



Sunrise Sharks Swim Team

Volunteer Junior Coach Application

We are excited to introduce the launch of our Junior Coaching Program. Selected applicants will assist our current coaching staff with coaching and mentoring younger swimmers. This is a volunteer position with no expectation of compensation. However, this can be used to fulfill volunteer hours and used as experience for future employment. Please read thoroughly for full details.

Purpose: The goal of the Sunrise Sharks swim team is the development of lifelong positive attitude & good sportsmanship through the sport of competitive swimming. The team stresses individual skill technique, goal setting, achievement, fun, fitness, friendships, and competition within a recreational setting. The Junior Coach position will place a strong emphasis on being a role model to younger swimmers & team bonding. It helps break down the barriers, letting everyone get to know each other and no one is a stranger on your team. It gives older swimmers the opportunity to engage in leadership roles and how to apply that through teaching. Watch your older swimmer develop a new sense of purpose and confidence as they learn to work with younger swimmers and see them improve, knowing they played a part in that. When you give kids responsibility and let them see the benefits of their contribution to others, it can develop a lifelong love of leadership and inspire them to continue 'giving back.'

Responsibilities:

- Provide leadership, motivation, and instruction to swimmers.
- Be a positive role model and representative of Sunrise Sharks & the team's values.
- Demonstrate any in-water drills as needed & take directions from coaching staff.
- Assist swimmers with daily swim instructions, drills, and stroke technique.
- Be accountable for all actions and behaviors while performing volunteer duties.
- In difficult situations, refer swimmer/parent to the Head Coach to resolve conflicts. Do not attempt to rectify or solve the issue.

Requirements:

- Must be currently registered with Sunrise Sharks and 13 years of age by June 15th
- One year of previous swim team experience
- Attend 3 practices a week as a swimmer
- Available minimum of once per week during practices for ages 12U
- Arrive 5 minutes early to scheduled practice, on deck ready to start
- Be able to follow daily plan set by coaching staff

Interested Applicants: If you meet the above criteria, we encourage you to complete the application below. All final decisions are up to the coaching staff. Junior Coaches may be removed from the program if they fail to continually meet the responsibilities & requirements. Please use the link below to apply:

<https://forms.gle/ytFfomrarztEMHUv9>