

PWSL 2026 WEEK 1 MEETS SUMMARY SHEET

MEET	TEAM	ATHLETES			ENTRIES			NO-SHOWS			SPLASHES				DQs				IMPROVEMENTS			Points	Pts Back
		Girls	Boys	Total	Girls	Boys	Total	Girls	Boys	Total	Girls	Boys	Total	Relays	Girls	Boys	Relays	Total	Individual	Percentage	Relays		
Ashland at Lake Ridge	AST	72	63	135	213	177	390	7	4	11	206	173	379	42	11	13	4	28	188	49.6%	26	2753.5	Win
Ashland at Lake Ridge	LRST	79	73	152	228	211	439	11	8	19	217	202	419	51	5	8	4	17	205	48.9%	30	2254.5	499
Ben Lomond at Old Bridge	BLST	31	23	54	88	61	149	13	6	20	75	55	130	17	3	7	3	13	64	49.2%	8	1338.5	1538
Ben Lomond at Old Bridge	OBB	63	67	130	179	194	373	15	16	33	164	178	342	45	21	30	7	58	113	33.0%	16	2876.5	Win
Brookside at Braemar	BHST	88	64	152	240	177	417	12	14	26	228	163	391	43	23	12	7	42	191	48.8%	25	2498.5	24
Brookside at Braemar	BRB	88	63	151	249	179	428	18	11	32	231	168	399	44	8	15	1	24	184	46.1%	30	2522.5	Win
Dale City at Ridgewood	DCST	45	35	80	130	97	227	10	3	13	119	90	209	22	17	10	2	29	96	45.9%	9	1508	1494
Dale City at Ridgewood	RWB	76	62	138	215	182	397	5	8	13	206	166	372	40	17	12	5	34	172	46.2%	28	3002	Win
Dominion Valley at Victory Lakes	DVS	83	66	149	235	181	416	13	15	30	215	166	381	41	18	9	5	32	176	46.2%	26	2582	Win
Dominion Valley at Victory Lakes	VLP	83	63	146	241	185	426	4	8	12	234	176	410	48	18	17	6	41	160	39.0%	24	2430	152
Kingsbrooke at Westridge	KBSL	47	45	92	133	131	264	7	8	16	126	123	249	33	8	12	2	22	114	45.8%	13	2385	Win
Kingsbrooke at Westridge	WRWST	45	41	86	123	123	246	5	7	12	118	116	234	30	13	11	3	27	113	48.3%	20	2131	254
Lake Manassas at Southbridge	LM	42	32	74	126	94	220	8	10	18	118	84	202	30	7	11	2	20	99	49.0%	20	1837.5	1140
Lake Manassas at Southbridge	SBST	74	63	137	210	174	384	10	7	18	200	167	367	45	12	9	2	23	137	37.3%	17	2977.5	Win
Piedmont at Bridlewood	BRDL	83	59	142	231	157	388	30	21	57	201	136	337	41	10	10	3	23	164	48.7%	23	2352	443
Piedmont at Bridlewood	PST	104	100	204	296	287	583	24	19	43	272	268	540	55	32	34	2	68	258	47.8%	36	2795	Win
Stonewall at Virginia Oaks	SPST	46	32	78	128	79	207	12	7	21	116	72	188	22	9	7	1	17	70	37.2%	11	1890	926
Stonewall at Virginia Oaks	VOSD	64	64	128	175	183	358	8	6	14	167	177	344	43	11	22	6	39	148	43.0%	23	2816	Win
Sudley at Meadowbrook	MMST	69	87	156	200	241	441	18	27	45	182	214	396	46	6	11	4	21	240	60.6%	31	2697.5	Win
Sudley at Meadowbrook	SUD	75	85	160	216	243	459	9	18	28	207	225	432	50	11	6	3	20	226	52.3%	32	2464.5	233
Veterans at Urbanna	UST	43	24	67	124	66	190	0	0	0	120	64	184	27	4	10	3	17	79	42.9%	13	2125	Win
Veterans at Urbanna	VETS	23	29	52	57	74	131	1	1	2	54	70	124	19	3	3	1	7	56	45.2%	3	1597	528
Wellington at Montclair	MSST	69	81	150	199	231	430	10	8	19	188	223	411	40	10	14	3	27	226	55.0%	30	2406.5	405
Wellington at Montclair	WDST	92	86	178	270	258	528	15	12	28	254	246	500	55	18	21	4	43	270	54.0%	30	2811.5	Win
TOTALS:		1584	1407	2991	4506	3985	8491	265	244	530	4218	3722	7940	929	295	314	83	692	3749	47.2%			
MEET	TEAM	Girls	Boys	Total	Girls	Boys	Total	Girls	Boys	Total	Girls	Boys	Total	Relays	Girls	Boys	Relays	Total	Individual	Percentage	Relays	Points	Pts Back