



YMCA All Levels Swim Meet

Saturday, March 22, 2025

Location: McGrath Family YMCA

12006 Campo Road, Spring Valley CA 91978

Warm Up 8:00-9:15 am; Meet starts at 9:30 am

Girls	Events	Boys
1	Mixed 10 & Under 100 Freestyle Relay	1
2	Mixed 11 & Over 200 Freestyle Relay	2
3	8 & Under 25 Butterfly	4
5	9-10 50 Butterfly	6
7	11-12 50 Butterfly	8
9	13 & Over 100 Butterfly	10
11	8 & Under 25 Backstroke	12
13	9-10 50 Backstroke	14
15	11-12 50 Backstroke	16
17	13 & Over 100 Backstroke	18
19	12 & Under 100 Freestyle*	20
21	11 & Over 200 Freestyle*	22
23	8 & Under 25 Breaststroke	24
25	9-10 50 Breaststroke	26
27	11-12 50 Breaststroke	28
29	13 & Over 100 Breaststroke	30
31	8 & Under 25 Freestyle	32
33	9-10 50 Freestyle	34
35	11-12 50 Freestyle	36
37	13 & Over 100 Freestyle	38
39	12 & Under 100 Individual Medley*	40
41	11 & Over 200 Individual Medley*	42

*These events will be swum together but scored based on the following age groups: 8&U, 9-10, 11-12, 13&O

Course: McGrath Family YMCA, 12006 Campo Road, Spring Valley CA 91978. Outdoor heated 25-yard pool with 6 lanes of competition. The water temperature will be held between 79 and 81 degrees for the competition. This event will not be officiated, sanctioned, or USA Swimming observed.

Registration: Entry fee is \$22 per swimmer. Registration deadline is Thursday, 3/20/2025. Registration can be paid online (click [HERE](#)), in-person, or via phone.

Entry Limit: Swimmers may enter a maximum of FOUR individual events.

Warm-ups: Warm-ups will be 8:00-9:15 am. Teams will be assigned 20-minute warm-up slots based on the number of registered participants.

Check-in: Check-in will be open from 7:45-9:00 am. Swimmers who do not check in will be scratched from their events.

Eligibility: Swimmers of all levels are eligible to participate.

Timers: Time-Drops electronic timing system will be used for this meet with backup handheld stopwatches. Teams will be proportionately assigned lanes for volunteer timers according to the number of entries submitted.

Scoring/Awards: Team points will be awarded for 1st through 6th place as follows: individual events 7-5-4-3-2-1, relay events: 14-10-8-6-4-2. Teams will only score points for a maximum of two swimmers per individual event and one relay. Scoring relays must have 2 girls and 2 boys. Ribbons will be awarded for 1st through 3rd place.

Seating and Cheering: Seating areas will be assigned based on team size. Bring chairs and shade covering. Participants will be allowed at the north end to cheer, but will not be permitted to set up chairs on deck.

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