

# **ARBOR CREEK DRAGONS SWIM A THON**

**DATE: Saturday, July 30<sup>th</sup> 8-10am**

## **Rules:**

- Swimmers will swim as many laps as they can in 1 hour
- We will begin swimming at 8:15am sharp. Please arrive by 8am for stretching etc.
- Swimmers may swim any stroke they are comfortable with
- Short breaks can be taken during the swim-a-thon. The final number will be laps completed during the time frame
- 25 yards (across the pool) is considered 1 lap
- Each swimmer will need a counter (adult or older sibling) to count their laps. The counter should bring a pen/pencil and something to write on (clipboard, book, etc.). Counter sheets will be provided at the event.

## **Pledge Information: (pledge sheet attached below)**

- Pledges can be made on a per lap or as a flat donation
- Checks can be made payable to Arbor Creek Swim Club
- Pledge sheets and money are due to David Mobley by Tuesday, August 2nd

## **Other Information:**

- Following the completion of the swimming (9:15-10:00am), we will have donuts and drinks for the swimmers to celebrate their accomplishments!

## **Prizes:**

- The top 2 fundraisers will win the opportunity to “pie a coach” with a whip cream pie at the End of Season banquet! 😊

# ARBOR CREEK DRAGONS SWIM A THON

Purpose: The Swim A Thon raises money for our neighborhood swim team so we can pay for things such as coaching, lane lines, starting blocks etc.

Directions: Ask friends, neighbors, and/or family members to pledge an amount of money for your swimmer. It can be a set flat amount or an amount per lap. You will have 1 hour to swim laps. When you are finished swimming your laps, fill in the total amounts and laps you swam. Turn in the pledge sheet when you have collected the money from your sponsors. Checks can be made payable to ARBOR CREEK DRAGONS SWIM CLUB. Please submit all forms and donations to David Mobley by Tuesday, August 2nd.

Name \_\_\_\_\_ Age \_\_\_\_\_

My goal is to swim \_\_\_\_\_ laps.

SPONSOR NAME	PLEDGE PER LAP / FLAT AMOUNT	TOTAL DUE

I swam \_\_\_\_\_ laps.