches viewing area with Referee and Division Coordinator
- 8:25 a.m. National Anthem
- 8:30 a.m. Begin meet

Meet Schedule:

There will be ten-minute warm-ups between each stroke (ONLY for those swimming in the next stroke). Warm-up lanes will be the same as the team areas.

- Lane 1: Herndon
- Lane 2: Woodley
- Lane 3: Hollin Hills
- Lane 4: Ilda
- Lane 5: Lake Braddock
- Lane 6: Parklawn

Times to Start Strokes (“No Earlier Than”)

- Freestyle 8:30 a.m.
- Backstroke 9:25 a.m.
- Breastroke 10:30 a.m.

Break for change of officials and awarding of Divisional Championship Trophy and Sportsmanship Award. Second half Officials to meet with the Referee at 10:45 a.m. in front of the Community Center.

- Butterfly 11:45 a.m.
- Individual Medley 12:40 p.m.



Division 15 Individual Championships Officials



Position	1 st Half Freestyle/Backstroke/Breaststroke	2 nd Half Butterfly/Individual Medley
Referee	Ed Baird (LB)	Paul Viola (IC)
Chief Judge	Dave Boboltz (H)	Dina Johnston (PL)
Starter	Bart Loesley (W)	Jeff Stanton (LB)
Stroke & Turn	Jocelyn Ballantine (HH) Dave Guerra (IC) Jenn Davies (PL) Robin Tingley (W)	Lorri Howeth (LB) Jose Laboy (W) Sabrina Corlette (HH) Diana Wright (H)
Chief Timer	Brett Crozier (PL)	Karla Eggert (IC)
Asst. Timer	Jeff Ball (H)	Bob Ludke (HH)
Clerk of Course	Andrea Cordero (PL)	Holly Maginniss (W)
Announcer	John Decker (LB)	Raquel Bishop (IC)
Table Chief	Nancy Butler (PL)	Leyla Verme (H)
Place Recorder	Erin Yates (HH) Keenan Woods (W)	Nichole Andonegui (PL) Elma Wilcoxon (HH)
Data Entry	Jen Keefer (W)	John Pryzbysz (H)
Verifier	Deirde Tennant (PL)	Janice Viola (IC)
Division Data Coordinator	Mark McCall (W)	

Thank you to all the volunteers & swimmers who have made this season a success!
A special thank you to the Team Reps and Coaches for their hard work this season!

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League

Meet Program

Event 1 Boys 8 & Under 25 SC Meter Freestyle

NVSL Meter:	15.10	7/10/1965	Roger McLeod
Herndon:	17.30	7/15/1978	Dwight Walker
Hollin Hills:	16.83	6/1/1995	C. J. Thomas
Ilda:	17.80	1/1/1968	T. Ganser
L.Braddock:	17.62	7/4/1985	Joel Crutchfield
Parklawn:	17.71	7/7/1989	Devin Crock
Woodley:	16.99	7/1/1999	M. Flach
	17.93	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Kumbang, Yusuf	8	IC	26.02
2	Vlach, Finn	8	HH	23.96
3	Ferguson, Quint	8	H	22.87
4	Moh, Aaron	8	LB	22.91
5	Winsor, Anson	7	H	24.79
6	McCall, Maxwell	7	W	26.45

Heat 2 of 2 Finals

1	Pearson, Johnny	7	HH	21.42
2	Thomason, Peter	8	PL	20.46
3	Corbett, Quade	8	PL	19.52
4	Rodas, Nicolas	8	W	20.30
5	Mahmoudpour, Arsham	8	IC	20.55
6	Gordon, AJ	6	LB	22.64

Event 2 Girls 8 & Under 25 SC Meter Freestyle

NVSL Meter:	15.25	6/24/2017	Charis Roundtree
Herndon:	17.97	7/9/2019	Fiona Gallardo
Hollin Hills:	17.10	6/1/1964	Reed Sutherland
Ilda:	16.49	7/3/2017	Elizabeth Bryan
L.Braddock:	16.56	7/4/1984	Jackie Tallarido
Parklawn:	17.62	7/1/1998	Quinn de la Concepcion
Woodley:	17.28	7/20/2019	R. Woods
	18.40	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Sonn, Camille	8	PL	23.69
2	Salerno, Ella	8	HH	23.19
3	Lange, Glory	8	H	21.78
4	Stauffer, Rachel	8	IC	22.77
5	Koepfen, Violet	5	HH	23.31
6	Aefsky, Emma	7	IC	28.91

Heat 2 of 2 Finals

1	Douglas, Jaelyn	8	LB	21.13
2	Pollack, Eliza	8	W	19.42
3	Woods, Rylan	8	W	17.08
4	Gallardo, Fiona	8	H	17.97
5	Corbett, Cailyn	8	PL	20.78
6	Spinelli-White, Angelina	8	LB	21.75

Event 3 Boys 9-10 50 SC Meter Freestyle

NVSL Meter:	29.38	7/12/2014	Johnny Bradshaw
Herndon:	33.45	6/26/2017	Rian Graham
Hollin Hills:	33.50	6/1/1981	Robbie McGuckin
Ilda:	35.41	1/1/2000	Drew Larsen
L.Braddock:	33.40	7/4/1977	Scott Calvert/Tim Kunihiro
Parklawn:	34.13	6/26/2010	Linus Valenzuela
Woodley:	33.05	7/1/2001	M. Flach
	34.71	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Tennant, Kieran	9	PL	47.79
2	Wilson, Currin	10	W	44.54
3	Mate, Beto	9	HH	42.77
4	Gordon, Drew	10	LB	42.98
5	Jaffe, Pierce	10	IC	46.58
6	Przybysz, Paul	9	H	50.71

Heat 2 of 2 Finals

1	Denny-Abastos, Ramzey	10	H	38.50
2	Keefe, Cooper	10	W	37.50
3	Crozier, Eli	10	PL	36.94
4	Spencer, Charlie	10	LB	37.24
5	Koepfen, Finn	9	HH	37.60
6	Nolan, Oliver	10	IC	39.67

Event 4 Girls 9-10 50 SC Meter Freestyle

NVSL Meter:	29.43	6/22/2019	Charis Roundtree
Herndon:	32.69	7/3/2004	Carolyn Rice
Hollin Hills:	33.00	6/1/1975	Tanya Humphreys
Ilda:	30.94	7/1/2019	Elizabeth Bryan
L.Braddock:	32.87	6/21/2014	Myra Simbulan
Parklawn:	34.05	7/1/2000	Quinn De La Concepcion
Woodley:	32.24	7/1/1999	E. Lee
	35.69	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Willcoxon, Nina	9	HH	47.27
2	Schnur, Madelyn	9	W	42.87
3	Alvarado, Angelina	10	PL	42.53
4	Beck, Elizabeth	9	PL	42.59
5	Wright, Katie	10	H	43.45
6	Archer-Beck, Lucy	10	IC	54.43

Heat 2 of 2 Finals

1	Readyhough, Katelynn	9	IC	40.58
2	McCall, Caitlin	10	W	39.06
3	Landrum, Allison	10	H	38.39
4	Goble, Paige	10	LB	38.46
5	White, Peyton	9	HH	39.45
6	Suddarth, Annie	10	LB	41.50

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League

Meet Program

Event 5 Boys 11-12 50 SC Meter Freestyle

NVSL Meter:	26.18	8/4/2018	Michael Mullen
Herndon:	27.25	8/4/2018	William McClough
Hollin Hills:	29.84	7/25/2009	Michael Valceanu
Ilda:	31.34	1/1/1996	Stephen Burnham
L.Braddock:	29.70	7/4/1983	Tim Kunihiro
Parklawn:	29.96	7/1/2007	Lucas Jennings
Woodley:	30.82	7/1/2003	M. Flach
	30.26	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Hoover, Caleb	11	W	43.13
2	Lougheed, Brady	11	LB	42.01
3	Walker, Chaz	11	PL	39.47
4	Rucinkas, Alex	11	H	39.56
5	Smith, Alex	12	LB	42.78
6	Marvin, Luke	11	H	50.67

Heat 2 of 2 Finals

1	Chadwell, Evan	11	PL	37.34
2	Pearson, Sammy	12	HH	35.69
3	McCall, Brad	12	W	32.72
4	Readyhough, Sam	11	IC	34.87
5	Davis, Preston	12	IC	36.15
6	Carnell, Will	12	HH	39.08

Event 6 Girls 11-12 50 SC Meter Freestyle

NVSL Meter:	27.36	6/23/2012	Cassidy Bayer
Herndon:	30.82	8/7/2004	Kat McKinstry
Hollin Hills:	29.80	6/1/1977	Tanya Humphreys
Ilda:	31.21	1/1/1987	Christina Hagopian
L.Braddock:	30.15	7/4/1986	Jennifer Farrow
Parklawn:	30.00	7/1/1976	Kathy Anderson
Woodley:	28.93	7/1/2002	C. Marsilii
	30.83	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Ewers, Quincee	12	H	39.24
2	Suddarth, Ellie	12	LB	37.87
3	Verme, Valeria	11	H	37.22
4	Eclarinal, Elise	11	PL	37.56
5	Guerra, Addison	11	IC	38.18
6	Thomason, Katie	12	PL	39.68

Heat 2 of 2 Finals

1	Bush, Emily	12	IC	34.97
2	Read, Nora	12	HH	33.90
3	Ludke, Katie	12	HH	33.11
4	Kline, Tatem	12	W	33.31
5	Spencer, Libby	12	LB	34.70
6	Keefer, Evelyn	12	W	35.22

Event 7 Boys 13-14 50 SC Meter Freestyle

NVSL Meter:	24.03	8/2/2014	Tommy Hallock
Herndon:	26.48	7/9/2019	William McClough
Hollin Hills:	26.84	7/2/2011	Michael Valceanu
Ilda:	26.99	1/1/1998	Stephen Burnham
L.Braddock:	27.76	7/4/1987	Steven Steffee
Parklawn:	26.00	7/11/2009	Lucas Jennings
Woodley:	27.18	7/30/2016	A. Byrd
	27.08	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Demers, Luke	14	H	36.26
2	Ha, Jonathan	14	LB	33.34
3	Vassev, Nicky	13	PL	31.71
4	Swift-Turner, Afton	14	IC	32.58
5	Scott, Julian	14	W	34.27
6	Pierce, Sam	14	IC	37.90

Heat 2 of 2 Finals

1	Schmidt, Austin	14	W	30.78
2	Park, Joshua	13	IC	29.87
3	McClough, William	13	H	26.48
4	Crozier, Noah	13	PL	29.66
5	Pearson, Haskew	13	HH	30.03
6	Kistler, Sam	14	HH	31.64

Event 8 Girls 13-14 50 SC Meter Freestyle

NVSL Meter:	26.00	7/31/2010	Janet Hu
Herndon:	28.49	6/26/1999	Mason Walsh
Hollin Hills:	29.30	6/1/1979	Tanya Humphreys
Ilda:	29.56	1/1/2004	Laura Hoover
L.Braddock:	29.20	7/4/1983	Cindi Kunihiro
Parklawn:	28.63	7/1/1995	Katie Collins
Woodley:	29.17	7/1/2003	C. Marsilii
	28.83	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Marshall, Lucy	13	HH	36.75
2	Ferguson, Audrey	13	H	35.60
3	Lowe, Natalie	13	LB	34.93
4	Tedros, Edina	13	PL	35.20
5	Clayton, Carys	13	LB	36.40
6	DeCarlo, Olivia	14	IC	38.97

Heat 2 of 2 Finals

1	Stenberg, Eleanor	14	PL	32.37
2	Ludke, Norah	14	HH	30.96
3	Fay, Maura	13	IC	30.30
4	Rodas, Sophia	13	W	30.64
5	May, Mikayla	14	LB	31.88
6	Harrington, Kate	13	W	32.44

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League
Meet Program

Event 9 Boys 15-18 50 SC Meter Freestyle

NVSL Meter:	22.45	7/20/2019	Anthony Grimm
Herndon:	25.71	7/7/2002	Stevie Mitchell
Hollin Hills:	24.88	8/2/2014	Michael Valceanu
Ilda:	26.46	1/1/2000	Stephen Burnham
L.Braddock:	25.43	7/25/2015	Aaron Strynar
Parklawn:	26.15	7/22/2017	Nathan Youmans A-Meet RV@P
Woodley:	25.32	8/3/2013	J. Sturges
	25.27	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Adcock-Howeth, Noah	17	LB	28.67
2	Graham, David	16	W	28.40
3	Keen, Liam	16	LB	28.21
4	Nguyen, Thomas	15	IC	28.34
5	Boboltz, Danny	17	H	28.64
6	Regan, Miles	18	H	30.38

Heat 2 of 2 Finals

1	Frankovich, J.D.	18	W	27.58
2	Allee, Daniel	18	PL	27.00
3	Tingley, Aaron	17	W	25.36
4	Tran, Andrew	16	PL	26.22
5	Schmidt, Daniel	17	W	27.14
6	Bishop, Jonah	18	IC	27.90

Event 10 Girls 15-18 50 SC Meter Freestyle

NVSL Meter:	25.67	7/27/2013	Janet Hu
Herndon:	27.04	6/19/2003	Mason Walsh
Hollin Hills:	30.28	7/29/2017	Margaret Ann Herbold
Ilda:	28.53	1/1/2007	Laura Hoover
L.Braddock:	28.63	7/4/1984	Cindi Kunihiro
Parklawn:	27.12	7/30/2016	Anna Shumate at Div 15 Individ
Woodley:	29.12	7/1/2006	C. Marsilii
	28.20	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Billingsley, Kate	18	PL	39.52
2	Ewers, Maddie	15	H	38.33
3	Marigliano, Annika	16	PL	36.74
4	Dewar, Lindsay	17	LB	37.99
5	Hingst, Sarah	15	LB	38.65
6	Marigliano, Emma	18	PL	39.70

Heat 2 of 2 Finals

1	Bryant, Jessica	18	LB	33.35
2	Liller, Erica	15	PL	31.88
3	Graham, Cailley	15	H	30.79
4	Runyon, Sarah	18	IC	31.43
5	Powers, Lily	18	IC	33.06
6	Liston, Emma	16	PL	33.81

Event 11 Boys 8 & Under 25 SC Meter Backstroke

NVSL Meter:	18.15	7/28/2007	Roman Lowery
Herndon:	20.60	7/15/1963	Bobby Mott
Hollin Hills:	19.30	6/1/1979	Robbie McGuckin
Ilda:	20.35	1/1/1989	Dan Martonik
L.Braddock:	21.10	7/4/1975	Andy McAleer
Parklawn:	20.76	7/7/1989	Marco Sanzetea
Woodley:	20.64	7/24/2010	A. Tingley
	22.11	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Beelaert, Andrew	6	HH	31.91
2	Moh, Evan	5	LB	30.47
3	Murphy, Warren	6	H	30.14
4	Jones, Ira	8	PL	30.32
5	Winsor, Anson	7	H	31.87
6	Anderson, Colvin	6	LB	32.72

Heat 2 of 2 Finals

1	Boynton, Eddie	7	PL	28.35
2	Vlach, Finn	8	HH	26.88
3	Bigby, Optimus	8	W	24.19
4	Ferguson, Quint	8	H	26.81
5	McCall, Maxwell	7	W	27.15
6	Kumbang, Yusuf	8	IC	29.84

Event 12 Girls 8 & Under 25 SC Meter Backstroke

NVSL Meter:	17.70	8/2/2014	Courtney Watts
Herndon:	22.50	7/15/1969	Mary Mott
Hollin Hills:	19.91	6/1/1986	Catherine McGuckin
Ilda:	19.73	7/15/2017	Elizabeth Bryan
L.Braddock:	19.81	7/4/1984	Jackie Tallarido
Parklawn:	21.56	7/1/1998	Quinn de la Concepcion
Woodley:	20.66	7/1/1997	E. Lee
	22.98	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Hoffman, Harper	7	HH	31.62
2	Ahern, Emily	8	W	30.28
3	Callison, Eliana	8	IC	28.15
4	Stauffer, Rachel	8	IC	28.43
5	Jamison, Meaghan	8	H	31.44
6	Inglefield, Matilda	6	H	32.14

Heat 2 of 2 Finals

1	Magee, April	8	LB	27.37
2	DiGrado, Aida	8	HH	26.38
3	Hill, Charlotte	7	PL	25.81
4	Lee, Alexandra	8	PL	26.01
5	Buendia, Leila	8	W	27.33
6	Anderson, Grace	8	LB	27.79

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League
Meet Program

Event 13 Boys 9-10 50 SC Meter Backstroke

NVSL Meter:	33.37	7/5/2014	Johnny Bradshaw
Herndon:	37.93	7/17/2017	Rian Graham
Hollin Hills:	38.90	6/1/1981	Robbie McGuckin
Ilda:	41.50	1/1/1973	M. Scott
L.Braddock:	40.00	7/4/1979	Craig Leap
Parklawn:	40.11	7/1/1991	Devin Crock
Woodley:	38.27	7/28/2012	A. Tingley
	41.76	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Nguyen, Raiden	9	LB	57.73
2	Anderson, Brenton	10	LB	51.21
3	Jaffe, Pierce	10	IC	50.53
4	Ratschan, Carsten	9	LB	50.57
5	Shea, Cian	9	PL	57.37
6	Loesley, Calvin	9	W	58.69

Heat 2 of 2 Finals

1	Nolan, Oliver	10	IC	48.46
2	Koeppen, Finn	9	HH	45.08
3	Crozier, Eli	10	PL	43.97
4	Denny-Abastos, Ramzey	10	H	44.96
5	Parhat, Elzat	10	H	46.45
6	Keefer, Cooper	10	W	49.00

Event 14 Girls 9-10 50 SC Meter Backstroke

NVSL Meter:	33.16	7/9/2016	Courtney Watts
Herndon:	40.03	6/26/2004	Carolyn Rice
Hollin Hills:	37.60	6/1/1975	Tanya Humphreys
Ilda:	35.81	7/1/2019	Elizabeth Bryan
L.Braddock:	36.96	8/2/2014	Myra Simbulan
Parklawn:	39.91	7/1/2000	Quinn de la Concepcion
Woodley:	39.95	7/10/2010	M. Wheeler
	41.69	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Fay, Madeline	10	IC	1:00.07
2	Fernandez, Luciana	10	W	54.91
3	Andonegui, Zoe	10	PL	52.25
4	Inglefield, Olivia	10	H	53.96
5	Wright, Katie	10	H	55.57
6	Archer-Beck, Lucy	10	IC	1:04.72

Heat 2 of 2 Finals

1	Hood, Addison	9	HH	50.44
2	Hazelwood, Lindley	9	HH	47.12
3	Goble, Paige	10	LB	46.31
4	McCall, Caitlin	10	W	46.59
5	Suddarth, Annie	10	LB	48.95
6	Popp, Miriam	9	PL	51.81

Event 15 Boys 11-12 50 SC Meter Backstroke

NVSL Meter:	29.09	7/7/2007	Philip Hu
Herndon:	31.76	7/9/2019	Rian Graham
Hollin Hills:	34.90	6/1/1983	Robbie McGuckin
Ilda:	35.46	1/1/1996	Stephen Burnham
L.Braddock:	33.80	7/4/1977	Paul Babey
Parklawn:	35.03	8/4/2007	Lucas Jennings
Woodley:	33.83	7/26/2014	A. Tingley
	35.88	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Smith, Alex	12	LB	55.10
2	Laboy, Hayden	11	W	52.28
3	Marvin, Luke	11	H	50.95
4	Cruz, Javier	12	PL	51.27
5	Johnston, Rex	12	PL	54.87
6	Davis, Preston	12	IC	NT

Heat 2 of 2 Finals

1	Chadwell, Evan	11	PL	49.55
2	Finerty, Ryan	11	HH	44.66
3	McCall, Brad	12	W	37.50
4	Bland, Sevan	11	H	42.02
5	Carnell, Will	12	HH	44.78
6	Schmittou, Preston	12	IC	49.76

Event 16 Girls 11-12 50 SC Meter Backstroke

NVSL Meter:	30.06	6/28/2008	Janet Hu
Herndon:	35.63	8/6/2005	Chelsea Robinson
Hollin Hills:	34.20	6/1/1977	Tanya Humphreys
Ilda:	37.08	7/28/2018	Maura Fay
L.Braddock:	35.20	7/4/1982	Tammy Eisenson
Parklawn:	36.12	7/1/1988	Nicole Johnson
Woodley:	34.09	8/4/2007	M. Morales
	35.05	ALL*	

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Perez, Camila	11	PL	46.29
2	Casey, Erin	11	W	45.32
3	Thomason, Katie	12	PL	43.75
4	Mate, Maria	12	HH	44.37
5	Verme, Valeria	11	H	45.53
6	DeCarlo, Tasha	11	IC	47.97

Heat 2 of 2 Finals

1	Bush, Emily	12	IC	43.47
2	Spencer, Libby	12	LB	40.93
3	Ballantine, Daisy	12	HH	38.09
4	Kline, Tatem	12	W	39.58
5	Wooten, Tori	12	H	42.19
6	Kennedy, Caitlyn	12	LB	43.57

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Event 17 Boys 13-14 50 SC Meter Backstroke

NVSL Meter:	26.19	7/15/2017	Anthony Grimm
Herndon:	28.87	8/7/1999	Will Tsombikos
Hollin Hills:	31.34	7/18/2011	Michael Valceanu
Ilda:	30.20	1/1/1998	Stephen Burnham
L.Braddock:	32.74	7/30/2016	Ryan Hamblet
Parklawn:	30.68	7/25/2009	Lucas Jennings at Div 15 Divis
Woodley:	29.50	6/25/2016	A. Tingley
	31.46	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Scott, Jamison	13 W	51.69
2	Scott, Julian	14 W	45.18
3	Chim, Tyler	13 IC	42.51
4	Ramanata, Marco	14 IC	44.91
5	Henderson, Owen	13 PL	45.74
6	Jeffery, Rowan	13 H	57.50

Heat 2 of 2 Finals

1	Adcock-Howeth, Ian	14 LB	40.86
2	Pearson, Haskew	13 HH	34.97
3	Perez, Joaquin	14 PL	34.49
4	Crozier, Noah	13 PL	34.75
5	Hall, Michael	14 H	37.93
6	Pierce, Sam	14 IC	41.69

Event 18 Girls 13-14 50 SC Meter Backstroke

NVSL Meter:	29.75	7/17/2010	Janet Hu
NVSL Meter 2:	29.75	8/4/2018	Alexandra Dicks
Herndon:	34.71	6/30/2018	Lucy Brown
Hollin Hills:	33.00	6/1/1978	Tanya Humphreys
Ilda:	33.78	7/30/2016	Olivia Guerra
L.Braddock:	32.10	7/4/1982	Jennifer Smith
Parklawn:	33.59	7/23/2011	Hayley Snell at A-Meet PL@LP
Woodley:	32.19	7/13/2019	H.Frankovich
	32.72	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Haile, Nuhamin	14 IC	45.68
2	Marvin, Nicea	14 H	44.15
3	Vasseva, Isabella	13 PL	39.71
4	Ferguson, Audrey	13 H	42.78
5	Marshall, Clara	14 HH	44.87
6	Herrity, Shannon	13 W	56.02

Heat 2 of 2 Finals

1	Stenberg, Eleanor	14 PL	38.77
2	McCall, Abby	14 W	38.21
3	Fay, Maura	13 IC	35.10
4	May, Mikayla	14 LB	37.11
5	Lowe, Natalie	13 LB	38.76
6	Ballantine, Lillian	14 HH	39.59

Event 19 Boys 15-18 50 SC Meter Backstroke

NVSL Meter:	23.82	7/20/2019	Anthony Grimm
Herndon:	29.21	7/26/2014	Nolan Chase
Hollin Hills:	28.58	7/13/2015	Michael Valceanu
Ilda:	28.91	1/1/1999	Stephen Burnham
L.Braddock:	29.77	7/28/2018	Ben Lansbury
Parklawn:	28.11	7/1/1999	Devin Crock
Woodley:	27.98	6/29/2019	A. Tingley
	28.82	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Ball, Keegan	16 H	36.78
2	Nottingham, Forrest	16 IC	34.62
3	Johnson, Kyle	18 PL	34.30
4	Kerr, Mitchell	16 IC	34.31
5	Read, David	15 LB	36.06
6	Ricci, Steffen	15 HH	41.13

Heat 2 of 2 Finals

1	Frankovich, Eliot	16 W	33.57
2	Allee, Daniel	18 PL	31.95
3	Miagkov, Ignat	18 W	29.33
4	Lansbury, Ben	17 LB	31.88
5	Cascella, John	16 W	32.56
6	Keen, Liam	16 LB	34.10

Event 20 Girls 15-18 50 SC Meter Backstroke

NVSL Meter:	28.21	8/4/2012	Janet Hu
Herndon:	33.18	7/19/2003	Mason Walsh
Hollin Hills:	34.80	6/1/1980	Tanya Humphreys
Ilda:	32.60	1/1/2006	Laura Hoover
L.Braddock:	33.38	7/4/1984	Cindi Kunihiro
Parklawn:	32.50	7/27/2013	Hayley Snell
Woodley:	32.57	7/1/2007	C. Marsilii
	31.58	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Gold, Noa	18 LB	47.27
2	Sheridan, Noe	18 PL	45.01
3	Zamiska, Kayla	18 LB	42.92
4	Liston, Emma	16 PL	43.00
5	Billingsley, Kate	18 PL	45.58
6	Marigliano, Annika	16 PL	48.85

Heat 2 of 2 Finals

1	Bryant, Jessica	18 LB	39.95
2	Brown-Vasquez, Carolina	16 PL	36.69
3	Guerra, Olivia	17 IC	34.44
4	Brown, Lucy	15 H	35.63
5	Velasquez, Mia	16 W	38.31
6	Verme, Vianca	17 H	40.39

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Event 21 Boys 8 & Under 25 SC Meter Breaststroke

NVSL Meter:	19.35	7/28/2018	Andy Li
Herndon:	23.56	8/1/1997	Anthony Godden
Hollin Hills:	23.20	6/1/1982	Danny Brown
Ilda:	24.20	1/1/1970	Joe Michalski, T. Ganser
L.Braddock:	22.50	7/4/1979	Brian Smith
Parklawn:	23.70	7/7/1975	Charles Beach
Woodley:	21.50	7/1/1980	C. Miller
	24.97	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Gutiérrez, Keaton	6 PL	46.10
2	Beelaert, Andrew	6 HH	38.71
3	Henderson, Cormac	6 PL	34.54
4	McCabe, Trevor	8 LB	37.40
5	Vizgaitis, Isaac	6 HH	41.06
6	Medina, Mateo	5 H	47.40

Heat 2 of 2 Finals

1	Gordon, Alex	8 LB	33.69
2	Crooks, William	8 HH	30.97
3	Rodas, Nicolas	8 W	28.93
4	Moh, Aaron	8 LB	29.33
5	Jones, Ira	8 PL	32.25
6	Gehring, Kenneth	7 H	34.25

Event 22 Girls 8 & Under 25 SC Meter Breaststroke

NVSL Meter:	19.61	7/22/2017	Elizabeth Bryan
Herndon:	24.51	7/14/1993	Mason Walsh
Hollin Hills:	23.70	6/1/1975	Debra Eaton
Ilda:	19.61	7/22/2017	Elizabeth Bryan
L.Braddock:	20.70	7/4/1983	Shari Witham
Parklawn:	24.43	7/1/1996	Maxine Battis
Woodley:	24.09	7/1/1984	E. Weber
	25.65	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	DiGrado, Aida	8 HH	33.78
2	Callison, Eliana	8 IC	31.80
3	Suddarth, Caroline	8 LB	30.88
4	Cyron, Liza	7 LB	31.72
5	Salerno, Ella	8 HH	32.35
6	Jamison, Meaghan	8 H	42.83

Heat 2 of 2 Finals

1	Hill, Charlotte	7 PL	29.74
2	Gallardo, Fiona	8 H	27.63
3	Sonn, Camille	8 PL	26.08
4	Pollack, Eliza	8 W	26.68
5	Clark, Tessa	8 W	29.04
6	Nolan, Katy	7 IC	30.56

Event 23 Boys 9-10 50 SC Meter Breaststroke

NVSL Meter:	37.26	8/4/2018	Brandon Lesser
Herndon:	43.06	8/5/1995	Matt Lear
Hollin Hills:	46.10	6/1/1975	Andrew Merriam
Ilda:	46.00	1/1/1968	D. Michalski
L.Braddock:	42.30	7/4/1977	Scott Calvert
Parklawn:	45.53	7/24/2010	Garrett Downs
Woodley:	44.80	7/1/1982	C. Miller
	45.88	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Ahern, Thomas	9 W	1:27.16
2	Loesley, Calvin	9 W	1:22.27
3	Gagne, Chase	10 LB	1:03.78
4	French, Andrew	9 H	1:10.03
5	Shea, Cian	9 PL	1:24.52
6			

Heat 2 of 2 Finals

1	Yap, Jamie	10 IC	1:02.71
2	Gordon, Drew	10 LB	54.06
3	Wooten, Conor	10 H	49.38
4	Kayal, Alexander	10 IC	51.62
5	Abera, Josiah	10 PL	1:01.74
6	Napoli, Zachary	10 W	1:03.26

Event 24 Girls 9-10 50 SC Meter Breaststroke

NVSL Meter:	37.50	7/17/2010	Jacqueline Clabeaux
Herndon:	43.91	6/26/2004	Carolyn Rice
Hollin Hills:	44.70	6/1/2008	Kylie Bostick
Ilda:	37.88	6/29/2019	Elizabeth Bryan
L.Braddock:	40.61	8/2/2014	Myra Simbulan
Parklawn:	45.73	7/19/2010	Anna Shumate
Woodley:	42.01	7/1/1999	E. Lee
	46.37	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	McCabe, Jacqueline	10 LB	59.14
2	Cramb, KC	10 W	58.07
3	Schnur, Madelyn	9 W	57.92
4	May, Mikenzie	10 LB	58.00
5	Hood, Addison	9 HH	58.30
6	Shillig, Marie	10 PL	59.30

Heat 2 of 2 Finals

1	Readyhough, Katelynn	9 IC	54.94
2	Landrum, Allison	10 H	51.92
3	Bryan, Elizabeth	10 IC	37.88
4	Hazelwood, Lindley	9 HH	51.90
5	Inglefield, Olivia	10 H	52.65
6	Alvarado, Angelina	10 PL	56.98

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Event 25 Boys 11-12 50 SC Meter Breaststroke

NVSL Meter:	32.99	7/30/2016	Johnny Bradshaw
Herndon:	33.09	8/4/2018	William McClough
Hollin Hills:	38.10	6/1/1991	Valerio Indelicato
Ilda:	39.30	1/1/1970	D. Michalski
L.Braddock:	37.50	7/4/1979	Scott Calvert
Parklawn:	38.34	6/20/2015	Andrew Tran at A-Meet IC@PL
Woodley:	39.78	7/26/2014	D. Schmidt
	40.41	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Henderson, Will	11 PL	57.24
2	Schnur, Zachary	11 W	56.54
3	Dight, Davey	11 LB	51.78
4	Przybysz, Michael	12 H	55.08
5	Farmer, Rilo	11 HH	56.59
6	Laboy, Hayden	11 W	59.88

Heat 2 of 2 Finals

1	Pearson, Sammy	12 HH	50.84
2	Liller, Joe	12 PL	48.26
3	Nguyen, Ethan	12 LB	39.22
4	Readyhough, Sam	11 IC	46.13
5	Rucinskis, Alex	11 H	49.08
6	Walker, Chaz	11 PL	51.09

Event 26 Girls 11-12 50 SC Meter Breaststroke

NVSL Meter:	34.40	7/28/2018	Catherine Hughes
Herndon:	40.44	6/22/1996	Tara Trago
Hollin Hills:	40.34	7/24/2010	Kylie Bostick
Ilda:	39.47	1/1/2000	Lauren McLemore
L.Braddock:	37.79	7/4/1995	Emily Anderson
Parklawn:	39.97	8/4/2012	Anna Shumate
Woodley:	40.27	7/15/2017	S. Dell
	40.22	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Andonegui, Mia	12 PL	50.30
2	Koeppen, Lucy	11 HH	49.06
3	Guerra, Addison	11 IC	47.05
4	Ewers, Gabby	12 H	48.16
5	Garwood, Lila	12 HH	50.06
6	Ewers, Quincee	12 H	50.90

Heat 2 of 2 Finals

1	Kennedy, Ashley	11 LB	45.82
2	Spar, Frances	12 IC	42.72
3	Witt-Leiva, Angela	12 W	41.71
4	Galway, Tess	12 PL	42.44
5	Suddarth, Ellie	12 LB	45.23
6	Keefer, Evelyn	12 W	46.04

Event 27 Boys 13-14 50 SC Meter Breaststroke

NVSL Meter:	30.41	7/28/2018	Aiken Do
Herndon:	32.18	6/22/2019	William McClough
Hollin Hills:	34.77	6/1/1993	Valerio Indelicato
Ilda:	35.11	8/4/2018	Sam Park
L.Braddock:	33.50	7/4/1981	Scott Calvert
Parklawn:	35.00	7/1/1972	Steve Galvin
Woodley:	34.38	7/1/1999	A. Lee
	35.03	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Ramanata, Marco	14 IC	51.27
2	Henderson, Owen	13 PL	44.70
3	Vassev, Nicky	13 PL	42.84
4	Ha, Jonathan	14 LB	43.66
5	Sliwa, James	13 IC	48.91
6	Jeffery, Rowan	13 H	1:00.02

Heat 2 of 2 Finals

1	Schmidt, Austin	14 W	40.87
2	Vlach, Wilman	13 HH	36.94
3	McClough, William	13 H	32.18
4	Park, Joshua	13 IC	35.41
5	Demers, Luke	14 H	40.72
6	Viola, Tim	14 IC	41.20

Event 28 Girls 13-14 50 SC Meter Breaststroke

NVSL Meter:	32.83	6/24/1997	Lindsey Ertter
Herndon:	35.81	8/7/1999	Mason Walsh
Hollin Hills:	38.10	7/14/2012	Kylie Bostick
Ilda:	37.34	1/1/1996	Mary Kathryn Fout
L.Braddock:	36.93	7/4/1996	Emily Anderson
Parklawn:	34.60	8/2/2014	Anna Shumate at 2014 All-Stars
Woodley:	38.08	7/26/2008	E. Marsilii
	37.22	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Tennant, Molly	13 PL	53.62
2	Carnell, Mary V.	14 HH	52.19
3	Marshall, Clara	14 HH	48.78
4	Lowe, Ashley	14 LB	50.44
5	Haile, Nuhamin	14 IC	53.51
6	Montano, Jennifer	14 PL	54.06

Heat 2 of 2 Finals

1	Wade, Kaitlyn	13 LB	47.27
2	Vasseva, Isabella	13 PL	43.66
3	Wright, Carolyn	13 H	40.11
4	Dell, Samantha	14 W	40.68
5	Marvin, Nicea	14 H	43.90
6	DeCarlo, Olivia	14 IC	48.31

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Event 29 Boys 15-18 50 SC Meter Breaststroke

NVSL Meter:	27.57	7/13/2019	Anthony Grimm
Herndon:	32.81	7/3/1999	Dustin Pitsch
Hollin Hills:	32.37	7/25/2015	Jarod Worden
Ilda:	34.23	7/9/2011	Nathan Albertson
L.Braddock:	33.08	7/23/2016	Jake Gold
Parklawn:	32.96	7/28/2018	Garrett Downs
Woodley:	32.51	7/1/2019	A. Byrd
	31.70	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Demers, Guthrie	18 H	38.37
2	Viola, Sean	17 IC	37.54
3	Read, David	15 LB	36.45
4	Smearman, Peter	18 PL	37.47
5	Ball, Keegan	16 H	37.89
6	Brown-Vasquez, Christian	15 PL	39.19

Heat 2 of 2 Finals

1	Park, Samuel	15 IC	35.89
2	Giroux, Jason	17 W	34.32
3	Byrd, Austin	17 W	32.51
4	Schmidt, Daniel	17 W	33.92
5	Lansbury, Ben	17 LB	34.61
6	Frankovich, J.D.	18 W	36.38

Event 30 Girls 15-18 50 SC Meter Breaststroke

NVSL Meter:	31.62	8/6/2016	Jacquee Clabeaux
Herndon:	34.90	8/2/2003	Mason Walsh
Hollin Hills:	37.63	7/26/2014	Kylie Bostick
Ilda:	35.46	1/1/1997	Mary Kathryn Fout
L.Braddock:	36.97	7/4/1984	Lynn Calvert
Parklawn:	33.40	7/25/2015	Anna Shumate at Division 16 Ch
Woodley:	36.77	7/1/1986	J. Gano
	36.18	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Marigliano, Emma	18 PL	54.53
2	Sheridan, Sarah	15 PL	53.06
3	Dewar, Lindsay	17 LB	46.84
4	DeCarlo, Isabella	16 IC	48.30
5	Gold, Noa	18 LB	53.71
6	Sheridan, Noe	18 PL	54.59

Heat 2 of 2 Finals

1	Powers, Lily	18 IC	44.51
2	Liller, Erica	15 PL	41.82
3	Przybysz, Maria	15 H	40.48
4	Graham, Cailley	15 H	40.52
5	Wells, Sally	17 IC	43.55
6	Decker, Angela	16 LB	45.47

Event 31 Boys 8 & Under 25 SC Meter Butterfly

NVSL Meter:	16.21	7/28/2018	Andy Li
Herndon:	21.14	7/18/2015	Matthew Wood
Hollin Hills:	18.74	6/1/1995	C. J. Thomas
Ilda:	21.91	1/1/1989	Dan Martonik
L.Braddock:	19.36	7/4/2001	Nicolas Laffosse
Parklawn:	18.39	7/7/1989	Devin Crock
Woodley:	18.65	8/7/2010	A. Tingley
	20.70	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Lange, Wyatt	6 H	48.38
2	Boynton, Eddie	7 PL	33.78
3	Gordon, Alex	8 LB	32.72
4	Massoud, Ramsey	7 LB	33.66
5	Henderson, Cormac	6 PL	37.79
6	Vizgaitis, Isaac	6 HH	NT

Heat 2 of 2 Finals

1	Gutierrez, Keaton	6 PL	29.01
2	Pearson, Johnny	7 HH	26.17
3	Corbett, Quade	8 PL	24.15
4	Thomason, Peter	8 PL	25.11
5	Mahmoudpour, Arsham	8 IC	27.07
6	Bigby, Optimus	8 W	29.95

Event 32 Girls 8 & Under 25 SC Meter Butterfly

NVSL Meter:	16.54	7/13/2013	Kathleen Modder
Herndon:	19.70	6/1/1993	Mason Walsh
Hollin Hills:	20.02	6/1/1991	Emily Busse
Ilda:	18.37	7/8/2017	Elizabeth Bryan
L.Braddock:	19.10	7/4/1978	Toni Tallarido
Parklawn:	21.57	7/1/2005	Hayley Snell
Woodley:	19.46	6/22/2019	R. Woods
	21.00	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Nolan, Katy	7 IC	32.87
2	Supple, Kerrington	7 PL	31.85
3	Lange, Glory	8 H	31.51
4	Magee, April	8 LB	31.56
5	Lively, Evelyn	8 W	32.22
6	Morales, Emery	8 HH	34.95

Heat 2 of 2 Finals

1	Suddarth, Caroline	8 LB	29.37
2	Hoffman, Harper	7 HH	28.27
3	Woods, Rylan	8 W	19.46
4	Laboy, Avery	7 W	25.75
5	Corbett, Cailyn	8 PL	28.82
6	Cervoni, Liliana	7 PL	30.02

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Event 33 Boys 9-10 25 SC Meter Butterfly

NVSL Meter:	14.36	8/2/2014	Johnny Bradshaw
Herndon:	15.77	7/29/2017	Rian Graham
Hollin Hills:	16.40	6/1/1981	Robbie McGuckin
Ilda:	17.20	1/1/1971	Dave Campbell
L.Braddock:	16.84	7/4/2006	Andrew Laffosse
Parklawn:	16.83	7/1/1991	Devin Crock
Woodley:	15.84	7/1/2001	M. Flach
	17.44	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Tennant, Kieran	9 PL	28.84
2	Aefsky, Mark	9 IC	24.15
3	Wilson, Currin	10 W	21.76
4	Nguyen, Raiden	9 LB	21.92
5	Przybysz, Paul	9 H	27.87
6	Aberra, Josiah	10 PL	30.95

Heat 2 of 2 Finals

1	Parhat, Elzat	10 H	20.87
2	Kayal, Alexander	10 IC	20.25
3	Condon, Luca	10 HH	17.84
4	Pollack, Benjamin	9 W	20.10
5	Spencer, Charlie	10 LB	20.46
6	Mate, Beto	9 HH	21.54

Event 34 Girls 9-10 25 SC Meter Butterfly

NVSL Meter:	14.74	7/31/2010	Cassidy Bayer
Herndon:	17.53	8/6/1994	Megan Wickland
Hollin Hills:	16.70	8/1/2015	Lillian Ballantine
Ilda:	15.39	7/13/2019	Elizabeth Bryan at NVSL A-Mee
L.Braddock:	16.40	7/4/1981	Erin Suchoski
Parklawn:	17.60	6/23/2007	Hayley Snell
Woodley:	16.75	7/25/2015	A. McCall
	17.33	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Fay, Madeline	10 IC	27.05
2	Svercl, Rachel	10 LB	23.39
3	Cramb, KC	10 W	22.38
4	Buendia, Dana	10 W	22.81
5	Beck, Elizabeth	9 PL	24.93
6	Hershaft, Celia	10 IC	32.01

Heat 2 of 2 Finals

1	Nguyen, Jenna	10 LB	21.38
2	White, Peyton	9 HH	21.16
3	Parhat, Eldana	10 H	17.40
4	Beelaert, Anna	9 HH	19.72
5	Popp, Miriam	9 PL	21.36
6	Bland, Alique	10 H	21.85

Event 35 Boys 11-12 50 SC Meter Butterfly

NVSL Meter:	28.47	7/28/2018	Nolan Dunkel
Herndon:	29.23	7/9/2019	Rian Graham
Hollin Hills:	33.40	7/7/2009	Michael Valceanu
Ilda:	34.30	1/1/1979	Chris Campbell
L.Braddock:	32.80	7/4/1977	Paul Babey
Parklawn:	33.06	6/20/2015	Andrew Tran at A-Meet IC@PL
Woodley:	31.99	7/1/2003	M. Flach
	34.26	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Schnur, Zachary	11 W	1:01.88
2	Nolan, Sam	12 IC	53.21
3	Hoover, Caleb	11 W	50.37
4	Lougheed, Brady	11 LB	52.54
5	Farmer, Rilo	11 HH	1:00.26
6	Clark, Tyler	11 W	1:02.67

Heat 2 of 2 Finals

1	Schmittou, Preston	12 IC	43.51
2	Popp, Noah	11 PL	41.74
3	Graham, Rian	12 H	29.23
4	Bland, Sevan	11 H	38.69
5	Liller, Joe	12 PL	42.27
6	Henderson, Will	11 PL	49.95

Event 36 Girls 11-12 50 SC Meter Butterfly

NVSL Meter:	28.49	7/28/2012	Cassidy Bayer
Herndon:	34.01	8/6/2005	Chelsea Robinson
Hollin Hills:	33.50	7/26/2014	Lena Cromley
Ilda:	35.27	7/13/2019	Frances Spar
L.Braddock:	34.17	7/23/2016	Myra Simbulan
Parklawn:	33.80	7/1/1976	Kathy Anderson
Woodley:	32.55	7/20/2019	A. Witt-Leiva
	34.06	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Poole, Delaney	11 IC	48.31
2	Crozier, Cam	11 LB	46.13
3	Eclarinal, Elise	11 PL	43.34
4	Kennedy, Caitlyn	12 LB	43.63
5	Mate, Maria	12 HH	46.97
6	French, Abby	12 H	1:06.19

Heat 2 of 2 Finals

1	Perez, Camila	11 PL	42.81
2	Galway, Ella	12 PL	39.90
3	Witt-Leiva, Angela	12 W	32.55
4	Spar, Frances	12 IC	35.27
5	Read, Nora	12 HH	39.94
6	Wooten, Tori	12 H	43.02

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League

Meet Program

Event 37 Boys 13-14 50 SC Meter Butterfly

NVSL Meter:	25.88	7/22/2017	Anthony Grimm
Herndon:	29.68	7/6/2019	William McClough
Hollin Hills:	28.54	7/7/2011	Michael Valceanu
Ilda:	30.70	1/1/1981	Chris Campbell
L.Braddock:	30.24	7/30/2016	Noah Adcock-Howeth
Parklawn:	29.05	8/5/2017	Andrew Tran
Woodley:	29.91	7/11/2010	J. Sturges
	30.06	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1			
2	Hilbert, Jonah	13 IC	NT
3	Viola, Tim	14 IC	39.08
4	Allee, Andrew	14 PL	41.31
5			
6			

Heat 2 of 2 Finals

1	Adcock-Howeth, Ian	14 LB	37.81
2	Maginniss, Sean	13 W	36.71
3	Gold, Eli	14 LB	34.53
4	Molife, Louis	13 PL	35.93
5	Kistler, Sam	14 HH	36.80
6			

Event 38 Girls 13-14 50 SC Meter Butterfly

NVSL Meter:	27.89	7/27/2013	Cassidy Bayer
Herndon:	31.84	7/28/2007	Chelsea Robinson
Hollin Hills:	32.65	6/1/1991	Catherine McGuckin
Ilda:	32.24	7/28/2012	Lexi Guerra
L.Braddock:	31.97	7/28/2018	Myra Simbulan
Parklawn:	33.24	7/1/1997	Samantha Batko
Woodley:	32.68	7/1/1999	M. Marsilii
	31.57	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Herrity, Shannon	13 W	47.57
2	Tedros, Edina	13 PL	40.21
3	Lowe, Ashley	14 LB	39.06
4	Marshall, Lucy	13 HH	39.40
5	Wade, Kaitlyn	13 LB	46.72
6	Tennant, Molly	13 PL	50.92

Heat 2 of 2 Finals

1	Rucinkas, Gabby	13 H	36.02
2	Ludke, Norah	14 HH	34.81
3	Rodas, Sophia	13 W	33.75
4	Wright, Carolyn	13 H	34.70
5	Nguyen, Christine	14 IC	35.10
6	Harrington, Kate	13 W	36.92

Event 39 Boys 15-18 50 SC Meter Butterfly

NVSL Meter:	23.63	7/13/2019	Anthony Grimm
Herndon:	28.65	7/28/2001	Patrick Lane
Hollin Hills:	26.63	7/27/2013	Michael Valceanu
Ilda:	28.50	1/1/1981	Cliff McAleer
L.Braddock:	27.44	7/30/2016	Aidan Grealish
Parklawn:	27.14	7/1/1999	Devin Crock
Woodley:	26.66	8/1/2009	M. Flach
	27.40	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Faiq, Mateen	16 H	33.07
2	Smearman, Peter	18 PL	31.85
3	Nguyen, Thomas	15 IC	31.40
4	Park, Samuel	15 IC	31.48
5	Johnson, Kyle	18 PL	32.99
6	Baird, Charlie	18 LB	36.09

Heat 2 of 2 Finals

1	Giroux, Jason	17 W	30.71
2	Adcock-Howeth, Noah	17 LB	29.76
3	Tingley, Aaron	17 W	27.32
4	Byrd, Austin	17 W	28.73
5	Frankovich, Eliot	16 W	30.45
6	Boboltz, Danny	17 H	31.01

Event 40 Girls 15-18 50 SC Meter Butterfly

NVSL Meter:	27.30	7/26/2014	Janet Hu
Herndon:	29.88	6/1/2003	Mason Walsh
Hollin Hills:	31.80	6/1/1978	Saskia Jansen
Ilda:	31.59	7/25/2015	Lexi Guerra
L.Braddock:	31.40	7/4/1983	Krista Leap
Parklawn:	30.44	7/1/1996	Amanda Becker
Woodley:	31.71	7/31/2010	E. Marsilii
	30.77	ALL*	

Lane Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Velasquez, Mia	16 W	43.07
2	Sheridan, Sarah	15 PL	42.43
3	Brill, Rachel	16 PL	36.52
4	Verme, Vianca	17 H	38.69
5	Ewers, Maddie	15 H	43.04
6	DeCarlo, Isabella	16 IC	44.95

Heat 2 of 2 Finals

1	Decker, Angela	16 LB	36.06
2	Cromley, Lena	17 HH	35.38
3	Guerra, Olivia	17 IC	33.02
4	Brown, Lucy	15 H	34.28
5	Simbulan, Myra	15 LB	35.45
6	Maginniss, Sophie	16 W	36.12

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League
Meet Program

Event 41 Boys 10 & Under 100 SC Meter IM

NVSL Meter: 1:12.84 8/2/2014 Johnny Bradshaw
Hollin Hills: 1:32.05 6/1/2007 Michael Valceanu
1:30.33 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2	McCabe, Trevor	8	LB	2:34.42
3	Napoli, Zachary	10	W	2:20.70
4	Ahern, Thomas	9	W	2:29.40
5				
6				

Heat 2 of 2 Finals

1				
2	Anderson, Brenton	10	LB	1:48.18
3	Wooten, Conor	10	H	1:37.99
4	Condon, Luca	10	HH	1:38.33
5	Pollack, Benjamin	9	W	1:51.02
6				

Event 42 Girls 10 & Under 100 SC Meter IM

NVSL Meter: 1:13.20 7/30/2016 Courtney Watts
Hollin Hills: 1:28.22 6/1/1987 Catherine McGuckin
1:32.30 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Buendia, Dana	10	W	2:13.54
2	Lammer, Abigail	10	W	2:03.29
3	Bland, Alique	10	H	1:57.14
4	Willcoxon, Nina	9	HH	1:58.13
5	Andonegui, Zoe	10	PL	2:04.74
6	Johnston, CW	10	PL	2:24.56

Heat 2 of 2 Finals

1	Parkins, Macy	10	LB	1:54.27
2	Beelaert, Anna	9	HH	1:40.04
3	Bryan, Elizabeth	10	IC	1:16.71
4	Parhat, Eldana	10	H	1:33.01
5	Nguyen, Jenna	10	LB	1:52.65
6	McCabe, Jacqueline	10	LB	1:54.50

Event 43 Boys 11-12 100 SC Meter IM

NVSL Meter: 1:05.56 7/30/2016 Johnny Bradshaw
Hollin Hills: 1:16.81 7/25/2009 Michael Valceanu
Iida: 1:22.21 1/1/1996 Stephen Burnham
L.Braddock: 1:13.90 7/4/1983 Tim Kunihiro
Parklawn: 1:16.32 7/25/2015 Andrew Tran at Division 16
Woodley: 1:12.17 7/1/2003 M. Flach
1:17.34 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2	Tremante, Paul	12	PL	2:29.25
3	Cruz, Javier	12	PL	2:01.41
4	Cervoni, Gabriel	11	PL	2:14.38
5	Stickelmaier, Jacob	11	W	2:34.88
6				

Heat 2 of 2 Finals

1	Dight, Davey	11	LB	1:47.86
2	Popp, Noah	11	PL	1:32.93
3	Graham, Rian	12	H	1:09.40
4	Nguyen, Ethan	12	LB	1:28.18
5	Nolan, Sam	12	IC	1:45.03
6	Finerty, Ryan	11	HH	1:55.64

Event 44 Girls 11-12 100 SC Meter IM

NVSL Meter: 1:06.78 7/28/2012 Cassidy Bayer
Hollin Hills: 1:22.14 7/21/2014 Lena Cromley
Iida: 1:20.87 7/22/2019 Frances Spar at Woodson B IM C
L.Braddock: 1:13.93 8/6/2016 Myra Simbulan
Parklawn: 1:17.50 7/1/1976 Kathy Anderson
Woodley: 1:13.96 7/1/2002 C. Marsilii
1:16.65 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Hobson, Rebecca	11	H	2:05.76
2	DeCarlo, Tasha	11	IC	1:49.45
3	Crozier, Cam	11	LB	1:40.38
4	Poole, Delaney	11	IC	1:47.54
5	Temme, Scarlet	11	W	2:00.57
6	Casey, Erin	11	W	NT

Heat 2 of 2 Finals

1	Kennedy, Ashley	11	LB	1:34.44
2	Galway, Ella	12	PL	1:30.05
3	Ludke, Katie	12	HH	1:26.69
4	Ballantine, Daisy	12	HH	1:28.52
5	Galway, Tess	12	PL	1:32.46
6	Ewers, Gabby	12	H	1:37.70

NVSL Div 15 Individual Championships - 7/27/2019

Northern Virginia Swimming League
Meet Program

Event 45 Boys 13-14 100 SC Meter IM

NVSL Meter: 59.15 7/29/2017 Anthony Grimm
Hollin Hills: 1:07.93 7/18/2011 Michael Valceanu
Iida: 1:06.81 1/1/1998 Stephen Burnham
L.Braddock: 1:09.80 7/4/1981 Scott Calvert
Parklawn: 1:07.75 6/22/2009 Lucas Jennings
Woodley: 1:07.78 8/6/2016 A. Tingley
1:10.69 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2	Molife, Louis	13	PL	NT
3	Chim, Tyler	13	IC	1:37.47
4	Hilbert, Jonah	13	IC	1:52.46
5				
6				

Heat 2 of 2 Finals

1	Maginniss, Sean	13	W	1:29.91
2	Perez, Joaquin	14	PL	1:17.34
3	Vlach, Wilman	13	HH	1:12.87
4	Gold, Eli	14	LB	1:15.63
5	Hall, Michael	14	H	1:25.94
6				

Event 46 Girls 13-14 100 SC Meter IM

NVSL Meter: 1:03.70 7/25/2015 Katie Mack
Hollin Hills: 1:16.63 6/1/1991 Catherine McGuckin
Iida: 1:13.08 1/1/1996 Mary Kathryn Fout
L.Braddock: 1:10.93 7/28/2018 Myra Simbulan
Parklawn: 1:11.69 7/26/2014 Anna Shumate at Div 16 Individ
Woodley: 1:12.62 7/26/2008 E. Marsilii
1:12.03 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2	Michelman, Ava	13	PL	NT
3	McCall, Abby	14	W	NT
4	Dabrowski, Naomi	13	PL	NT
5				
6				

Heat 2 of 2 Finals

1	Clayton, Carys	13	LB	1:43.24
2	Dell, Samantha	14	W	1:26.60
3	Nguyen, Christine	14	IC	1:21.87
4	Rucinkas, Gabby	13	H	1:24.34
5	Ballantine, Lillian	14	HH	1:29.35
6	Stavlund, Eleanor	13	W	1:43.71

Event 47 Boys 15-18 100 SC Meter IM

NVSL Meter: 54.85 7/26/2014 Andrew Seliskar
Hollin Hills: 1:02.95 7/21/2014 Michael Valceanu
Iida: 1:04.15 1/1/1999 Stephen Burnham
L.Braddock: 1:03.37 7/4/1987 Dennis DeBobs
Parklawn: 1:06.74 7/31/2010 Lucas Jennings
Woodley: 1:01.14 8/1/2009 M. Flach
1:02.84 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Baird, Charlie	18	LB	1:25.37
2	Tingley, Patrick	15	W	1:23.26
3	Nottingham, Forrest	16	IC	1:17.02
4	Brown-Vasquez, Christian	15	PL	1:18.08
5	Byrd, Tyler	15	W	1:23.86
6	Sliwa, Colin	16	IC	1:27.73

Heat 2 of 2 Finals

1	Viola, Sean	17	IC	1:14.57
2	Cascella, John	16	W	1:09.25
3	Miagkov, Ignat	18	W	1:03.72
4	Tran, Andrew	16	PL	1:06.36
5	Graham, David	16	W	1:13.94
6	Faieq, Mateen	16	H	1:16.38

Event 48 Girls 15-18 100 SC Meter IM

NVSL Meter: 1:02.10 7/27/2013 Janet Hu
Hollin Hills: 1:16.80 6/1/1980 Tanya Humphreys
Iida: 1:10.01 1/1/1997 Mary Kathryn Fout
L.Braddock: 1:13.00 7/4/1983 Krista Leap
Parklawn: 1:10.90 7/25/2015 Anna Shumate
Woodley: 1:11.44 8/7/2010 E. Marsilii
1:11.02 ALL*

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2	Zamiska, Kayla	18	LB	1:34.53
3	Przybysz, Maria	15	H	1:28.83
4	Brill, Rachel	16	PL	1:30.31
5				
6				

Heat 2 of 2 Finals

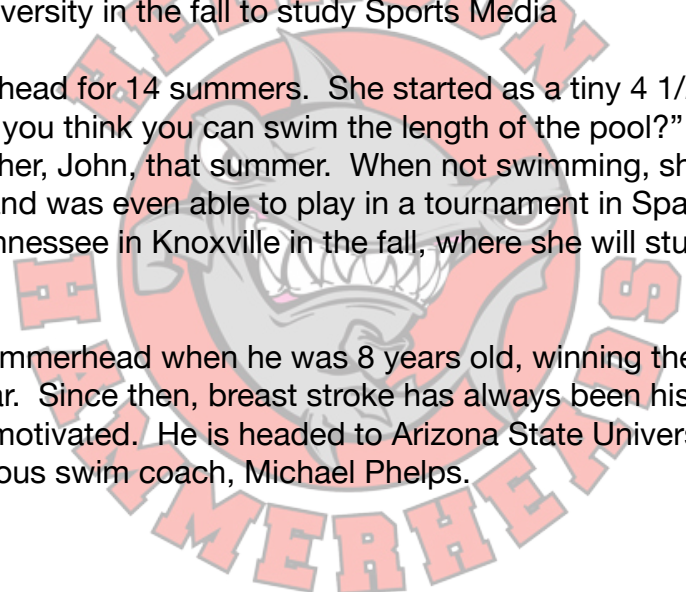
1				
2	Cromley, Lena	17	HH	1:24.71
3	Simbulan, Myra	15	LB	1:14.90
4	Brown-Vasquez, Carolina	16	PL	1:21.09
5	Maginniss, Sophie	16	W	1:26.14
6				

HERNDON HAMMERHEAD SENIORS

Miles Regan became a Hammerhead the summer after first grade. He has loved every season and all the friends he's made. In addition to the Hammerheads, Miles swam on the Herndon High School team for four years and played lacrosse. This year he was MVP for Herndon lacrosse and made first team All-District. He is going to Indiana University in the fall to study Sports Media.

Riley Ball has been a Hammerhead for 14 summers. She started as a tiny 4 1/2 year old, encouraged to join the team on a dare: "do you think you can swim the length of the pool?" The challenge was all she needed to join her big brother, John, that summer. When not swimming, she has played soccer for both school and travel teams and was even able to play in a tournament in Spain a few years ago. Riley is going to the University of Tennessee in Knoxville in the fall, where she will study Political Science and International Affairs.

Guthrie Demers became a Hammerhead when he was 8 years old, winning the Most Improved award from Coach Mason his first year. Since then, breast stroke has always been his favorite, but the Colossal donuts on Fun-days kept him motivated. He is headed to Arizona State University in the Fall and hopes to catch a glimpse of their famous swim coach, Michael Phelps.



HOLLIN HILLS BLUEFISH SENIORS

Lena Cromley. Lena swam in her first A meet at age 5 and she has been a loyal Bluefish ever since! She holds 4 Hollin Hills team records. Out of the pool, Lena is a VHSL 6A State distance runner who also excels in academics. Lena will attend William & Mary in the fall where she is thinking of pursuing degrees in Biology and Environmental Science.

Ella Fesler. Ella moved to the area and, luckily for us, became a Bluefish in 2014. She is a member of the Hollin Hills 11-12 girls medley relay that holds the team record. In addition to being an excellent swimmer, Ella sings beautifully and is passionate about the environment. Ella will attend the University of Virginia this fall.

The Hollin Hills Bluefish will miss Lena and Ella, two great friends who have contributed so much to the team! One fish, two fish, forever a Bluefish!



ILDA CLIPPER SENIORS

Sarah Runyon began swimming as an Ilda Clipper at age 5. Memories include eating dirt desserts, drinking root beer floats, swim buddies, team cheers, t-shirts which featured an ice cream cone with a cherry on top, writing on car windows and caravanning and paper plate awards. In August, she will attend West Virginia University Honors College to study nursing.

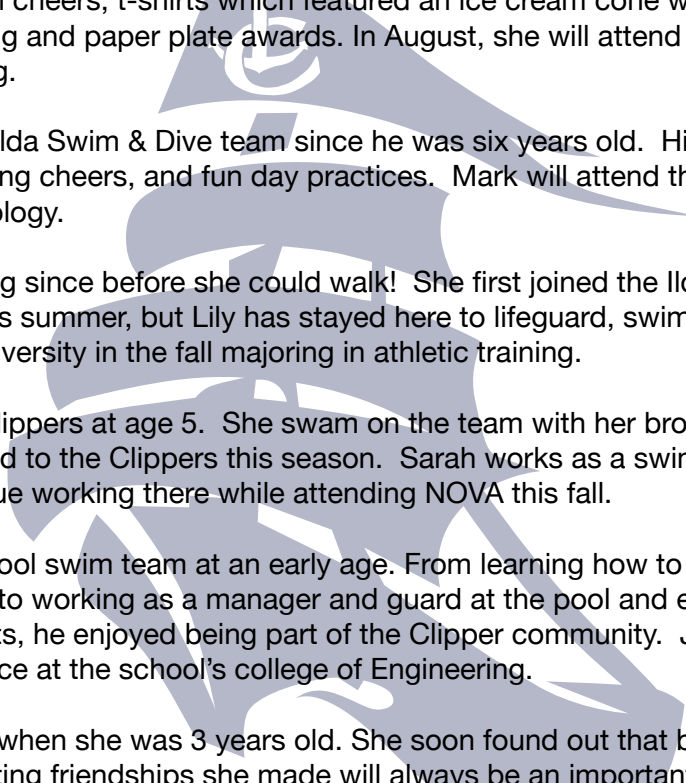
Mark Murray has been on the Ilda Swim & Dive team since he was six years old. His greatest Ilda memories include Ilda Idol, pep rallies, leading cheers, and fun day practices. Mark will attend the University of Mary Washington in the fall, majoring in biology.

Lily Powers has been swimming since before she could walk! She first joined the Ilda Clippers in 2011. Her family moved to Puerto Rico this summer, but Lily has stayed here to lifeguard, swim and coach at Ilda. She will be attending Grand Canyon University in the fall majoring in athletic training.

Sarah Warne joined the Ilda Clippers at age 5. She swam on the team with her brother and sister and best friend for 10 years. She returned to the Clippers this season. Sarah works as a swim teacher for Goldfish Swim School and is excited to continue working there while attending NOVA this fall.

Jonah Bishop joined the Ilda Pool swim team at an early age. From learning how to swim multiple strokes and making some great friendships to working as a manager and guard at the pool and earning some first-place medals and winning some meets, he enjoyed being part of the Clipper community. Jonah will attend Virginia Tech and study computer science at the school's college of Engineering.

Sally Wells joined the Clippers when she was 3 years old. She soon found out that breaststroke was her BEST stroke. The swim team and lasting friendships she made will always be an important part of her life and swimming will always be something she enjoys. Sally will be attending VCU in the fall majoring in art.



LAKE BRADDOCK LAKER SENIORS

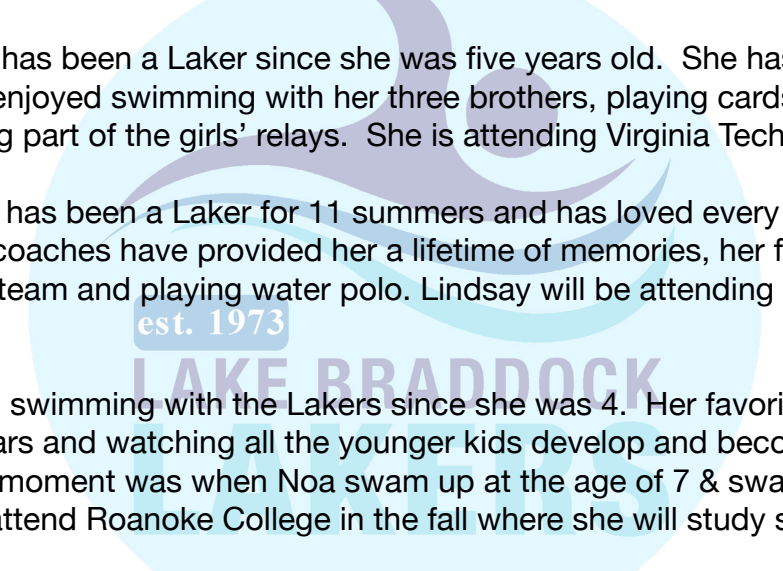
Noah Adcock-Howeth – Noah has been a Laker since he was 6 years old and butterfly has always been his favorite stroke. His favorite memories are having Josh as a coach, playing water polo, and breaking the 13-14 relay pool record with Ben, Ryan and Dillion. Noah will be attending the University of Mary Washington in the fall where he will be playing baseball.

Jessica Bryant - Jessica has been a Laker since she was five years old. She has loved swim team from the beginning. She enjoyed swimming with her three brothers, playing cards in-between events, and particularly liked being part of the girls' relays. She is attending Virginia Tech in the fall.

Lindsay Dewar - Lindsay has been a Laker for 11 summers and has loved every minute of it. Her teammates and amazing coaches have provided her a lifetime of memories, her favorites of which include cheering with her team and playing water polo. Lindsay will be attending Franklin and Marshall College in Lancaster, PA.

Noa Gold - Noa has been swimming with the Lakers since she was 4. Her favorite Laker memories are coaching for the last 3 years and watching all the younger kids develop and become such great swimmers. Her mom's favorite moment was when Noa swam up at the age of 7 & swam in her first A meet in 13-14 butterfly. Noa will attend Roanoke College in the fall where she will study special education.

Kayla Zamiska - Kayla has been a Laker for 11 years. Her favorite Laker memory is receiving the Coaches Award in 2017. She will be attending the University of Mary Washington in the Fall where she will be majoring in Business as well as doing the 5 year Education Program.



PARKLAWN PIRANHA SENIORS

Daniel Allee just moved back to Alexandria from Little Rock AFB, and happily rejoined the Parklawn Piranhas! He worked as a lifeguard/certified swim instructor and is a Junior Coach for Parklawn. Daniel will attend Randolph College in the fall to pursue a degree in speech pathology and coaching.

Kate Billingsley has been a Piranha since she was five years old, and her favorite swim team events include cake bakes, pep rallies, and being a part of the Piranha pool community. Kate has taught swim lessons at Parklawn and is in her second season as a Junior Coach. She will attend Clemson University in the fall.

Ryan Gallagher has been a Parklawn Piranhas for the past 15 years. He has enjoyed cake bakes and progressive dinners. He will be attending Virginia Tech.

Emma Marigliano swam for Parklawn Piranhas Swim Team when she was six and rejoined Parklawn two years ago when her family moved back in the area. She has been a lifeguard at our pool for a couple of seasons. She will be attending Honors College at Old Dominion University in the fall.

Jessica (Noe) Sheridan has loved being a part of the Piranhas since she was six years old. Her favorite memories include box cake from last year, the years of thundering relay carnivals, many progressive dinners, and learning butterfly in two days (before a meet). She will attend University of Denver in the fall to study Electrical Engineering and Math.

WOODLEY WARRIOR SENIORS

Lena Iglesias has been a loyal Warrior for 14 seasons. Her favorite memory is when she was younger and all her siblings- six in total- were on the team. She will attend NOVA where she will be working towards a liberal arts degree with a specialization in English.

Ignat Miagkov has been swimming for the Woodley Swim Team for one season. His favorite memory is watching Coach Nasca lead the cheers. He will attend the College of William and Mary where he will major in computer science, physics, or chemistry.

Isaiah Minix has been a member of the Woodley Swim Team for seven years. His favorite memories include the Ultimate Fun Days when all the swimmers got to play Sharks and Minnows and water polo. He will take a gap year and then attend NOVA to pursue a degree in Engineering.

Daniel Schmidt has been swimming on the Woodley Swim Team since he was seven years old. Daniel never missed a meet and he always exuded a quiet confidence. In addition, he made quite a few All-Star Relay appearances and broke a number of swim team records. Daniel will attend NVCC where he will major in Electrical Engineering.

Omar Zamora has been swimming for the Woodley Swim Team for about 6 years. His favorite memory is joining the swim team because of his best friend, Noah Morales. Omar's enthusiasm, humor, and larger-than-life personality will definitely be missed! He will attend NOVA for two years and then transfer to JMU to join his sister where he will major in Business.