# **DCSL Championship Meet**

Saturday, July 28th, Northgate High School, 425 Castle Rock Road, WC 94598

The meet will begin promptly at 9:00am and end approximately 4:00pm.

# **RSM Warm-ups**

6&U: 8:00 - 8:10 Lane 11 7/8: 8:10 - 8:20 Lane 11 9/10: 8:00 - 8:10 Lane 3 11/12: 8:10 - 8:20 Lane 3 13/14: 8:20 - 8:30 Lane 3 & 11 15/18: 8:30 - 8:45 Lane 3 & 11

### Jobs

Job sign ups - online job sign ups will open this evening at 7pm and close on Wednesday at 7pm. RSM is responsible for Hospitality at this meet in addition to our typical invitational jobs. Parents of ALL swimmers who attend invitationals are expected to work a job, we need all hands on deck. If you have not yet worked an invitational job, you must sign up for one now. Those who do no not sign up may have a job assigned to them.

If you are unable to work your shift, you must hire a sub (<u>RSM sub list</u>) or swap with another family and notify Heather Sumulong of the change. No-show timers cause meet delays and will be charged a fee.

### **Team Area**

The team areas are located near the baseball field. See attached maps for details.

We will have limited team pop ups since some will be used for bleachers. Please bring pop ups if you have them so we can keep our team area cool. They may be set up **after 5pm** on Friday or on the day of the meet. If you choose to set up on Friday, wait for the team area to be set up first. There is no security and the field is not locked, so it is at your own risk.

There will be two RSM changing tents to for swimmers who will be changing in and out of tech suits. Please do not allow your children to use the tents for play.

DCSL requests that we maintain a clean team area and respect school property so we will be invited back. No glass, no smoking/alcohol, no dogs, no bbqs.

### **Clerk of the Course**

All swimmers need to check-in at the Clerk of the Course prior to their race. Please have your swimmers arrive already marked and on time. See meet program for details on how to mark your swimmer.

For relays, it is recommended that swimmers gather as a group at our RSM team area and walk to the Clerk of the Course together. To start the meet promptly, 6&U and 7-8 Medley relay teams should be at the Clerk of the Course no later than 8:45am.

## Warm-up and Cool-down Lanes

There will be three warm-up and cool-down lanes. Please keep this area as quiet as possible. These lanes are for swimmers 11 years of age and older only.

## **Parking**

There will be parking in the main lots in front of the school off of Castle Rock Road. Parking attendants will be on hand in the morning to allow parking on the blacktop next to the main lot. Do not park in any of the surrounding neighborhoods where it is marked "Residential Parking Only" or your car may be ticketed.

# **Meet Programs**

As this is an invitational meet, heat and lane sheets will not be posted online. Instead, programs will be available to purchase (cash only) in the morning before the meet begins and during the first couple of hours after the start of meet. RSM individual and relay entries are posted on the RSM website.

#### **Twitter Feed**

The desk will be live broadcasting a twitter feed during the meet @DCSL\_splash. This is helpful to stay on top of what is happening at the pool.

## **Relays/Awards Ceremony**

Plan to stay to the end of the meet to cheer for our free relays and watch the awards ceremony. Every year this part of the meet gets more crowded, more loud and more FUN! It is a great way to show our Polar Bear spirit end the swim season!

# Questions?

Contact Heather Sumulong at <a href="mailto:invitationals@rsmswimclub.org">invitationals@rsmswimclub.org</a> or (925) 639-7162.

## **GO POLAR BEARS!**