



2026 Summer Practice Schedule

May 1 – June 5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRE-TEAM		3:45-4:15 PM		3:45-4:15 PM	
JR SERPENTS	3:45-4:30 PM		3:45-4:30 PM		3:45-4:45 PM
SPRING SERPENTS	4:15-4:45 PM	4:15-4:45 PM	4:15-4:45 PM	4:15-4:45 PM	
GROUP 1	3:45-4:45 PM	3:45-4:45 PM	3:45-4:45 PM	3:45-4:45 PM	3:45-5:00 PM
GROUP 2	3:45-5:00 PM	3:45-5:00 PM	3:45-5:00 PM	3:45-5:00 PM	4:15-5:30 PM
GROUP 3	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:30-7:30 PM
PRE-SENIORS	4:30-6:30 PM	4:30-6:30 PM	4:30-6:30 PM	4:30-6:30 PM	5:00-7:30 PM
SENIORS	4:30-6:30 PM	4:30-6:30 PM	4:30-6:30 PM	4:30-6:30 PM	5:00-7:30 PM

June 8 – July 24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRE-TEAM	9:30-10:00 AM		9:30-10:00 AM		OPEN TO ALL Team Members Check the Schedule Page of the SSS website for events & no practice days
Adv PRE-TEAM		3:45-4:15 PM		3:45-4:15 PM	
JR SERPENTS	3:00-3:45 PM	3:00-3:45 PM	3:00-3:45 PM	3:00-3:45 PM	
GROUP 1	3:45-4:45 PM	3:45-4:45 PM	3:45-4:45 PM	3:45-4:45 PM	
GROUP 2	3:00-4:15 PM	3:00-4:15 PM	3:00-4:15 PM	3:00-4:15 PM	
GROUP 3	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	
PRE-SENIORS	4:15-6:30 PM	4:15-6:30 PM	4:15-6:30 PM	4:15-6:30 PM	
SENIORS	4:15-6:30 PM	4:15-6:30 PM	4:15-6:30 PM	4:15-6:30 PM	