

ARBOR CREEK DRAGONS SWIMATHON

Date: Thursday, July 11, 5:00 - 8:00pm

Rules:

- Swimmers will swim as many pool lengths as they can during their practice time
- Please arrive 15 minutes before your designated practice time for stretching
- Each age group will begin swimming sharply at the start of their practice
- Swimmers may swim any stroke they are comfortable with
- Short breaks can be taken
- The final number will be total lengths completed during the time frame
- 25 yards (across the pool) is considered 1 pool length
- Each swimmer will need a counter (adult or older sibling) to count their lengths. The counter should bring a pen/pencil and something to write on (clipboard, book, etc.). Counter sheets will be provided at the event

Pledge Information: (pledge sheet attached below)

- Pledges can be made per pool length (preferred) or as a flat donation
- We accept cash, checks, Venmo, and Paypay (links below)
- Checks can be made payable to Arbor Creek Swim Club
- Pledge sheets and money are due to a Board Member by July 19th

Other Information:

- Following the completion of each group's swimming, popsicles and drinks are provided for swimmers to celebrate their accomplishments!

Prizes:

- The top 2 fundraisers will win the opportunity to “pie a coach” with a whip cream pie at the End of Season banquet!

Venmo Payments: <https://account.venmo.com/u/ArborCreekDragons>

PayPal Payments: https://www.paypal.com/donate/?hosted_button_id=ZFGS2J5KC93TL

ARBOR CREEK DRAGONS SWIMATHON

Purpose: The Swimathon raises money for our neighborhood swim team so we can pay for club expenses (coaching, equipment, insurance, supplies, etc.)

Directions: Ask friends, neighbors, and/or family members to pledge an amount of money for your swimmer. It can be an amount per pool length (preferred) or a set flat amount. You will have 30 or 45 minutes to swim (depending on the length of your practice). When you are finished swimming your lengths, fill in the total amounts and lengths you swam. Turn in the pledge sheet when you have collected the money from your sponsors. Checks can be made payable to ARBOR CREEK DRAGONS SWIM CLUB. Please submit all forms and donations to a Board member by July 19th.

Name _____ Age _____

My goal is to swim _____ pool lengths.

SPONSOR NAME	PLEDGE PER LENGTH / FLAT AMOUNT	TOTAL DUE

I swam _____ pool lengths.