

Prince William Swim League - Summer 2023

Westridge Waves vs Southbridge Seals

Results - Session 1

Event 1 Mixed 8 & Under 100 SC Meter Medley Relay
SBST: 1:32.57 ! 8/1/2015 Southbridge Swim Team
M Parkzes, P Juhlin, J Shahateet, T Eura Jr

Team	Relay	Finals Time	
1 WRWST-PW	A	1:37.71	47
1) Stuart, Graham M8	2) Woods, Evan M8		
3) Lesly, Leah W8	4) Whitehead Jr., Troy M8		
2 WRWST-PW	B	1:52.78	
1) Francisco, Layla W8	2) Thomson, Olivia W8		
3) MacDonald, Edwin M8	4) Kahak, Jessica W7		
3 SBST-PW	A	1:55.96	32
1) King, Katelyn W8	2) Peters, Ariya W8		
3) Clark, Mackenzie W8	4) Everson, Nicholas M8		
4 WRWST-PW	C	2:00.63	
1) Reis, Andrew M8	2) Law, Kinley W7		
3) Gray, Adeline W7	4) Evans, Scarlett W8		
5 SBST-PW	C	2:11.96	
1) Grabowski, Tori W8	2) Jeffords, Emersyn W8		
3) Bukarau, Joji M8	4) Hansen, Austin M8		
--- SBST-PW	B	NS	

Event 2 Boys 9-10 100 SC Meter Medley Relay
PWSL: 1:06.52 @ 7/30/2016 Braemar Blasters
M Santee, J Evans, M Mullen, A Martins
WRWST: 1:14.62 # 7/30/2022 Westridge Waves Swim Team
Z Lesly, J Francisco, T Terrigno, C Stuart
SBST: 1:18.33 ! 7/28/2018 Southbridge Seals Swimmers
B Villanueva, J Lattanzi, B Haslem, S Villanueva

Team	Relay	Finals Time	
1 WRWST-PW	A	1:28.94	47
1) Stuart, Cole 10	2) Steele, Isaac 10		
3) Terrigno, Tyler 9	4) Nalls, Bear 10		
2 SBST-PW	A	1:29.69	32
1) Peters, Robert 10	2) Norman, Sam 10		
3) McLeod, Caleb 10	4) Postlewait, Liam 10		
3 WRWST-PW	B	1:38.08	
1) Savage, Mason 9	2) Kahak, Matt 10		
3) Law, Carter 10	4) Johnson, Carter 9		
4 WRWST-PW	C	1:50.19	
--- SBST-PW	B	NS	
1) Harris, Greyson 10	4) Mack, Micah 10		
3) Cruz, Chris 10			

Event 3 Girls 9-10 100 SC Meter Medley Relay
PWSL: 1:11.93 @ 7/26/2014 Kingsbrooke Sea Lions
K Benton, A Daniel, M Wong, A Kotter
WRWST: 1:16.49 # 7/15/1995 Westridge Waves Swim Team
S. Valetta, T. Kawasaki, S. Thomas, K. Verducci
SBST: 1:17.52 ! 8/1/2015 Southbridge Swim Team
L Juhlin, J Bermant, A Giovinazzo, J Carroll

Team	Relay	Finals Time	
1 WRWST-PW	A	1:35.78	47
1) Richardson, Hailey 9	2) Fee, Leah 9		
3) Hull, Chris 10	4) Fevrier, Kinaya 9		
2 SBST-PW	A	1:36.75	32
1) Boatman, Addy 9	2) Cordero, Ellie 10		
3) Jensen, Kaeleigh 10	4) Carter, Tori 10		

3 SBST-PW	B	2:26.12	
1) Mesfin, Senai 10	2) Stiggle, Eliana 10		
3) Wood, Allie 9	4) Brown, Aliya 9		
--- WRWST-PW	B	DQ	
Early take-off swimmer #4			
1) Post, Lilah 9	2) Brier, Abby 10		
3) Dunlap, Layla 9	4) Bain, Olivia 9		

Event 4 Boys 11-12 100 SC Meter Medley Relay
PWSL: 1:00.31 @ 7/30/2016 Piedmont Tsunamis
T Drescher, M Pianoto, J Poleto, R Barshow
WRWST: 1:05.90 # 6/24/2023 Westridge Waves Swim Team
J Francisco, W Kahak, T Terrigno, Z Lesly
SBST: 1:06.93 ! 6/29/2019 Southbridge Seals Swimmers
J Shahateet, J Lattanzi, P Juhlin, Z Alachnowicz

Team	Relay	Finals Time	
1 WRWST-PW	A	1:05.90#	47
1) Francisco, Julian 11	2) Kahak, Will 12		
3) Terrigno, Travis 11	4) Lesly, Zaiyah 11		
2 SBST-PW	A	1:09.88	32
1) Le, Eric 11	2) Pindle, Christian 12		
3) Haddock, Ethan 12	4) Bukarau, Keni 11		
3 WRWST-PW	C	1:36.26	
1) Nelson, Ben 11	2) Potter, Matthew 11		
3) Herbin, Nick 11	4) Edwards, Dreyton 11		
4 SBST-PW	B	1:57.37	
1) Hansen, Landon 12	2) Grunner, Jordan 12		
3) Ellis, Landon 12	4) Tarawali, James 12		
--- WRWST-PW	B	DQ	
Early take-off swimmer #4			
1) Woods, Luke 11	2) Nowak, Brayden 12		
3) Aguirre, Jack 12	4) Evans, Isaiah 12		

Event 5 Girls 11-12 100 SC Meter Medley Relay
PWSL: 1:03.37 @ 7/30/2016 Kingsbrooke Sea Lions
K Benton, A Daniel, M Wong, E Flynn
WRWST: 1:07.84 # 7/23/2016 Westridge Waves Swim Team
C Bohabot, A Runnels, C Aragon, K Runnels
SBST: 1:05.76 ! 7/29/2017 Southbridge Seals Swimmers
C Sullivan, S Kayne, K Benway, L Juhlin

Team	Relay	Finals Time	
1 WRWST-PW	A	1:12.69	47
1) Johnson, Kora 12	2) Avolio, Kara 12		
3) Friend, Kyliee 12	4) Nelson, Aliyah 12		
2 SBST-PW	A	1:14.68	32
1) Brasov, Juliette 12	2) Norman, Olivia 12		
3) Idlet, Deanna 11	4) Durham, Ariella 11		
3 WRWST-PW	B	1:31.01	
1) Trinh, Bella 11	2) Tra, Haley 11		
3) Christensen, Kate 11	4) Trinh, Ellie 11		
4 SBST-PW	B	1:39.02	
1) Everson, Cadence 12	2) Wood, Adrienne 11		
3) Brasov, Elisabeth 12	4) Patel, Yana 11		
--- SBST-PW	C	NS	

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Results - Session 1

Event 6 Boys 13-14 200 SC Meter Medley Relay

PWSL: 1:56.38 @ 7/13/2019 Braemar Blasters

L Sowers, J Evans, L Grant, A Martins

WRWST: 2:06.53 # 7/16/2016 Westridge Waves Swim Te

M Jolley, G Soderquist, M Meyer, C Aragon

SBST: 2:07.46 ! 7/16/2022 Southbridge Seals Swimmi

M Parkzes, A Gualavisi, J Lattanzi, B Villanueva

Team	Relay	Finals Time	
1 WRWST-PW	A	2:21.53	47
1) Lesly, Noah 13	2) White, Donovan 14		
3) Woods, Collin 14	4) Nowak, Beckett 14		
2 SBST-PW	A	2:45.02	32
1) Rey, Logan 13	2) Woldemichael, Jonathan 13		
3) Giovinazzo, Dominick 14	4) Grunner, Jason 14		

Event 7 Girls 13-14 200 SC Meter Medley Relay

PWSL: 2:07.69 @ 7/30/2022 Piedmont Tsunamis

A Sagle, K Crown, S Traister, M Richardson

WRWST: 2:23.90 # 7/31/2021 Westridge Waves Swim Te

M Sindt, D Hudisteanu, H Lesley, G Doughty

SBST: 2:14.78 ! 6/22/2019 Southbridge Seals Swimmi

A Giovinazzo, S Kayne, L Juhlin, S Nolan

Team	Relay	Finals Time	
1 SBST-PW	A	2:26.09	47
1) Royal, Sydney 14	2) Guzman, Hannah 14		
3) Norman, Isabelle 14	4) Turner, Kayden 13		
2 WRWST-PW	A	2:27.49	32
1) Hull, Sabrina 13	2) Kuhns, Kate 14		
3) Adams, Sloane 13	4) Windmiller, Lexi 14		
--- WRWST-PW	B	X3:02.58	
1) Christensen, Allie 14	2) Hamlin, Aniya 13		
3) Bootwala, Sara 14	4) Rainey-Stokes, London 13		
--- SBST-PW	C	X3:06.31	
1) Cunningham, Gabby 12	2) Bukarau, Lenikali 13		
3) Le, Emily 13	4) Beander, Savannah 12		
--- SBST-PW	B	DQ	
Early take-off swimmer #4			
1) Balas, Chloe 14	2) Aboye, Lydia 13		
3) Wells, Devyn 13	4) Sevier, Sydney 13		
--- WRWST-PW	C	NS	

Event 8 Boys 15-18 200 SC Meter Medley Relay

PWSL: 1:45.65 @ 7/31/2021 Ashland Stingrays

M Jiang, B Stankovich, L Gentry, M VanDeusen

WRWST: 1:53.21 # 7/23/2022 Westridge Waves Swim Te

J Bohabot, O Hoban, A Friend, B Firtag

SBST: 1:58.12 ! 7/23/2022 Southbridge Seals Swimmi

O Howery, J Shahateet, P Juhlin, R Parkzes

Team	Relay	Finals Time	
1 WRWST-PW	A	1:56.37	47
1) Bohabot, Jorgito 17	2) Hoban, Owen 17		
3) Friend, Andre 17	4) Carbonell, Luis 18		
2 SBST-PW	A	2:02.46	32
1) Parkzes, Mason 15	2) Shahateet, Justin 16		
3) Juhlin, Parker 16	4) Parkzes, Ryan 18		
3 SBST-PW	B	2:12.03	
1) Hall, Aaron 17	2) Le, Ethan 16		
3) Mumford, Dylan 18	4) Eura, Toronto 16		

4 WRWST-PW	B	2:18.02	
1) Fiedler, Matthew 18	2) Owusu, Kofi 15		
3) Evans, Caleb 16	4) Doughty, Wyatt 18		
5 WRWST-PW	C	2:47.68	
1) Bonnet, Ian 17	2) Racey, Paul 17		
3) McKeown, Gabe 16	4) Amha, Ben 15		
--- SBST-PW	C	NS	
1) Donovan, Patrick 18	2) Dsouza, Marcus 15		
3) Durham, Brandon 15	4) Smith, Tony 15		

Event 9 Girls 15-18 200 SC Meter Medley Relay

PWSL: 2:01.27 @ 7/27/2019 Bridlewaves

S Yowell, G Johnson, E Quinn, S Walker

WRWST: 2:16.84 # 6/11/2022 Westridge Waves Swim Te

R Roberts, D Hudisteanu, B Worth, H Lesly

SBST: 2:12.90 ! 7/16/2022 Southbridge Seals Swimmi

A Giovinazzo, S Kayne, L Juhlin, C Sullivan

Team	Relay	Finals Time	
1 SBST-PW	A	2:13.70	47
1) Giovinazzo, Alyssa 17	2) Kayne, Sam 18		
3) Benway, Kayley 17	4) Grabowski, Arielle 15		
2 WRWST-PW	A	2:17.22	32
1) Roberts, Ryan 17	2) Hudisteanu, Diana 16		
3) Worth, Brookie 17	4) Lesly, Hannah 16		
3 WRWST-PW	B	2:31.89	
1) Sindt, Caitlin 18	2) Ridge, Siri 15		
3) Drum, Lindsay 17	4) Sindt, Madeline 15		
4 WRWST-PW	C	2:49.12	
1) Evans, Erin 16	2) Owusu, Afia 18		
3) DeForest, Katie 18	4) Lloyd, Pepper 16		

Event 10 Boys 8 & Under 25 SC Meter Freestyle

PWSL: 15.55 @ 7/9/2016 Ryan Maynard

WRWST: 16.69 # 7/31/2010 Mitchell Meyer

SBST: 17.53 ! 7/27/2013 Owen Howery

Name	Age	Team	Finals Time	
1 Bukarau, Joji	8	SBST-PW	20.76	13
2 Finn, Desmond	8	WRWST-PW	24.96	11
3 Hansen, Austin	8	SBST-PW	26.87	10
4 Pugh, Rowan	8	WRWST-PW	28.08	9
5 Terrigno, Tucker	6	WRWST-PW	29.45	8
6 White, Devin White	6	WRWST-PW	30.39	7
7 Reis, Andrew	8	WRWST-PW	32.70	6
8 Green, Jax	7	WRWST-PW	33.45	5
9 Beattie, Victor	7	WRWST-PW	35.87	
10 Hudisteanu, Christopher	6	WRWST-PW	41.89	
11 Gray, Anderson	5	WRWST-PW	43.31	
12 Hudisteanu, Phillip	6	WRWST-PW	50.20	
13 Rey, Harbor	4	SBST-PW	56.90	4
14 Logan, William	5	SBST-PW	1:01.55	3
15 Postlewait, Asher	7	SBST-PW	1:31.67	2
--- Bukarau, Tevita	5	SBST-PW	DQ	
--- Cruz, Christopher	6	SBST-PW	DQ	
--- Serafica, DeAndre	7	SBST-PW	NS	
--- Stevenson, Eli	7	WRWST-PW	NS	
--- Thompson, Nolan	6	WRWST-PW	NS	
--- Richardson, Luke	7	WRWST-PW	NS	
--- Roshandel, H	7	WRWST-PW	NS	

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(Event 10 Boys 8 & Under 25 SC Meter Freestyle)

Name	Age	Team	Finals Time
--- Christophy, Dario	8	WRWST-PW	NS

Event 11 Girls 8 & Under 25 SC Meter Freestyle

PWSL: 16.56 @ 6/28/2014 Lori Anne Madison

WRWST: 16.90 # 6/19/2004 Taylor Vincent

SBST: 17.63 ! 7/13/2019 Peyton Linton

Name	Age	Team	Finals Time
1 Lesly, Leah	8	WRWST-PW	19.22 13
2 King, Katelyn	8	SBST-PW	20.34 11
3 Francisco, Layla	8	WRWST-PW	22.44 10
4 Law, Kinley	7	WRWST-PW	22.58 9
5 Steele, Annora	8	WRWST-PW	23.18 8
6 Clark, Mackenzie	8	SBST-PW	23.62 7
7 Kahak, Jessica	7	WRWST-PW	23.78 6
8 Grabowski, Tori	8	SBST-PW	24.00 5
9 White, Ava	7	WRWST-PW	25.95 4
10 Gray, Adeline	7	WRWST-PW	26.19
11 Friend, McKenzie	6	WRWST-PW	26.58
12 MacDonald, Maggie	7	WRWST-PW	26.72
13 Jeffords, Emersyn	8	SBST-PW	26.90 3
14 Herbin, Kinlee	8	WRWST-PW	28.41
15 Hughes, Grace	7	WRWST-PW	28.68
16 Enkhbold, Tsolmon	8	WRWST-PW	28.94
17 Uketui, Beverly	6	SBST-PW	30.96 2
18 Berryhill, Lucy	8	WRWST-PW	31.01
19 Logan, London	8	SBST-PW	31.87 1
20 Logan, Annabelle	8	SBST-PW	33.53
21 Morris, Payton	7	SBST-PW	34.02
22 Jeffords, Elle	6	SBST-PW	37.02
23 Post, Eve	8	WRWST-PW	37.58
24 Thaden, Kirsten	6	WRWST-PW	37.63
25 Savage, Riley	7	WRWST-PW	38.50
26 Ellis, Ana	6	SBST-PW	40.14
27 Haselton, Olivia	8	SBST-PW	40.37
28 Collier, Pippa	6	WRWST-PW	42.67
--- King, Kiersten	4	SBST-PW	DQ
Head did not break the surface by 15 meters			
--- Hoffman, Pey	6	WRWST-PW	NS
--- Hamlin, Eleanor	6	WRWST-PW	NS
--- Serafica, DeAndra	7	SBST-PW	NS

Event 12 Boys 9-10 50 SC Meter Freestyle

PWSL: 29.41 @ 7/30/2016 Michael Mullen

WRWST: 32.15 # 7/23/2022 Julian Francisco

SBST: 33.68 ! 7/15/2017 Parker Juhlin

Name	Age	Team	Finals Time
1 Stuart, Cole	10	WRWST-PW	38.64 13
2 McLeod, Caleb	10	SBST-PW	38.90 11
3 Nalls, Bear	10	WRWST-PW	39.84 10
4 Peters, Robert	10	SBST-PW	40.77 9
5 Law, Carter	10	WRWST-PW	42.00 8
6 Mack, Micah	10	SBST-PW	47.37 7
7 Postlewait, Liam	10	SBST-PW	47.57 6
8 Harris, Greyson	10	SBST-PW	47.97 5
9 Willis, Ethan	9	WRWST-PW	48.38 4

10 Cruz, Chris	10	SBST-PW	49.53 3
11 Thaden, Zach	9	WRWST-PW	52.58 2
12 Harshbarger, Isaac	9	WRWST-PW	54.46 1
13 Harshbarger, Owen	10	WRWST-PW	55.46
14 Tompkins, Alex	9	WRWST-PW	56.37
15 Nalls, Ziggy	9	WRWST-PW	59.72
16 Cunningham, Anthony	9	SBST-PW	1:09.62
17 Lamb, Ben	10	SBST-PW	1:20.58
--- Howell, Landon	10	WRWST-PW	NS
--- Richardson, William	9	WRWST-PW	NS
--- Ghimire, Aarav	9	WRWST-PW	NS
--- Angulo, Geulian	10	WRWST-PW	NS
--- Gadd, Colin	9	SBST-PW	NS

Event 13 Girls 9-10 50 SC Meter Freestyle

PWSL: 31.65 @ 8/1/2015 Jamie Cornwell

WRWST: 32.01 # 7/12/2014 Aris Runnels

SBST: 34.77 ! 7/9/2016 Kayley Benway

Name	Age	Team	Finals Time
1 Hull, Chris	10	WRWST-PW	32.94 13
2 Jensen, Kaeleigh	10	SBST-PW	37.78 11
3 Cordero, Ellie	10	SBST-PW	44.01 10
4 Boatman, Addy	9	SBST-PW	51.77 9
5 Stiggle, Eliana	10	SBST-PW	54.67 8
6 Wood, Allie	9	SBST-PW	55.46 7
7 Brier, Abby	10	WRWST-PW	58.32 6
8 Berryhill, Ellie	10	WRWST-PW	59.63 5
9 Dunlap, Layla	9	WRWST-PW	1:01.55 4
10 Mesfin, Senai	10	SBST-PW	1:04.84 3
11 Staats, Faith	10	WRWST-PW	1:05.90 2
12 Bain, Olivia	9	WRWST-PW	1:09.08 1
13 Stevens, Madi	9	SBST-PW	1:13.16
14 Brown, Aliya	9	SBST-PW	1:24.05
15 Post, Lilah	9	WRWST-PW	1:29.83
--- Acharya, Prisha	10	WRWST-PW	DQ
No touch on turn			
--- Yassin, Zoe	10	WRWST-PW	NS
--- Muldrow-Blunder, Gabrielle	9	SBST-PW	NS

Event 14 Boys 11-12 50 SC Meter Freestyle

PWSL: 27.25 @ 7/30/2022 Lionel Martinez

WRWST: 28.24 # 7/28/2018 Grant Adams

SBST: 29.96 ! 6/29/2019 Parker Juhlin

Name	Age	Team	Finals Time
1 Francisco, Julian	11	WRWST-PW	30.01 13
2 Pindle, Christian	12	SBST-PW	30.93 11
3 Lesly, Zaiah	11	WRWST-PW	34.03 10
4 Woods, Luke	11	WRWST-PW	37.37 9
5 Evans, Isaiah	12	WRWST-PW	38.93 8
6 Aguirre, Jack	12	WRWST-PW	40.74 7
7 Powell Spence, Keyshuan	12	SBST-PW	43.75 6
8 Grunner, Jordan	12	SBST-PW	44.36 5
9 Edwards, Dreyton	11	WRWST-PW	44.46 4
10 Finn, Tommy	11	WRWST-PW	44.68
11 Grunner, Jacob	12	SBST-PW	49.59 3
12 Ellis, Landon	12	SBST-PW	54.82 2
13 Hansen, Landon	12	SBST-PW	56.99 1

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(Event 14 Boys 11-12 50 SC Meter Freestyle)

Name	Age	Team	Finals Time
14 Potter, Matthew	11	WRWST-PW	57.18
15 Seyoum, Bruck	11	WRWST-PW	1:16.49
16 Tarawali, James	12	SBST-PW	1:23.57
--- Aghandous, Adam	11	WRWST-PW	NS

Event 15 Girls 11-12 50 SC Meter Freestyle

PWSL: 27.94 @ 7/29/2017 Jamie Cornwell

WRWST: 29.62 # 7/26/2008 Taylor Vincent

SBST: 30.15 ! 7/21/2018 Caila Sullivan

Name	Age	Team	Finals Time
1 Johnson, Kora	12	WRWST-PW	32.62 13
2 Friend, Kyliee	12	WRWST-PW	33.81 11
3 Avolio, Kara	12	WRWST-PW	35.58 10
4 Durham, Ariella	11	SBST-PW	36.04 9
5 Nelson, Aliyah	12	WRWST-PW	37.07 8
6 Cunningham, Gabby	12	SBST-PW	37.25 7
7 Norman, Olivia	12	SBST-PW	37.65 6
8 Mitchell, Grace	12	SBST-PW	43.19 5
9 Trinh, Bella	11	WRWST-PW	46.55 4
10 Tingle, Lia	12	SBST-PW	48.44 3
11 Matute, Andrea	11	WRWST-PW	48.46 2
12 Cruz, Julia	11	SBST-PW	50.52 1
13 Wood, Adrienne	11	SBST-PW	52.41
14 Beander, Savannah	12	SBST-PW	52.70
15 Woodbridge, Avah	11	SBST-PW	56.18
16 Patel, Yana	11	SBST-PW	1:03.16
17 Stevens, Sydney	11	SBST-PW	1:42.87
--- Seyoum, Roha	12	WRWST-PW	X56.12
--- Serafica, Alyssa-Marie	12	SBST-PW	NS
--- Bruke, Naomi	12	SBST-PW	NS

Event 16 Boys 13-14 50 SC Meter Freestyle

PWSL: 24.59 @ 7/30/2022 Calum O'Shea

WRWST: 25.96 # 7/9/2016 Mitchell Meyer

SBST: 26.49 ! 7/30/2022 Mason Parkzes

Name	Age	Team	Finals Time
1 White, Donovan	14	WRWST-PW	27.46 13
2 Nowak, Beckett	14	WRWST-PW	33.82 11
3 Lesly, Noah	13	WRWST-PW	35.34 10
4 Grunner, Jason	14	SBST-PW	38.82 9
5 Rey, Logan	13	SBST-PW	40.05 8
6 Dick, Beckham	13	SBST-PW	43.94 7
7 Aboye, Maty	14	SBST-PW	46.26 6
8 Grunner, Josh	14	SBST-PW	59.88 5
--- Mesfin, Yihbe	13	SBST-PW	NS

Event 17 Girls 13-14 50 SC Meter Freestyle

PWSL: 26.34 @ 7/13/2019 Camille Spink

WRWST: 28.19 # 7/31/2010 Taylor Vincent

SBST: 29.02 ! 7/30/2022 Arielle Grabowski

Name	Age	Team	Finals Time
1 Hull, Sabrina	13	WRWST-PW	30.46 13
2 Norman, Isabelle	14	SBST-PW	32.06 11
3 Guzman, Hannah	14	SBST-PW	32.44 10
4 Windmiller, Lexi	14	WRWST-PW	33.06 9
5 Adams, Sloane	13	WRWST-PW	34.34 8

6 Le, Emily	13	SBST-PW	35.22 7
7 Bukarau, Lenikali	13	SBST-PW	35.62 6
8 Kahak, Allison	14	WRWST-PW	35.94 5
9 Sevier, Sydney	13	SBST-PW	36.21 4
10 Kuhns, Kate	14	WRWST-PW	36.83 3
11 Christensen, Allie	14	WRWST-PW	39.12 2
12 Aboye, Lydia	13	SBST-PW	39.63 1
--- King, Catherine	13	SBST-PW	NS
--- Tedros, Eliana	14	WRWST-PW	NS

Event 18 Boys 15-18 50 SC Meter Freestyle

PWSL: 23.47 @ 7/29/2017 Sam Pomajevich

WRWST: 24.19 # 7/30/2022 Benny Firtag

SBST: 26.15 ! 7/10/2021 Owen Howery

Name	Age	Team	Finals Time
1 Hoban, Owen	17	WRWST-PW	26.15 13
2 Parkzes, Mason	15	SBST-PW	26.90 11
3 Bohabot, Jorgito	17	WRWST-PW	26.96 10
4 Juhlin, Parker	16	SBST-PW	27.05 9
5 Mumford, Dylan	18	SBST-PW	27.12 8
6 Hall, Aaron	17	SBST-PW	27.27 7
7 Parkzes, Ryan	18	SBST-PW	27.34 6
8 Eura, Toronto	16	SBST-PW	27.82 5
9 Durham, Brandon	15	SBST-PW	28.81
10 Doughty, Wyatt	18	WRWST-PW	29.14 4
11 Evans, Caleb	16	WRWST-PW	29.20 3
12 Fiedler, Matthew	18	WRWST-PW	30.34 2
13 Le, Ethan	16	SBST-PW	30.72
14 McKeown, Gabe	16	WRWST-PW	32.02 1
15 Dsouza, Marcus	15	SBST-PW	33.44
16 Amha, Ben	15	WRWST-PW	38.18
17 Racey, Paul	17	WRWST-PW	38.46
18 Owusu, Kofi	15	WRWST-PW	38.69
--- McKeown, David	18	WRWST-PW	NS
--- Garon, Rohan	15	WRWST-PW	NS
--- Shahateet, Justin	16	SBST-PW	NS

Event 19 Girls 15-18 50 SC Meter Freestyle

PWSL: 25.67 @ 6/26/2021 Camille Spink

WRWST: 28.12 # 7/28/2012 Taylor Vincent

SBST: 29.31 ! 7/16/2022 Lindsay Juhlin

Name	Age	Team	Finals Time
1 Worth, Brookie	17	WRWST-PW	29.68 13
2 Giovinazzo, Alyssa	17	SBST-PW	30.33 11
3 Lesly, Hannah	16	WRWST-PW	30.64 10
4 Ridge, Siri	15	WRWST-PW	31.95 9
5 Benway, Kayley	17	SBST-PW	32.05 8
6 Roberts, Ryan	17	WRWST-PW	32.16 7
7 Sindt, Madeline	15	WRWST-PW	32.63 6
8 Sindt, Caitlin	18	WRWST-PW	33.06 5
9 Ussher, Sam	17	SBST-PW	34.18 4
10 DeForest, Katie	18	WRWST-PW	34.37
11 Lloyd, Pepper	16	WRWST-PW	38.69
12 Potter, Roni	15	WRWST-PW	43.39
13 Farsaad, Ashley	15	SBST-PW	45.84 3
14 Owusu-Ansah, Akosua	16	WRWST-PW	53.53
--- Silvestri, Mia	18	WRWST-PW	X34.78

Prince William Swim League - Summer 2023

Westridge Waves vs Southbridge Seals

Results - Session 1

Event 20 Boys 10 & Under 100 SC Meter IM

PWSL: 1:13.58 @ 7/30/2016 Michael Mullen

WRWST: 1:20.14 # 7/31/1999 Andrew MacGregor

SBST: 1:24.02 ! 7/29/2017 Parker Juhlin

Name	AgeTeam	Finals Time		
1 Terrigno, Tyler	9 WRWST-PW	1:42.31	13	
2 McLeod, Caleb	10 SBST-PW	1:44.84	11	
3 Stuart, Cole	10 WRWST-PW	1:46.18	10	
4 Peters, Robert	10 SBST-PW	1:50.90	9	
5 Nalls, Bear	10 WRWST-PW	1:53.84	8	
6 Steele, Isaac	10 WRWST-PW	2:04.31	7	
7 Johnson, Carter	9 WRWST-PW	2:05.27	6	
8 Norman, Sam	10 SBST-PW	2:09.30	5	
9 Kahak, Matt	10 WRWST-PW	2:12.32	4	
10 Savage, Mason	9 WRWST-PW	2:16.58		
11 Wright, Zach	9 WRWST-PW	2:30.89		
12 Gerhiser, Caleb	10 WRWST-PW	2:34.65		
--- Thaden, Zach	9 WRWST-PW	DQ		
Arms underwater recovery - fly				
--- Evans, Joshua	10 WRWST-PW	NS		
--- Mack, Mykiah	10 SBST-PW	NS		

Event 21 Girls 10 & Under 100 SC Meter IM

PWSL: 1:18.72 @ 7/28/2018 Lucy Daniel

WRWST: 1:19.47 # 7/19/2014 Aris Runnels

SBST: 1:28.40 ! 7/21/2018 Arielle Grabowski

Name	AgeTeam	Finals Time		
1 Hull, Chris	10 WRWST-PW	1:28.14	13	
2 Jensen, Kaeleigh	10 SBST-PW	1:46.51	11	
3 Fevrier, Kinaya	9 WRWST-PW	1:49.63	10	
4 Cordero, Ellie	10 SBST-PW	2:04.84	9	
5 Fee, Leah	9 WRWST-PW	2:11.62	8	
6 Carter, Tori	10 SBST-PW	2:31.19	7	
7 Staats, Faith	10 WRWST-PW	2:46.57	6	
--- Richardson, Hailey	9 WRWST-PW	DQ		
Arms two strokes underwater - breast				
--- Berryhill, Ellie	10 WRWST-PW	DQ		
Alternating Kick - fly				

Event 22 Boys 11-12 100 SC Meter IM

PWSL: 1:07.06 @ 7/28/2018 Jordan Evans

WRWST: 1:10.21 # 7/10/2021 Donovan White

SBST: 1:13.03 ! 7/29/2017 Owen Howery

Name	AgeTeam	Finals Time		
1 Francisco, Julian	11 WRWST-PW	1:15.31	13	
2 Haddock, Ethan	12 SBST-PW	1:16.40	11	
3 Pindle, Christian	12 SBST-PW	1:22.14	10	
4 Lesly, Zaiah	11 WRWST-PW	1:29.22	9	
5 Le, Eric	11 SBST-PW	1:29.24	8	
6 Kahak, Will	12 WRWST-PW	1:34.40	7	
7 Bukarau, Keni	11 SBST-PW	1:37.38	6	
8 Woods, Luke	11 WRWST-PW	1:42.01	5	
9 Aguirre, Jack	12 WRWST-PW	1:46.81	4	
10 Herbin, Nick	11 WRWST-PW	1:50.26	3	
11 Nelson, Ben	11 WRWST-PW	1:52.34		
12 Nowak, Brayden	12 WRWST-PW	1:53.95		
13 Finn, Tommy	11 WRWST-PW	2:12.76		

Event 23 Girls 11-12 100 SC Meter IM

PWSL: 1:09.83 @ 7/30/2016 Aris Runnels

WRWST: 1:09.83 # 7/30/2016 Aris Runnels

SBST: 1:17.26 ! 7/28/2018 Kayley Benway

Name	AgeTeam	Finals Time		
1 Avolio, Kara	12 WRWST-PW	1:30.32	13	
2 Friend, Kyliee	12 WRWST-PW	1:30.46	11	
3 Idlet, Deanna	11 SBST-PW	1:31.09	10	
*4 Brasov, Juliette	12 SBST-PW	1:37.27	8.5	
*4 Christensen, Kate	11 WRWST-PW	1:37.27	8.5	
6 Brasov, Elisabeth	12 SBST-PW	1:50.62	7	
7 Cunningham, Gabby	12 SBST-PW	1:51.57	6	
8 Mitchell, Grace	12 SBST-PW	2:04.31	5	
9 Trinh, Ellie	11 WRWST-PW	2:09.50	4	
--- Everson, Cadence	12 SBST-PW	DQ		
One hand touch - fly				
--- Trinh, Bella	11 WRWST-PW	DQ		
One hand touch - fly				
--- Seyoum, Roha	12 WRWST-PW	NS		
--- Gadd, Eva	12 SBST-PW	NS		

Event 24 Boys 13-14 100 SC Meter IM

PWSL: 1:00.78 @ 7/27/2019 Andrew Bolz

WRWST: 1:06.36 # 7/27/2019 Bennett Newland

SBST: 1:05.06 ! 7/27/2019 Owen Howery

Name	AgeTeam	Finals Time		
1 Giovinazzo, Dominick	14 SBST-PW	1:14.05	13	
2 Woods, Collin	14 WRWST-PW	1:14.45	11	
3 Woldemichael, Jonathan	13 SBST-PW	1:24.39	10	
4 Grunner, Jason	14 SBST-PW	1:49.96	9	
--- Rey, Logan	13 SBST-PW	DQ		
Shoulders not at or past vertical towards breast off the wall - bre				
--- Lesly, Noah	13 WRWST-PW	DQ		
Not on back off wall - back				

Event 25 Girls 13-14 100 SC Meter IM

PWSL: 1:04.37 @ 7/27/2019 Camille Spink

WRWST: 1:11.19 # 7/31/2010 Taylor Vincent

SBST: 1:09.90 ! 7/28/2018 Lindsay Juhlin

Name	AgeTeam	Finals Time		
1 Hull, Sabrina	13 WRWST-PW	1:16.40	13	
2 Royal, Sydney	14 SBST-PW	1:24.74	11	
3 Windmiller, Lexi	14 WRWST-PW	1:27.40	10	
4 Fevrier, Kymora	13 WRWST-PW	1:27.81	9	
5 Turner, Kayden	13 SBST-PW	1:30.44	8	
6 Le, Emily	13 SBST-PW	1:32.81	7	
7 Rainey-Stokes, London	13 WRWST-PW	1:35.37	6	
8 Sevier, Sydney	13 SBST-PW	1:36.71	5	
9 Balas, Chloe	14 SBST-PW	1:37.74	4	
10 Kahak, Allison	14 WRWST-PW	1:38.40	3	
11 Wells, Devyn	13 SBST-PW	1:42.27	2	
12 Christensen, Allie	14 WRWST-PW	1:43.55	1	
13 Hamlin, Aniya	13 WRWST-PW	1:49.76		

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Event 26 Boys 15-18 100 SC Meter IM

PWSL: 57.46 @ 7/22/2017 Sam Pomajevich

WRWST: 59.37 # 7/23/2022 Owen Hoban

SBST: 1:02.65 ! 7/30/2022 Owen Howery

Name	Age	Team	Finals Time	
1 Hoban, Owen	17	WRWST-PW	1:01.24	13
2 Friend, Andre	17	WRWST-PW	1:02.87	11
3 Bohabot, Jorgito	17	WRWST-PW	1:06.96	10
4 Carbonell, Luis	18	WRWST-PW	1:08.76	9
5 Eura, Toronto	16	SBST-PW	1:12.32	8
6 Mumford, Dylan	18	SBST-PW	1:12.59	7
7 Doughty, Wyatt	18	WRWST-PW	1:14.03	6
8 Parkzes, Ryan	18	SBST-PW	1:18.58	5
9 Le, Ethan	16	SBST-PW	1:20.58	4
10 Bonnet, Ian	17	WRWST-PW	1:29.27	3
11 Dsouza, Marcus	15	SBST-PW	1:33.26	2
12 Owusu, Kofi	15	WRWST-PW	1:45.57	
--- Evans, Caleb	16	WRWST-PW	X1:13.26	
--- Garon, Rohan	15	WRWST-PW	NS	
--- Donovan, Patrick	18	SBST-PW	NS	

Event 27 Girls 15-18 100 SC Meter IM

PWSL: 1:02.96 @ 6/18/2022 Camille Spink

WRWST: 1:09.56 # 6/30/2012 Taylor Vincent

SBST: 1:09.17 ! 6/19/2021 Lindsay Juhlin

Name	Age	Team	Finals Time	
1 Grabowski, Arielle	15	SBST-PW	1:11.44	13
2 Worth, Brookie	17	WRWST-PW	1:11.91	11
3 Kayne, Sam	18	SBST-PW	1:18.72	10
4 Hudisteanu, Diana	16	WRWST-PW	1:20.87	9
5 Ridge, Siri	15	WRWST-PW	1:22.89	8
6 Amara, Mayssa	15	WRWST-PW	1:26.22	7
7 Ussher, Sam	17	SBST-PW	1:27.01	6
8 Drum, Lindsay	17	WRWST-PW	1:31.21	5
9 Evans, Erin	16	WRWST-PW	1:33.09	4
10 Owusu, Afia	18	WRWST-PW	1:40.94	
11 Manno, Carlina	16	WRWST-PW	1:52.14	
12 DeForest, Evelyn	15	WRWST-PW	1:58.58	
--- Lloyd, Pepper	16	WRWST-PW	NS	

Event 28 Boys 8 & Under 25 SC Meter Backstroke

PWSL: 18.63 @ 7/23/2005 Brandon Doyle (WST)

WRWST: 20.40 # 7/29/2000 Angus MacDonald

SBST: 21.12 ! 7/6/2013 Owen Howery

Name	Age	Team	Finals Time	
1 Woods, Evan	8	WRWST-PW	24.58	13
2 Whitehead Jr., Troy	8	WRWST-PW	26.59	11
3 Stuart, Graham	8	WRWST-PW	27.33	10
4 MacDonald, Edwin	8	WRWST-PW	29.08	9
5 Everson, Nicholas	8	SBST-PW	30.50	8
6 Finn, Desmond	8	WRWST-PW	31.01	7
7 Hansen, Austin	8	SBST-PW	31.58	6
8 Reis, Andrew	8	WRWST-PW	34.24	5
9 Beattie, Victor	7	WRWST-PW	40.81	
10 Pugh, Rowan	8	WRWST-PW	41.77	
11 Terrigno, Tucker	6	WRWST-PW	43.84	
12 Gray, Anderson	5	WRWST-PW	48.82	

13 Green, Jax	7	WRWST-PW	52.89	
14 Hudisteanu, Phillip	6	WRWST-PW	1:04.27	
15 Hudisteanu, Christopher	6	WRWST-PW	1:13.27	
--- Bukarau, Tevita	5	SBST-PW	DQ	
Shoulders past vertical toward breast				
--- White, Devin White	6	WRWST-PW	DQ	
Shoulders past vertical toward breast				
--- Christophy, Dario	8	WRWST-PW	NS	
--- Serafica, DeAndre	7	SBST-PW	NS	
--- Richardson, Luke	7	WRWST-PW	NS	
--- Roshandel, H	7	WRWST-PW	NS	
--- Thompson, Nolan	6	WRWST-PW	NS	
--- Stevenson, Eli	7	WRWST-PW	NS	

Event 29 Girls 8 & Under 25 SC Meter Backstroke

PWSL: 18.93 @ 7/26/2014 Lori Anne Madison

WRWST: 20.29 # 6/12/2021 Chris Hull

SBST: 22.43 ! 6/7/2014 Alyssa Giovinazzo

Name	Age	Team	Finals Time	
1 Peters, Ariya	8	SBST-PW	25.14	13
2 Thomson, Olivia	8	WRWST-PW	26.43	11
3 King, Katelyn	8	SBST-PW	26.65	10
4 Evans, Scarlett	8	WRWST-PW	27.53	9
5 Francisco, Layla	8	WRWST-PW	27.59	8
6 Kahak, Jessica	7	WRWST-PW	30.03	7
7 Grabowski, Tori	8	SBST-PW	31.01	6
8 Steele, Annora	8	WRWST-PW	31.02	5
9 MacDonald, Maggie	7	WRWST-PW	31.63	4
10 Logan, Annabelle	8	SBST-PW	31.69	3
11 Gray, Adeline	7	WRWST-PW	31.95	
12 White, Ava	7	WRWST-PW	32.81	
13 Jeffords, Emersyn	8	SBST-PW	34.18	2
14 Enkhbold, Tsolmon	8	WRWST-PW	35.78	
15 Logan, London	8	SBST-PW	36.51	1
16 Berryhill, Lucy	8	WRWST-PW	36.62	
17 Hughes, Grace	7	WRWST-PW	36.67	
18 Uketui, Beverly	6	SBST-PW	36.88	
19 Morris, Payton	7	SBST-PW	39.28	
20 Post, Eve	8	WRWST-PW	40.25	
21 Hoffman, Pey	6	WRWST-PW	42.71	
22 Collier, Pippa	6	WRWST-PW	44.56	
23 Thaden, Kirsten	6	WRWST-PW	45.50	
24 Savage, Riley	7	WRWST-PW	46.47	
25 Ellis, Ana	6	SBST-PW	51.55	
--- Herbin, Kinlee	8	WRWST-PW	DQ	
Shoulders past vertical toward breast				
--- Haselton, Olivia	8	SBST-PW	DQ	
Shoulders past vertical toward breast				
--- Hamlin, Eleanor	6	WRWST-PW	NS	
--- Serafica, DeAndre	7	SBST-PW	NS	
--- Jeffords, Elle	6	SBST-PW	NS	

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Event 30 Boys 9-10 50 SC Meter Backstroke

PWSL: 34.68 @ 7/16/2016 Michael Mullen

WRWST: 36.57 # 7/20/2019 Lennox McDowell

SBST: 39.96 ! 7/8/2017 Parker Juhlin

Name	Age	Team	Finals Time	
1 Terrigno, Tyler	9	WRWST-PW	50.72	13
2 Johnson, Carter	9	WRWST-PW	53.26	11
3 Steele, Isaac	10	WRWST-PW	54.20	10
4 Norman, Sam	10	SBST-PW	54.90	9
5 Savage, Mason	9	WRWST-PW	58.96	8
6 Cruz, Chris	10	SBST-PW	1:01.01	7
7 Harshbarger, Isaac	9	WRWST-PW	1:02.02	6
8 Postlewait, Liam	10	SBST-PW	1:05.65	5
9 Willis, Ethan	9	WRWST-PW	1:07.50	4
10 Harshbarger, Owen	10	WRWST-PW	1:07.90	
11 Tompkins, Alex	9	WRWST-PW	1:13.32	
12 Harris, Greyson	10	SBST-PW	1:17.27	3
13 Cunningham, Anthony	9	SBST-PW	1:22.77	2
14 Mack, Micah	10	SBST-PW	1:27.27	1
15 Lamb, Ben	10	SBST-PW	1:27.90	
--- Law, Carter	10	WRWST-PW	DQ	
Multiple strokes past vertical at turn				
--- Gadd, Colin	9	SBST-PW	NS	
--- Howell, Landon	10	WRWST-PW	NS	
--- Richardson, William	9	WRWST-PW	NS	
--- Angulo, Geulian	10	WRWST-PW	NS	
--- Evans, Joshua	10	WRWST-PW	NS	
--- Ghimire, Aarav	9	WRWST-PW	NS	

Event 31 Girls 9-10 50 SC Meter Backstroke

PWSL: 36.14 @ 6/16/2018 Lucy Daniel

WRWST: 36.84 # 7/12/2014 Aris Runnels

SBST: 41.44 ! 7/21/2018 Mylin Windley

Name	Age	Team	Finals Time	
1 Fevrier, Kinaya	9	WRWST-PW	45.71	13
2 Cordero, Ellie	10	SBST-PW	55.84	11
3 Carter, Tori	10	SBST-PW	58.53	10
4 Boatman, Addy	9	SBST-PW	1:00.37	9
5 Stiggle, Eliana	10	SBST-PW	1:03.69	8
6 Richardson, Hailey	9	WRWST-PW	1:05.57	7
7 Dunlap, Layla	9	WRWST-PW	1:12.88	6
8 Staats, Faith	10	WRWST-PW	1:13.32	5
9 Wood, Allie	9	SBST-PW	1:14.39	4
10 Brier, Abby	10	WRWST-PW	1:16.46	3
11 Bain, Olivia	9	WRWST-PW	1:17.08	2
12 Mesfin, Senai	10	SBST-PW	1:27.08	1
13 Post, Lilah	9	WRWST-PW	1:33.27	
--- Muldrow-Blunder, Gabrielle	9	SBST-PW	NS	
--- Yassin, Zoe	10	WRWST-PW	NS	

Event 32 Boys 11-12 50 SC Meter Backstroke

PWSL: 31.12 @ 7/27/2019 Jackson Tishler

WRWST: 32.25 # 6/19/2004 Angus MacDonald

SBST: 34.68 ! 7/20/2019 Justin Shahateet

Name	Age	Team	Finals Time	
1 Haddock, Ethan	12	SBST-PW	35.56	13
2 Lesly, Zaiah	11	WRWST-PW	39.66	11

3 Terrigno, Travis	11	WRWST-PW	41.87	10
4 Bukarau, Keni	11	SBST-PW	49.28	9
5 Nowak, Brayden	12	WRWST-PW	53.44	8
6 Grunner, Jordan	12	SBST-PW	57.78	7
7 Herbin, Nick	11	WRWST-PW	58.47	6
8 Powell Spence, Keyshuan	12	SBST-PW	1:00.70	5
9 Villatoro, Dominik	11	WRWST-PW	1:03.40	4
10 Hansen, Landon	12	SBST-PW	1:09.75	3
11 Grunner, Jacob	12	SBST-PW	1:12.34	2
12 Potter, Matthew	11	WRWST-PW	1:15.89	1
--- Seyoum, Bruck	11	WRWST-PW	DQ	
Shoulders past vertical toward breast				
--- Aghandous, Adam	11	WRWST-PW	NS	

Event 33 Girls 11-12 50 SC Meter Backstroke

PWSL: 31.82 @ 6/26/2021 Alyssa Sagle

WRWST: 33.05 # 7/9/2016 Aris Runnels

SBST: 34.16 ! 7/28/2018 Caila Sullivan

Name	Age	Team	Finals Time	
*1 Durham, Ariella	11	SBST-PW	43.45	12
*1 Avolio, Kara	12	WRWST-PW	43.45	12
3 Idlet, Deanna	11	SBST-PW	45.05	10
4 Norman, Olivia	12	SBST-PW	46.09	9
5 Christensen, Kate	11	WRWST-PW	47.37	8
6 Brasov, Elisabeth	12	SBST-PW	49.49	7
7 Trinh, Bella	11	WRWST-PW	51.78	6
8 Trinh, Ellie	11	WRWST-PW	52.58	5
9 Cruz, Julia	11	SBST-PW	58.27	4
10 Tingle, Lia	12	SBST-PW	58.69	3
11 Matute, Andrea	11	WRWST-PW	59.69	2
12 Beander, Savannah	12	SBST-PW	1:08.25	
13 Wood, Adrienne	11	SBST-PW	1:09.96	
14 Patel, Yana	11	SBST-PW	1:44.28	
--- Tra, Haley	11	WRWST-PW	DQ	
Delay initiating arm pull at turn				
--- Seyoum, Roha	12	WRWST-PW	DQ	
No touch at turn				
--- Woodbridge, Avah	11	SBST-PW	DQ	
Not on back off wall				
--- Serafica, Alyssa-Marie	12	SBST-PW	NS	
--- Gadd, Eva	12	SBST-PW	NS	

Event 34 Boys 13-14 50 SC Meter Backstroke

PWSL: 28.20 @ 7/30/2022 Calum O'Shea

WRWST: 30.02 # 7/1/2006 Angus MacDonald

SBST: 30.49 ! 7/16/2022 Mason Parkzes

Name	Age	Team	Finals Time	
1 Woods, Collin	14	WRWST-PW	35.81	13
2 Woldemichael, Jonathan	13	SBST-PW	39.34	11
3 Nowak, Beckett	14	WRWST-PW	44.20	10
4 Dick, Beckham	13	SBST-PW	1:01.37	9
--- Aboye, Maty	14	SBST-PW	DQ	
Shoulders past vertical toward breast				
--- Grunner, Josh	14	SBST-PW	DNF	
Did not finish				
--- Mesfin, Yihbe	13	SBST-PW	NS	

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Event 35 Girls 13-14 50 SC Meter Backstroke

PWSL: 29.84 @ 6/15/2018 Camille Spink

WRWST: 33.15 # 6/17/2023 Sabrina Hull

SBST: 32.15 ! 6/29/2019 Lindsay Juhlin

Name	Age	Team	Finals Time	
1 Hull, Sabrina	13	WRWST-PW	34.05	13
2 Guzman, Hannah	14	SBST-PW	35.57	11
3 Royal, Sydney	14	SBST-PW	38.64	10
4 Windmiller, Lexi	14	WRWST-PW	38.69	9
5 Bukarau, Lenikali	13	SBST-PW	38.90	8
6 Norman, Isabelle	14	SBST-PW	40.25	7
7 Fevrier, Kymora	13	WRWST-PW	40.81	6
8 Balas, Chloe	14	SBST-PW	43.65	5
9 Bootwala, Sara	14	WRWST-PW	44.40	4
10 Kuhns, Kate	14	WRWST-PW	44.51	3
11 Aboye, Lydia	13	SBST-PW	48.24	2
12 Racey, Abby	13	WRWST-PW	56.97	1
--- Tedros, Eliana	14	WRWST-PW	NS	
--- King, Catherine	13	SBST-PW	NS	

Event 36 Boys 15-18 50 SC Meter Backstroke

PWSL: 26.26 @ 7/29/2017 William Cumberland

WRWST: 27.78 # 6/24/2023 Owen Hoban

SBST: 29.02 ! 7/30/2022 Owen Howery

Name	Age	Team	Finals Time	
1 Parkzes, Mason	15	SBST-PW	29.65	13
2 Bohabot, Jorgito	17	WRWST-PW	29.81	11
3 Carbonell, Luis	18	WRWST-PW	32.13	10
4 Fiedler, Matthew	18	WRWST-PW	34.03	9
5 Evans, Caleb	16	WRWST-PW	35.02	8
6 Doughty, Wyatt	18	WRWST-PW	35.81	7
7 Parkzes, Ryan	18	SBST-PW	36.08	6
8 McKeown, Gabe	16	WRWST-PW	37.45	5
9 Durham, Brandon	15	SBST-PW	38.08	4
10 Bonnet, Ian	17	WRWST-PW	42.19	
11 Racey, Paul	17	WRWST-PW	52.82	
--- Hoban, Owen	17	WRWST-PW	X27.78#	
--- Amha, Ben	15	WRWST-PW	DQ	
Delay initiating arm pull at turn				
--- Shahateet, Justin	16	SBST-PW	NS	
--- Howery, Owen	18	SBST-PW	NS	

Event 37 Girls 15-18 50 SC Meter Backstroke

PWSL: 27.95 @ 7/31/2021 Aris Runnels

WRWST: 31.90 # 7/30/2011 Taylor Vincent

SBST: 32.34 ! 7/28/2018 Ainsley Juhlin

Name	Age	Team	Finals Time	
1 Grabowski, Arielle	15	SBST-PW	33.84	13
2 Roberts, Ryan	17	WRWST-PW	35.34	11
3 Sindt, Caitlin	18	WRWST-PW	35.88	10
4 Benway, Kayley	17	SBST-PW	37.31	9
5 Kayne, Sam	18	SBST-PW	37.71	8
6 Sindt, Madeline	15	WRWST-PW	38.24	7
7 Hudisteau, Diana	16	WRWST-PW	39.19	6
8 Ridge, Siri	15	WRWST-PW	39.90	5
9 DeForest, Katie	18	WRWST-PW	40.05	4
10 Drum, Lindsay	17	WRWST-PW	42.70	

11 Owusu, Afia	18	WRWST-PW	47.32	
12 Farsaad, Ashley	15	SBST-PW	1:02.96	3
--- Silvestri, Mia	18	WRWST-PW	X42.55	
--- Owusu-Ansah, Akosua	16	WRWST-PW	DQ	
Multiple strokes past vertical at turn				
--- Potter, Roni	15	WRWST-PW	NS	
--- Juhlin, Lindsay	18	SBST-PW	NS	

Event 38 Boys 8 & Under 25 SC Meter Breaststroke

PWSL: 21.75 @ 7/13/2002 Louis Wojciechowski (SUD)

WRWST: 22.56 # 7/31/2010 Mitchell Meyer

SBST: 22.47 ! 7/27/2013 Owen Howery

Name	Age	Team	Finals Time	
1 Stuart, Graham	8	WRWST-PW	28.03	13
2 Woods, Evan	8	WRWST-PW	28.24	11
3 Bukarau, Joji	8	SBST-PW	28.25	10
4 Whitehead Jr., Troy	8	WRWST-PW	32.45	9
5 MacDonald, Edwin	8	WRWST-PW	33.84	8
6 Everson, Nicholas	8	SBST-PW	36.94	7
--- Green, Jax	7	WRWST-PW	DQ	
Alternating Kick				
--- Finn, Desmond	8	WRWST-PW	DQ	
Non-simultaneous kick				
--- Terrigno, Tucker	6	WRWST-PW	DQ	
Non-simultaneous touch				
--- Serafica, DeAndre	7	SBST-PW	NS	
--- Stevenson, Eli	7	WRWST-PW	NS	

Event 39 Girls 8 & Under 25 SC Meter Breaststroke

PWSL: 20.81 @ 7/26/2014 Lori Anne Madison

WRWST: 22.69 # 7/1/1993 Tatiana Kawasaki

SBST: 25.81 ! 7/20/2013 Samantha Kayne

Name	Age	Team	Finals Time	
1 Lesly, Leah	8	WRWST-PW	27.47	13
2 Peters, Ariya	8	SBST-PW	27.94	11
3 Clark, Mackenzie	8	SBST-PW	30.95	10
4 Thomson, Olivia	8	WRWST-PW	31.76	9
5 White, Ava	7	WRWST-PW	32.96	8
6 Evans, Scarlett	8	WRWST-PW	33.26	7
7 Law, Kinley	7	WRWST-PW	33.35	6
8 Jeffords, Emersyn	8	SBST-PW	33.78	5
9 Gray, Adeline	7	WRWST-PW	34.01	4
10 MacDonald, Maggie	7	WRWST-PW	38.07	
11 Steele, Annora	8	WRWST-PW	42.37	
12 Kahak, Jessica	7	WRWST-PW	43.83	
--- Ellis, Ana	6	SBST-PW	DQ	
One hand touch				
--- Herbin, Kinlee	8	WRWST-PW	DQ	
Non-simultaneous kick				
--- Berryhill, Lucy	8	WRWST-PW	DQ	
Alternating Kick				
--- Friend, McKenzie	6	WRWST-PW	DQ	
Hands brought beyond the hipline during stroke				
--- Serafica, DeAndre	7	SBST-PW	NS	

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Event 40 Boys 9-10 50 SC Meter Breaststroke

PWSL: 37.72 @ 6/25/2016 Jordan Evans

WRWST: 40.99 # 7/31/1999 Andrew MacGregor

SBST: 41.50 ! 7/18/2015 Owen Howery

Name	Age	Team	Finals Time	
1 Kahak, Matt	10	WRWST-PW	58.05	13
2 Norman, Sam	10	SBST-PW	58.22	11
3 Peters, Robert	10	SBST-PW	1:01.89	10
4 Steele, Isaac	10	WRWST-PW	1:05.34	9
5 Willis, Ethan	9	WRWST-PW	1:10.90	8
6 Johnson, Carter	9	WRWST-PW	1:12.15	7
7 Gerhiser, Caleb	10	WRWST-PW	1:20.53	6
8 Nalls, Ziggy	9	WRWST-PW	1:25.46	5
9 Tompkins, Alex	9	WRWST-PW	1:30.05	
--- Terrigno, Tyler	9	WRWST-PW	X55.18	
--- Wright, Zach	9	WRWST-PW	DQ	
Downward butterfly kick				
--- Harshbarger, Isaac	9	WRWST-PW	DQ	
Non-simultaneous kick				
--- Gadd, Colin	9	SBST-PW	NS	
--- Mack, Mykiah	10	SBST-PW	NS	
--- Richardson, William	9	WRWST-PW	NS	
--- Angulo, Geulian	10	WRWST-PW	NS	
--- Harshbarger, Owen	10	WRWST-PW	NS	

Event 41 Girls 9-10 50 SC Meter Breaststroke

PWSL: 40.75 @ 7/30/2016 Lori Anne Madison

WRWST: 42.48 # 7/29/2006 Taylor Vincent

SBST: 45.75 ! 6/13/2015 Sam Kayne

Name	Age	Team	Finals Time	
1 Jensen, Kaeleigh	10	SBST-PW	54.07	13
2 Dunlap, Layla	9	WRWST-PW	1:17.75	11
3 Fee, Leah	9	WRWST-PW	1:18.40	10
4 Brier, Abby	10	WRWST-PW	1:22.49	9
5 Boatman, Addy	9	SBST-PW	1:58.40	8
--- Stiggle, Eliana	10	SBST-PW	DQ	
Non-simultaneous kick				
--- Bain, Olivia	9	WRWST-PW	DQ	
One hand touch				
--- Richardson, Hailey	9	WRWST-PW	DQ	
Downward butterfly kick				
--- Acharya, Prisha	10	WRWST-PW	DQ	
Downward butterfly kick				
--- Muldrow-Blunder, Gabrie	9	SBST-PW	NS	

Event 42 Boys 11-12 50 SC Meter Breaststroke

PWSL: 33.19 @ 7/28/2018 Jordan Evans

WRWST: 36.69 # 6/12/2021 Donovan White

SBST: 37.49 ! 7/22/2017 Owen Howery

Name	Age	Team	Finals Time	
1 Pindle, Christian	12	SBST-PW	42.38	13
2 Kahak, Will	12	WRWST-PW	45.08	11
3 Le, Eric	11	SBST-PW	46.03	10
4 Terrigno, Travis	11	WRWST-PW	49.05	9
5 Evans, Isaiah	12	WRWST-PW	49.68	8
6 Nowak, Brayden	12	WRWST-PW	52.87	7
7 Aguirre, Jack	12	WRWST-PW	56.22	6

8 Uketui, Kem	11	SBST-PW	56.34	5
9 Nelson, Ben	11	WRWST-PW	56.40	4
10 Edwards, Dreyton	11	WRWST-PW	1:04.94	
11 Villatoro, Dominik	11	WRWST-PW	1:14.94	
12 Ellis, Landon	12	SBST-PW	1:15.53	3
--- Grunner, Jacob	12	SBST-PW	DQ	
Non-simultaneous touch				
--- Hansen, Landon	12	SBST-PW	DQ	
Non-simultaneous kick				
--- Powell Spence, Keyshuan	12	SBST-PW	DQ	
Hands brought beyond the hipline during stroke				
--- Grunner, Jordan	12	SBST-PW	DQ	
Alternating Kick				

Event 43 Girls 11-12 50 SC Meter Breaststroke

PWSL: 36.22 @ 7/8/2017 Emma Hannam

WRWST: 37.44 # 7/30/2016 Aris Runnels

SBST: 37.87 ! 7/15/2017 Sam Kayne

Name	Age	Team	Finals Time	
1 Johnson, Kora	12	WRWST-PW	45.09	13
2 Norman, Olivia	12	SBST-PW	48.09	11
3 Brasov, Juliette	12	SBST-PW	48.34	10
4 Tra, Haley	11	WRWST-PW	49.46	9
5 Idlet, Deanna	11	SBST-PW	50.91	8
6 Christensen, Kate	11	WRWST-PW	54.09	7
7 Brasov, Elisabeth	12	SBST-PW	55.82	6
8 Mitchell, Grace	12	SBST-PW	56.49	5
9 Nelson, Aliyah	12	WRWST-PW	58.37	4
10 Trinh, Ellie	11	WRWST-PW	1:00.95	3
11 Everson, Cadence	12	SBST-PW	1:03.01	2
12 Wood, Adrienne	11	SBST-PW	1:05.02	
13 Seyoum, Roha	12	WRWST-PW	1:14.24	1
--- Woodbridge, Avah	11	SBST-PW	DQ	
Non-simultaneous kick				
--- Tingle, Lia	12	SBST-PW	DQ	
One hand touch				
--- Serafica, Alyssa-Marie	12	SBST-PW	NS	

Event 44 Boys 13-14 50 SC Meter Breaststroke

PWSL: 31.15 @ 7/27/2019 Jordan Evans

WRWST: 33.50 # 6/24/2023 Donovan White

SBST: 33.46 ! 7/27/2019 Owen Howery

Name	Age	Team	Finals Time	
1 White, Donovan	14	WRWST-PW	33.50#	13
2 Giovinazzo, Dominick	14	SBST-PW	38.78	11
3 Woods, Collin	14	WRWST-PW	40.37	10
4 Lesly, Noah	13	WRWST-PW	46.96	9
5 Rey, Logan	13	SBST-PW	1:04.45	8
--- Dick, Beckham	13	SBST-PW	DQ	
Non-simultaneous touch				
--- Aboye, Maty	14	SBST-PW	DQ	
Downward butterfly kick				
--- Grunner, Josh	14	SBST-PW	DQ	
Non-simultaneous kick				

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Event 45 Girls 13-14 50 SC Meter Breaststroke

PWSL: 34.41 @ 7/28/2018 Abigail Daniel

WRWST: 37.48 # 7/17/2021 Hannah Lesly

SBST: 36.01 ! 6/29/2019 Sam Kayne

Name	AgeTeam	Finals Time		
1 Guzman, Hannah	14 SBST-PW	43.05	13	
2 Sevier, Sydney	13 SBST-PW	45.50	11	
3 Kahak, Allison	14 WRWST-PW	46.51	10	
4 Rainey-Stokes, London	13 WRWST-PW	47.14	9	
5 Bukarau, Lenikali	13 SBST-PW	47.22	8	
6 Turner, Kayden	13 SBST-PW	48.14	7	
7 Adams, Sloane	13 WRWST-PW	48.27	6	
8 Aboye, Lydia	13 SBST-PW	48.65	5	
9 Wells, Devyn	13 SBST-PW	50.21	4	
10 Christensen, Allie	14 WRWST-PW	53.08	3	
11 Bootwala, Sara	14 WRWST-PW	53.72	2	
12 Hamlin, Aniya	13 WRWST-PW	55.37	1	
13 Racey, Abby	13 WRWST-PW	1:09.44		
--- King, Catherine	13 SBST-PW	NS		

Event 46 Boys 15-18 50 SC Meter Breaststroke

PWSL: 28.97 @ 7/28/2018 Spencer Rowe

WRWST: 31.20 # 7/23/2022 Owen Hoban

SBST: 31.96 ! 7/30/2022 Owen Howery

Name	AgeTeam	Finals Time		
1 Juhlin, Parker	16 SBST-PW	33.84	13	
2 Friend, Andre	17 WRWST-PW	35.52	11	
3 Parkzes, Mason	15 SBST-PW	36.34	10	
4 Eura, Toronto	16 SBST-PW	37.55	9	
5 Hall, Aaron	17 SBST-PW	37.74	8	
6 Carbonell, Luis	18 WRWST-PW	38.96	7	
7 Owusu, Kofi	15 WRWST-PW	41.38	6	
8 Durham, Brandon	15 SBST-PW	41.58	5	
9 McKeown, Gabe	16 WRWST-PW	41.94	4	
10 Dsouza, Marcus	15 SBST-PW	46.00	3	
11 Bonnet, Ian	17 WRWST-PW	46.08	2	
--- Hoban, Owen	17 WRWST-PW	X31.89		
--- Evans, Caleb	16 WRWST-PW	X38.40		
--- Donovan, Patrick	18 SBST-PW	NS		
--- McKeown, David	18 WRWST-PW	NS		
--- Howery, Owen	18 SBST-PW	NS		
--- Shahateet, Justin	16 SBST-PW	NS		

Event 47 Girls 15-18 50 SC Meter Breaststroke

PWSL: 32.81 @ 7/30/2016 Mary Claire Tansill

WRWST: 37.31 # 7/16/2022 Diana Hudisteanu

SBST: 35.54 ! 6/19/2021 Lindsay Juhlin

Name	AgeTeam	Finals Time		
1 Kayne, Sam	18 SBST-PW	36.25	13	
2 Lesly, Hannah	16 WRWST-PW	39.84	11	
3 Hudisteanu, Diana	16 WRWST-PW	40.25	10	
4 Benway, Kayley	17 SBST-PW	40.77	9	
5 Ussher, Sam	17 SBST-PW	41.78	8	
6 Giovinazzo, Alyssa	17 SBST-PW	43.01	7	
7 Amara, Mayssa	15 WRWST-PW	46.68	6	
8 Evans, Erin	16 WRWST-PW	47.27	5	
9 Drum, Lindsay	17 WRWST-PW	48.90	4	

10 Owusu, Afia	18 WRWST-PW	49.65	3	
11 Lloyd, Pepper	16 WRWST-PW	51.32		
12 Manno, Carlina	16 WRWST-PW	52.83		
13 DeForest, Evelyn	15 WRWST-PW	54.62		
14 Farsaad, Ashley	15 SBST-PW	56.31	2	
15 Potter, Roni	15 WRWST-PW	1:09.62		
--- Juhlin, Lindsay	18 SBST-PW	NS		

Event 48 Boys 8 & Under 25 SC Meter Butterfly

PWSL: 16.74 @ 7/9/2016 Ryan Maynard

WRWST: 18.75 # 7/15/1995 Cal Lengel

SBST: 18.58 ! 7/27/2013 Owen Howery

Name	AgeTeam	Finals Time		
1 Woods, Evan	8 WRWST-PW	28.62	13	
2 MacDonald, Edwin	8 WRWST-PW	29.13	11	
3 Stuart, Graham	8 WRWST-PW	32.08	10	
4 Everson, Nicholas	8 SBST-PW	32.40	9	
5 Bukarau, Joji	8 SBST-PW	38.07	8	
--- Whitehead Jr., Troy	8 WRWST-PW	DQ		
Arms underwater recovery				

Event 49 Girls 8 & Under 25 SC Meter Butterfly

PWSL: 17.44 @ 7/19/2014 Lori Anne Madison

WRWST: 19.10 # 7/1/1994 S. Thomas

SBST: 19.63 ! 6/28/2014 Alyssa Giovinazzo

Name	AgeTeam	Finals Time		
1 Lesly, Leah	8 WRWST-PW	22.26	13	
2 Peters, Ariya	8 SBST-PW	23.24	11	
3 Thomson, Olivia	8 WRWST-PW	31.58	10	
4 Clark, Mackenzie	8 SBST-PW	32.65	9	
5 King, Katelyn	8 SBST-PW	34.03	8	
6 Law, Kinley	7 WRWST-PW	37.53	7	
7 Friend, McKenzie	6 WRWST-PW	37.59	6	
--- Logan, Annabelle	8 SBST-PW	DQ		
Scissors kick				
--- Logan, London	8 SBST-PW	DQ		
Alternating Kick				
--- Evans, Scarlett	8 WRWST-PW	DQ		
Non-simultaneous touch				
--- Grabowski, Tori	8 SBST-PW	DQ		
One hand touch				

Event 50 Boys 9-10 25 SC Meter Butterfly

PWSL: 15.05 @ 7/30/2016 Michael Mullen

WRWST: 15.97 # 7/14/2012 Mitchell Meyer

SBST: 16.87 ! 6/24/2017 Parker Juhlin

Name	AgeTeam	Finals Time		
1 McLeod, Caleb	10 SBST-PW	19.81	13	
2 Stuart, Cole	10 WRWST-PW	20.15	11	
3 Law, Carter	10 WRWST-PW	25.12	10	
4 Nalls, Bear	10 WRWST-PW	25.88	9	
5 Kahak, Matt	10 WRWST-PW	27.40	8	
6 Savage, Mason	9 WRWST-PW	29.44	7	
7 Postlewait, Liam	10 SBST-PW	30.32	6	
8 Nalls, Ziggy	9 WRWST-PW	34.53	5	
9 Cruz, Chris	10 SBST-PW	39.06	4	
10 Gerhiser, Caleb	10 WRWST-PW	39.87		

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(Event 50 Boys 9-10 25 SC Meter Butterfly)

Name	Age	Team	Finals Time
--- Mack, Micah	10	SBST-PW	DQ
Non-simultaneous arms			
--- Thaden, Zach	9	WRWST-PW	DQ
Scissors kick			
--- Harris, Greyson	10	SBST-PW	DQ
Alternating Kick			
--- Wright, Zach	9	WRWST-PW	DQ
Scissors kick			
--- Cunningham, Anthony	9	SBST-PW	DQ
Alternating Kick			
--- Mack, Mykiah	10	SBST-PW	NS
--- Evans, Joshua	10	WRWST-PW	NS
--- Howell, Landon	10	WRWST-PW	NS

Event 51 Girls 9-10 25 SC Meter Butterfly

PWSL: 15.01 @ 7/19/2014 Aris Runnels

WRWST: 15.01 # 7/19/2014 Aris Runnels

SBST: 17.15 ! 7/9/2016 Alyssa Giovinazzo

Name	Age	Team	Finals Time
1 Hull, Chris	10	WRWST-PW	17.46 13
2 Fevrier, Kinaya	9	WRWST-PW	20.06 11
3 Fee, Leah	9	WRWST-PW	26.03 10
4 Carter, Tori	10	SBST-PW	28.31 9
5 Wood, Allie	9	SBST-PW	37.49 8
--- Berryhill, Ellie	10	WRWST-PW	DQ
Non-simultaneous arms			
--- Acharya, Prisha	10	WRWST-PW	DQ
Scissors kick			
--- Yassin, Zoe	10	WRWST-PW	NS

Event 52 Boys 11-12 50 SC Meter Butterfly

PWSL: 29.70 @ 7/23/2022 Lionel Martinez

WRWST: 30.94 # 7/31/2004 Angus MacDonald

SBST: 32.81 ! 7/29/2017 Owen Howery

Name	Age	Team	Finals Time
1 Francisco, Julian	11	WRWST-PW	31.65 13
2 Haddock, Ethan	12	SBST-PW	34.63 11
3 Terrigno, Travis	11	WRWST-PW	38.46 10
4 Kahak, Will	12	WRWST-PW	41.89 9
5 Le, Eric	11	SBST-PW	43.75 8
6 Evans, Isaiah	12	WRWST-PW	48.69 7
7 Herbin, Nick	11	WRWST-PW	49.01 6
8 Woods, Luke	11	WRWST-PW	49.34 5
9 Bukarau, Keni	11	SBST-PW	54.02 4
10 Nelson, Ben	11	WRWST-PW	56.09
11 Villatoro, Dominik	11	WRWST-PW	1:09.78
12 Finn, Tommy	11	WRWST-PW	1:12.89
--- Seyoum, Bruck	11	WRWST-PW	DQ
Arms underwater recovery			
--- Ellis, Landon	12	SBST-PW	DQ
Alternating Kick			
--- Edwards, Dreyton	11	WRWST-PW	DQ
Non-simultaneous arms			

Event 53 Girls 11-12 50 SC Meter Butterfly

PWSL: 30.55 @ 7/15/2017 Camille Spink

WRWST: 31.16 # 7/30/2016 Aris Runnels

SBST: 33.44 ! 7/28/2018 Kayley Benway

Name	Age	Team	Finals Time
1 Johnson, Kora	12	WRWST-PW	37.84 13
2 Brasov, Juliette	12	SBST-PW	39.18 11
3 Friend, Kyliee	12	WRWST-PW	40.01 10
4 Nelson, Aliyah	12	WRWST-PW	44.34 9
5 Durham, Ariella	11	SBST-PW	44.94 8
6 Tra, Haley	11	WRWST-PW	47.81 7
7 Cunningham, Gabby	12	SBST-PW	54.84 6
8 Everson, Cadence	12	SBST-PW	1:03.56 5
9 Beander, Savannah	12	SBST-PW	1:13.87 4
10 Matute, Andrea	11	WRWST-PW	1:16.27 3
--- Seyoum, Roha	12	WRWST-PW	NS
--- Gadd, Eva	12	SBST-PW	NS

Event 54 Boys 13-14 50 SC Meter Butterfly

PWSL: 26.84 @ 7/30/2022 Calum O'Shea

WRWST: 28.81 # 7/1/2006 Angus MacDonald

SBST: 28.49 ! 6/19/2021 Parker Juhlin

Name	Age	Team	Finals Time
1 White, Donovan	14	WRWST-PW	30.07 13
2 Giovinazzo, Dominick	14	SBST-PW	31.64 11
3 Nowak, Beckett	14	WRWST-PW	37.14 10
4 Woldemichael, Jonathan	13	SBST-PW	37.89 9
--- Grunner, Jason	14	SBST-PW	DQ
Non-simultaneous touch			

Event 55 Girls 13-14 50 SC Meter Butterfly

PWSL: 28.62 @ 7/28/2018 Aris Runnels

WRWST: 31.06 # 6/19/2010 Taylor Vincent

SBST: 30.37 ! 6/29/2019 Lindsay Juhlin

Name	Age	Team	Finals Time
1 Norman, Isabelle	14	SBST-PW	34.90 13
2 Adams, Sloane	13	WRWST-PW	37.15 11
3 Royal, Sydney	14	SBST-PW	38.25 10
4 Fevrier, Kymora	13	WRWST-PW	39.96 9
5 Kuhns, Kate	14	WRWST-PW	40.40 8
6 Le, Emily	13	SBST-PW	40.64 7
7 Turner, Kayden	13	SBST-PW	40.81 6
8 Rainey-Stokes, London	13	WRWST-PW	46.62 5
9 Bootwala, Sara	14	WRWST-PW	47.19 4
10 Hamlin, Aniya	13	WRWST-PW	47.22 3
11 Balas, Chloe	14	SBST-PW	51.69 2
12 Wells, Devyn	13	SBST-PW	51.75 1
13 Racey, Abby	13	WRWST-PW	58.35
--- Tedros, Eliana	14	WRWST-PW	NS

Event 56 Boys 15-18 50 SC Meter Butterfly

PWSL: 24.69 @ 7/31/2021 Landon Gentry

WRWST: 26.34 # 7/27/2019 Mitchell Meyer

SBST: 27.58 ! 7/31/2021 Owen Howery

Name	Age	Team	Finals Time
1 Friend, Andre	17	WRWST-PW	26.70 13
2 Hoban, Owen	17	WRWST-PW	26.90 11

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(Event 56 Boys 15-18 50 SC Meter Butterfly)

Name	Age	Team	Finals Time	
3 Juhlin, Parker	16	SBST-PW	29.24	10
4 Hall, Aaron	17	SBST-PW	30.84	9
5 Mumford, Dylan	18	SBST-PW	31.44	8
6 Evans, Caleb	16	WRWST-PW	32.25	7
7 Le, Ethan	16	SBST-PW	33.65	6
8 Fiedler, Matthew	18	WRWST-PW	34.52	5
9 Racey, Paul	17	WRWST-PW	47.70	4
--- Howery, Owen	18	SBST-PW	NS	
--- McKeown, David	18	WRWST-PW	NS	
--- Garon, Rohan	15	WRWST-PW	NS	
--- Donovan, Patrick	18	SBST-PW	NS	

Event 57 Girls 15-18 50 SC Meter Butterfly

PWSL: 27.75 @ 7/31/2021 Aris Runnels

WRWST: 28.87 # 7/27/2002 Ashley Razo

SBST: 30.63 ! 6/26/2021 Lindsay Juhlin

Name	Age	Team	Finals Time	
1 Giovinazzo, Alyssa	17	SBST-PW	31.87	13
2 Grabowski, Arielle	15	SBST-PW	32.01	11
3 Worth, Brookie	17	WRWST-PW	32.19	10
4 Lesly, Hannah	16	WRWST-PW	35.08	9
5 Roberts, Ryan	17	WRWST-PW	36.55	8
6 Sindt, Caitlin	18	WRWST-PW	37.62	7
7 DeForest, Katie	18	WRWST-PW	38.34	6
8 Sindt, Madeline	15	WRWST-PW	38.40	5
9 Amara, Mayssa	15	WRWST-PW	38.83	
10 Evans, Erin	16	WRWST-PW	43.31	
11 DeForest, Evelyn	15	WRWST-PW	49.96	
12 Manno, Carlina	16	WRWST-PW	53.22	
--- Silvestri, Mia	18	WRWST-PW	X36.83	
--- Juhlin, Lindsay	18	SBST-PW	NS	

Event 58 Boys 8 & Under 100 SC Meter Freestyle Relay

PWSL: 1:11.25 @ 7/30/2016 Dominion Valley Sharks

B Rohrbach, H Caputo, W OShea, R Maynard

WRWST: 1:18.19 # 7/26/2014 Westridge Waves Swim Te

A Palo, L Runnels, E Uribe, J Bohabot

SBST: 1:19.82 ! 7/18/2015 Southbridge Swim Team

T Eura Jr, M Parkzes, P Juhlin, J Shahteet

Team	Relay	Finals Time	
1 WRWST-PW	A	1:23.03	47
1) Whitehead Jr., Troy 8	2) MacDonald, Edwin 8		
3) Stuart, Graham 8	4) Woods, Evan 8		
2 WRWST-PW	B	1:54.05	
1) Terrigno, Tucker 6	2) Reis, Andrew 8		
3) Pugh, Rowan 8	4) Finn, Desmond 8		
3 WRWST-PW	C	2:38.31	
1) White, Devin White 6	2) Beattie, Victor 7		
3) Hudisteanu, Christopher 6	4) Stevenson, Eli 7		
4 SBST-PW	A	2:39.26	32
1) Bukarau, Joji 8	2) Rey, Harbor 4		
3) Logan, William 5	4) Everson, Nicholas 8		
--- SBST-PW	B	NS	

Event 59 Girls 8 & Under 100 SC Meter Freestyle Relay

PWSL: 1:13.87 @ 7/21/2007 Victory Lakes 2007

L Wiecki, O Nitowski, N Smith, M Finley

WRWST: 1:18.12 # 7/1/1992 Westridge Waves Swim Te

Razo, Culclasure, Wooley, Kawasaki

SBST: 1:27.46 ! 7/27/2013 Southbridge Swim Team

A Giovinazzo, L Juhlin, J Carroll, S Kayne

Team	Relay	Finals Time	
1 WRWST-PW	A	1:27.78	47
1) Thomson, Olivia 8	2) Evans, Scarlett 8		
3) Law, Kinley 7	4) Lesly, Leah 8		
2 SBST-PW	A	1:29.25	32
1) King, Katelyn 8	2) Grabowski, Tori 8		
3) Clark, Mackenzie 8	4) Peters, Ariya 8		
3 WRWST-PW	C	1:50.46	
1) Friend, McKenzie 6	2) Gray, Adeline 7		
3) Herbin, Kinlee 8	4) MacDonald, Maggie 7		
4 SBST-PW	B	2:13.96	
1) Jeffords, Emersyn 8	2) Morris, Payton 7		
3) Logan, Annabelle 8	4) Logan, London 8		
5 SBST-PW	C	2:45.05	
1) Uketui, Beverly 6	2) Haselton, Olivia 8		
3) Ellis, Ana 6	4) Jeffords, Elle 6		
--- WRWST-PW	B	DQ	
Early take-off swimmer #2			
1) Francisco, Layla 8	2) White, Ava 7		
3) Steele, Annora 8	4) Kahak, Jessica 7		

Event 60 Boys 9-10 100 SC Meter Freestyle Relay

PWSL: 1:00.59 @ 7/30/2016 Braemar Blasters

J Evans, M Santee, A Martins, M Mullen

WRWST: 1:04.81 # 7/9/2022 Westridge Waves Swim Te

T Terrigno, C Stuart, Z Lesly, J Francisco

SBST: 1:07.40 ! 7/28/2018 Southbridge Seals Swimmi

M Parkzes, S Villanueva, B Villanueva, J Lattanzi

Team	Relay	Finals Time	
1 WRWST-PW	A	1:12.40	47
1) Stuart, Cole 10	2) Nalls, Bear 10		
3) Law, Carter 10	4) Kahak, Matt 10		
2 SBST-PW	A	1:17.34	32
1) Peters, Robert 10	2) Postlewait, Liam 10		
3) Harris, Greyson 10	4) McLeod, Caleb 10		
3 WRWST-PW	B	1:26.27	
1) Nalls, Ziggy 9	2) Willis, Ethan 9		
3) Johnson, Carter 9	4) Steele, Isaac 10		
4 WRWST-PW	C	1:34.40	
1) Tompkins, Alex 9	2) Thaden, Zach 9		
3) Savage, Mason 9	4) Wright, Zach 9		
5 SBST-PW	B	1:50.37	
1) Mack, Micah 10	2) Lamb, Ben 10		
3) Cunningham, Anthony 9	4) Cruz, Chris 10		

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Results - Session 1

Event 61 Girls 9-10 100 SC Meter Freestyle Relay
PWSL: 1:02.14 @ 7/26/2014 Kingsbrooke Sea Lions
M Wong, A Daniel, K Benton, A Kotter
WRWST: 1:07.63 # 8/1/2015 Westridge Waves Swim Te
K Runnels, A Magnell, C Sindt, C Bohabot
SBST: 1:09.69 ! 7/28/2018 Southbridge Seals Swimmi
A Rodriguez, S Royal, M Windley, A Grabowski

Team	Relay	Finals Time	
1 WRWST-PW	A	1:19.24	47
1) Fevrier, Kinaya 9	2) Fee, Leah 9		
3) Dunlap, Layla 9	4) Hull, Chris 10		
2 SBST-PW	A	1:21.56	32
1) Carter, Tori 10	2) Cordero, Ellie 10		
3) Boatman, Addy 9	4) Jensen, Kaeleigh 10		
3 WRWST-PW	B	1:47.81	
1) Richardson, Hailey 9	2) Brier, Abby 10		
3) Berryhill, Ellie 10	4) Staats, Faith 10		
--- SBST-PW	B	NS	
1) Mesfin, Senai 10	2) Stiggle, Eliana 10		
3) Wood, Allie 9			

Event 62 Boys 11-12 100 SC Meter Freestyle Relay
PWSL: 53.47 @ 7/30/2016 Piedmont Tsunamis
J Poletto, T Drescher, R Barshow, M Pianoto
WRWST: 57.68 # 7/26/2014 Westridge Waves Swim Te
G Soderquist, K Huber, C Aragon, M Meyer
SBST: 57.96 ! 7/6/2019 Southbridge Seals Swimmi
Z Alachnowicz, J Lattanzi, J Shahateet, P Juhlin

Team	Relay	Finals Time	
1 WRWST-PW	A	58.81	47
1) Lesly, Zaiyah 11	2) Terrigno, Travis 11		
3) Kahak, Will 12	4) Francisco, Julian 11		
2 SBST-PW	A	1:02.44	32
1) Haddock, Ethan 12	2) Bukarau, Keni 11		
3) Le, Eric 11	4) Pindle, Christian 12		
3 WRWST-PW	B	1:13.34	
1) Evans, Isaiah 12	2) Finn, Tommy 11		
3) Nelson, Ben 11	4) Woods, Luke 11		
4 WRWST-PW	C	1:17.44	
1) Edwards, Dreyton 11	2) Villatoro, Dominik 11		
3) Nowak, Brayden 12	4) Aguirre, Jack 12		
5 SBST-PW	B	1:27.27	
1) Grunner, Jordan 12	2) Grunner, Jacob 12		
3) Powell Spence, Keyshuan 1	4) Hansen, Landon 12		

Event 63 Girls 11-12 100 SC Meter Freestyle Relay
PWSL: 56.33 @ 7/1/2017 Sudley
D Palenscar S Chierico M Pennefather J Cornwall
WRWST: 59.44 # 7/30/2016 Westridge Waves Swim Te
C Bohabot, K Runnels, C Aragon, A Runnels
SBST: 1:00.14 ! 7/29/2017 Southbridge Seals Swimmi
L Juhlin, A Giovinazzo, S Nolan, C Sullivan

Team	Relay	Finals Time	
1 WRWST-PW	A	1:03.34	47
1) Johnson, Kora 12	2) Nelson, Aliyah 12		
3) Avolio, Kara 12	4) Friend, Kyliee 12		

2 SBST-PW	A	1:06.96	32
1) Norman, Olivia 12	2) Idlet, Deanna 11		
3) Brasov, Juliette 12	4) Durham, Ariella 11		
3 SBST-PW	B	1:24.38	
1) Everson, Cadence 12	2) Brasov, Elisabeth 12		
3) Cunningham, Gabby 12	4) Wood, Adrienne 11		
4 SBST-PW	C	1:31.05	
1) Tingle, Lia 12	2) Woodbridge, Avah 11		
3) Beander, Savannah 12	4) Cruz, Julia 11		
--- WRWST-PW	B	DQ	
Not enough swimmers			
1) Tra, Haley 11	2) Matute, Andrea 11		
3) Trinh, Ellie 11	4) Christensen, Kate 11		

Event 64 Boys 13-14 200 SC Meter Freestyle Relay
PWSL: 1:44.44 @ 7/30/2022 SUDLEY SWIM TEAM
A Grocholski, C Layden, T Utter, L Craft
WRWST: 1:53.53 # 7/27/2019 Westridge Waves Swim Te
B Newland, L Carbonell, M Fiedler, G Adams
SBST: 1:50.22 ! 7/16/2022 Southbridge Seals Swimmi
J Lattanzi, B Villanueva, B Durham, M Parkzes

Team	Relay	Finals Time	
1 WRWST-PW	A	2:05.96	47
1) White, Donovan 14	2) Nowak, Beckett 14		
3) Lesly, Noah 13	4) Woods, Collin 14		
2 SBST-PW	A	2:22.27	32
1) Woldemichael, Jonathan 13	2) Grunner, Jason 14		
3) Rey, Logan 13	4) Giovinazzo, Dominick 14		

Event 65 Girls 13-14 200 SC Meter Freestyle Relay
PWSL: 1:54.09 @ 7/30/2022 Piedmont Tsunamis
A Sagle, S Traister, K Crown, M Richardson
WRWST: 2:02.16 # 7/24/1999 Westridge Waves Swim Te
Hall, Connolly, Robinson, Petty
SBST: 2:04.58 ! 7/30/2022 Southbridge Seals Swimmi
I Norman, S Royal, H Guzman, A Grabowski

Team	Relay	Finals Time	
1 SBST-PW	A	2:08.53	47
1) Guzman, Hannah 14	2) Norman, Isabelle 14		
3) Turner, Kayden 13	4) Royal, Sydney 14		
2 WRWST-PW	A	2:10.27	32
1) Hull, Sabrina 13	2) Fevrier, Kymora 13		
3) Adams, Sloane 13	4) Windmiller, Lexi 14		
3 WRWST-PW	B	2:27.01	
1) Kahak, Allison 14	2) Rainey-Stokes, London 13		
3) Bootwala, Sara 14	4) Kuhns, Kate 14		
4 SBST-PW	B	2:27.75	
1) Le, Emily 13	2) Bukarau, Lenikali 13		
3) Balas, Chloe 14	4) Aboye, Lydia 13		
--- WRWST-PW	C	X2:54.22	
1) Christensen, Allie 14	2) Trinh, Bella 11		
3) Racey, Abby 13	4) Hamlin, Aniya 13		

Prince William Swim League - Summer 2023

Westridge Waves vs Southbridge Seals

Results - Session 1

Event 66 Boys 15-18 200 SC Meter Freestyle Relay

PWSL: 1:35.84 @ 7/31/2021 Ashland Stingrays

M VanDeusen, M Jiang, B Stankovich, L Gentry

WRWST: 1:41.33 # 7/23/2022 Westridge Waves Swim Te:

O Hoban, M Drum, A Friend, B Firtag

SBST: 1:45.46 ! 6/24/2023 Southbridge Seals Swimm

R Parkzes, M Parkzes, A Hall, P Juhlin

Team	Relay	Finals Time	
1 WRWST-PW	A	1:43.34	47
1) Friend, Andre 17	2) Carbonell, Luis 18		
3) Bohabot, Jorgito 17	4) Hoban, Owen 17		
2 SBST-PW	A	1:45.46!	32
1) Parkzes, Ryan 18	2) Parkzes, Mason 15		
3) Hall, Aaron 17	4) Juhlin, Parker 16		
3 SBST-PW	B	1:52.46	
1) Shahateet, Justin 16	2) Mumford, Dylan 18		
3) Eura, Toronto 16	4) Le, Ethan 16		
4 WRWST-PW	C	2:24.81	
1) Bonnet, Ian 17	2) Racey, Paul 17		
3) Owusu, Kofi 15	4) Amha, Ben 15		
--- WRWST-PW	B		DQ
Stroke Infraction swimmer #1: No touch on turn - free			
1) McKeown, Gabe 16	2) Doughty, Wyatt 18		
3) Fiedler, Matthew 18	4) Evans, Caleb 16		
--- SBST-PW	C		NS
1) Durham, Brandon 15	2) Donovan, Patrick 18		
3) Smith, Tony 15	4) Dsouza, Marcus 15		

Event 67 Girls 15-18 200 SC Meter Freestyle Relay

PWSL: 1:50.96 @ 7/30/2016 Bridlewaves

K Tillotson, K Stronko, E Quinn, R Moshos

WRWST: 2:01.27 # 6/24/2023 Westridge Waves Swim Te:

B Worth, S Ridge, R Roberts, H Lesly

SBST: 2:01.25 ! 6/24/2023 Southbridge Seals Swimm

S Kayne, K Benway, A Giovinazzo, A Grabowski

Team	Relay	Finals Time	
1 SBST-PW	A	2:01.25!	47
1) Kayne, Sam 18	2) Benway, Kayley 17		
3) Giovinazzo, Alyssa 17	4) Grabowski, Arielle 15		
2 WRWST-PW	A	2:01.27#	32
1) Worth, Brookie 17	2) Ridge, Siri 15		
3) Roberts, Ryan 17	4) Lesly, Hannah 16		
3 WRWST-PW	B	2:12.62	
1) Sindt, Caitlin 18	2) Drum, Lindsay 17		
3) Hudisteanu, Diana 16	4) Sindt, Madeline 15		
4 WRWST-PW	C	2:22.83	
1) DeForest, Katie 18	2) Owusu, Afia 18		
3) Amara, Mayssa 15	4) Evans, Erin 16		

Combined Team Scores

Combined Team Scores - Through Event 67

1. Westridge Waves Swim Team	2751.5
2. Southbridge Seals Swimming	2162.5