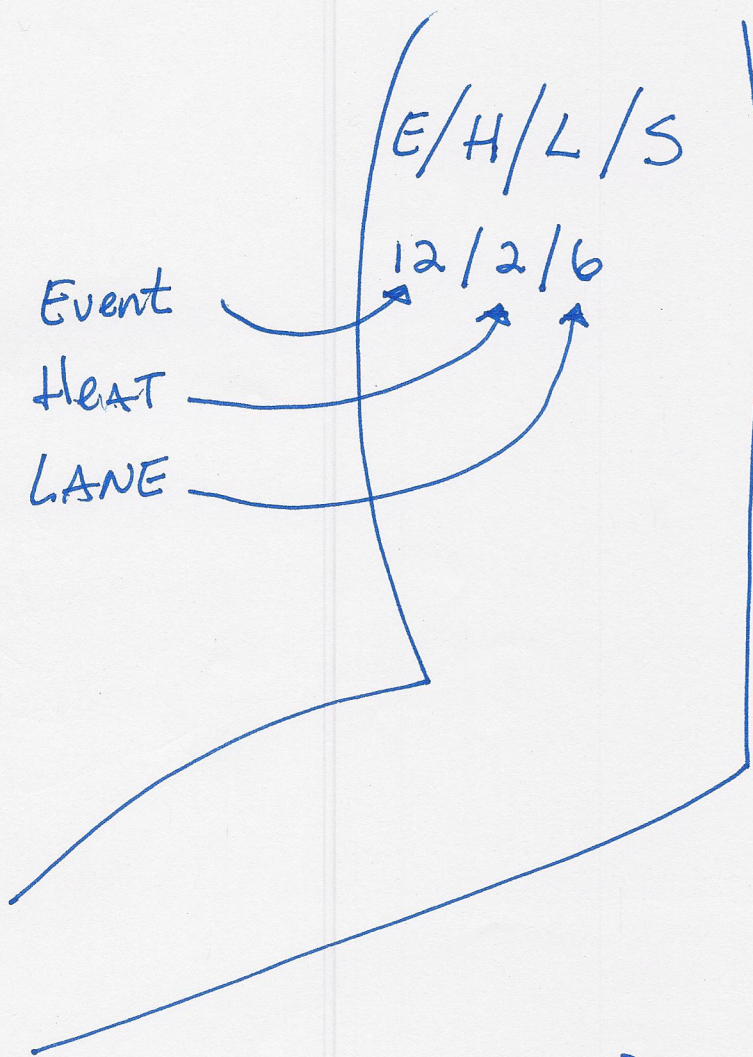


Ready Bench Swimmer Labeling

- ① Left Arm for Saturday
- ② Right Arm for Sunday



E = Event Number
H = HEAT Number
L = LANE Number
S = Swimmer Number
(relay only)

Relays

- 1 = first Swimmer / Back
- 2 = second swimmer / Breast
- 3 = third swimmer / Fly
- 4 = fourth swimmer / Free

Relay Example

6/2/4/2

Event 6 (boys 7/8 Med. Relay)
HEAT 2
LANE 4
Swimmer 2 (breaststroke)