

2024 Barracuda Swim Club Cranberry Classic

November 23-24, 2024

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc.
Sanction # 24BSC11-23 Time Trial Sanction # 24BSC11-23TT

HOSTED BY: Barracuda Swim Club of Northeast Tennessee, Cody Skinner (423-444-3382)

LOCATION: Kingsport Aquatic Center 1820 Meadowview Parkway, Kingsport, TN, 37660

FACILITIES: Indoor 50 meter pool with two 25-yard courses separated by moveable bulkheads. Competitor lane lines. Automatic timing system with scoreboard. Water depth is 13' at the start end of the competition course and 6'-6" at the turn end. The warm-up course is 5' to 6' deep. Custom starting blocks with adjustable wedge mounting, raised spectator seating. **The competition course has been certified in accordance with 104.2.2C(4).**

Meet Philosophy

This meet is designed to allow a swimmer to swim events that they need at this part of the season. An older swimmer wants to work on speed? It's OK to put them in a 25 or 50. A younger swimmer needs experience in a 200? Go for it!

It is highly recommended that only one event in Session 2 (400 IM, 500 Free) be chosen per swimmer. There will not be extra time allotted for "adequate rest" between those two events. (Then, again, if your swimmer needs to get some quality endurance work in

Coaches are simply asked to use their professional judgement in order to protect the integrity of the meet.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. unless otherwise noted herein. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Drones are prohibited. **Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** The swimmer must wear only one swimsuit in one piece, except as provided in 205.10.1. All swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet. Note - 102.8.F
Trained lifeguard will be present. No other medical services will be available on site.

OFFICIALS: Meet Director: Cody Skinner jcskinner1991@gmail.com
Referee: Andy Slap andy.l.slap@gmail.com
Admin Referee: Laura Pierce

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without valid USAS registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the meet. No on-deck USA Swimming registration will be accepted.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will determine warm up assignments after the receipt of entries

STARTING TIMES: All times are tentative. The host reserves the right to adjust sessions in order to follow capacity guidelines in the facility. A more detailed warm-up schedule will be published once entries have been received.

Saturday:

Session 1A through 1C: 9:00 AM

Session 1D: 15 minutes after the conclusion of the morning events.

Sunday:

Session 2A through 2D : 9:00 AM

Session 1000 Free: 15 minutes after the conclusion of the morning events.

ENTRIES: HYTEK entry files will be accepted via email. No entries will be accepted at the meet and the meet will be preseeded. Teams who do not have HYTEK's Team Manager should download a copy of the Team Manager Lite software in order to process entries. Entry times should be the swimmers' best times for short course yards. Converted times are acceptable - we want to encourage great racing! Please provide a hard copy of entries for verification purposes. **Entries, waivers, and fees should be sent to:** Chris Coraggio

EVENT LIMIT: Swimmers are limited to 12 total entries, 6 entries per day.

DISABILITIES: Swimmers with disabilities are welcome and must complete the Information Form for Disabled Swimmers and return it with the entries.

DEADLINES: Entries will be accepted beginning on **Wednesday, November 1.** Teams who enter early will be allowed to update times prior to the entry deadline. Entries and/or updates should be received on or before **Tuesday, November 7, 2024. The meet size will be limited to comply with facility guidelines.** Timely entries are highly encouraged. Late entries will only be accepted if the meet limit has not been reached. A check for entry fees, along with waiver, should either be brought to the meet or mailed to be received by **Monday, November 18, 2024.** (Mailed fees should be sent to: Barracuda Swim Club, c/o Cody Skinner, 124 Ridgewood Dr, Bristol, TN 37620)

Completed entry files should be emailed to:

Cody Skinner jcskinner1991@gmail.com

FEES: \$8.00 per individual event; LSC surcharge: \$4.00 per swimmer. There is a facility fee of \$20 per swimmer. Late fees are \$16.00 per individual event. This fee includes complimentary heat sheets. USA Swimming membership registrations on deck will not be accepted. Please make checks payable to BARRACUDA SWIM CLUB. All entry fees are nonrefundable.

SCORING: The meet will not be scored.

SEEDING: The morning group of events will be seeded and swum by gender, swimming slowest to fastest. The 500 Freestyle, 400 IM and 1000 Freestyle events will be seeded and swum as mixed gender events, swimming fastest to slowest. This is to help with the timeline of the meet.

Age groups and genders will be split out to determine event placing. Swimmers will be split into the following age groups; 8&under, 9-10, 11-12, 13-14, 15&over.

AWARDS: Ribbons will be awarded for first through eighth place in all individual events. There will be no high point awards.

COACHES' MEETING: Coaches' meeting will be held at 8:45 AM on Saturday morning. No swimmers will be allowed in the pool during this time.

MEET EVALUATIONS: Please send any comments, suggestions, or evaluations concerning the meet to: John Boxmeyer, jboxmeyer@hotmail.com

Special Meet Procedures and Guidelines

Team areas will be spread around the indoor pool area at the Kingsport Aquatic Center. Only swimmers, coaches, officials, and meet workers will be allowed on the pool deck.

No gear may be stored in the locker rooms.

A swimmer bullpen will be located on the Lane 1 side of the competition pool. The bullpen will be used for events 50 yards and shorter. Other events should report directly behind the blocks.

During the meet, the **shallow end of the 50 meter pool** will be available for warm up/loosen down as long as rules are properly followed.

In order to maximize the space available for coaches to debrief their swimmers after races, no tables will be provided. **Coaches are encouraged to bring their own chairs, as those will probably be more comfortable than the KAC chairs.** However, if you need a chair, we will get one for you from the KAC.

Sessions, Order of Events & Meet Philosophy

This meet is designed to allow a swimmer to swim events that they need at this part of the season. An older swimmer wants to work on speed? It's OK to put them in a 25 or 50. A younger swimmer needs experience in a 200? Go for it!

It is highly recommended that only one event on Saturday afternoon (400 IM, 500 Free) be chosen per swimmer. There will not be extra time allotted for "adequate rest" between those two events. (Then, again, if your swimmer needs to get some quality endurance work in)

Coaches are simply asked to use their professional judgement in order to protect the integrity of the meet.

In order to help any officials at the meet attain their session requirements more readily, we have split the morning group of events into several sessions. There will not be any breaks, thus is simply a way to facilitate USAS requirements.

Order of Events						
Saturday			Sunday			
Girls	Session 1A	Boys	Girls	Session 2A	Boys	
1	200 Breaststroke	2	19	100 IM	20	
3	25 Butterfly	4	21	200 Butterfly	22	
5	100 Butterfly	6	23	25 Backstroke	24	
	Session 1B			Session 2B		
7	100 Freestyle	8	25	100 Breaststroke	26	
9	50 Backstroke	10	27	50 Butterfly	28	
	Session 1C		29	200 Freestyle	30	
11	200 Backstroke	12		Session 2C		
13	50 Breaststroke	14	31	25 Breaststroke	32	
15	25 Freestyle	16	33	100 Backstroke	34	
	Session 1D			Session 2D		
Mixed	17 400 IM	17	35	200 IM	36	
Mixed	18 500 Freestyle	18	37	50 Freestyle	38	
		Mixed	39	1000 Freestyle	39	

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____
Address _____
Team _____ USA Registration # _____ Age and Birth
date: _____ Events to be swum: _____ / _____ / _____ / _____ /
_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability Blind ___ Cognitive/Intellectual ___ Deaf ___ Physical ___ Other ___

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: jcskinner1991@gmail.com

Meet Referee Email: andy.l.slap@gmail.com

Disability Chair Email: robin@seastarsaquatics.com

Robin Heller: (850) 418-0645

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Barracuda Swim Club, the Kingsport Aquatic Center, City of Kingsport, City of Johnson City, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:

CLUB:

TITLE:

DATE:

Team Information

Team Name: _____ Team Code: _____

Email Address : _____

LSC: _____ Coach: _____

Address: _____

Phone: (W) _____ (H) _____

Person to contact for questions on entry:

Phone: (W) _____ (H) _____

Certified Officials who may wish to work:

1. _____
2. _____
3. _____
4. _____

MEET SUMMARY

NUMBER OF SWIMMERS _____ x \$4.00 Southeastern Surcharge = _____

NUMBER OF INDIVIDUAL EVENTS _____ x \$8.00 Event Fee = _____

NUMBER OF SWIMMERS _____ x \$20.00 Facility Surcharge= _____

TOTAL AMOUNT OWED _____

Please make checks out to "Barracuda Swim Club"