

Stingrays Swim Team Practice Schedule May 20th - June 9th

Day	Place	Time
May 20 th (Monday)	Green Mountain Recreational Center 13198 W. Green Mountain Dr. Lakewood, CO 80228 Phone: 303-987-7830	4-5:15 PM & 5-6:15 PM
May 21 st (Tuesday)	Green Mountain Recreational Center	4-5:15 PM & 5-6:15 PM
May 22 nd (Wednesday)	Green Mountain Recreational Center	4-5:15 PM & 5-6:15 PM
May 23 rd (Thursday)	Green Mountain Recreational Center	4-5:15 PM & 5-6:15 PM
May 24 th (Friday)		NO PRACTICE

*The first 15 minutes of practice consists of stretching and getting the swimmers into the appropriate groups.
Parents and swimmers can choose which practice time works best for them and their swimmer(s).

May 27 th (Monday) Memorial Day!	6 th Ave West outdoor pool 400 Holman Way Golden, CO 80401 Phone: 303-278-1000	NO PRACTICE – MEMORIAL DAY!
May 28th (Tuesday)	6th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
May 29 th (Wednesday)	6 th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
May 3 th (Thursday)	6 th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
May 31 st (Friday)	6 th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
June 1 st (Saturday)	Swim Meet	7 AM start Stingrays @ CKST

Please See the 2019 Stingrays Summer Schedule for full details with all the dates from June 3 to July 30

June 3rd (Monday)	6th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
June 4 th (Tuesday)	6 th Ave West outdoor pool	6:15-8:30 AM or 8:15-9:30 AM
	Stroke Clinic - Freestyle	5:15-6:15 PM
June 5 th (Wednesday)	6 th Ave West outdoor pool Bring your clothes to swim in @ practice	6:15-8:30 AM or 8:15-9:30 AM
June 6 th (Thursday)	6 th Ave West outdoor pool	6:15-8:30 AM or 8:15-9:30 AM
June 7 th (Friday)	6 th Ave West outdoor pool	6:45-8:30 AM or 8:15-9:30 AM
June 8 th (Saturday)	Swim Meet	7 AM start Stingrays host MVCC
June 9 th (Sunday)	Inter Squad Swim Meet	Swimmers need to be @ our Pool at 8 AM