

ARBOR CREEK DRAGONS SWIMATHON

Date: Saturday, June 20, 9:00 - 10:00am

Rules:

- Swimmers will swim as many pool lengths as they can in an hour
- Please arrive 15 minutes early to stretch
- Swimmers may swim any stroke they are comfortable with
- Short breaks can be taken
- The final number will be total lengths completed - 25 yards (across the pool) is considered 1 pool length
- Each swimmer will need a counter (adult or older sibling) to count their lengths
- The counter should bring a pen/pencil and something to write on (clipboard, book, etc.). Counter sheets will be provided at the event

Pledge Information: (pledge sheet attached below)

- Pledges can be made per pool length (preferred) or as a flat donation
- We accept cash, checks, Venmo (@ArborCreekSwimClub), and Paypay (@arborcreekdragons)
- Checks should be made payable to Arbor Creek Swim Club
- Pledge sheets and money are due to a Board Member by Monday, July 6th

Following the completion of the swimathon, swimmers can grab a donut or drink to celebrate their accomplishments!

ARBOR CREEK DRAGONS SWIMATHON

Purpose: The Swimathon raises money for our neighborhood swim team so we can pay for club expenses (coaching, equipment, insurance, supplies, etc.)

Directions: Ask friends, neighbors, and/or family members to pledge an amount of money for your swimmer. It can be an amount per pool length (preferred) or a set flat amount. When you are finished swimming your lengths, fill in the total amounts and lengths you swam. Turn in the pledge sheet when you have collected the money from your sponsors. Checks should be made payable to ARBOR CREEK DRAGONS SWIM CLUB. Please submit all forms and donations to a Board member by July 6th.

Name _____ Age _____

My goal is to swim _____ pool lengths.

SPONSOR NAME	PLEDGE PER LENGTH / FLAT AMOUNT	TOTAL DUE

I swam _____ pool lengths.