



KEN NOVELL RSL SWIM AMBASSADOR'S AWARD

Ken Novell saw a need for a swim league a little over 50 years ago, and started the Rappahannock Swim League. He wanted to provide an opportunity for kids to swim against each other in a friendly but competitive environment, where children could take their love of swimming and summertime fun, and combine those two activities in a way that promotes good Sportsmanship.

Good sportsmanship. A phrase that frequently gets misdefined. In our eyes, good sportsmanship is shown by exemplifying a great tradition in sports and competition, playing clean and handling both victory and defeat with grace, style, and dignity, following the rules of the sport, respecting the judgment of referees and officials, and treating opponents with respect. You demonstrate good sportsmanship when you show respect for yourself, your teammates and your opponents, for the coaches on both sides, and for the referees, judges, and other officials. Sportsmanship is a style and an attitude, and it can have a positive influence on everyone around you.

The RSL has a tradition of awarding to one swimmer, from each division, the honor of being called a Ken Novell Ambassador. The individuals who achieve this honor do so by exhibiting a love for swimming and have shown strong evidence of sportsmanship, as well as an infectious desire to involve others in all things related to summer swim. If there is a swimmer on your team who you believe represents the ideals of Ken Novell, please submit an email identifying the candidate and the reasons and examples for your submission to the RSL no later than June 27th. Please limit your submission to less than one page, 12 font. Selection of an Ambassador in each division will be made by the RSL Committee, and is awarded at Finals. Please limit your submission to less than one page, 12 font. Selection of an Ambassador in each division will be made by the RSL Committee, and is awarded at Finals.

Please send submissions to [2025 Ken Novell Nominations](#) by 11:59 pm on July 1st. Submissions will NOT be accepted after 11:59pm, so please do not wait until 11:58 PM to start working on your submission.