

# HOW TO READ A HEAT SHEET

## What is a Heat Sheet?

A Heat Sheet is a program that shows all participating swimmers and the events they will participate in as well as the heat number and lane number. The announcer will say the event and heat number and there is also an electronic board with this information.

## Why is it called a "Prelim Heat Sheet"?

Changes to the Prelim Heat Sheet will be made the morning of the meet based on swimmers who don't arrive on time or do not attend. We may also "combine" races to speed up the meet. For example, if we have 3 girls swimming Fly in the 15-17 age group and 3 boys -- we may combine them into one heat to save time. The announcer will say if it is a combined heat.

**Event Number:** There are 87 events in each meet.

**Heat Number:** Within each event there are heats. Each heat can have up to 6-8 swimmers - depending on the size of the pool.

**Lane Number:** This will tell you which lane your swimmer is scheduled to be in.

**Seed Time:** Once a swimmer participates legally in an event, they will have a "seed time". Swimmers are placed in heats and relays according to their seed times\*. The home team is assigned to 3 lanes & the visiting team is assigned to 3 lanes\* creating a mix of both teams. \*There are exceptions to these rules.

## Results

**Seed Time:** The swimmer's fastest time prior to this meet. This is the time you will see on the heat sheet.

**Finals Time:** The time they swam at this meet. This is the time you will see on the final results.

# MEDLEY RELAY & HEAT SHEET EXPLAINED

A - Heat Number
B - Event Number
C - Event Name
D - Lane Number
E - Relay Team
F - 1st leg Backstroke Swimmer
G - 2nd leg Breast Stroke Swimmer
H - 3rd leg Butterfly Swimmer
I - 4th Leg - Freestyle Swimmer
(The A relay contains the fastest swimmer in each stroke)

#8 Girls 13-14 200 Yard Medley Relay			
Cedar Park: 2:01.05		2018 Cedar Park Typhoons	
A. Boyle, B. Gamez, F. Hesters, V. Rivas			
2019Steiner: 1:58.56		2016 Steiner Ranch Stars Blu	
S. Bagnol, C. Denison, J. Bui, M. Thompson			
Lane	Team	Relay	Seed Time
<b>A</b>	Heat 1 of 1	Finals	Starts at 07:49 AM
	2 CP-ZZ	D	2:50.02
		Eckert, Helena I 13	Mc Connell, Jay S 14
		MacDonald, Rylee 13	Martinez, Chloe I 14
<b>D</b>	3 CP-ZZ	B	2:20.50
		Miller, Ella 14	Chmiel, Meridith A 14
		Cripps, Mia S 13	Tobias, Claire 14
	4 CP-ZZ	A	2:10.74
<b>E</b>		<b>F</b> Cheng, Kailey Y 14	<b>G</b> Seaman-Gregory, Zoe 13
		<b>H</b> Nelson, Ashley P 14	<b>I</b> Boyle, Abigail F 14
	5 SSB-ZZ	A	2:34.42
		Bell, Svdnev M 14	Zhou, Ally R 14
		Ramachandran, Neha 14	Stanton, Katie I 13
	6 CP-ZZ	C	2:31.22
		Painter, Emma R 14	Warham, Briton E 13
		Hopkins, Brihan 13	Truman, Audrey 13