
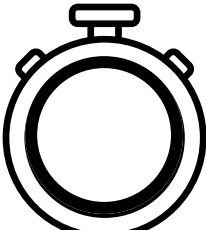

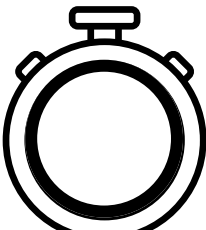

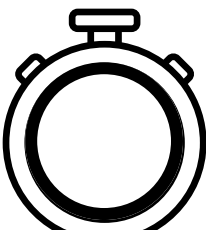

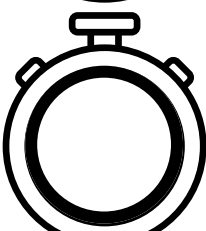
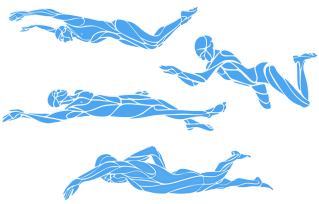
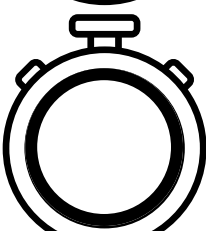


SEA DEVILS

Name: _____

Age: _____ Favorite Stroke: _____

What times do you want to achieve? How will you achieve this goal during swim meets & practices?

	Goal Time	In practice and at the swim meets I will...
		
		
		
		
		

What goals will you set to be the best and most supportive teammate possible?



In practice and at the swim meets I will...