



2026 Practice Schedule

*Please note there will not be practice on days when Anly Swim Team hosted meets.
Check the SSS schedule page for practice changes due to meets.

March 23 - April 30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRE-TEAM		3:45-4:15 PM		3:45-4:15 PM	
SPRING SERPENTS *starts March 16	4:15-4:45 PM	4:15-4:45 PM	4:15-4:45 PM	4:15-4:45 PM	
JR SERPENTS	3:45-4:30 PM		3:45-4:30 PM		3:45-4:30 PM
GROUP 1	3:45-4:45 PM	4:00-5:00 PM	3:45-4:45 PM	4:00-5:00 PM	3:45-4:45 PM
GROUP 2	3:45-5:00 PM	5:00-6:30 PM	3:45-5:00 PM	5:00-6:30 PM	3:45-5:00 PM
GROUP 3	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM
PRE-SENIORS	4:30-6:30 PM	4:00-6:00 PM	4:30-6:30 PM	4:00-6:00 PM	4:30-6:30 PM
SENIORS	4:30-6:30 PM	4:00-6:00 PM	4:30-6:30 PM	4:00-6:00 PM	4:30-6:30 PM