

## Heat Sheet

## #1 Men Open 100yd Medley Relay

<b>TEAM</b>	<b>Ulmstead Swim Team</b>	<b>1988</b>	<b>58.94</b>
	M. Whynock, A. Comstock, D. Comstock, D. Treacy		
<b>POOL</b>	<b>Ulmstead Swim Team</b>	<b>1988</b>	<b>58.94</b>
	M. Whynock, A. Comstock, D. Comstock, D. Treacy		

## Heat 1 of 1 Est Start: 8:30 AM

3	Ulmstead Swim	A ULM	NT
	1) Seybert, Jack (11)	2) Anglim, Charlie (2)	
	3) Tate, Johnny (9)	4) Agresti, Jack (7)	
4	IHSC	A IHSC	1:33.59
	1) Murphy, Oliver (12)	2) Robinson, Aiden (13)	
	3) Shirey, Cooper (14)	4) Pallett-Frawley, John (9)	

## #2 Women Open 100yd Medley Relay

<b>TEAM</b>	<b>Ulmstead Swim Team</b>	<b>1978</b>	<b>1:01.14</b>
	K. Kibler, T. Toole, K. Treacy, B. Keen		
<b>POOL</b>		<b>1992</b>	<b>1:01.67</b>
	J. Anderson, E. Golaboski, K. Kessel, M. Miller		

## Heat 1 of 1 Est Start: 8:32 AM

3	Ulmstead Swim	A ULM	1:32.09
	1) Pruitt, Layla (11)	2) Lawrence, Sydney (14)	
	3) Zitofsky, Audrey (9)	4) Agresti, Aubrey (9)	
4	IHSC	A IHSC	1:31.04
	1) Arnold, Tess (12)	2) Hilliard, Mackenzie (14)	
	3) Sullivan, Rosalee (17)	4) Beer, Mollie (10)	

## #3 Boys 10 &amp; Under 100yd IM

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2019</b>	<b>1:16.81</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Andrew Rich</b>	<b>2015</b>	<b>1:14.75</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:30.98</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:46.00</b>

## Heat 1 of 1 Est Start: 8:34 AM

2	Reed, Sammy	10 ULM	NT
3	LaChapelle, Owen	9 ULM	NT
4	McLaughlin, Mikey	9 IHSC	NT
5	van Andel, Ben	10 ULM	NT

## #4 Girls 10 &amp; Under 100yd IM

<b>TEAM</b>	<b>Amber Martin</b>	<b>2015</b>	<b>1:11.15</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Amber Martin</b>	<b>2015</b>	<b>1:11.15</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:30.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:42.00</b>

## Heat 1 of 2 Est Start: 8:36 AM

2	Zitofsky, Audrey	9 ULM	NT
3	Thompson, Mackenzie	9 ULM	NT
4	Merchant, Olivia	10 ULM	NT

## Heat 2 of 2 Est Start: 8:39 AM

2	Arizzi, Isabella	9 IHSC	1:47.89
3	Abbey, Susie	9 ULM	NT
4	Lyon, Kennedy	10 IHSC	1:29.93

## #5 Boys 11-12 100yd IM

<b>TEAM</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>1:06.41</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Billy Connor</b>	<b>2019</b>	<b>1:05.13</b>
	DST		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:25.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:35.99</b>

## Heat 1 of 1 Est Start: 8:41 AM

2	Reed, Billy	12 ULM	1:38.52
3	Anglim, Charlie	12 ULM	1:28.93
4	Gitchell, Colin	11 IHSC	2:05.57
5	Rue, Max	11 ULM	NT

## #6 Girls 11-12 100yd IM

<b>TEAM</b>	<b>Amber Martin</b>	<b>2017</b>	<b>1:06.20</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Fiona Schere</b>	<b>2015</b>	<b>1:06.84</b>
	IHSC		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:19.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:37.00</b>

## Heat 1 of 1 Est Start: 8:44 AM

2	Pruitt, Layla	11 ULM	1:37.67
3	Britton, Lexi	12 ULM	1:28.46
4	Stites, Charlotte	11 IHSC	NT

## #7 Boys 13-14 100yd IM

<b>TEAM</b>	<b>Will Roberts</b>	<b>2014</b>	<b>58.78</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Will Roberts</b>	<b>2014</b>	<b>59.88</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:15.23</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:32.44</b>

## Heat 1 of 1 Est Start: 8:46 AM

1	Benningfield, Scott	14 IHSC	NT
2	Hall, Ryder	13 IHSC	1:43.96
3	Norton, Parker	13 ULM	1:13.84
4	Miller, Grant	14 IHSC	1:20.39
5	van Andel, Mattias	13 ULM	1:35.94

## #8 Girls 13-14 100yd IM

<b>TEAM</b>	<b>Amber Martin</b>	<b>2018</b>	<b>1:05.00</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Amber Martin</b>	<b>2018</b>	<b>1:05.00</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:19.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>1:37.00</b>

## Heat 1 of 2 Est Start: 8:48 AM

2	Murphy, Isabella	14 IHSC	NT
3	Segree, Anabelle	14 ULM	1:33.52
4	Lewis, Alyssa	13 IHSC	1:33.02

## Heat 2 of 2 Est Start: 8:50 AM

2	Stites, Caroline	14 IHSC	1:17.06
3	Chughtai, Sasha	14 ULM	1:15.63
4	Mentesana, Katie	14 IHSC	1:16.09
5	Seybert, Kate	14 ULM	1:20.15

## #9 Men 15-18 100yd IM

<b>TEAM</b>	<b>Doug McWhorter</b>	<b>2007</b>	<b>58.43</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Noah Yanchulis</b>	<b>2014</b>	<b>55.94</b>
	BH		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:09.00</b>

## Heat 1 of 1 Est Start: 8:52 AM

2	Miller, Jack	15 IHSC	1:04.98
3	Cukor, Ben	15 ULM	1:08.67
4	Cembrano, Marcus	15 IHSC	1:03.41
5	Tosoni, Tristan	16 IHSC	1:09.20

## #10 Women 15-18 100yd IM

<b>TEAM</b>	<b>Caitlin Deitch</b>	<b>2019</b>	<b>1:02.96</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Caitlin Deitch</b>	<b>2019</b>	<b>1:02.96</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>1:14.00</b>

## Heat 1 of 1 Est Start: 8:54 AM

1	Jerdal, Mary Lane	15 IHSC	1:51.32
2	Pass, Kate	18 IHSC	1:24.13
3	Reed, Sarah	15 ULM	1:16.92
4	Balcer, Anna	16 IHSC	1:18.12
5	Collins, Sunday	16 IHSC	1:28.38

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## #11 Boys 6 &amp; Under 25yd Freestyle

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2015</b>	<b>18.50</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Matt Chaffin</b>	<b>1990</b>	<b>18.05</b>
	NCA		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>25.22</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>36.20</b>

**Heat 1 of 3** **Est Start: 8:56 AM**

2	Dupree, Opio	6 ULM	NT
3	Abbey, Jake	5 ULM	1:05.20
4	Lynch, Henry	5 ULM	1:42.37
5	Rader, James	6 ULM	NT

**Heat 2 of 3** **Est Start: 8:58 AM**

1	Tucci, Jonah	6 ULM	1:05.04
2	Viguers, Merrick	6 ULM	50.33
3	Walsh, J.R.	6 ULM	43.35
4	Stresing, Jon	6 ULM	44.03
5	Mollet, Liam	6 ULM	58.51

**Heat 3 of 3** **Est Start: 9:00 AM**

1	Felt, Gavin	6 ULM	41.29
2	Voigt, Paxton	5 IHSC	1:03.86
3	Barron, George	6 ULM	26.23
4	Emery, Luke	5 IHSC	38.61
5	Gaither, Samuel	6 ULM	28.68

## #12 Girls 6 &amp; Under 25yd Freestyle

<b>TEAM</b>	<b>Erica Vaaler</b>	<b>2010</b>	<b>18.10</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Ayla Rasmussen</b>	<b>2000</b>	<b>18.96</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>24.32</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>32.49</b>

**Heat 1 of 4** **Est Start: 9:01 AM**

2	Derdock, Hannah	6 ULM	NT
3	Bennett, Ali	5 ULM	NT
4	McFall, Kat	6 ULM	NT
5	Rader, Cate	5 ULM	NT

**Heat 2 of 4** **Est Start: 9:02 AM**

1	Murray, Grace	5 ULM	NT
2	Rosso, Catherine	5 ULM	59.72
3	John, Mackenzie	6 ULM	55.01
4	Nathan, Sierra	5 ULM	56.42
5	Gibbons, Hailey	6 ULM	1:13.87

**Heat 3 of 4** **Est Start: 9:04 AM**

1	Mayr, Gesine	6 ULM	48.93
2	Muller, Grace	5 IHSC	NT
3	Detwiler, Cece	6 ULM	34.06
4	Lewis, Gabrielle	5 IHSC	53.86
5	Cosgrove, Nora	4 ULM	44.14

**Heat 4 of 4** **Est Start: 9:05 AM**

1	Greene, Caroline	6 ULM	33.28
2	Wotell, Ellington	6 IHSC	33.95
3	Womble, Hadley	6 ULM	30.46
4	Benjamin, Lucy	5 IHSC	30.77
5	Maher, Carly	6 ULM	32.32

## #13 Boys 7-8 25yd Freestyle

<b>TEAM</b>	<b>Michael Dabbs</b>	<b>2001</b>	<b>14.63</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Matt Chaffin</b>	<b>1992</b>	<b>14.92</b>
	NCA		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>18.28</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>21.59</b>

**Heat 1 of 5** **Est Start: 9:06 AM**

2	McFall, John	8 ULM	NT
3	McVey, Henry	7 ULM	30.51
4	Thompson, Anand	7 ULM	34.75

**Heat 2 of 5** **Est Start: 9:08 AM**

2	Ruef, Cullen	7 ULM	29.39
3	Greene, Grayson	8 ULM	27.53
4	Dupree, Riah	7 ULM	28.62

**Heat 3 of 5** **Est Start: 9:09 AM**

1	John, Carter	8 ULM	26.95
2	Abbey, JP	7 ULM	26.27
3	Hooper, Keegan	7 ULM	23.66
4	Graham, Rowan	8 ULM	25.03
5	Tankersley, Davis	7 ULM	26.83

**Heat 4 of 5** **Est Start: 9:09 AM**

1	Dupree, Imani	8 ULM	23.65
2	Lewnes, Luca	7 IHSC	31.53
3	Gaither, Bradley	7 ULM	22.15
4	Murphy, Sebastian	8 IHSC	31.24
5	Womble, Caleb	8 ULM	23.59

**Heat 5 of 5** **Est Start: 9:11 AM**

1	Brett, Noah	8 ULM	21.08
2	Dupras, Sam	7 IHSC	30.38
3	Coelho, Warren	8 ULM	20.05
4	Wotell, Jack	7 IHSC	25.02
5	Agresti, Jack	7 ULM	21.06

## #14 Girls 7-8 25yd Freestyle

<b>TEAM</b>	<b>Megan Dickey</b>	<b>2007</b>	<b>15.91</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Martha Harden</b>	<b>1991</b>	<b>15.14</b>
	W		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>18.19</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>22.56</b>

**Heat 1 of 5** **Est Start: 9:12 AM**

1	McLean, Colbie	8 ULM	NT
2	Felt, Olivia	7 ULM	36.49
3	Delaney, Harper	7 ULM	34.67
4	Delaney, Teagan	7 ULM	35.42
5	Lynch, Isabelle	7 ULM	49.02

**Heat 2 of 5** **Est Start: 9:13 AM**

1	Reed, Grace	7 ULM	34.08
2	Moore, Rachel	8 ULM	29.19
3	Gassen, Molly	7 ULM	27.95
4	Lewis, Elizabeth	7 ULM	28.86
5	Blades, Brielle	7 ULM	30.72

**Heat 3 of 5** **Est Start: 9:14 AM**

1	Freedman, Nova	8 ULM	27.12
2	Muller, Molly	8 IHSC	NT
3	Zitofsky, Camille	7 ULM	26.92
4	Arizzi, Addison	7 IHSC	37.00
5	Mayr, Kaia	8 ULM	26.97

**Heat 4 of 5** **Est Start: 9:15 AM**

1	Murray, Brynn	7 ULM	25.24
2	Bennett, Hallie	7 IHSC	36.04
3	Wood, Lauren	8 ULM	24.50
4	Lewis, Mallory	8 IHSC	24.45
5	Kurtz, Reese	7 ULM	24.50

**Heat 5 of 5** **Est Start: 9:16 AM**

1	Maher, Anna	8 ULM	23.82
2	Spinks, Gracie	8 IHSC	21.53
3	Mollet, Naomi	7 ULM	21.18
4	Emery, Lilly	8 IHSC	19.59
5	Smith, Emery	8 ULM	23.42

## #15 Boys 9-10 50yd Freestyle

<b>TEAM</b>	<b>Jerra Ewing</b>	<b>2010</b>	<b>30.34</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Matt Lenahan</b>	<b>1987</b>	<b>29.26</b>
	BW		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>35.91</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>43.95</b>

**Heat 1 of 5** **Est Start: 9:17 AM**

2	Gaither, Nolan	9 ULM	NT
3	Bennett, Jackson	9 ULM	1:01.62
4	Coelho, Arthur	9 ULM	NT

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**Heat 2 of 5 Est Start: 9:19 AM**

2	Moore, Isaac	9 ULM	58.39
3	Tate, Johnny	9 ULM	56.33
4	Hudson, Greyson	9 ULM	56.36
5	Blades, Carter	9 ULM	59.82

**Heat 3 of 5 Est Start: 9:20 AM**

1	Mahan, Mason	9 ULM	49.10
2	Pallett-Frawley, John	9 IHSC	NT
3	Pruitt, Jake	10 ULM	46.90
4	Dupras, Jack	9 IHSC	1:20.72
5	Kurtz, Lucas	9 ULM	48.87

**Heat 4 of 5 Est Start: 9:22 AM**

1	LaChapelle, Owen	9 ULM	46.79
2	Jerdal, Jesse	10 IHSC	49.50
3	Chughtai, Saleem	10 ULM	44.34
4	Hall, Evo	10 IHSC	42.38
5	van Andel, Ben	10 ULM	44.81

**Heat 5 of 5 Est Start: 9:23 AM**

1	Dupras, Max	10 IHSC	39.95
2	McLaughlin, Mikey	9 IHSC	38.53
3	Reed, Sammy	10 ULM	40.08
4	Shirey, Noah	10 IHSC	36.00
5	McGilvray, Connor	9 ULM	43.99

**#16 Girls 9-10 50yd Freestyle**

<b>TEAM</b>	<b>Amber Martin</b>	<b>2015</b>	<b>28.97</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Amber Martin</b>	<b>2015</b>	<b>28.97</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>36.03</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>43.42</b>

**Heat 1 of 6 Est Start: 9:24 AM**

2	McLean, Kylie	9 ULM	NT
3	Davis, Carly	10 ULM	54.73
4	Nathan, Savannah	9 ULM	1:07.29

**Heat 2 of 6 Est Start: 9:26 AM**

1	Hardgrave, Keeks	9 ULM	54.33
2	Arizzi, Isabella	9 IHSC	NT
3	Agresti, Aubrey	9 ULM	50.11
4	Pass, Madison	10 IHSC	1:23.56
5	Viguers, Mila	10 ULM	53.23

**Heat 3 of 6 Est Start: 9:28 AM**

1	Gassen, Parker	10 ULM	49.08
2	Lewnes, Ava	9 IHSC	1:08.38
3	Zitofsky, Audrey	9 ULM	46.34
4	Gravseth, Reme	9 IHSC	1:03.94
5	Thompson, Mackenzie	9 ULM	47.75

**Heat 4 of 6 Est Start: 9:30 AM**

1	Mayr, Ayla	10 ULM	45.71
2	Miller, Nora	10 IHSC	59.78
3	Greene, Elizabeth	10 ULM	45.02
4	Bennett, Ava	9 IHSC	59.46
5	Dupree, Oceana	10 ULM	45.47

**Heat 5 of 6 Est Start: 9:31 AM**

1	Merchant, Olivia	10 ULM	43.84
2	Beer, Mollie	10 IHSC	56.47
3	Abbey, Susie	9 ULM	40.63
4	Hickey, Evlynn	9 IHSC	50.17
5	Martino, Frankie	10 ULM	42.62

**Heat 6 of 6 Est Start: 9:33 AM**

1	Evans, Charlotte	10 ULM	37.96
2	Poole, Reese	10 IHSC	47.27
3	Womble, Payton	10 ULM	36.89
4	Lewis, Cassidy	10 IHSC	38.50
5	Kaitz, Valyn	10 ULM	37.40

**#17 Boys 11-12 50yd Freestyle**

<b>TEAM</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>26.40</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>26.88</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>32.42</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>38.59</b>

**Heat 1 of 3 Est Start: 9:34 AM**

2	Jerdal, Nate	12 IHSC	1:06.44
3	Rollison, Carter	11 ULM	56.93
4	Poole, Everett	12 IHSC	46.06

**Heat 2 of 3 Est Start: 9:35 AM**

1	Tate, Wells	11 ULM	43.67
2	Benningfield, Paul	11 IHSC	42.98
3	Reed, Billy	12 ULM	39.11
4	Murphy, Oliver	12 IHSC	42.27
5	Hardgrave, Grey	11 ULM	41.02

**Heat 3 of 3 Est Start: 9:37 AM**

1	Hopkinson, Miles	11 ULM	38.09
2	Jerdal, Shepherd	11 IHSC	40.34
3	Rue, Max	11 ULM	32.88
4	Gitchell, Colin	11 IHSC	39.97
5	Seybert, Jack	11 ULM	38.03

**#18 Girls 11-12 50yd Freestyle**

<b>TEAM</b>	<b>Amber Martin</b>	<b>2016</b>	<b>26.89</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Jessie Cline</b>	<b>2015</b>	<b>26.94</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>31.25</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>39.58</b>

**Heat 1 of 3 Est Start: 9:38 AM**

2	Balcer, Sadie	11 IHSC	49.66
3	Walker, Dori	11 ULM	NT
4	Scott, Parker	12 IHSC	43.95

**Heat 2 of 3 Est Start: 9:39 AM**

1	Fish, Harper	12 IHSC	39.66
2	Stites, Charlotte	11 IHSC	38.43
3	McGilvray, Virginia	11 ULM	43.89
4	Arnold, Tess	12 IHSC	38.35
5	Shields, Caitlin	11 ULM	49.95

**Heat 3 of 3 Est Start: 9:41 AM**

1	Arnold, Jane	12 IHSC	38.07
2	McClure, Brooke	12 IHSC	35.45
3	Britton, Lexi	12 ULM	33.50
4	Miller, Caroline	12 IHSC	32.00
5	Freedman, Piper	11 ULM	43.21

**#19 Boys 13-14 50yd Freestyle**

<b>TEAM</b>	<b>Zach Dean</b>	<b>2013</b>	<b>24.43</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Zach Dean</b>	<b>2013</b>	<b>24.43</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>28.67</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>35.59</b>

**Heat 1 of 3 Est Start: 9:42 AM**

2	Robinson, Aiden	13 IHSC	41.16
3	Hall, Ryder	13 IHSC	35.30
4	Pallett-Frawley, Aidan	13 IHSC	37.50

**Heat 2 of 3 Est Start: 9:43 AM**

2	Arnold, Nathan	14 IHSC	34.89
3	Walker, Marc	13 ULM	NT
4	Arnold, Dodge	13 IHSC	34.73

**Heat 3 of 3 Est Start: 9:44 AM**

1	Martino, Gus	13 ULM	32.35
2	Miller, Grant	14 IHSC	30.52
3	Norton, Parker	13 ULM	27.94
4	Benningfield, Scott	14 IHSC	30.08
5	van Andel, Mattias	13 ULM	32.23

**#20 Girls 13-14 50yd Freestyle**

<b>TEAM</b>	<b>Amber Martin</b>	<b>2018</b>	<b>26.15</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Kori Golden</b>	<b>2005</b>	<b>26.06</b>
	CF		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>30.89</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>35.00</b>

**Heat 1 of 3 Est Start: 9:45 AM**

1	Scott, Addison	14 IHSC	47.18
2	Shirey, Gracie	13 IHSC	40.12
3	Spinks, Maggie	13 IHSC	38.23
4	Murphy, Isabella	14 IHSC	38.89
5	Hickey, Aislynn	13 IHSC	41.46

## Heat Sheet

**Heat 2 of 3 Est Start: 9:46 AM**

1	Gravseth, Carmen	14 IHSC	36.82
2	McClure, Brynn	14 IHSC	32.00
3	Rue, Mer	14 ULM	32.88
4	Hilliard, Mackenzie	14 IHSC	31.92
5	Segree, Anabelle	14 ULM	33.01

**Heat 3 of 3 Est Start: 9:47 AM**

1	Lawrence, Sydney	14 ULM	31.65
2	Stites, Caroline	14 IHSC	29.70
3	Chughtai, Sasha	14 ULM	29.98
4	Mentesana, Katie	14 IHSC	28.10
5	Seybert, Kate	14 ULM	30.39

**#21 Men 15-18 50yd Freestyle**

<b>TEAM</b>	<b>Jared Reilly</b>	<b>2019</b>	<b>23.96</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Noah Yanchulis</b>	<b>2014</b>	<b>22.78</b>
	BH		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>26.60</b>
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**Heat 1 of 2 Est Start: 9:48 AM**

2	Shirey, Cooper	14 IHSC	35.36
3	Cembrano, Marcus	15 IHSC	25.66
4	Bottner, Madden	16 IHSC	32.67

**Heat 2 of 2 Est Start: 9:50 AM**

2	Miller, Jack	15 IHSC	25.42
3	Cukor, Ben	15 ULM	25.76
4	Tosoni, Tristan	16 IHSC	23.70

**#22 Women 15-18 50yd Freestyle**

<b>TEAM</b>	<b>Caitlin Deitch</b>	<b>2021</b>	<b>25.80</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Caitlin Deitch</b>	<b>2021</b>	<b>25.80</b>
	Ulmstead Swim Team		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>29.50</b>
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**Heat 1 of 3 Est Start: 9:50 AM**

2	Pass, McKendree	16 IHSC	44.98
3	Sullivan, Rosalee	17 IHSC	33.01
4	Robinson, Madigan	15 IHSC	34.41

**Heat 2 of 3 Est Start: 9:52 AM**

2	Collins, Sunday	16 IHSC	32.96
3	Pass, Kate	18 IHSC	32.02
4	Jerdal, Mary Lane	15 IHSC	32.77

**Heat 3 of 3 Est Start: 9:53 AM**

1	Jerdal, Charlotte	15 IHSC	30.70
2	Balcer, Anna	16 IHSC	29.88
3	Reed, Sarah	15 ULM	28.87
4	Schere, Fiona	18 IHSC	24.48
5	Sladky, Addie	15 ULM	31.74

**#23 Boys 6 & Under 25yd Backstroke**

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2015</b>	<b>22.50</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Cooper Mengel</b>	<b>2015</b>	<b>23.91</b>
	Ulmstead Swim Team		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>32.00</b>
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<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>36.00</b>
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**Heat 1 of 3 Est Start: 9:54 AM**

2	Lynch, Henry	5 ULM	NT
3	Rader, James	6 ULM	NT
4	Stresing, Jon	6 ULM	NT

**Heat 2 of 3 Est Start: 9:55 AM**

1	Dupree, Opio	6 ULM	NT
2	Viguers, Merrick	6 ULM	1:09.06
3	Walsh, J.R.	6 ULM	1:07.04
4	Tucci, Jonah	6 ULM	1:09.05
5	Abbey, Jake	5 ULM	1:29.54

**Heat 3 of 3 Est Start: 9:57 AM**

1	Mollet, Liam	6 ULM	58.44
2	Gaither, Samuel	6 ULM	36.51
3	Barron, George	6 ULM	35.33
4	Emery, Luke	5 IHSC	41.64
5	Felt, Gavin	6 ULM	52.34

**#24 Girls 6 & Under 25yd Backstroke**

<b>TEAM</b>	<b>Ella Deitch</b>	<b>2012</b>	<b>25.47</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Daniella Deitch</b>	<b>2012</b>	<b>25.47</b>
	Ulmstead Swim Team		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>28.82</b>
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<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>38.99</b>
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**Heat 1 of 4 Est Start: 9:59 AM**

2	Nathan, Sierra	5 ULM	NT
3	McFall, Kat	6 ULM	NT
4	Derdock, Hannah	6 ULM	NT

**Heat 2 of 4 Est Start: 10:00 AM**

1	Bennett, Ali	5 ULM	NT
2	Murray, Grace	5 ULM	NT
3	Rosso, Catherine	5 ULM	1:10.70
4	Gibbons, Hailey	6 ULM	1:22.49
5	Rader, Cate	5 ULM	NT

**Heat 3 of 4 Est Start: 10:02 AM**

1	Cosgrove, Nora	4 ULM	50.48
2	Muller, Grace	5 IHSC	NT
3	Greene, Caroline	6 ULM	43.44
4	Benjamin, Lucy	5 IHSC	NT
5	Mayr, Gesine	6 ULM	45.51

**Heat 4 of 4 Est Start: 10:04 AM**

1	Maher, Carly	6 ULM	36.57
2	Lewis, Gabrielle	5 IHSC	52.12
3	Womble, Hadley	6 ULM	28.47
4	Wotell, Ellington	6 IHSC	44.14
5	Detwiler, Cece	6 ULM	32.75

**#25 Boys 7-8 25yd Backstroke**

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2017</b>	<b>18.29</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Nick Kootsikis</b>	<b>1978</b>	<b>18.80</b>
	FO		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>23.14</b>
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<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>26.69</b>
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**Heat 1 of 5 Est Start: 10:06 AM**

2	McFall, John	8 ULM	NT
3	Greene, Grayson	8 ULM	45.83
4	McVey, Henry	7 ULM	45.92

**Heat 2 of 5 Est Start: 10:07 AM**

2	Ruef, Cullen	7 ULM	43.11
3	Dupree, Imani	8 ULM	37.11
4	Thompson, Anand	7 ULM	42.96

**Heat 3 of 5 Est Start: 10:09 AM**

1	Abbey, JP	7 ULM	34.38
2	Dupree, Riah	7 ULM	32.24
3	John, Carter	8 ULM	30.75
4	Agresti, Jack	7 ULM	30.92
5	Graham, Rowan	8 ULM	33.35

**Heat 4 of 5 Est Start: 10:10 AM**

1	Gaither, Bradley	7 ULM	30.10
2	Lewnes, Luca	7 IHSC	NT
3	Brett, Noah	8 ULM	29.47
4	Dupras, Sam	7 IHSC	37.93
5	Tankersley, Davis	7 ULM	29.81

**Heat 5 of 5 Est Start: 10:11 AM**

1	Womble, Caleb	8 ULM	29.35
2	Murphy, Sebastian	8 IHSC	36.93
3	Hooper, Keegan	7 ULM	26.87
4	Wotell, Jack	7 IHSC	28.60
5	Coelho, Warren	8 ULM	28.07

**#26 Girls 7-8 25yd Backstroke**

<b>TEAM</b>	<b>Finley Silk</b>	<b>2019</b>	<b>19.56</b>
	Ulmstead Swim Team		

<b>POOL</b>	<b>Kim Kessel</b>	<b>1989</b>	<b>18.88</b>
	Ulmstead Swim Team		

<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>22.96</b>
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<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>27.93</b>
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**Heat 1 of 5 Est Start: 10:13 AM**

2	Delaney, Harper	7 ULM	51.70
3	Delaney, Teagan	7 ULM	49.91
4	Kurtz, Reese	7 ULM	51.11
5	McLean, Colbie	8 ULM	NT

## Heat Sheet

## Heat 2 of 5

1	Felt, Olivia	7 ULM	43.95
2	Reed, Grace	7 ULM	36.78
3	Lewis, Elizabeth	7 ULM	33.94
4	Blades, Brielle	7 ULM	35.09
5	Moore, Rachel	8 ULM	37.41

## Heat 3 of 5

1	Maher, Anna	8 ULM	33.05
2	Murray, Brynn	7 ULM	31.67
3	Gassen, Molly	7 ULM	31.58
4	Muller, Molly	8 IHSC	NT
5	Freedman, Nova	8 ULM	32.01

## Heat 4 of 5

1	Mayr, Kaia	8 ULM	30.72
2	Arizzi, Addison	7 IHSC	48.04
3	Wood, Lauren	8 ULM	28.18
4	Bennett, Hallie	7 IHSC	47.32
5	Zitofsky, Camille	7 ULM	29.06

## Heat 5 of 5

1	Lewis, Mallory	8 IHSC	27.79
2	Spinks, Gracie	8 IHSC	26.24
3	Mollet, Naomi	7 ULM	26.22
4	Emery, Lilly	8 IHSC	24.22
5	Smith, Emery	8 ULM	26.83

## #27 Boys 9-10 25yd Backstroke

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2019</b>	<b>16.00</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Caden Cashman</b>	<b>2019</b>	<b>16.01</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>20.44</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>26.69</b>

## Heat 1 of 4

1	Gaither, Nolan	9 ULM	NT
2	Kurtz, Lucas	9 ULM	43.98
3	Bennett, Jackson	9 ULM	36.99
4	Coelho, Arthur	9 ULM	37.58
5	McGilvray, Connor	9 ULM	NT

## Heat 2 of 4

1	Hudson, Greyson	9 ULM	35.72
2	Moore, Isaac	9 ULM	30.83
3	Tate, Johnny	9 ULM	30.21
4	Jerdal, Jesse	10 IHSC	29.75
5	Mahan, Mason	9 ULM	31.50

## Heat 3 of 4

1	Blades, Carter	9 ULM	28.27
2	Pallett-Frawley, John	9 IHSC	27.94
3	Chughtai, Saleem	10 ULM	26.83
4	Dupras, Jack	9 IHSC	27.66
5	Pruitt, Jake	10 ULM	26.95

## Heat 4 of 4

1	Hall, Evo	10 IHSC	26.10
2	McLaughlin, Mikey	9 IHSC	22.08
3	LaChapelle, Owen	9 ULM	23.36
4	Shirey, Noah	10 IHSC	19.96
5	van Andel, Ben	10 ULM	23.80

## #28 Girls 9-10 25yd Backstroke

<b>TEAM</b>	<b>Ella Wallace</b>	<b>2013</b>	<b>16.74</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Ella Wallace</b>	<b>2013</b>	<b>16.74</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>20.71</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>23.78</b>

## Heat 1 of 6

2	McLean, Kylie	9 ULM	NT
3	Viguers, Mila	10 ULM	29.56
4	Nathan, Savannah	9 ULM	44.71

## Heat 2 of 6

2	Lewnes, Ava	9 IHSC	NT
3	Dupree, Oceana	10 ULM	26.94
4	Gravseth, Reme	9 IHSC	39.03
5	Thompson, Mackenzie	9 ULM	29.48

## Heat 3 of 6

1	Hardgrave, Keeks	9 ULM	26.33
2	Bennett, Ava	9 IHSC	32.63
3	Kaitz, Valyn	10 ULM	25.70
4	Miller, Nora	10 IHSC	30.08
5	Zitofsky, Audrey	9 ULM	26.12

## Heat 4 of 6

1	Agresti, Aubrey	9 ULM	25.63
2	Pass, Madison	10 IHSC	27.65
3	Merchant, Olivia	10 ULM	24.40
4	Hickey, Evlynn	9 IHSC	27.34
5	Davis, Carly	10 ULM	25.53

## Heat 5 of 6

1	Greene, Elizabeth	10 ULM	23.56
2	Beer, Mollie	10 IHSC	27.22
3	Evans, Charlotte	10 ULM	23.09
4	Poole, Reese	10 IHSC	27.11
5	Mayr, Ayla	10 ULM	23.53

## Heat 6 of 6

1	Gassen, Parker	10 ULM	22.91
2	Lewis, Cassidy	10 IHSC	21.08
3	Martino, Frankie	10 ULM	18.48
4	Lyon, Kennedy	10 IHSC	17.73
5	Womble, Payton	10 ULM	20.89

## Est Start: 10:24 AM

## #29 Boys 11-12 50yd Backstroke

<b>TEAM</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>31.66</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Billy Connor</b>	<b>2019</b>	<b>29.72</b>
	DST		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>41.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>48.50</b>

## Heat 1 of 3

2	Rollison, Carter	11 ULM	NT
3	Hardgrave, Grey	11 ULM	55.29
4	Jerdal, Nate	12 IHSC	NT

## Heat 2 of 3

1	Seybert, Jack	11 ULM	51.19
2	Benningfield, Paul	11 IHSC	1:01.15
3	Hopkinson, Miles	11 ULM	49.41
4	Poole, Everett	12 IHSC	59.70
5	Tate, Wells	11 ULM	50.57

## Heat 3 of 3

1	Reed, Billy	12 ULM	43.25
2	Jerdal, Shepherd	11 IHSC	51.72
3	Rue, Max	11 ULM	41.55
4	Murphy, Oliver	12 IHSC	51.17
5	Anglim, Charlie	12 ULM	43.00

## #30 Girls 11-12 50yd Backstroke

<b>TEAM</b>	<b>Barbara Blandford</b>	<b>1975</b>	<b>31.50</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Kori Golden</b>	<b>2003</b>	<b>30.34</b>
	CF		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>39.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>48.00</b>

## Heat 1 of 3

2	Walker, Dori	11 ULM	NT
3	McGilvray, Virginia	11 ULM	NT
4	Balcer, Sadie	11 IHSC	1:13.60

## Heat 2 of 3

2	Stites, Charlotte	11 IHSC	58.59
3	Freedman, Piper	11 ULM	57.91
4	Fish, Harper	12 IHSC	52.21

## Heat 3 of 3

1	Arnold, Tess	12 IHSC	51.13
2	McClure, Brooke	12 IHSC	46.07
3	Britton, Lexi	12 ULM	41.07
4	Miller, Caroline	12 IHSC	40.79
5	Shields, Caitlin	11 ULM	57.86

## Heat Sheet

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## #31 Boys 13-14 50yd Backstroke

<b>TEAM</b>	<b>Will Roberts</b>	<b>2014</b>	<b>28.03</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Will Roberts</b>	<b>2014</b>	<b>28.03</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>35.58</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>43.99</b>

**Heat 1 of 2 Est Start: 10:43 AM**

1	Pallett-Frawley, Aidan	13 IHSC	51.72
2	Robinson, Aiden	13 IHSC	50.04
3	Martino, Gus	13 ULM	43.15
4	Arnold, Dodge	13 IHSC	48.59
5	Walker, Marc	13 ULM	NT

**Heat 2 of 2 Est Start: 10:45 AM**

1	Hall, Ryder	13 IHSC	42.58
2	Miller, Grant	14 IHSC	41.19
3	Norton, Parker	13 ULM	33.70
4	Benningfield, Scott	14 IHSC	39.32
5	van Andel, Mattias	13 ULM	42.51

## #32 Girls 13-14 50yd Backstroke

<b>TEAM</b>	<b>Megan Dickey</b>	<b>2012</b>	<b>30.70</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Mary Smith</b>	<b>2011</b>	<b>29.80</b>
	EG		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>38.73</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>45.49</b>

**Heat 1 of 3 Est Start: 10:46 AM**

2	Murphy, Isabella	14 IHSC	50.68
3	Hickey, Aislynn	13 IHSC	48.50
4	Spinks, Maggie	13 IHSC	49.51
5	Scott, Addison	14 IHSC	56.56

**Heat 2 of 3 Est Start: 10:48 AM**

1	Shirey, Gracie	13 IHSC	48.11
2	Gravseth, Carmen	14 IHSC	44.77
3	Segree, Anabelle	14 ULM	39.39
4	Lewis, Alyssa	13 IHSC	44.30
5	Rue, Mer	14 ULM	42.88

**Heat 3 of 3 Est Start: 10:50 AM**

1	McClure, Brynn	14 IHSC	39.21
2	Hilliard, Mackenzie	14 IHSC	38.73
3	Chughtai, Sasha	14 ULM	34.10
4	Mentesana, Katie	14 IHSC	36.17
5	Seybert, Kate	14 ULM	35.63

## #33 Men 15-18 50yd Backstroke

<b>TEAM</b>	<b>Doug McWhorter</b>	<b>2008</b>	<b>27.82</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Vincent Walden</b>	<b>2018</b>	<b>26.72</b>
	ILBC		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>33.20</b>

**Heat 1 of 1 Est Start: 10:51 AM**

2	Bottner, Madden	16 IHSC	45.35
3	Tosoni, Tristan	16 IHSC	28.08
4	Shirey, Cooper	14 IHSC	44.94

## #34 Women 15-18 50yd Backstroke

<b>TEAM</b>	<b>Ella Martin</b>	<b>2019</b>	<b>29.98</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Kori Golden</b>	<b>2006</b>	<b>27.75</b>
	CF		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>36.50</b>

**Heat 1 of 2 Est Start: 10:52 AM**

2	Robinson, Madigan	15 IHSC	46.30
3	Sullivan, Rosalee	17 IHSC	38.31
4	Pass, Kate	18 IHSC	39.99
5	Pass, McKendree	16 IHSC	54.97

**Heat 2 of 2 Est Start: 10:54 AM**

1	Jerdal, Charlotte	15 IHSC	36.89
2	Balcer, Anna	16 IHSC	35.68
3	Reed, Sarah	15 ULM	35.37
4	Schere, Fiona	18 IHSC	28.58
5	Sladky, Addie	15 ULM	38.07

## #35 Boys 8 &amp; Under 25yd Breaststroke

<b>TEAM</b>	<b>Adam Comstock</b>	<b>1988</b>	<b>20.42</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Matt Chaffin</b>	<b>1992</b>	<b>19.88</b>
	NCA		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>26.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>31.50</b>

**Heat 1 of 1 Est Start: 10:55 AM**

3	Womble, Caleb	8 ULM	41.31
4	Gaither, Bradley	7 ULM	NT

## #36 Girls 8 &amp; Under 25yd Breaststroke

<b>TEAM</b>	<b>Ayla Rasmussen</b>	<b>2002</b>	<b>21.05</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Kim Kessel</b>	<b>1989</b>	<b>19.45</b>
	NCA		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>25.67</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>31.09</b>

**Heat 1 of 1 Est Start: 10:57 AM**

1	Reed, Grace	7 ULM	NT
2	Spinks, Gracie	8 IHSC	37.93
3	Smith, Emery	8 ULM	42.79
4	Emery, Lilly	8 IHSC	28.84
5	Mollet, Naomi	7 ULM	47.43

## #37 Boys 9-10 25yd Breaststroke

<b>TEAM</b>	<b>Ben Laing</b>	<b>2002</b>	<b>17.41</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Cody Winn</b>	<b>2019</b>	<b>17.52</b>
	DST		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>23.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>26.50</b>

**Heat 1 of 3 Est Start: 10:58 AM**

2	McGilvray, Connor	9 ULM	NT
3	Mahan, Mason	9 ULM	31.94
4	Gaither, Nolan	9 ULM	NT

**Heat 2 of 3 Est Start: 10:59 AM**

2	Dupras, Max	10 IHSC	NT
3	Chughtai, Saleem	10 ULM	28.72
4	Jerdal, Jesse	10 IHSC	37.36
5	Pruitt, Jake	10 ULM	31.04

**Heat 3 of 3 Est Start: 11:00 AM**

1	Kurtz, Lucas	9 ULM	26.59
2	Hall, Evo	10 IHSC	27.26
3	Reed, Sammy	10 ULM	25.33
4	Shirey, Noah	10 IHSC	20.71
5	LaChapelle, Owen	9 ULM	26.59

## #38 Girls 9-10 25yd Breaststroke

<b>TEAM</b>	<b>Billie Jo Plank</b>	<b>1981</b>	<b>18.39</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Storrie Kulynych-Irvin</b>	<b>2015</b>	<b>17.65</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>21.61</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>25.49</b>

**Heat 1 of 4 Est Start: 11:01 AM**

2	Abbey, Susie	9 ULM	NT
3	Thompson, Mackenzie	9 ULM	33.13
4	Evans, Charlotte	10 ULM	NT

**Heat 2 of 4 Est Start: 11:02 AM**

2	Agresti, Aubrey	9 ULM	30.54
3	Dupree, Oceana	10 ULM	29.26
4	Hickey, Evlynn	9 IHSC	41.26

## Heat Sheet

## Heat 3 of 4

Est Start: 11:03 AM

1	Merchant, Olivia	10 ULM	28.43
2	Poole, Reese	10 IHSC	34.14
3	Viguers, Mila	10 ULM	26.02
4	Arizzi, Isabella	9 IHSC	30.30
5	Mayr, Ayla	10 ULM	28.41

## Heat 4 of 4

Est Start: 11:04 AM

1	Martino, Frankie	10 ULM	25.45
2	Lewis, Cassidy	10 IHSC	23.68
3	Kaitz, Valyn	10 ULM	23.65
4	Lyon, Kennedy	10 IHSC	20.41
5	Womble, Payton	10 ULM	25.22

## #39 Boys 11-12 50yd Breaststroke

<b>TEAM</b>	<b>Simon Theriot</b>	<b>1977</b>	<b>36.60</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Kevin Gahenn</b>	<b>1973</b>	<b>35.60</b>
	BW		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>45.76</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>52.30</b>

## Heat 1 of 1

Est Start: 11:05 AM

2	Murphy, Oliver	12 IHSC	1:07.88
3	Hopkinson, Miles	11 ULM	NT
4	Gitchell, Colin	11 IHSC	54.59
5	Seybert, Jack	11 ULM	NT

## #40 Girls 11-12 50yd Breaststroke

<b>TEAM</b>	<b>Megan Dickey</b>	<b>2011</b>	<b>35.40</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Fiona Schere</b>	<b>2015</b>	<b>34.10</b>
	IHSC		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>43.68</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>51.20</b>

## Heat 1 of 2

Est Start: 11:07 AM

2	Stites, Charlotte	11 IHSC	58.50
3	Pruitt, Layla	11 ULM	NT
4	Scott, Parker	12 IHSC	54.63
5	Balcer, Sadie	11 IHSC	1:32.93

## Heat 2 of 2

Est Start: 11:09 AM

1	Fish, Harper	12 IHSC	48.59
2	Miller, Caroline	12 IHSC	47.47
3	McGilvray, Virginia	11 ULM	51.16
4	McClure, Brooke	12 IHSC	47.25
5	Freedman, Piper	11 ULM	1:04.08

## #41 Boys 13-14 50yd Breaststroke

<b>TEAM</b>	<b>Will Roberts</b>	<b>2014</b>	<b>31.34</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Grayson Gilbert</b>	<b>2015</b>	<b>31.38</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>38.64</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>41.99</b>

## Heat 1 of 2

Est Start: 11:11 AM

2	Arnold, Dodge	13 IHSC	NT
3	Robinson, Aiden	13 IHSC	45.62
4	Hall, Ryder	13 IHSC	57.05

## Heat 2 of 2

Est Start: 11:12 AM

2	Benningfield, Scott	14 IHSC	43.83
3	van Andel, Mattias	13 ULM	44.95
4	Miller, Grant	14 IHSC	41.09
5	Martino, Gus	13 ULM	52.44

## #42 Girls 13-14 50yd Breaststroke

<b>TEAM</b>	<b>Caitlin Deitch</b>	<b>2018</b>	<b>33.53</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Caitlin Deitch</b>	<b>2018</b>	<b>33.53</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>40.98</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>48.99</b>

## Heat 1 of 3

Est Start: 11:13 AM

2	Spinks, Maggie	13 IHSC	1:06.04
3	Gravseth, Carmen	14 IHSC	51.38
4	Scott, Addison	14 IHSC	54.34

## Heat 2 of 3

Est Start: 11:15 AM

2	Murphy, Isabella	14 IHSC	44.66
3	Lewis, Alyssa	13 IHSC	39.75
4	Stites, Caroline	14 IHSC	40.49
5	Shirey, Gracie	13 IHSC	50.45

## Heat 3 of 3

Est Start: 11:16 AM

1	Hilliard, Mackenzie	14 IHSC	39.73
2	McClure, Brynn	14 IHSC	38.84
3	Rue, Mer	14 ULM	39.54
4	Mentesana, Katie	14 IHSC	38.70
5	Lawrence, Sydney	14 ULM	43.69

## #43 Men 15-18 50yd Breaststroke

<b>TEAM</b>	<b>Doug McWhorter</b>	<b>2007</b>	<b>31.21</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Noah Yanchulis</b>	<b>2014</b>	<b>29.72</b>
	BH		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>36.03</b>

## Heat 1 of 1

Est Start: 11:18 AM

1	Bottner, Madden	16 IHSC	NT
2	Miller, Jack	15 IHSC	34.01
3	Cukor, Ben	15 ULM	39.92
4	Cembrano, Marcus	15 IHSC	31.43
5	Shirey, Cooper	14 IHSC	46.43

## #44 Women 15-18 50yd Breaststroke

<b>TEAM</b>	<b>Caitlin Deitch</b>	<b>2019</b>	<b>33.23</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Caitlin Deitch</b>	<b>2019</b>	<b>33.52</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>40.08</b>

## Heat 1 of 2

Est Start: 11:19 AM

2	Collins, Sunday	16 IHSC	45.74
3	Jerdal, Charlotte	15 IHSC	42.42
4	Robinson, Madigan	15 IHSC	43.87
5	Pass, McKendree	16 IHSC	49.45

## Heat 2 of 2

Est Start: 11:20 AM

1	Jerdal, Mary Lane	15 IHSC	41.11
2	Pass, Kate	18 IHSC	39.34
3	Sladky, Addie	15 ULM	38.96
4	Schere, Fiona	18 IHSC	30.95
5	Balcer, Anna	16 IHSC	40.27

## #45 Boys 8 &amp; Under 25yd Butterfly

<b>TEAM</b>	<b>Michael Dabbs</b>	<b>1985</b>	<b>16.96</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Michael Dabbs</b>	<b>1985</b>	<b>16.96</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>23.68</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>27.69</b>

## Heat 1 of 1

Est Start: 11:21 AM

2	Dupree, Riah	7 ULM	NT
3	Womble, Caleb	8 ULM	39.83
4	Wotell, Jack	7 IHSC	31.05
5	Dupree, Imani	8 ULM	NT

## Heat Sheet

## #46 Girls 8 &amp; Under 25yd Butterfly

<b>TEAM</b>	<b>Finley Silk</b>	<b>2019</b>	<b>17.72</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Katherine Pacher</b>	<b>2013</b>	<b>16.81</b>
	DST		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>25.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>31.59</b>

**Heat 1 of 2 Est Start: 11:22 AM**

2	Wotell, Ellington	6 IHSC	40.87
3	Reed, Grace	7 ULM	NT
4	Spinks, Gracie	8 IHSC	33.55

**Heat 2 of 2 Est Start: 11:24 AM**

2	Lewis, Mallory	8 IHSC	30.24
3	Smith, Emery	8 ULM	29.81
4	Emery, Lilly	8 IHSC	26.22
5	Wood, Lauren	8 ULM	NT

## #47 Boys 9-10 25yd Butterfly

<b>TEAM</b>	<b>Cooper Mengel</b>	<b>2019</b>	<b>14.94</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Brayden Herr</b>	<b>2014</b>	<b>14.90</b>
	BH		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>18.70</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>23.59</b>

**Heat 1 of 3 Est Start: 11:25 AM**

2	Gaither, Nolan	9 ULM	NT
3	Kurtz, Lucas	9 ULM	43.69
4	Jerdal, Jesse	10 IHSC	38.75
5	Mahan, Mason	9 ULM	NT

**Heat 2 of 3 Est Start: 11:26 AM**

1	Blades, Carter	9 ULM	34.05
2	McLaughlin, Mikey	9 IHSC	29.73
3	Chughtai, Saleem	10 ULM	30.96
4	Hall, Evo	10 IHSC	29.38
5	Pruitt, Jake	10 ULM	33.11

**Heat 3 of 3 Est Start: 11:27 AM**

1	van Andel, Ben	10 ULM	27.38
2	Dupras, Max	10 IHSC	28.32
3	Reed, Sammy	10 ULM	20.14
4	Shirey, Noah	10 IHSC	19.12
5	McGilvray, Connor	9 ULM	24.27

## #48 Girls 9-10 25yd Butterfly

<b>TEAM</b>	<b>Amber Martin</b>	<b>2015</b>	<b>14.62</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Storrie Kulynych-Irvin</b>	<b>2015</b>	<b>13.56</b>
	BRP		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>18.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>23.00</b>

**Heat 1 of 3 Est Start: 11:28 AM**

2	Viguers, Mila	10 ULM	35.10
3	Dupree, Oceana	10 ULM	25.58
4	Hickey, Evlynn	9 IHSC	29.68

**Heat 2 of 3 Est Start: 11:29 AM**

2	Poole, Reese	10 IHSC	26.34
3	Abbey, Susie	9 ULM	23.23
4	Arizzi, Isabella	9 IHSC	22.62
5	Mayr, Ayla	10 ULM	24.91

**Heat 3 of 3 Est Start: 11:30 AM**

1	Kaitz, Valyn	10 ULM	21.76
2	Lewis, Cassidy	10 IHSC	21.65
3	Martino, Frankie	10 ULM	17.68
4	Lyon, Kennedy	10 IHSC	16.85
5	Womble, Payton	10 ULM	19.10

## #49 Boys 11-12 50yd Butterfly

<b>TEAM</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>28.90</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Nick Roberts</b>	<b>2014</b>	<b>29.59</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>38.80</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>48.80</b>

**Heat 1 of 2 Est Start: 11:31 AM**

2	Hopkinson, Miles	11 ULM	59.86
3	Rue, Max	11 ULM	49.51
4	Reed, Billy	12 ULM	51.91

**Heat 2 of 2 Est Start: 11:32 AM**

2	Jerdal, Shepherd	11 IHSC	1:00.83
3	Anglim, Charlie	12 ULM	39.44
4	Gitchell, Colin	11 IHSC	45.83

## #50 Girls 11-12 50yd Butterfly

<b>TEAM</b>	<b>Amber Martin</b>	<b>2016</b>	<b>28.94</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Amber Martin</b>	<b>2016</b>	<b>29.28</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>38.50</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>46.00</b>

**Heat 1 of 2 Est Start: 11:34 AM**

2	McClure, Brooke	12 IHSC	NT
3	Pruitt, Layla	11 ULM	NT
4	Balcer, Sadie	11 IHSC	1:38.50

**Heat 2 of 2 Est Start: 11:36 AM**

2	Fish, Harper	12 IHSC	58.84
3	Britton, Lexi	12 ULM	41.86
4	Miller, Caroline	12 IHSC	40.02
5	McGilvray, Virginia	11 ULM	NT

## #51 Boys 13-14 50yd Butterfly

<b>TEAM</b>	<b>Zach Dean</b>	<b>2013</b>	<b>26.56</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Zach Dean</b>	<b>2013</b>	<b>26.56</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>32.24</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>39.99</b>

**Heat 1 of 1 Est Start: 11:37 AM**

3	Norton, Parker	13 ULM	32.13
4	Martino, Gus	13 ULM	39.86

## #52 Girls 13-14 50yd Butterfly

<b>TEAM</b>	<b>Amber Martin</b>	<b>2018</b>	<b>28.15</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Amber Martin</b>	<b>2018</b>	<b>28.15</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>38.00</b>
<b>SLVR</b>	<b>GASL 2022 Championship T...</b>		<b>46.99</b>

**Heat 1 of 2 Est Start: 11:39 AM**

1	Hickey, Aislynn	13 IHSC	NT
2	Shirey, Gracie	13 IHSC	54.29
3	Segree, Anabelle	14 ULM	41.22
4	Gravseth, Carmen	14 IHSC	50.19
5	Spinks, Maggie	13 IHSC	1:00.34

**Heat 2 of 2 Est Start: 11:40 AM**

1	Rue, Mer	14 ULM	38.94
2	Lewis, Alyssa	13 IHSC	41.77
3	Chughtai, Sasha	14 ULM	33.64
4	Stites, Caroline	14 IHSC	32.71
5	Seybert, Kate	14 ULM	35.67

## #53 Men 15-18 50yd Butterfly

<b>TEAM</b>	<b>Doug McWhorter</b>	<b>2008</b>	<b>25.88</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Noah Yanchulis</b>	<b>2014</b>	<b>24.27</b>
	BH		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>28.50</b>

**Heat 1 of 1 Est Start: 11:41 AM**

2	Cembrano, Marcus	15 IHSC	28.11
3	Cukor, Ben	15 ULM	28.32
4	Tosoni, Tristan	16 IHSC	25.70
5	Miller, Jack	15 IHSC	30.72

## Heat Sheet

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## #54 Women 15-18 50yd Butterfly

<b>TEAM</b>	<b>Caitlin Deitch</b>	<b>2021</b>	<b>27.62</b>
	Ulmstead Swim Team		
<b>POOL</b>	<b>Caitlin Deitch</b>	<b>2021</b>	<b>27.62</b>
	Ulmstead Swim Team		
<b>GOLD</b>	<b>GASL 2022 Championship T...</b>		<b>32.21</b>

**Heat 1 of 2 Est Start: 11:42 AM**

2	Pass, McKendree	16 IHSC	51.41
3	Collins, Sunday	16 IHSC	37.49
4	Jerdal, Mary Lane	15 IHSC	38.28

**Heat 2 of 2 Est Start: 11:44 AM**

1	Sullivan, Rosalee	17 IHSC	36.82
2	Jerdal, Charlotte	15 IHSC	33.04
3	Reed, Sarah	15 ULM	31.49
4	Schere, Fiona	18 IHSC	27.01
5	Sladky, Addie	15 ULM	41.84

## #55 Men Open 150yd Freestyle Relay

<b>TEAM</b>	<b>Ulmstead Swim Team</b>	<b>1985</b>	<b>1:20.14</b>
	M. Dabbs, C. Dabbs, J. Schilling, D. Treacy, A. Bauer		
<b>POOL</b>		<b>1992</b>	<b>1:21.31</b>
	J. Golaboski, D. Clemson, E.G. Siock, B. Kessel, M. Chaffin		

**Heat 1 of 1 Est Start: 11:45 AM**

3	Ulmstead Swim	A ULM	NT
	1) Agresti, Jack (7)	2) Moore, Isaac (9)	
	3) Rollison, Carter (11)	4) Tate, Johnny (9)	
4	IHSC	A IHSC	NT
	1) Wotell, Jack (7)	2) Dupras, Max (10)	
	3) Jerdal, Shepherd (11)	4) Arnold, Dodge (13)	

## #56 Women Open 150yd Freestyle Relay

<b>TEAM</b>	<b>Ulmstead Swim Team</b>	<b>2018</b>	<b>1:26.38</b>
	Ainsley Kelly, Kate Seybert, Ella Deitch, Maddie Rue, Caitlin Deitch		
<b>POOL</b>	<b>Ulmstead Swim Team</b>	<b>2018</b>	<b>1:26.38</b>
	A. Kelly, K. Seybert, D. Deitch, M. Rue, C. Deitch		

**Heat 1 of 1 Est Start: 11:48 AM**

3	Ulmstead Swim	A ULM	NT
	1) Womble, Hadley (6)	2) Gassen, Molly (7)	
	3) Wood, Lauren (8)	4) Evans, Charlotte (10)	
4	IHSC	A IHSC	NT
	1) Lewis, Mallory (8)	2) Beer, Mollie (10)	
	3) Scott, Parker (12)	4) Robinson, Madigan (15)	