



**Welcome to the 2018
Northern Virginia Swimming League
Division 13
Individual Championship Meet**

*To develop a love for the sport, advanced aquatic skills,
teamwork, and the principles of good sportsmanship.*

Saturday, July 28, 2018

Little Hunting Park Swim & Tennis Club



**2018 Division 13 Team Champions
Little Hunting Park**



**2018 Division 13 Relay Carnival Champions
Springboard**



NVSL Division 13 Team Representatives and Coaches

<u>Team</u>	<u>Team Representatives</u>	<u>Coaches</u>
Hayfield Farm (HF)	Colleen Ferguson Matt Murray	Emily Long Connor McLaren, Jenny Brent, Kate Murray, Quinten Hoagland, Cecily Farrell
Little Hunting Park (LHP)	Tony Almeida Tim Althouse	Barb Gundred Lola Beste, Jackie Canning, Will Klima, Dylan Louison, Annika Papke, Karinna Papke, Kira Pomeranz, Carly Shawn, Gemma Spicka-Proffit, Mitch Walthour
Rolling Forest (RF)	Kwon Miller Kat Picardat	Dianna Baltimore Allison Burbach, Sophia Hartshorn
Rolling Hills (RH)	Julie Wagner	Ed Kirby Mia Oppler, Kyrsten Smith, Cristophe Sanchez-O'Brien, Hannah Capra
Springboard (SB)	Amy Downey	Trish Buswell Amanda Wake
Truro (THA)	Danny Narragon Melissa Narragon	Mary Swanton Jack Swanton
Division 13 Coordinator	Jen Sayasithsena	
Division 13 Data Coordinator	Myleen Lankford	

Congratulations to our graduating Seniors!

<u>Team</u>	<u>Seniors</u>	<u>Next Steps</u>
Hayfield Farm (HF)	Sydney Bergen-Hill Cecily Farrell John Ferguson Kate Murray Erin NewRingeisen Clint Pearson Megan Riley Dante Viana Nataleigh Weber-Lampela Grace Wilsey	James Madison University University of Virginia DeSales University Penn State University St. Olaf College Penn State University University of Mary Washington University of South Carolina Northern Virginia Community College University of Virginia
Little Hunting Park (LHP)	Karina Papke Kira Pomeranz Mitch Walthour	Swarthmore College Georgetown University Northern Virginia Community College
Rolling Forest (RF)	Kaamyar Montazami Samir Zuberi	George Mason University Virginia Tech
Rolling Hills (RH)	Lauren Novak Mia Oppler Stephen Perkins	Penn State University University of Virginia College of the Arts
Springboard (SB)	Eric Carlson Samantha Earp Isabel Nieves Emily Riffer Lindsay Waterval	Virginia Tech James Madison University Gettysburg College College of William & Mary Johnson & Wales University
Truro (THA)	Brenna Gannon Teddy Lester Joelle Perry Jack Schiesl Jack Swinton Rosie Van Der Horst Sam Wilson	James Madison University Purdue University James Madison University James Madison University Unites States Military Academy at West Point James Madison University Gap year in job training program

Divisionals Meet Schedule

Meet Schedule

Time (a.m.)	Event	Lane Assignment/ Location
7:20	Marshals (from LHP and HF) briefing with Referee	
7:30 – 7:45	Little Hunting Park Warm-up Hayfield Farm Warm-up	Lanes 1 – 3 Lanes 4 – 6
7:45 – 8:00	Springboard Warm-up Rolling Forest Warm-up	Lanes 1 – 3 Lanes 4 – 6
8:00	Officials meet with Referees Timers meet with Chief Timer	Breezeway Start End of Pool
8:00 – 8:15	Rolling Hills Warm-up Truro warm-up	Lanes 1 – 3 Lanes 4 – 6
8:10	Team Rep scratch/substitution meeting	Data Table
8:15	Clear pool 10&U IM swimmers to Clerk of Course	
8:25	National Anthem	Announcer
8:30	Meet Starts (Event 51, Individual Medley)	
No Earlier Than (NET) 9:15	Freestyle events	
NET 10:00	Backstroke events	
	Break <ul style="list-style-type: none"> • Division Trophy and Sportsmanship Award • 2nd Half Officials briefing <ul style="list-style-type: none"> • Deck officials for the second half need to be at the meet by 10:15 AM. • 10 minute warmup during break 	Announcer Breezeway
	Earliest time 2 nd half warm-ups will end	
NET 11:00	Breaststroke events	
NET 11:45	Butterfly events	

First Half Events: IM - Free - Back

Second Half Events: Breast - Fly

There will be a 5-minute warm-up between each stroke ONLY for those swimming the next stroke.

Team Area and Lane Assignments for Warm-ups:

#1: Little Hunting Park

#4: Springboard

#2: Truro

#5: Rolling Forest

#3: Hayfield Farm

#6: Rolling Hills

Divisionals Officials and Key Volunteers

Position	First Half	Team	Second Half	Team
Referee	Don McIlwain	LHP	Ray Sliteris	HF
Chief Judge	Patrick O'Brien	RH	Mark Anderson	RF
Starter	Joel Papke	LHP	Sean McLaren	HF
Stroke & Turn	Jeff Cleveland	THA	Bryan Tylander	SB
	Gary Finnegan	SB	Churchill Hooff	LHP
	Ellyn Blumberg	RF	Catherine Backmeyer	THA
	Joe Ferguson	HF	Jim Juster	RH
Chief Timer	Brian Roach	RH	Candace Hoagland	HF
Asst. Chief Timer	Rob Zabko	RF	Elke McLaren	HF
Chief Clerk of Course	Courtney Schlieter	LHP	Blythe Belenky	SB
Chief Marshal	Amy Brandt	THA	Brian Downey	SB
Announcer	Dan Wagner & David Reese			RH
Verifier	Lauren Bright	HF	Maggie Castelyn	RH
Place Recorder	Karen Wallace	THA	Jenna Flynt	SB
	Vanessa Spendley	SB	Terry Klima	LHP
	Ellen Jennings	RF		
Data Entry	Ryan Sieger	RF	Deb Novak	RH
Table Chief	Myleen Lankford			SB

The Little Hunting Park Gators thank our 2018 Sponsor!

Nancy Perkins

