



Isle of Man Swimming Presents:

Splash Off Swim

**Second Round at NSC Pool
Friday 28th March 2025
Check-in 5.25 - 5.40 in the Cafe**

On Friday 28th March 2025, IOM Swimming are hosting the second and final round of a swimming gala for Douglas, Southern, Peel and Ramseian junior swimmers.

The aim of the Splash Off events are for our younger swimmers to have fun, enjoy racing and experience a gala in a friendly and relaxed environment. They can be seen as a steppingstone to the more formal league matches and last year, they were a great success.

The format of the Splash Off is:

- Individual age groups: 6-9 years 25m (1 length) events, 10-12 years 50m (2 lengths) events.
- All 4 strokes available: freestyle, backstroke, breaststroke, and butterfly. Due to time restrictions each swimmer can swim only 2 individual events.
- There will also be mixed relay events. The club coaches will select the teams on the day.
- Level 5 Isle of Man Squad swimmers may enter but not swimmers in Levels 1-4.
- Please return entry forms by Sunday 23rd March 2025.

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Splash Off Second Round – Friday 28th March 2025: 5:45 Warm up

Swimmer Name:	
Tel / Mobile No:	
Address:	
Email:	

Date of Birth:	
Age on 28th Mar 2025:	
Open (Male) / Female:	

Individual events (**maximum of 2**)

Freestyle <input type="checkbox"/>	Backstroke <input type="checkbox"/>	Breaststroke <input type="checkbox"/>	Butterfly <input type="checkbox"/>
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Declaration:

1. I understand that my child takes part in the event at their own risk.
2. I understand that my child's photograph may be taken during events or presentations and those photographs may be used to promote and advertise the club.

I give my consent to the above and agree to my above-named child taking part in the gala

Name of Parent or Guardian:		Signature:		Date:	
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