

2025 GPAC WINTER INVITATIONAL



HOSTED BY
GREATER PENSACOLA AQUATIC CLUB

UWF AQUATIC CENTER
PENSACOLA, FL
JANUARY 17-19, 2025

2025 GPAC Winter Invitational

University of West Florida Aquatic Center

Pensacola, Florida

January 17-19, 2025

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

Sanctioned by Southeastern Swimming, Inc.

SANCTION: 25SEGPAC01-17

TIME TRIAL SANCTION: 25SEGPAC01-17TT

HOSTED BY: Greater Pensacola Aquatic Club, Inc. (850) 484-1312 www.gpacswimteam.org

LOCATION: The University of West Florida Aquatic Center
11000 University Parkway, Building 73, Pensacola FL 32514

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Southeastern LSC, University of West Florida and Greater Pensacola Aquatic Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, infection or exposure by anyone during the conduct of the event.

DIRECTIONS:

From US 90 East or West - Turn North on University Parkway to end of the road and turn left, the UWF Aquatic Center is at top of hill on your right.

From I-10 East or West - Exit at Davis Hwy, go north to University Pkwy and turn left (3rd light from the east; 4th light from the west); take University Parkway North to end of the road and turn left. The UWF Aquatic Center is at top of hill on your right.

PARKING: Parking is available next to the tennis courts (Lot J) and across the street next to the water tower (Lot B). Cars parked in driveways, drop-off circles, on the grass, or adjacent to the buildings near the pool are subject to being towed by the University Police at owner's expense. Please see page 7 for a map of the area.

FACILITIES: Indoor 8-lane 50 meter competition pool with a 4 feet minimum depth (measured 1 meter from wall at one end) and 14 feet maximum depth (measured 1 meter from opposite end) and non-turbulent lane lines. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

One 10-lane course will be utilized during each session for the 13 & over sessions and one 8-lane course will be utilized for the 12 & under sessions, unless the meet director and meet referee determine a different number of lanes needs to be used to run the meet efficiently. All courses will have fully automatic electronic timing provided by Colorado Timing System with HYTEK interface. Manual back-up will be used. State-of-the-art LCD scoreboard will be used for both competition courses.

Continuous warm-up/warm-down is available in at least 6 lanes, with entrance and exit restricted to the east side of the pool (the side opposite the windows).

MEDICAL: First aid/AED for participants and spectators is available and provided by the UWF aquatic center staff. Emergency medical staff/services are not available on-site.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet unless otherwise noted herein. Starting Sept 1, 2020, The swimmer must wear only one swimsuit in one of two pieces, except as provided in 205.10.1. All swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet. Note - 102.8.F

SAFETY: In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and conduct themselves in a safe manner. Nobody will be allowed to climb on the diving boards for any reason. All swimmers and coaches are asked to remain on the pool deck and not climb the stairs to the skybox. Any questions or concerns should be reported to the Meet Director through the office of the Clerk of Course which is located at deck level between the locker rooms. **ONLY MEET WORKERS, COACHES, OFFICIALS AND SWIMMERS WILL BE ALLOWED ON THE POOL DECK AREA BEHIND THE STARTING BLOCKS.** Coaches are asked to help control the crowded pool deck by asking the parents of their swimmers to stay away from the starting block area of the pool. Swimmers must enter the warm-down lanes feet first only. Swimmers are to be encouraged by their coaches and parents to remain in the spectator area until their events.

Please be advised that the Pensacola area is subject to severe weather and therefore delays during the meet when thunder storms and lightning are in the vicinity should be anticipated. The UWF aquatic facility has strict rules prohibiting swimming while thunder and lightning storms are in the vicinity and these rules will be followed at all times. If a lightning strike is recorded within 5 nm of UWF Aquatic Facility, swimming will be halted and will not resume until a 15 minute period absent of local lightning strikes has expired.

The use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms or locker rooms.

All changing of clothes must be done in changing areas, restrooms or locker rooms as “Deck Changes” are prohibited.

OFFICIALS: Meet Director: Greg Johnson
(540) 266-0769
gpaccoachgreg@gmail.com

Meet Referee: Ricke Harris
gpacswimreferee@gmail.com

Administrative Official: Maureen Little
gpac.meet.entries@gmail.com

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without current registration numbers. NO on-deck USA Swimming registration and no deck entries to the meet will be allowed. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer’s age on the first day of the meet will determine his or her age for the entire meet. Swimmers must be at least 13 years-old to enter “Senior” events.

DISABILITIES: Swimmers with disabilities are welcome and highly encouraged. Coaches with disabled swimmers are requested to complete the attached Information Form for Disabled Swimmers and return it with the entries in order to efficiently make swimmer accommodations prior to the start of the meet.

MEET FORMAT: This is a timed finals meet. All events will be pre-seeded except the 11-and-over 1000-yd freestyle, which will be deck-seeded. Swimmers must sign-in with the Clerk of Course for all deck-seeded events.

The 500 freestyles, 11-12 and 13 & over 400 IMs and the 11 & over 1000-yd freestyle will be swum fastest to slowest. If swum in one course, the events shall alternate heats of girls then boys.

- If it is necessary to limit the total number of heats for the 13 & older 400 IM and 500 Free events, they will be limited to the four fastest heats of each, girls and boys.
- If it is necessary to limit the total number of heats for the 11 & older 1000 Free events, they will be limited to the four fastest heats of each, girls and boys.
- The 9-12 500 Free will be swum together and scored separately as 9-10 and 11-12. If it becomes necessary to limit the total number of heats for these events, they will likely be limited to the three fastest heats of each, girls and boys.
- All 13 & over events will be swum together and scored separately as 13-14 and 15 & Over.
- The 11 & older 1000 free will swum together and scored separately as 11-12, 13-14, and 15 & Over.
- The 10 & Under 200 IM will be scored separately as 8 & Under and 9-10.

Swimmers in the 1000-yd freestyle shall provide their own timer and counter.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. TWO (2) 40 minute warm up period will be conducted for Friday evening. TWO (2) 40 minute warm up periods will be conducted for the 13 & over morning session Saturday and Sunday. For the 12 & Under sessions, a single 45-minute warm up period will be conducted on Saturday and Sunday afternoon. Swimmers not entered in the meet may not use the pool at any time with the exception of swimmers from the host club.

<u>Starting Times:</u>	<u>Warm-up</u>	<u>Competition</u>
Session 1: Friday PM 11 & Older:	(A) 4:00 PM-4:40 PM, (B) 4:40-5:20 PM	5:30 PM
Session 2: Saturday AM 13 & Over:	(A)8:00 AM-8:40 AM (B) 8:40-9:20 AM	9:30 AM
Session 3: Saturday PM 12 & Under:	15 min. following session 2	60 min after warm up start
Session 4: Sunday AM: 13 & Over:	(A)8:00 AM-8:40 AM (B) 8:40-9:20 AM	9:30 AM
Session 5: Sunday PM: 12 & Under	15 min. following session 4	60 min after warm up start

Continuous warm-up/warm-down is available in at least 6 lanes in the shallow end during each session. Entry to/exit from the warm up area will be restricted to the East side of the pool (in front of the stands).

ENTRIES: Teams should submit their entries via e-mail. Entry forms must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries with the event numbers and event description in published event order for verification purposes.

Otherwise, teams without "Team Manager" or other suitable Hytek product must use the enclosed entry forms and are subject to a **\$30.00 surcharge** for requiring manual entry processing. Entries are to be listed in short course yards or "NT". All teams are asked to completely fill out the enclosed Team Information Form, including the names and contact numbers for all registered officials affiliated with the team that are willing to serve as a meet official during the weekend. If possible, teams submitting their entries via email are asked to send their completed forms as scanned documents attached to email. If these delivery methods are not available, the completed forms should be submitted by physical mail for prompt delivery.

Any teams with outstanding fees from previous GPAC meets WILL NOT have any entries accepted until ALL outstanding fees are paid.

ENTRY ERRORS: If due to GPAC's error, the swimmer will be deck entered into an open lane of the heat nearest his/her entry time or in a new heat. The entire event WILL NOT be re-seeded.

SCRATCHES: All scratches should be submitted to the Clerk of Course as soon as possible to identify open lanes for potential deck entries. The sign-in deadline for deck-seeded events is no later than 30 minutes prior to the scheduled start of each session. If the swimmer is not signed in by that time the swimmer will be scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events.

If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. If scratching the event, the swimmer or coach shall draw a line through the swimmer's name and place their initials next to the swimmer's name.

LIMITS: Swimmers are limited to three (3) individual events on Friday. On Saturday and Sunday swimmers are limited to four (4) individual events per day, *inclusive* of time trials, and 11 individual events for the meet. Swimmers are limited to two relays for the meet. The host team reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

TIME TRIALS: Requests for time trials will be accepted by the Clerk of the Course. Payment for any requested time trial must accompany the request. Time Trials will not be available for swimmers not already entered in the meet. **The deadline for submitting Time Trial requests will be 90 minutes from the start of the sessions on Saturday and Sunday.** The actual scheduling of the time trials will depend on the number of requests, but they will likely be scheduled for the end of the day after all competition is complete in the corresponding sessions.

FEES: Please make checks payable to: Greater Pensacola Aquatic Club. **All entry fees are non-refundable.**

Individual:	\$7.00 per event	(\$8.00 late entry)
Relays:	\$12.00 per relay	(\$14.00 late entry)
SES surcharge:	\$4.00 per swimmer including time trial swimmers	
Facility surcharge:	\$16.00 (Waived for Outreach)-includes electronic heat sheet	
Time Trials:	\$10.00 per individual event	

DEADLINE: Entry files and entry reports must be received by the Meet Entries Chair on or before **11:59 PM Central Time on Tuesday, January 7, 2025.** Late entries will be accepted for available lanes only until 5:00 PM Central Time on Monday January 13, 2025. No new heats will be formed.

In the event that it becomes necessary to limit swimmers, priority will be given to teams in the order their entries are received.

If entries are e-mailed, a hard copy (including all information and release forms) and payment of all entry fees must follow by mail or express delivery service (FedEx, etc.) and be postmarked or submitted to the express delivery service no later than on Monday January 13, 2025

E-mailed entries will not be considered complete for processing until the GPAC Meet Entries Chair has received written entry forms, written copy of all entries for verification purposes, release/recap sheet and entry fees including surcharges. Email confirmations will be sent out as entries are received. Please contact the GPAC Meet Director or Meet Entries Chair if an email confirmation of your team's entries is not received within 24 hours of submission.

Completed entries should be submitted by e-mail. Email: gpac.meet.entries@gmail.com

(Please include the words "Meet Entry Info" in the subject line of all e-mail)

SCORING: Points for first through eighth places in individual events will be awarded as follows:
9-7-6-5-4-3-2-1.

AWARDS: Ribbons will be awarded for first through eighth place in all individual events for 12 & under swimmers. There will be high point awards given for each gender in each age group (8 & Under, 9 & 10, 11 & 12, 13 & 14, Senior). There will be team awards for first, second, and third places.

SPECTATOR CORNER: The UWF Aquatic Center has bleacher seating – personal chairs/stadium seats are not allowed in the Aquatic Center. Seating by spectators or athletes is not allowed on the pool deck. Tents, tarps, and chairs are welcome in the courtyard areas outside the pool provided they do not impede access to the entrances to university facilities and handicapped access ramps. Tents, tarps, and/or chairs cannot be set up on the access road directly outside the pool entrance.

Spectators are prohibited in the area behind the starting blocks and may be prohibited in other designated areas.

The restrooms for spectators (if open) are located on the main floor of the Health, Leisure & Sports (HLS) building (building 72) which is to the right upon exiting the pool in the courtyard (SOUTH END). In the event of HLS building closure, spectators may be allowed to use the locker rooms in the pool as restroom facilities in compliance with MAAPP.

No pets are allowed in any UWF building or at any of the athletics facilities. Only service animals, as defined by the ADA, which are dogs or miniature horses that are individually trained to do work or perform tasks for people with disabilities are allowed.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

The possession, use, or storage of electronic equipment such as hoverboards, Segways, IO Hawks, Skywalkers and any similar devices is prohibited anywhere on the University of West Florida Pensacola Campus.

Spectators and swimmers are only allowed to be in the immediate pool area (Outside the facility)—team seating areas, sun yard and adjacent courtyard/outdoor areas.

NO SWIM MEET PARTICIPANTS/SPECTATORS ARE ALLOWED ON THE UWF FOOTBALL FIELD AT ANY TIME FOR ANY REASON.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

OFFICIALS' CORNER: Certified officials who are members of USA Swimming and are available to work the meet are asked to please notify the Team Lead Chief Judge by email. Please specify which day(s) and session(s) you can help.

Meet Referee: Ricke Harris- gpacswimreferee@gmail.com

Please display current certification cards at all times on deck and/or have Deck Pass credentials readily available. All session briefings will occur one hour prior to the start of competition for that session.

Teams are asked to also include the names of these officials in the appropriate section of the Team Information page to be returned with entries.

COACHES' CORNER: Before picking up the team's packet, coaches are asked to ensure that the Clerk of the Course has a completed Team Information sheet with the lead deck coach's cell phone number listed.

SES rules dictate that “coaches shall display, when requested, their USAS Membership cards (or Deck Pass credentials) to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the Host Meet Referee/director –they may assign the responsibility to other meet personal. Therefore all coaches are required to sign in with the Clerk of Course and must be prepared to show their coaching credentials at any time.

A coaches' meeting will be held at 10 minutes prior to the start of competition on Saturday and, if deemed necessary by the referee on Sunday, in the hospitality area. No swimmers will be allowed in the pool during this time. Competition will not start until after the conclusion of the coaches meeting(s).

Coaches expecting to have swimmers participating in a session that the coach will not be attending are asked to complete a Swimmer Assignment form in advance of the session and send it to the Meet Referee and GPAC Meet Director by email.

PHOTOGRAPHY POLICY: No team or parent photographers will be permitted on deck unless they are registered non-athlete members of USA Swimming with a current valid level 1 background check and current valid Athlete Protection training. Press photographers will not be permitted on deck unless they have been issued a credential by the Meet Director. Credentials must be visible and on display at all times.

Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Acceptable areas include the side courses of the pool, team gathering areas, concession areas, and the turn-end of the competition pool(s) when not in use as a “start end”.

HOSPITALITY: There will be a hospitality area available for coaches, meet workers and officials only.

HEAT SHEETS & MEET MERCHANDISE: Heat sheets will be made available electronically on the GPAC team web site prior to the meet. Official meet apparel vendors will be on site.

RECYCLING: GPAC is supporting the SES recycling initiative (pilot program for USA Swimming) at its home meets. Please look for additional information about this initiative posted at the swimming venue and assist GPAC with this initiative.

MEET EVALUATIONS:

Please send any comments, suggestions, or evaluations concerning the meet to:

John Boxmeyer - SES General Chairman

jboxmeyer@hotmail.com

The following forms are attached after the order of events as an integral part of this meet invitation and are required for entry processing:

SES Waiver, Acknowledgment and Liability Release Form

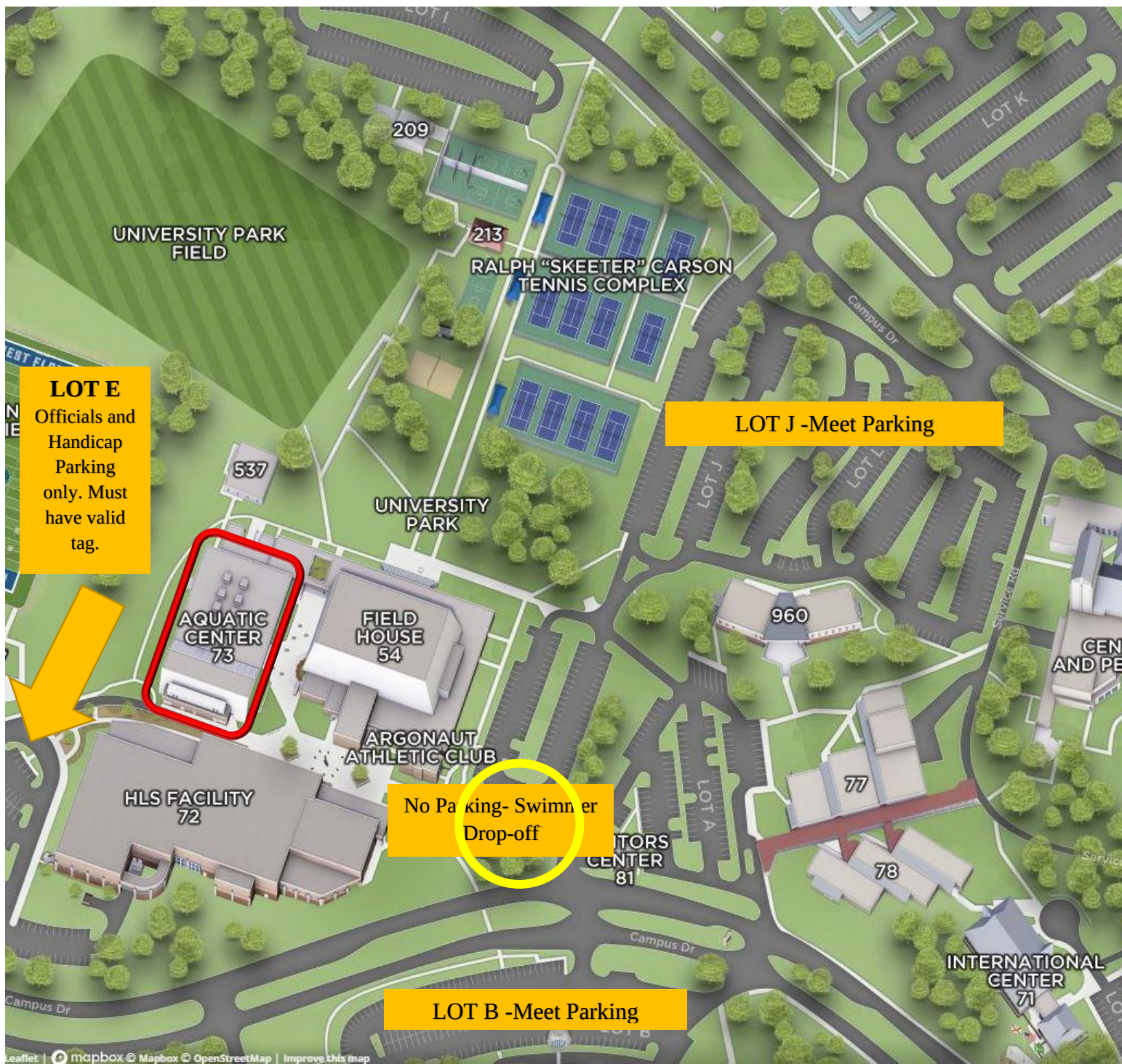
Team Information Form and Summary of Fees

SES Information Form for Disabled Swimmers (duplicate as needed)

GPAC Time Trial Form

Unaccompanied Swimmer Coaching Assignment Form

GPAC preferred team hotels



2025 GPAC WINTER INVITATIONAL

ORDER OF EVENTS

Friday, January 17, 2025

Warm ups: (A) 4:00-4:40 PM, (B) 4:40-5:20 PM ~ Competition 5:30 PM

SESSION 1- 11 & OVER AGE GROUP		
Warm-up 4:00 PM ~ Competition 5:30 PM		
Girls Event #'s	Event	Boys Event #'s
1	11-12 50 Free	2
3	13 & Over 50 Free	4
5	11-12 200 IM	6
7	13 & Over 400 IM	8
	10 MINUTE BREAK	
9	11 & Over 1000 Free	10

^The Meet Director and Referee reserve the right to adjust the event order and/or course designations for specific age groups and/or genders, change the number of lanes used, combine sessions, separate the meet into two (2) session and/or adjust warm-up schedules and/or competition start times if the number of entries warrants, in order to run the meet more efficiently. Such changes will be done with as much lead time as is reasonably possible

2025 GPAC WINTER INVITATIONAL

ORDER OF EVENTS

Saturday, January 18, 2025

SESSION 2- 13 & OLDER		
Warm up A: 9:00 AM ~ Competition 10:30 AM		
Girls Event #'s	Event	Boys Event #'s
11	13 & Over 200 Medley Relay	12
	10 MINUTE BREAK	
13	13 & Over 200 Back	14
15	13 & Over 100 Breast	16
17	13 & Over 100 IM	18
19	13 & Over 200 Fly	20
21	13 & Over 100 Free	22
23	13 & Over 50 Fly	24
	10 MINUTE BREAK	
25	13 & O 500 free	26

SESSION 3- 12 & UNDER AGE GROUPS		
Warm-up 15 minutes after the completion of Session2		
Girls Event #'s	Event	Boys Event #'s
27	12 & U 200 Medley Relay	28
	10 MINUTE BREAK	
29	8 & U 25 Back	30
31	12 & U 100 Back	32
33	12 & U 50 Breast	34
35	11-12 200 Breast	36
37	8 & U 25 Fly	38
39	12 & U 100 Fly	40
41	12 & U 50 Free	42
43	12 & U 100 IM	44
	10 MINUTE BREAK	
45	9 & Over 500 Free	46

^The Meet Director and Referee reserve the right to adjust the event order and/or course designations for specific age groups and/or genders, change the number of lanes used, combine sessions, separate the meet into two (2) session and/or adjust warm-up schedules and/or competition start times if the number of entries warrants, in order to run the meet more efficiently. Such changes will be done with as much lead time as is reasonably possible

2025 GPAC WINTER INVITATIONAL

ORDER OF EVENTS

Sunday, January 19, 2025

SESSION 4- 13 & OLDER		
Warm up-8:00 AM ~ Competition 9:30 AM		
Girls Event #'s	Event	Boys Event #'s
47	13 & Over 200 Free Relay	48
	10 MINUTE BREAK	
49	13 & Over 50 Breast	50
51	13 & Over 200 Free	52
53	13 & Over 100 Back	54
55	13 & Over 200 Breast	56
57	13 & Over 100 Fly	58
59	13 & Over 50 Back	60
	10 MINUTE BREAK	
61	13 & Over 400 IM	62

SESSION 5- 12 & UNDER AGE GROUPS		
Warm-up 15 minutes after the completion of Session2		
Girls Event #'s	Event	Boys Event #'s
63	12 & Under 200 Free Relay	64
	10 MINUTE BREAK	
65	12 & U 100 Free	66
67	12 & U 50 Back	68
69	11-12 200 Back	70
71	8 & U 25 Breast	72
73	12 & U 100 Breast	74
75	8 & U 25 Free	76
77	12 & U 200 Free	78
79	12 & U 50 Fly	80
81	11-12 200 Fly	82
	10 MINUTE BREAK	
83	10 & U 200 IM	84
85	11-12 400 IM	86

^The Meet Director and Referee reserve the right to adjust the event order and/or course designations for specific age groups and/or genders, change the number of lanes used, combine sessions, separate the meet into two (2) session and/or adjust warm-up schedules and/or competition start times if the number of entries warrants, in order to run the meet more efficiently. Such changes will be done with as much lead time as is reasonably possible

SOUTHEASTERN SWIMMING

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Greater Pensacola Aquatic Club, Inc., The Club, A Family Sports Complex, the University of West Florida, Pensacola State College, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME	COACHES CARD EXPIRATION DATE	
	1.		
	2.		
	3.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

SES TEAMS NUMBER OF SWIMMERS:		X \$4.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:		X \$16.00 FACILITY SURCHARGE	=	
NUMBER OF IND. EVENTS:		X \$7.00 PER EVENT ENTRY FEE	=	
NUMBER OF RELAYS		X 10.00 PER RELAY=		
		TOTAL DUE:		

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmer's accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director Email: Greg Johnson

gpaccoachgreg@gmail.com

Meet Referee Email: Ricke Harris

gpacswimreferee@gmail.com

Disability Chair: Robin Heller

robin@seastarsaquatics.org

2025 GPAC Winter Invitational

January 17-19, 2025 ~ UWF Aquatic Center ~ Pensacola, Florida

Time Trial Sanction No. **25SEGPAC01-17TT**

Time Trial Request

Time Trials to meet SES, Sectional or National qualifying times for swimmers otherwise meeting the eligibility criteria for any long course event listed below may be held upon reasonable request at the sole discretion of the Meet Referee and Meet Director. Such swims when combined with the swimmer's entered events must fall within daily individual entry limits otherwise applicable and will be held, if time permits, after the final competition session each day. Swimmers requesting time trials must supply their own lane timers. Entry fees for each time trial swim will be \$10.00 per individual event (plus applicable SES surcharge and facility fee for swimmers not otherwise entered in the meet) due at the time the request for time trial is submitted.

Swimmers must sign up for time trials at the Clerk of Course table within 90 minutes of the start of each session by submitting a copy of this form with the applicable fees.

The time trial order of events will generally be as follows: current day's events, previous day's events and future day's events. Different strokes of the same distance may be combined and swum at the same time in order to consolidate heats.

Team Name: _____ Team Abbreviation: _____

Swimmer's Name: _____ USA Swimming ID #: _____

Gender: M / F

Event Description (Stroke & Distance: _____ Seed Time: _____

Coach/Swimmer Signature: _____

PAID _____
Clerk of Course INITIALS

UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer’s team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

Coach’s Signature _____ Date _____

Swimmer Name(s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

Assigned Coach’s Signature _____ Date _____

Assigned Coach’s Team Name _____

GPAC PREFERRED HOTELS FOR WINTER INVITATIONAL

These hotels are close to the pool and many dining options in and around Pensacola. They have provided promotional rates for families attending GPAC meets.



[Hampton Inn & Suites Pensacola- I-10 North at University Town Plaza](#)



Pensacola I-10 at North Davis Hwy[®]
7753 North Davis Hwy
Pensacola, FL 32514
1-850-466-4748

[Home2Suites Pensacola I-10 N. Davis Hwy](#)