



2024 MCSL Coaches Long Course Invitational Meet and Hall of Fame Induction Ceremony

Rockville Swim and Fitness Center

July 9, 2024



Event 1 Boys 12 & Under 200 LC Meter IM

Record: 1:03.31 7/24/2021 Andrew Vanas

Lane	Name	Age	Team	Seed	Time
1	Nadelhaft, Daniel	12	G		1:13.65
2	Tempelhoff, Grayson	12	HA		1:13.58
3	Pica, Zander	12	D		1:12.15
4	Ahuja, Riaan	12	MS		1:09.62
5	Sunjaya, Brian	11	ARH		1:11.25
6	Greer, Tomas	12	WM		1:13.25
7	Donley, Logan	12	CA		1:13.62
8	McGuire, Jeffrey	12	C		1:13.75

Alternates

1	Hua, Jason	12	TH		1:14.38
2	Fogel, Aden	12	D		1:14.53

Event 2 Girls 12 & Under 200 LC Meter IM

Record: 1:06.59 7/22/2017 Carly Sebring

Lane	Name	Age	Team	Seed	Time
1	Bhardwaj, Adya	12	TH		1:15.52
2	Zettler, Grace	11	PO		1:14.53
3	Patel, Meera	12	CLK		1:12.18
4	Ryan, Jenna	12	SG		1:10.56
5	Bell, Ainsley	12	TH		1:11.68
6	Hutson, Catherine	12	RE		1:13.87
7	Lindley, Elena	12	RH		1:15.37
8	Chang, Sydney	11	SB		1:15.53

Alternates

1	Davey, Caroline	12	CCR		1:15.90
2	Shu, Elaine	12	SB		1:16.03

Event 3 Boys 13-14 200 LC Meter IM

Record: 2:08.08 7/13/2021 Adriano Arioti

Lane	Name	Age	Team	Seed	Time
1	Schoch, Samuel	14	G		1:05.59
2	Imi, Shou	14	RV		1:04.07
3	Thiede, George	14	CCR		1:03.07
4	Kominski, Tyler	14	TA		1:01.51
5	Bartholomew, Lachlan	14	WM		1:02.09
6	Nurit, Leopold	14	PO		1:03.40
7	Liberty, Nicholas	14	NGV		1:04.84
8	Chen, Kevin	14	GM		1:05.81

Alternates

1	Xu, Joseph	13	SB		1:06.23
2	Avalos, Ethan	14	BE		1:06.52

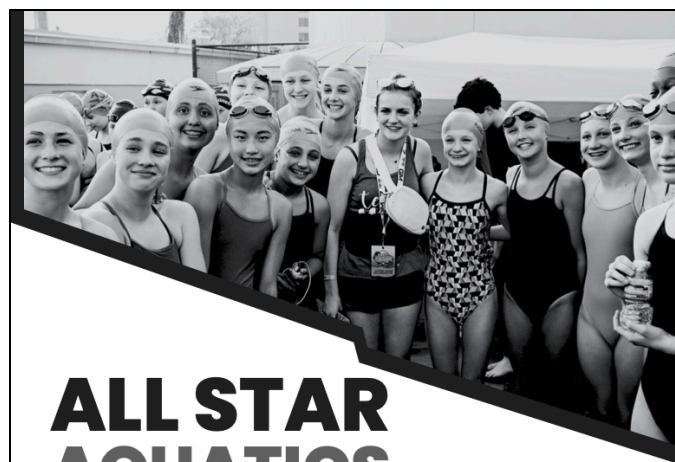
Event 4 Girls 13-14 200 LC Meter IM

Record: 2:20.04 7/10/2018 Carly Sebring

Lane	Name	Age	Team	Seed	Time
1	Wexler, Hannah	13	LF		1:11.39
2	Roemer, Samantha	14	FM		1:10.78
3	Groves, Caitlin	14	RF		1:09.63
4	Bishop, Alexandra	14	WM		1:07.26
5	Yeou, Jisoo	14	PO		1:08.40
6	Rabah, Luana	14	PO		1:09.85
7	Lakso, Brooke	13	NGV		1:10.95
8	Hawman, Sora	13	FV		1:11.50

Alternates

1	Chong, Finley	14	WCF		1:11.56
2	Tansey, Anne	13	MCT		1:11.67



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- ✓ Full-Year Commitment

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- ✓ For Swimmers Aged 5-12
- ✓ Introduce children to competitive swimming technique

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Event 5 Men 15-18 200 LC Meter IM

Record: 2:03.98 7/11/2023 Adriano Arioti

Lane	Name	Age	Team	Seed	Time
1	Ament, Linus	18	MW		59.84
2	Shafer, Lukas	17	KL		59.53
3	Lee, Elliot	18	TH		58.16
4	Kelly, Jordan	18	RS		58.09
5	Mackesy, Evan	18	MCT		58.15
6	Oehler, Griffin	15	WG		59.02
7	Elkassam, Samir	18	CG		59.64
8	Sun, Ashton	18	KFM		59.97

Alternates

1	Keeler, Chase	17	LM		1:00.09
2	Li, Jason	17	SB		1:00.60



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Event 8 Girls 8 & Under 50 LC Meter Freestyle

Record: 34.43 7/10/2012 Jill Berger

Lane	Name	Age	Team	Seed	Time
1	Radford, Gabrielle	8	DT		17.94
2	Newell, Kiera	8	WG		17.70
3	Chu, Chloe	8	MM		17.60
4	Mense, Grace	8	OG		16.21
5	Zhang, Emma	8	RV		17.18
6	Obrien, Mackenzie	8	FR		17.68
7	Moore, Leah	8	WG		17.90
8	Smith, Sydney	8	C		18.03

Alternates

1	Luna, Abigail	8	WTL		18.13
2	Arora, Iris	8	IF		18.22

Event 9 Boys 9-10 100 LC Meter Freestyle

Record: 1:05.65 7/12/2011 Timmy Ellett

Lane	Name	Age	Team	Seed	Time
1	Worley, Nicholas	10	D		33.12
2	Li, Jonathan	9	WCF		32.82
3	Kopp, Joris	10	RE		32.19
4	Xu, Jason	10	SB		31.91
5	Romero-Zermeno, A	10	SB		32.16
6	Begin, Wes	10	CG		32.76
7	DeLuca, Taylor	9	NCC		33.10
8	Duncan, Dallas	10	B		33.18

Alternates

1	Cohen, Hugh	10	PW		33.58
2	Fout, Cameron	10	GP		33.65

Event 6 Women 15-18 200 LC Meter IM

Record: 2:16.11 7/19/2022 Sophie Duncan

Lane	Name	Age	Team	Seed	Time
1	Webb, Maria	16	QV		1:08.81
2	Scofield, Campbell	17	MS		1:08.58
3	Xiao, Alice	16	RV		1:08.40
4	Simmons, Madeleine	17	SL		1:06.16
5	Clattenburg, Hannah	15	B		1:08.14
6	Sunjaya, Viona	15	ARH		1:08.44
7	Rushton, Harper	15	SL		1:08.63
8	Kincaid, Kellie	16	RH		1:08.83

Alternates

1	McGee, Zoe	16	WM		1:09.34
2	Watkins, Celia	16	DT		1:09.61

Event 7 Boys 8 & Under 50 LC Meter Freestyle

Record: 32.73 7/14/2009 Timmy Ellett

Lane	Name	Age	Team	Seed	Time
1	Kichoukov, Trystan	8	CLK		17.15
2	DeShayes, Zane	8	MCT		16.91
3	Sharp, Lucas	8	WL		16.33
4	Herbert, Brayden	8	MCF		15.80
5	Duncan, Ethan	8	B		16.14
6	Jing, Bryan	8	RV		16.62
7	Smink, Edison	8	OM		16.95
8	Halbe, Levi	8	CB		17.19

Alternates

1	Dunmire, Wells	8	OG		17.33
2	Stringer, Aidan	8	FV		17.37

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Event 10 Girls 9-10 100 LC Meter Freestyle

Record: 1:05.10 7/8/2014 Giulia Baroldi

Lane	Name	Age	Team	Seed Time
1	Gupta, Ira	9	BE	34.41
2	Bowen, Tessa	10	WG	34.20
3	Jayawardhane, Samara	10	PW	33.46
4	Sanders, Lily	10	RH	32.65
5	Drozd, Lesia	10	RV	33.08
6	Radford, Callie	10	DT	34.08
7	Rabah, Lara	10	PO	34.22
8	O'Connell, Fiona	10	WWD	34.47

Alternates

1	Thorn, Juliet	10	MCT	34.53
2	Diener, Catalina	9	PR	34.53

Event 11 Boys 11-12 100 LC Meter Freestyle

Record: 56.85 7/11/2023 Jeremiah Germosen

Lane	Name	Age	Team	Seed Time
1	Vertriest, Xander	12	CS	29.33
2	Buns, Jacob	12	NWB	29.31
3	Zand, David	12	B	28.76
4	Thomas, Tripp	12	SG	26.59
5	Nishnianidze, Nickolas	11	QO	27.69
6	Fortunato, Chase	12	RF	28.82
7	Stenberg, Charles	12	B	29.33
8	Huaman, Nicolas	12	PO	29.39

Alternates

1	Yuryev, Clement	12	RS	29.41
2	Hernandez Fuentes, Jo	12	SG	29.67



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Event 12 Girls 11-12 100 LC Meter Freestyle

Record: 58.71 7/11/2017 Erin Gemmell

Lane	Name	Age	Team	Seed Time
1	Hoppe, Sophia	12	WHI	30.21
2	Kuzmenko, Alina	12	PL	30.02
3	Young, Sara	11	RV	29.21
4	Ryan, Jenna	12	SG	29.03
5	Bell, Ainsley	12	TH	29.19
6	Ahearn, Mara	12	HA	29.75
7	Han, Riley	12	MM	30.06
8	Chang, Sydney	11	SB	30.44

Alternates

1	Croghan, Gillan	12	CCR	30.81
2	Velasquez, Amelia	12	OM	30.84

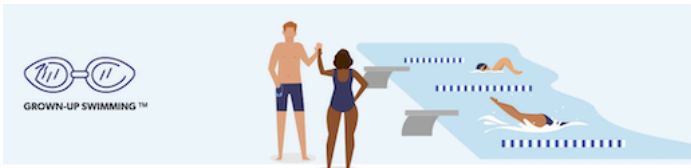
Event 13 Boys 13-14 100 LC Meter Freestyle

Record: 54.03 7/11/2023 Andrew Vanas

Lane	Name	Age	Team	Seed Time
1	Andrews, David	14	PO	26.56
2	Schestopol, Abraham	14	CCR	26.45
3	Fisher, Patrick	14	MW	25.84
4	Germosen, Jeremiah	13	HA	25.38
5	Roscetti, Nicholas	14	RF	25.44
6	Greer, Christian	14	WM	26.32
7	Bailey, Matthew	14	SL	26.53
8	Nurit, Leopold	14	PO	26.59

Alternates

1	Nedd, Christopher	14	RH	26.69
2	Ross, Stewart	13	CCR	26.84



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Event 14 Girls 13-14 100 LC Meter Freestyle

Record: 55.87 7/9/2019 Erin Gemmell

Lane	Name	Age	Team	Seed Time
1	Zettler, Julia	13	PO	29.21
2	Schur, Gracie	13	CG	28.90
3	Roemer, Samantha	14	FM	28.33
4	Bartholomew, Harper	13	WM	27.34
5	Ji, KaiLi	14	PO	27.53
6	Roscetti, Natalie	13	RF	28.53
7	Tansey, Anne	13	MCT	28.97
8	Hawman, Sora	13	FV	29.25

Alternates

1	Liu, Ashley	14	PO	29.31
2	Thomas, Ellery	13	CCR	29.32

Event 15 Men 15-18 200 LC Meter Freestyle

Record: 1:53.62 7/11/2023 Brady Begin

Lane	Name	Age	Team	Seed Time
1	Begin, Charlie	16	CG	53.41
2	Kojanov, Mikhail	17	TW	53.31
3	Begin, Brady	18	CG	52.90
4	Wang, Kyle	17	RE	51.54
5	Watkins, Owen	18	DT	51.84
6	Lopez, Joshua	17	CA	53.26
7	Brooks, Andrejs	17	NCC	53.34
8	Vanas, Andrew	15	WWD	53.53

Alternates

1	Elkassem, Nasim	18	CG	54.31
2	Bishop, Anderson	17	WM	54.32

Event 16 Women 15-18 200 LC Meter Freestyle

Record: 1:57.45 7/19/2022 Erin Gemmell

Lane	Name	Age	Team	Seed Time
1	Nishnianidze, Anna	16	QO	59.72
2	Morgan, Healey	18	SL	59.10
3	Clattenburg, Hannah	15	B	58.53
4	Dworak, Andrea	17	FO	56.57
5	Simmons, Madeleine	17	SL	58.38
6	Qin, Amy	18	SB	59.00
7	Bartholomew, Isla	17	WM	59.51
8	Eliason, Sarah	18	RV	59.76

Alternates

1	Saybolt, Elanor	15	WM	1:00.00
2	Gotting, Lauren	17	PO	1:00.32

Event 17 Boys 8 & Under 50 LC Meter Backstroke

Record: 39.77 7/8/2014 Ashton Yiyang Sun

Lane	Name	Age	Team	Seed Time
1	Jing, Bryan	8	RV	21.16
2	Pekkanen, John	8	LF	20.68
3	Smink, Edison	8	OM	20.26
4	Sharp, Lucas	8	WL	19.26
5	Band, Harrison	8	FM	19.72
6	Berger, Blake	8	SL	20.59
7	Van Loon, Sebastian	8	NMC	20.69
8	Young, Shane	7	CS	22.25

Alternates

1	Wu, Alexander	8	RV	22.25
2	Bolten, Eli	8	SO	22.44

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Event 18 Girls 8 & Under 50 LC Meter Backstroke

Record: 40.44 7/10/2007 Eliya Harnood

Lane	Name	Age	Team	Seed	Time
1	Li, Vivian	8	CG		22.42
2	Chu, Chloe	8	MM		22.19
3	Young, Anna	8	LB		21.50
4	Newell, Kiera	8	WG		20.21
5	Smith, Sydney	8	C		20.26
6	Reilly, Kate	8	RH		21.71
7	Seeto, Ellie	8	WCF		22.41
8	Wilkerson, Clarke	8	BE		22.44

Alternates

1	Atallah, Noor	8	PA		22.56
2	Miller, Eden	8	FR		22.65

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Event 19 Boys 9-10 50 LC Meter Backstroke

Record: 33.31 7/11/2017 Adriano Arioti

Lane	Name	Age	Team	Seed	Time
1	McCarthy, Oliver	10	WM		18.26
2	DeLuca, Taylor	9	NCC		17.60
3	Begin, Wes	10	CG		17.40
4	Li, Marcus	10	CLK		16.53
5	Kopp, Joris	10	RE		17.26
6	Yu, Bernard	10	RV		17.60
7	Killen, Shane	10	WWD		17.82
8	Le, Andy	9	WCF		18.50

Alternates

1	Shah, Bennett	10	C		18.53
2	Roome, Daniel	10	SL		18.57

Event 20 Girls 9-10 50 LC Meter Backstroke

Record: 35.09 7/14/1998 Laura Eull

Lane	Name	Age	Team	Seed	Time
1	Rabah, Lara	10	PO		18.62
2	O'Connell, Fiona	10	WWD		18.47
3	Almassian, Laleh	10	KL		17.76
4	Carrick, Julia	10	FV		17.28
5	Rankin, Rosalie	10	MCT		17.41
6	Zhang, Josie	10	SB		18.38
7	McKinley, Maeve	10	FV		18.50
8	Kaplan, Harper	10	SL		18.75

Alternates

1	Trepkowski, Sabrina	10	H		18.97
2	Halbe, Liesel	10	CB		19.10

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Event 24 Girls 13-14 100 LC Meter Backstroke

Record: 1:02.84 7/11/2017 Phoebe Bacon

Lane	Name	Age	Team	Seed	Time
1	Kraft, Allison	14	MCT		33.03
2	Wolfington, Annika	14	DT		32.78
3	Wexler, Hannah	13	LF		32.13
4	Bartholomew, Harper	13	WM		31.46
5	Thomas, Ellery	13	CCR		31.52
6	Schur, Gracie	13	CG		32.50
7	Magro, Sienna	13	FV		32.90
8	Zhang, Mia	13	MCf		33.19

Alternates

1	Chong, Finley	14	WCF		33.28
2	Morton, Olivia	14	C		33.43

Event 21 Boys 11-12 100 LC Meter Backstroke

Record: 1:04.76 7/14/2015 Brett Feyerick

Lane	Name	Age	Team	Seed	Time
1	Tempelhoff, Grayson	12	HA		34.15
2	Zand, David	12	B		33.58
3	Hua, Jason	12	TH		32.96
4	Ahuja, Riaan	12	MS		31.60
5	Pica, Zander	12	D		32.46
6	McCullough, Connor	12	OF		33.10
7	Nishnianidze, Nickolas	11	QO		33.87
8	Hernandez Fuentes, Jo	12	SG		34.34

Alternates

1	McGuire, Jeffrey	12	C		34.58
2	Sumrow, Logan	11	KL		34.72

Event 22 Girls 11-12 100 LC Meter Backstroke

Record: 1:05.04 7/14/2015 Phoebe Bacon

Lane	Name	Age	Team	Seed	Time
1	Liang, Isabella	11	RV		34.08
2	Ahearn, Mara	12	HA		33.67
3	Patel, Meera	12	CLK		32.69
4	Diaz, Juli	12	RV		32.13
5	Groves, Charlotte	12	RF		32.37
6	Maki, Reagan	12	PR		33.47
7	Johnson, Alexis	12	TA		33.68
8	Schestopol, Celia	12	CCR		34.40

Alternates

1	Tretyakov, Irene	12	DF		35.16
2	Robey, Annabel	11	RV		35.27

Event 23 Boys 13-14 100 LC Meter Backstroke

Record: 59.15 7/14/2009 Jack Conger

Lane	Name	Age	Team	Seed	Time
1	Fisher, Patrick	14	MW		29.90
2	Iavarone, Christian	14	CLK		29.82
3	Mulla, Daniel	13	FM		29.65
4	Fontana, Rafael	13	DT		29.08
5	Devinney, Jay Cole	13	CG		29.22
6	Lee, Seine	13	TH		29.76
7	Ericson, Selim	13	NWB		29.82
8	Maready, Mason	13	OM		30.34

Alternates

1	Adebiyi, Alexander	14	SG		30.38
2	Xu, Joseph	13	SB		30.63



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LOCATIONS/CONTACT INFORMATION:

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Event 25 Men 15-18 200 LC Meter Backstroke

Record: 2:01.04 7/10/2012 Jack Conger

Lane	Name	Age	Team	Seed Time
1	Waterman, Clayton	17	NCC	58.50
2	Bacon, Finn	18	TH	57.64
3	Oehler, Griffin	15	WG	57.45
4	Kojanov, Mikhail	17	TW	57.29
5	Begin, Charlie	16	CG	57.43
6	Mackesy, Evan	18	MCT	57.47
7	Sun, Ashton	18	KFM	58.43
8	Keeler, Chase	17	LM	59.27

Alternates

1	Friedman, Owen	16	OF	59.40
2	McDonough, Edward	17	NWB	59.84


Event 26 Women 15-18 200 LC Meter Backstroke

Record: 2:15.87 7/13/2021 Sophie Duncan

Lane	Name	Age	Team	Seed Time
1	Cai, Anika	15	CG	1:07.09
2	Rushton, Harper	15	SL	1:04.18
3	Dworak, Andrea	17	FO	1:02.96
4	Venditti, Livia	18	CG	1:02.53
5	Hinds, Virginia	16	CCR	1:02.75
6	Thomas, Nadia	17	MM	1:03.26
7	Watkins, Celia	16	DT	1:04.72
8	Inman, Madeleine	15	DA	1:07.34

Alternates

1	Crown, Ella	16	CLM	1:07.71
2	Kincaid, Kellie	16	RH	1:07.93



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Event 27 Boys 8 & Under 50 LC Meter Breaststroke

Record: 44.05 7/12/2011 Darius Truong

Lane	Name	Age	Team	Seed Time
1	Cofield, Rossi	7	SG	24.19
2	Purifoy, Nathan	8	NWB	24.03
3	Griffith, Caleb	8	DA	22.82
4	Duncan, Ethan	8	B	21.76
5	Gash, Sebastian	8	TB	22.03
6	Reilly, Sebastian	8	SO	23.76
7	Allender, August	8	FR	24.10
8	Woo, Connor	8	SB	24.50

Alternates

1	Sun, Thiago	8	RV	24.84
2	Hou, Evan	8	PGL	24.91

Event 28 Girls 8 & Under 50 LC Meter Breaststroke

Record: 46.90 7/17/2018 Audrey Lee

Lane	Name	Age	Team	Seed Time
1	Arora, Iris	8	IF	25.53
2	Freedman, Oakley	8	SG	25.38
3	Srikittipraphas, Avalyn	8	PGL	24.09
4	Zhang, Emma	8	RV	21.26
5	O'Brien, Mackenzie	8	FR	22.47
6	Tang, Maggie	8	WCF	25.19
7	Butler, Reese	8	G	25.41
8	Chang, Colbie	8	WG	25.56

Alternates

1	Bernal, Catalina	8	MW	25.81
2	Banashak, Willa	7	OG	25.83

Event 29 Boys 9-10 50 LC Meter Breaststroke

Record: 38.16 7/11/2017 Eric Sanidad

Lane	Name	Age	Team	Seed	Time
1	Musser, Graham	9	PA		20.81
2	Roberts, Samuel	10	SB		20.27
3	Li, Marcus	10	CLK		20.07
4	Boyar, Grant	10	SG		19.10
5	Joung, Jeremy	10	WL		20.00
6	Elag, Mahmoud	10	RV		20.09
7	Santos Pineiro, Tiago	9	BE		20.69
8	Newell, Dylan	10	WG		20.81

Alternates

1	Killen, Shane	10	WWD	20.84
2	Bu, Daniel	9	TH	20.87

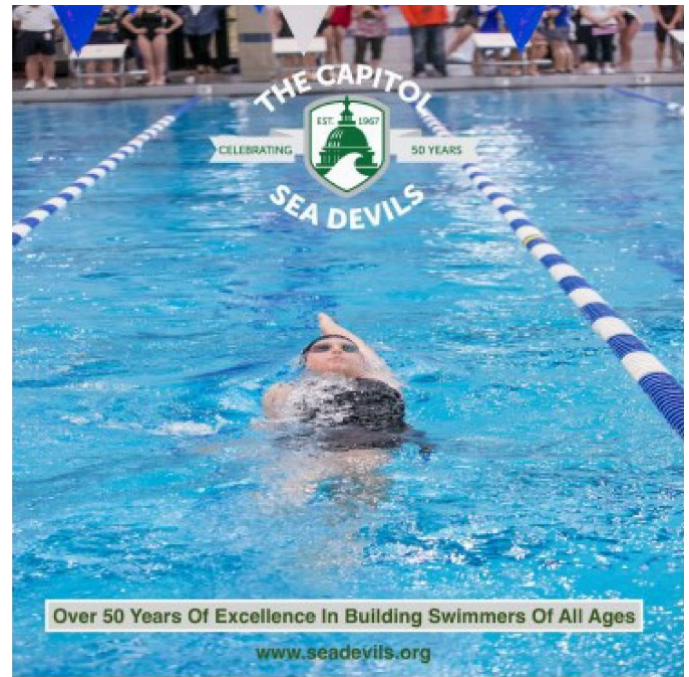
Event 30 Girls 9-10 50 LC Meter Breaststroke

Record: 36.88 7/11/2017 Emma Lantry

Lane	Name	Age	Team	Seed	Time
1	Zhang, Josie	10	SB		20.47
2	Allender, Mabel	10	FR		19.95
3	Sanders, Lily	10	RH		19.22
4	Moreira Aviles, Camila	10	CS		18.77
5	Carrick, Julia	10	FV		19.13
6	Pham, Emma	10	KL		19.38
7	Radford, Callie	10	DT		20.44
8	McKoy, Gabriella	10	WWD		20.53

Alternates

1	Wang, Emma	9	CLK	20.53
2	Rosen, Calla	10	RE	20.97



Event 31 Boys 11-12 100 LC Meter Breaststroke

Record: 1:13.56 7/11/2017 Jason Hernandez-Fuentes

Lane	Name	Age	Team	Seed	Time
1	Han, Ewan	12	SB		38.63
2	Fogel, Aden	12	D		37.40
3	Joung, Joshua	11	WL		36.50
4	Thomas, Tripp	12	SG		33.78
5	Sunjaya, Brian	11	ARH		34.76
6	Solazzo, Danny	12	CA		37.22
7	Banks, Asa	12	NO		37.75
8	Huang, Christopher	11	RV		38.70

Alternates

1	Wu, Evan	11	SB	38.98
2	Hall, David	11	BE	39.07

Event 32 Girls 11-12 100 LC Meter Breaststroke

Record: 1:14.25 7/11/2017 Joyce Wu

Lane	Name	Age	Team	Seed	Time
1	Garcia, Eva	11	SG		39.28
2	Kuzmenko, Alina	12	PL		38.41
3	Bhardwaj, Adya	12	TH		38.03
4	Shu, Elaine	12	SB		37.25
5	Lindley, Elena	12	RH		37.32
6	Yun, Clara	11	CG		38.11
7	Hoppe, Sophia	12	WHI		39.18
8	Hidalgo, Elise	11	G		39.31

Alternates

1	Chan, Elizabeth	11	RV	39.47
2	Plaza, Eva	12	D	39.59

Event 33 Boys 13-14 100 LC Meter Breaststroke

Record: 1:07.50 7/11/2023 Jack Dawson

Lane	Name	Age	Team	Seed	Time
1	Faucette, Samuel	14	GP		33.39
2	Chen, Kevin	14	GM		32.66
3	Bartholomew, Lachlan	14	WM		32.57
4	Greer, Christian	14	WM		31.81
5	Kominski, Tyler	14	TA		32.25



6	Iimi, Shou	14	RV	32.62
7	Iavarone, Christian	14	CLK	33.07
8	Tofilon, Matthew	14	G	33.48
Alternates				
1	Joung, Justin	13	WL	33.78
2	House, Nathan	14	D	33.87

Event 34 Girls 13-14 100 LC Meter Breaststroke

Record: 1:12.99 7/9/2019 Joyce Wu

Lane	Name	Age	Team	Seed	Time
1	Luo, Angelina	13	RV		37.30
2	Morin, Gabrielle	14	DT		36.75
3	Harms, Stella	13	RF		36.46
4	Lakso, Brooke	13	NGV		35.24
5	Yeou, Jisoo	14	PO		35.99
6	Potter, Addison	14	NWB		36.56
7	Zhou, Elly	13	CG		36.96
8	Barish, Ayla	13	FV		37.47

Alternates

1	Gilbert, Anne	13	RF	37.72
2	Oskvig, Kari	14	PO	37.75



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Event 35 Men 15-18 200 LC Meter Breaststroke

Record: 2:18.21 7/11/2023 Joe Umhofer

Lane	Name	Age	Team	Seed	Time
1	Peppelman, John	17	WM		1:06.69
2	Dionne, Luc	15	OG		1:06.01
3	Wallace, Nathaniel	18	FO		1:04.56
4	Umhofer, Joseph	18	WM		1:03.82
5	Kelly, Jordan	18	RS		1:04.32
6	Wilbur, Brian	18	OM		1:05.70
7	duLac, Miles	15	G		1:06.52
8	Vanas, Andrew	15	WWD		1:06.72

Alternates

1	Quach, Harrison	18	CG	1:06.88
2	Qian, Ethan	17	RV	1:07.06

Event 36 Women 15-18 200 LC Meter Breaststroke

Record: 2:34.10 7/10/2018 Catherine Belyakov

Lane	Name	Age	Team	Seed	Time
1	Fleck, Kristina	16	BE		1:16.15
2	Moore, Mimi	17	NWB		1:15.22
3	Sunjaya, Viona	15	ARH		1:14.83
4	Bartholomew, Isla	17	WM		1:14.46
5	House, Cameron	17	D		1:14.78
6	Katz, Rachel	18	QO		1:15.18
7	O'Hara, Megan	17	MCT		1:15.69
8	James, Helen	16	SL		1:16.15

Alternates

1	Yanes, Giselle	17	NO	1:17.76
2	Morse, Victoria	16	CCR	1:17.92

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Event 37 Boys 8 & Under 50 LC Meter Butterfly

Record: 36.64 7/11/2017 Kirk Morgan

Lane	Name	Age	Team	Seed Time
1	Gash, Sebastian	8	TB	19.39
2	Reilly, Sebastian	8	SO	18.56
3	DeShayes, Zane	8	MCT	17.62
4	Band, Harrison	8	FM	17.00
5	Herbert, Brayden	8	MCF	17.44
6	Kichoukov, Trystan	8	CLK	17.96
7	Berger, Blake	8	SL	18.97
8	Yue, Evan	8	PGL	19.75

Alternates

1	Castro-Munoz, Matteo	8	FH	20.25
2	Dunmire, Wells	8	OG	20.38

Event 38 Girls 8 & Under 50 LC Meter Butterfly

Record: 38.18 7/15/1997 Nilasha Ghosh

Lane	Name	Age	Team	Seed Time
1	Luna, Abigail	8	WTL	20.32
2	Barry, Evelyn	8	TA	19.95
3	Reilly, Kate	8	RH	19.81
4	Mense, Grace	8	OG	17.26
5	Seeto, Ellie	8	WCF	18.78
6	Srikittipraphas, Avalyn	8	PGL	19.94
7	Tang, Maggie	8	WCF	20.08
8	Payson, Mila	8	TA	20.39

Alternates

1	Li, Vivian	8	CG	20.41
2	Radford, Gabrielle	8	DT	20.64

Event 39 Boys 9-10 50 LC Meter Butterfly

Record: 32.09 7/12/2011 Timmy Ellett

Lane	Name	Age	Team	Seed Time
1	Hoppe, Theodore	10	WHI	16.87
2	Yu, Bernard	10	RV	16.24
3	Romero-Zermeno, A	10	SB	16.00
4	Xu, Jason	10	SB	15.84
5	Li, Jonathan	9	WCF	15.99
6	Elag, Mahmoud	10	RV	16.06
7	Ahearn, Samuel	10	HA	16.51
8	Duncan, Dallas	10	B	16.95

Alternates

1	Bello, Bruce	10	B	17.09
2	Huth, Rhys	10	K	17.16

Event 40 Girls 9-10 50 LC Meter Butterfly

Record: 31.82 7/10/2018 Hailey Hammond

Lane	Name	Age	Team	Seed Time
1	Deal, Eudora	10	C	17.14
2	Thorn, Juliet	10	MCT	16.97
3	Rankin, Rosalie	10	MCT	16.87
4	Drozd, Lesia	10	RV	16.40
5	Pham, Emma	10	KL	16.82
6	Jayawardhane, Samara	10	PW	16.88
7	Almassian, Laleh	10	KL	17.01
8	Trepkowski, Sabrina	10	H	17.20

Alternates

1	Johnson, McKinley	10	HA	17.32
2	Mai, Vanessa	10	CLK	17.37

Event 41 Boys 11-12 100 LC Meter Butterfly

Record: 1:03.04 7/11/2023 Rafael Fontana

Lane	Name	Age	Team	Seed Time
1	Walsh, Jackson	12	GM	32.40
2	Vertriest, Xander	12	CS	31.84
3	Lin, Kent	12	MCF	31.52
4	McCullough, Connor	12	OF	31.19
5	Fortunato, Chase	12	RF	31.34
6	Nadelhaft, Daniel	12	G	31.75
7	Greer, Tomas	12	WM	32.14
8	Sanders, Kevin	12	RH	32.76

Alternates

1	Schwartz, Ryker	11	SB	32.84
2	Bolgiano, Tyler	11	RE	33.01

Event 42 Girls 11-12 100 LC Meter Butterfly

Record: 1:06.34 7/14/2015 Phoebe Bacon

Lane	Name	Age	Team	Seed Time
1	Hutson, Catherine	12	RE	32.84
2	Peterson, Grace	12	SG	32.56
3	Johnson, Alexis	12	TA	32.15
4	Groves, Charlotte	12	RF	31.85
5	Diaz, Juli	12	RV	32.01
6	Young, Sara	11	RV	32.32
7	Han, Riley	12	MM	32.59
8	Davey, Caroline	12	CCR	32.89

Alternates

1	Liang, Joy	11	SB	33.18
2	Liang, Isabella	11	RV	33.39

Event 43 Boys 13-14 100 LC Meter Butterfly

Record: 57.26 7/13/2021 Adriano Ariotti

Lane	Name	Age	Team	Seed Time
1	Devinney, Jay Cole	13	CG	28.70
2	Mulla, Daniel	13	FM	28.23
3	Roscetti, Nicholas	14	RF	27.96
4	Germosen, Jeremiah	13	HA	27.69
5	Fontana, Rafael	13	DT	27.90
6	Ericson, Selim	13	NWB	28.07
7	Thiede, George	14	CCR	28.65
8	Lee, Seine	13	TH	28.75

Alternates

1	Pino, Dylan	13	RV	28.90
2	Ross, Stewart	13	CCR	28.96

Event 44 Girls 13-14 100 LC Meter Butterfly

Record: 1:01.55 7/9/2019 Erin Gemmell

Lane	Name	Age	Team	Seed Time
1	Rabah, Luana	14	PO	31.26
2	Mitin, Veronica	14	WCF	30.96
3	Groves, Caitlin	14	RF	30.22
4	Bishop, Alexandra	14	WM	29.75
5	Ji, KaiLi	14	PO	30.06
6	Ren, Samantha	14	GER	30.94
7	Mason, Izabella	13	PR	31.22
8	Liu, Ashley	14	PO	31.35

Alternates

1	Zhou, Elly	13	CG	31.51
2	Conrad, Addie	14	FR	31.72

Event 45 Men 15-18 100 LC Meter Butterfly

Record: 53.94 7/10/2012 Jack Conger

Lane	Name	Age	Team	Seed Time
1	Brooks, Andrejs	17	NCC	26.16
2	Watkins, Owen	18	DT	26.03
3	Potter, Noah	17	OG	25.87
4	Jungbluth, Alexander	15	CA	25.37
5	Wang, Kyle	17	RE	25.50
6	Elkassem, Samir	18	CG	26.00
7	Lee, Elliot	18	TH	26.07
8	Bacon, Finn	18	TH	26.34

Alternates

1	Li, Jason	17	SB	26.37
2	Elkassem, Nasim	18	CG	26.56

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Event 46 Women 15-18 100 LC Meter Butterfly

Record: 1:00.66 7/11/2023 Sarah Eliason

Lane	Name	Age	Team	Seed Time
1	Cai, Anika	15	CG	29.47
2	Carswell, McKenna	15	QO	29.40
3	Hinds, Virginia	16	CCR	29.12
4	Eliason, Sarah	18	RV	28.95
5	Qin, Amy	18	SB	29.03
6	Webb, Maria	16	QV	29.34
7	Xiao, Alice	16	RV	29.40
8	Kaiser, Gabriela	16	RE	29.63

Alternates

1	Scofield, Campbell	17	MS	29.75
2	Inman, Madeleine	15	DA	29.82

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Biographies for Hall of Fame Inductees

Bob Hincke, Board Member, Lake Marion

My parents started me swimming in the MCSL at age 9 and I swam for a year at Mohican. We moved the next year and I started swimming for a new team called Potomac Woods where we started in the last division of the league which, I believe at the time, was Division G. I swam there until I aged out at 17.

My parents were very active in helping the team so that's probably why, when my daughter was five years old and wanted to swim at Lake Marion, I volunteered to help. I began as a starter for Lake Marion, but switched over to being in charge of automation the next year. I took over the role of team rep in 1996 and continued in that role until my daughter aged out in 2006. During that time I also took on the role of division automation coordinator and joined the MCSL executive board in 2000.

During my time on the executive board from 2000 to 2021 I helped with automation at the league level and at the all-star meets. I also acted as webmaster during that time and oversaw the transition to a new website in 2012. During my 30 years working with automation for Lake Marion and then league wide automation I have communicated with countless number of team/league volunteers and have always found them to be willing and helpful. Thanks to all the volunteers and I encourage others to help as it is a very rewarding experience.

BTW, my mom continued helping Potomac Woods after I aged out and went on to serve on the executive board for 40+ years. Between the two of us we had a presence on the executive board for 50+ years.

Jeremy Fain, Swimmer, Daleview

Jeremy Fain joined the Daleview Swim Team when he was 6 years old and never left. Summers with MCSL were the best times of his childhood. Through his 13 years swimming for The Feet, he won All Stars 9 times and Coaches Long Course 3 times. In 1992, when he was 14, he won all three of his events at All Stars – 100 IM, 50 Free, and 50 Fly. He set the county record for 50m boys Freestyle at 24.99, the first time anyone had broken 25 seconds in the 50. That county record stood for 8 years.

Earlier that season, he set the meet record at Coaches Long Course with a 56.62 in the 13-14 boys 100m free – that record also stood for 8 years. Besides missing the 1995 All Stars meet to swim with RMSC at the Irish and English Junior Nationals, Jeremy was undefeated in the 100m Free from age 15 to 18. After graduating from MCSL, he was co-head coach of Daleview as they went undefeated and won the C division in 1997.

Jeremy began swimming year-round with RMSC at age 12 and swam varsity for Yale University where he earned a Bachelor of Science in Electrical Engineering. While attending Columbia University Business School for his MBA, Jeremy picked swimming back up and swam to a few national titles as well as a number of national top 10 times with Red Tide Masters out of New York City. In 2007, he co-founded Trident Swim Foundation, a charity that runs learn-to-swim and after-school competitive swim programs in New York City and Los Angeles. Their

programs have helped thousands of children to both learn to swim, and to succeed in school through the discipline and long term goal setting that swimming teaches to all of us. He is currently the co-founder and CEO of Cognitiv, a Deep Learning Advertising company.

Connie Smink, Swimmer and Coach, Old Georgetown

I began my long association and love for MCSL in 1960 at the age of 9 when I joined the Old Georgetown Swim team and swam until the age of 17. I began coaching the following year in 1969 at the age of 18 with the Pleasant View swim team. I never imagined that I would still be coaching over 54 years later.

During the course of my coaching career, I had the privilege to coach 4 different MCSL teams finally returning to Old Georgetown in 1997 where I was the head coach for 26 years until I retired in 2023.

I have always tried to instill a love of swimming that hopefully lasts a lifetime and to be an inspiration to other coaches and swimmers alike. My goal was always to help young swimmers develop their skills, confidence, leadership skills, respect for others and a sense of teamwork and community, not only in the pool but in their daily lives.

I may have retired from coaching in MCSL but my love of swimming continues and I still coach year-round with RMSC. I thank you for this honor to be inducted into the MCSL Coaches Hall of Fame.

Cara Chuang, Swimmer and Coach, Rockville

Cara is humbled to be nominated for the MCSL coaching hall of fame and is grateful for all the wonderful coaches she's had the honor to swim under, work with, and coach alongside. The high caliber of Montgomery County's swimmers (as seen in the pool tonight) is a reflection of its coaches' abilities to not only train athletes, but to spark passion for this sport, and it has been a great pleasure for Cara to make her small contribution to its swimming programs.

MCSL ignited Cara's love for coaching from her first season coaching the Rockville Rays in 2010. Guiding the next generation of swimmers and helping build their character as they grow up has been incredibly touching - and incredibly fun! Cara loved it so much that she came back to coach the Rays (and then RMSC) even after entering the workforce as a full-time engineer.

She would like to thank all the parents and volunteers for sacrificing their time and energy to keep MCSL running. If the swimmers and coaches are the heart of the league, then volunteers are the arms, legs, mind, and body, enabling us to do what we love. Thank you for entrusting us with your children and doing all the behind-the-scenes and often underappreciated work that allows each summer to be a memorable one.

Cara is honored to be inducted alongside Connie, who Cara briefly swam under at the RMSC "MAC site" (as it was called at the time) just after moving to Maryland. Coaching an MCSL team has given Cara so many outstanding and unforgettable experiences and she is extremely thankful to be recognized tonight.



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