4A3A MPSSAA North Region Championships - 2/14/2026

Meet Program - Swimming

Event 1 Boys 200 Yard Medley Relay

MCPS:	1:31.84	2023	Whitman
4A3A North:	1:36.31	2024	Montgomery Blair

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 08:00 AM			
2	SPB	A	2:04.37
3	NWD	A	1:51.32
4	WHE	A	1:47.48
5	AEI	A	1:49.50
6	PBR	A	2:00.34
7	JFK	A	2:07.41
Heat 2 of 2 Finals Starts at 08:03 AM			
1	MTB	A	1:46.03
2	WWH	A	1:38.56
3	WCH	A	1:37.25
4	WAJ	A	1:33.43
5	BCC	A	1:35.60
6	SHE	A	1:38.43
7	JHB	A	1:43.70
8	CZM	A	1:46.60

Event 2 Girls 200 Yard Medley Relay

MCPS:	1:43.49	2023	Walter Johnson
4A3A North:	1:49.89	2018	Sherwood

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 08:05 AM			
2	NWD	A	2:57.34
3	JFK	A	2:18.75
4	MTB	A	2:07.21
5	SPB	A	2:13.89
6	WHE	A	2:29.18
Heat 2 of 2 Finals Starts at 08:09 AM			
1	JHB	A	1:56.98
2	SHE	A	1:53.28
3	WWH	A	1:46.49
4	WCH	A	1:44.56
5	BCC	A	1:45.98
6	WAJ	A	1:50.66
7	CZM	A	1:55.43
8	AEI	A	1:59.74

Event 3 Boys 200 Yard Freestyle

MCPS:	1:37.37	2026	Charlie Begin
4A3A North:	1:41.57	2024	Mikhail Kojanov

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 08:11 AM				
3	Fink, Richard	SR	JFK	2:58.37
4	Raudales, Sam A	SO	JFK	2:27.28
5	Bernstein, Ari N	SO	WHE	2:32.20
Heat 2 of 4 Finals Starts at 08:15 AM				
1	Richesson, Sean	FR	JHB	2:21.28
2	Chavez, Santiago P	FR	WHE	2:16.94
3	Bensimon, Kyle E	SR	SPB	2:13.76
4	Sutton, Jayden M	SR	CZM	2:09.15
5	Duran, Jonas R	SO	NWD	2:09.81
6	Sherman Popp, Nikolai J	JR	AEI	2:16.59
7	Sandridge, Henry S	SR	AEI	2:20.31
8	Cruz Calderon, Marcos	SR	SPB	2:26.88
Heat 3 of 4 Finals Starts at 08:17 AM				
1	Warnke, Becker J	SO	NWD	2:04.15
2	Bridgett, Shane D	JR	CZM	2:01.28
3	Mount, Colin C	SO	MTB	1:50.06
4	Avalos, Ethan J	SO	BCC	1:47.30
5	Conze, Gus S	SO	WAJ	1:47.80
6	Stoian, Teddy J	SO	BCC	1:53.49
7	Puentes, Nicolas P	FR	JHB	2:03.94
8	Jeffery, Harry J	SR	PBR	2:05.68
Heat 4 of 4 Finals Starts at 08:20 AM				
1	Kim, Lucas Y	JR	MTB	1:45.02
2	Liberty, Nicholas A	JR	SHE	1:43.88
3	Sims, Douglas J	SR	WCH	1:39.84
4	Begin, Charlie J	SR	WCH	1:37.37
5	Bartholomew, Lachlan T	SO	WAJ	1:39.29
6	Kominski, Tyler M	JR	SHE	1:40.54
7	Nurit, Leopold E	SO	WWH	1:44.24
8	Wizenberg, Griffin M	SO	WWH	1:45.25

Event 4 Girls 200 Yard Freestyle

MCPS:	1:46.72	2024	Andrea Dworak
4A3A North:	1:50.50	2024	Andrea Dworak

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 08:22 AM				
3	Hamilton, Solena M	JR	NWD	3:14.39
4	Kee, Maddie H	SR	JFK	2:47.50
5	Wheeler, Lily E	JR	PBR	2:50.00
Heat 2 of 4 Finals Starts at 08:25 AM				
1	Soza, Angie T	JR	NWD	2:37.38
2	Wofford, Rayna R	JR	SPB	2:29.00
3	Bridenbaugh, Nora E	SR	AEI	2:23.47
4	Pabian, Zoe T	FR	JFK	2:21.63
5	Levin, Maya A	SO	AEI	2:22.29
6	Minalu, Kalkidan A	SO	WHE	2:24.53
7	Nesta, Jean M	JR	JHB	2:32.09
8	Pruitt, Sophia L	FR	CZM	2:38.90
Heat 3 of 4 Finals Starts at 08:28 AM				
1	Mendizabal, Malia P	SO	BCC	2:07.65
2	Blachere, Corinne S	SR	SHE	2:02.02
3	Humpert, Lucy T	JR	MTB	2:01.34
4	Morton, Olivia R	SO	BCC	1:59.91
5	Down, Bella C	JR	WAJ	2:01.07
6	Fecko, Mia L	JR	SHE	2:01.73
7	Mason, Izabella S	FR	WHE	2:03.21
8	Thompson, Tessa N	FR	SPB	2:20.97

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Heat 4 Finals (#4 Girls 200 Yard Freestyle)

1	Hughes, Sophia	SO	WWH	1:59.30
2	Sanford, Molly	SO	JHB	1:58.06
3	Gudana, Sophie I	JR	MTB	1:55.12
4	Bu, Catherine	SR	WCH	1:51.04
5	Saybolt, Elanor H	JR	WAJ	1:51.91
6	Schur, Grace K	SO	WCH	1:56.71
7	Dean, Skylar H	SR	CZM	1:59.23
8	Groves, Caitlin	JR	WWH	1:59.64

Event 5 Boys 200 Yard IM

MCPS: 1:46.21 2023 Toby Barnett

4A3A North: 1:56.06 2024 Brian Wilbur

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 08:33 AM				
3	Antonio, Daniel	JR	JFK	4:11.18
4	Chang, Jun H	SR	SPB	2:50.06
5	Anderson, Gabe R	JR	NWD	2:55.81
Heat 2 of 4 Finals Starts at 08:37 AM				
1	Genzer, Aaron M	JR	AEI	2:49.01
2	Reineke, Alexander S	JR	AEI	2:47.19
3	Huffine-Wright, Xavier L	FR	PBR	2:37.47
4	Neggaz, Zaid Y	FR	NWD	2:28.45
5	Wilson, James J	SR	JFK	2:29.22
6	Pajor, Isaac B	SO	WHE	2:41.97
7	Ashurst, Nathan M	JR	SPB	2:47.59
Heat 3 of 4 Finals Starts at 08:40 AM				
1	Kemp, Bobby N	JR	WHE	2:18.53
2	Fortunato, Chase	FR	WWH	2:08.21
3	Alfonso-Frank, Simon W	SO	MTB	2:05.34
4	Buck, Grainger M	SO	WCH	2:01.56
5	Sparshott, Thomas J	SR	MTB	2:05.02
6	Opima, Bryce	SR	SHE	2:06.52
7	Tucker, Robert O	JR	CZM	2:08.32
8	Ryba, Scott M	FR	CZM	2:21.75
Heat 4 of 4 Finals Starts at 08:43 AM				
1	Dawson, Jack O	JR	JHB	2:00.30
2	Press, Joey	SR	WWH	1:58.77
3	Lakhe, Kyle K	SR	BCC	1:56.14
4	Dionne, Luc S	JR	WAJ	1:48.12
5	Murphy, Taiyo E	SR	WAJ	1:54.67
6	Devinney, Jay Cole	FR	WCH	1:57.49
7	Duma, John M	SR	BCC	1:59.16
8	Maready, Mason C	SO	SHE	2:00.97

Event 6 Girls 200 Yard IM

MCPS: 1:57.70 2023 Sienna Karp

4A3A North: 2:06.35 2018 Kaitlin Gravell

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 08:45 AM				
3	Patel, Aarna B	SR	WHE	3:37.51
4	Angleton, Kayla R	SR	JFK	3:11.08
5	Viloria, Jenna A	JR	WHE	3:27.09
Heat 2 of 4 Finals Starts at 08:49 AM				
2	Blanco V, Sophia L	FR	SPB	3:03.84
3	Mantel, Elin	FR	JFK	2:54.35
4	Ascencio, Paulina L	FR	JHB	2:47.08
5	Stenger, Lucy H	SR	AEI	2:48.22
6	Williams, Jordan	JR	PBR	2:58.75
7	Lucina, Charlotte R	FR	CZM	3:09.53
Heat 3 of 4 Finals Starts at 08:53 AM				
1	Nguyen, Vivian	SR	PBR	2:31.79
2	Patterson, Brooke E	SR	BCC	2:24.68
3	Floyd, Sofie E	SO	SHE	2:20.34
4	DeBacker, Leila G	FR	MTB	2:20.29
5	Ma, Enya K	JR	MTB	2:20.33
6	Luse, Ellie C	FR	JHB	2:23.99
7	Han, Bailey	SR	WWH	2:26.06
8	Ehilen, Onoseta P	FR	SPB	2:42.50
Heat 4 of 4 Finals Starts at 08:56 AM				
1	McCarty, Jacqueline L	SR	WAJ	2:18.29
2	Shive, Leah W	JR	WCH	2:10.53
3	Yeou, Jisoo	SO	WWH	2:08.88
4	Bell, Ainsley C	FR	WCH	2:05.43
5	McGee, Zoe L	SR	WAJ	2:07.54
6	Lakso, Brooke E	FR	SHE	2:10.21
7	Tansey, Annie K	FR	CZM	2:11.17
8	Krupinski, Grace R	SR	BCC	2:19.88

Event 7 Boys 50 Yard Freestyle

MCPS: 20.29 2024 Nasim Elkassem

4A3A North: 21.41 2022 Sean Colson

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 08:58 AM				
3	Minor, Xavier C	SR	NWD	29.68
4	Caballero Portillo, Jair	SR	JFK	28.03
5	Behr, Simon P	SR	PBR	29.19
6	Staten, David B	SR	JFK	30.31
Heat 2 of 4 Finals Starts at 08:59 AM				
1	Cruz Calderon, Christian	SO	SPB	25.72
2	Ghosh, Shreyas N	SR	CZM	25.15
3	Cao, Viet T	JR	JHB	24.73
4	Raab, Ethan F	SR	AEI	24.41
5	Johnson, Jayden D	JR	JHB	24.69
6	Davis, Caleb S	SO	SPB	24.90
7	Garriock, Charlie J	SO	NWD	25.25
8	Balfour, Dadrian	FR	PBR	27.14
Heat 3 of 4 Finals Starts at 09:00 AM				
1	Glenn, Tyler W	SR	CZM	23.59
2	Ash, Noah M	JR	WCH	23.39
3	Liu, Brandon	JR	WWH	23.22
4	Helfers, Teague T	SO	WHE	23.08
5	Opima, Ayden	SR	SHE	23.11
6	Zhao, Andrew W	SR	MTB	23.25
7	Kreitz, Till E	FR	SHE	23.44
8	Gerhardt, Logan M	SO	WHE	23.69

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Heat 4 Finals (#7 Boys 50 Yard Freestyle)

1	Finberg, Matthias S	JR	MTB	22.76
2	Andrews, Alex A	JR	WCH	22.53
3	Bagshaw, Max J	SR	WAJ	22.35
4	Starr, Graham	SR	WWH	21.77
5	Phillips, Dain S	SR	WAJ	22.15
6	Pevzner, Daniel N	JR	BCC	22.45
7	Ross, Stewie A	FR	BCC	22.54
8	Windt, AJ J	JR	AEI	23.05

Event 8 Girls 50 Yard Freestyle

MCPS:	22.73	2024	Amy Qin
4A3A North:	23.78	2015	Morgan Hill

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:01 AM				
3	Rufino, Abigail I	JR	NWD	43.19
4	Gonzalez, Maxey M	SR	JFK	35.90
5	Venord, Jahzara	SR	PBR	37.87
6	Vazquez Avalos, Ariana S	SR	PBR	46.38
Heat 2 of 4 Finals Starts at 09:02 AM				
1	Reyes, Gabi Z	JR	JFK	32.25
2	Rudmann, Caroline G	SR	CZM	27.73
3	Patel, Sarisha C	SO	WHE	26.94
4	McWhorter, Molly C	SO	BCC	26.81
5	Rankin, Stella G	FR	CZM	26.88
6	Smugeresky, Emily J	FR	SPB	26.96
7	Dewey, Lydia C	JR	JHB	27.78
8	Martinez, Nathalie C	SO	NWD	34.66
Heat 3 of 4 Finals Starts at 09:03 AM				
1	Trang, Kim T	SR	JHB	26.66
2	Nichols, Anna S	SR	AEI	26.31
3	Zalalutdinov, Darya H	SR	MTB	26.05
4	Egwim, Tiffany O	SR	SPB	25.92
5	Velasquez, Mia M	FR	SHE	26.00
6	Kottak, Nadja A	FR	WWH	26.15
7	McCarty, Natalie O	SO	WAJ	26.48
8	Dedolph, Charlotte M	JR	BCC	26.77
Heat 4 of 4 Finals Starts at 09:04 AM				
1	Bailey, Alysa L	JR	WAJ	25.84
2	Hooker, Marion A	FR	WHE	25.39
3	Young, Lindsay L	SR	MTB	24.59
4	Cai, Anika	JR	WCH	23.74
5	Belknap, Penelope	JR	WWH	24.24
6	Chen, Alexa K	FR	WCH	24.94
7	Velasquez, Allie K	SO	SHE	25.65
8	McMurry, Margaux J	FR	AEI	25.89

Event 11 Boys 100 Yard Butterfly

MCPS:	48.13	2022	Everett Oehler
4A3A North:	49.88	2018	Alex Colson

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:19 AM				
3	Sylvester, Michael B	SR	PBR	1:25.71
4	Zelaya, Matthew A	FR	JFK	1:19.78
5	Anderson, Gabe R	JR	NWD	1:24.28
Heat 2 of 4 Finals Starts at 09:21 AM				
1	McFarland, Andrew R	SO	AEI	1:14.32
2	Nguyen, Ashton K	FR	WHE	1:11.18
3	Pelter, Richard E	FR	CZM	1:04.71
4	Puentes, Nicolas P	FR	JHB	1:03.09
5	Rees, Oliver F	SO	NWD	1:04.30
6	Williams, Brian N	SO	SPB	1:04.78
7	Fink, Larry	SO	JFK	1:11.90
8	Rubtso, Zaka A	FR	WHE	1:14.91
Heat 3 of 4 Finals Starts at 09:22 AM				
1	Ngo, Henry T	JR	SHE	57.75
2	Vaonakis, Phoenix B	JR	JHB	55.19
3	Avalos, Ethan J	SO	BCC	54.70
4	Windt, AJ J	JR	AEI	53.30
5	Sparshott, Thomas J	SR	MTB	54.15
6	Ash, Noah M	JR	WCH	54.71
7	Tucker, Robert O	JR	CZM	55.96
8	Nguyen, Thien Trieu	SR	SPB	57.85
Heat 4 of 4 Finals Starts at 09:24 AM				
1	McKenna, Pierce J	JR	BCC	52.70
2	Liu, Brandon	JR	WWH	52.35
3	Kominski, Tyler M	JR	SHE	51.17
4	Knapp, Lucas M	SR	WAJ	48.81
5	Anderson, Sean D	JR	WCH	50.98
6	Penn, Charlie J	JR	WWH	52.22
7	Friedman, Owen J	SR	WAJ	52.61
8	Ford, Lucas w	JR	MTB	53.28

Event 12 Girls 100 Yard Butterfly

MCPS:	53.87	2018	Hannah Kannan
4A3A North:	57.42	2017	Hannah Kannan

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:25 AM				
3	French, Talia A	FR	JFK	1:49.34
4	Kenney, Katie A	SR	NWD	1:27.25
5	Patel, Aarna B	SR	WHE	1:41.39
Heat 2 of 4 Finals Starts at 09:27 AM				
2	Nesta, Jean M	JR	JHB	1:24.97
3	Mantel, Elin	FR	JFK	1:22.83
4	Lee, Maisie B	FR	MTB	1:12.25
5	Ehilen, Onoseta P	FR	SPB	1:13.44
6	Pruitt, Sophia L	FR	CZM	1:23.19
7	Funk, Luella B	SO	WHE	1:25.15
Heat 3 of 4 Finals Starts at 09:29 AM				
1	Majarowitz, Keira N	JR	AEI	1:05.47
2	McMurry, Margaux J	FR	AEI	1:05.06
3	Ahyick Wong, Ashley K	SR	WAJ	1:03.30
4	Floyd, Elle N	SR	SHE	1:02.50
5	Mendizabal, Malia P	SO	BCC	1:02.86
6	Rankin, Stella G	FR	CZM	1:04.50
7	Ossi, Hope A	JR	MTB	1:05.09
8	Egwim, Tessa N	SO	SPB	1:09.41

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Heat 4 Finals (#12 Girls 100 Yard Butterfly)

1	Williams, Jill C	SR	SHE	1:00.82
2	McGee, Zoe L	SR	WAJ	57.03
3	Hammond, Hailey G	SR	BCC	55.72
4	Kaiser, Gaby E	SR	WCH	55.39
5	Cai, Anika	JR	WCH	55.45
6	Yang, Julie	SR	WWH	56.01
7	Groves, Caitlin	JR	WWH	58.48
8	Luse, Ellie C	FR	JHB	1:01.96

Event 13 Boys 100 Yard Freestyle

MCPS:	44.73	2024	Nasim Elkassem
4A3A North:	46.82	2022	Sean Colson

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:31 AM				
3	Behr, Everett B	SO	PBR	1:27.96
4	Caballero Portillo, Jair	SR	JFK	1:06.03
5	Pikofsky-Christianse, Ezeki	FR	JFK	1:12.06
Heat 2 of 4 Finals Starts at 09:33 AM				
1	Balfour, Dadrian	FR	PBR	1:03.31
2	Muljo, Alex K	JR	WHE	58.52
3	Davis, Caleb S	SO	SPB	58.03
4	Johnson, Jayden D	JR	JHB	56.53
5	Cao, Viet T	JR	JHB	57.69
6	Neggaz, Zaid Y	FR	NWD	58.12
7	Healy, Liam P	JR	CZM	59.25
8	Cruz Calderon, Marcos	SR	SPB	1:03.96
Heat 3 of 4 Finals Starts at 09:34 AM				
1	Rees, Henry S	SR	NWD	55.75
2	Kemp, Bobby N	JR	WHE	51.90
3	Opima, Ayden	SR	SHE	51.36
4	Hua, Ethan Y	SR	MTB	50.19
5	Humphreys, Colby R	SO	WAJ	50.43
6	Kreitz, Till E	FR	SHE	51.72
7	Glenn, Tyler W	SR	CZM	52.07
8	Sandridge, Henry S	SR	AEI	56.08
Heat 4 of 4 Finals Starts at 09:35 AM				
1	Pevzner, Daniel N	JR	BCC	49.54
2	Press, Joey	SR	WWH	48.53
3	Sims, Douglas J	SR	WCH	47.94
4	Murphy, Taiyo E	SR	WAJ	47.16
5	Starr, Graham	SR	WWH	47.88
6	Devinney, Maximus	JR	WCH	48.01
7	Ross, Stewie A	FR	BCC	49.39
8	Finberg, Matthias S	JR	MTB	49.89

Event 14 Girls 100 Yard Freestyle

MCPS:	49.07	2016	Morgan Hill
4A3A North:	51.74	2016	Morgan Hill

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:37 AM				
3	Nguyen, Namtran H	SO	PBR	1:44.06
4	Martinez, Nathalie C	SO	NWD	1:22.62
5	Serna, Magdalena C	JR	NWD	1:35.15
Heat 2 of 4 Finals Starts at 09:39 AM				
1	Albright, Courtney J	SR	JHB	1:13.66
2	Pabian, Zoe T	FR	JFK	1:10.38
3	Zeigler, Abby L	SR	JHB	1:04.00
4	Smugeresky, Emily J	FR	SPB	59.00
5	Egwim, Tiffany O	SR	SPB	1:03.97
6	Mushahwar, Ava G	JR	CZM	1:08.89
7	Bradley, Elise M	SR	CZM	1:12.09
8	Reyes, Gabi Z	JR	JFK	1:17.79
Heat 3 of 4 Finals Starts at 09:40 AM				
1	Nichols, Anna S	SR	AEI	58.13
2	Cooper, Emi M	FR	SHE	57.07
3	Velasquez, Mia M	FR	SHE	56.06
4	Gudana, Sophie I	JR	MTB	55.64
5	Lee, Jeanelle F	SR	WAJ	55.93
6	McCarty, Natalie O	SO	WAJ	56.11
7	Roddin, Rachel A	FR	AEI	57.14
8	Patel, Sarisha C	SO	WHE	59.00
Heat 4 of 4 Finals Starts at 09:41 AM				
1	Chen, Alexa K	FR	WCH	55.47
2	Burger, Millie M	SO	WCH	54.83
3	Belknap, Penelope	JR	WWH	54.01
4	Hinds, Virginia C	SR	BCC	49.57
5	Hooker, Marion A	FR	WHE	54.00
6	Morton, Olivia R	SO	BCC	54.24
7	Kottak, Nadja A	FR	WWH	55.19
8	Humpert, Lucy T	JR	MTB	55.56

Event 15 Boys 500 Yard Freestyle

MCPS:	4:20.04	2012	Garrett Powell
4A3A North:	4:37.16	2023	Mikhail Kojanov

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 09:43 AM				
3	Chang, Jun H	SR	SPB	7:26.15
4	Richesson, Sean	FR	JHB	6:41.28
5	Raudales, Sam A	SO	JFK	7:24.12
Heat 2 of 4 Finals Starts at 09:50 AM				
2	Chavez, Santiago P	FR	WHE	6:27.37
3	Sherman Popp, Nikolai J	JR	AEI	6:12.99
4	Sutton, Jayden M	SR	CZM	6:07.15
5	Ferman, Lucas A	FR	JHB	6:07.53
6	Ashurst, Nathan M	JR	SPB	6:18.28
7	Rubtso, Zaka A	FR	WHE	6:28.06
Heat 3 of 4 Finals Starts at 09:57 AM				
1	Bridgett, Shane D	JR	CZM	5:37.13
2	Wooden, Porter J	SO	NWD	5:14.59
3	Kwon, Ian C	JR	SHE	5:07.97
4	Khalili, Aarad A	SO	MTB	5:02.39
5	Ross, Hob W	JR	BCC	5:04.03
6	Guyer, Xan C	FR	BCC	5:14.01
7	Hickman, Brevin P	FR	NWD	5:25.16
8	Jeffery, Harry J	SR	PBR	6:00.43

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Heat 4 Finals (#15 Boys 500 Yard Freestyle)

1	Buck, Grainger M	SO	WCH	4:53.47
2	Conze, Gus S	SO	WAJ	4:43.66
3	Liberty, Nicholas A	JR	SHE	4:32.58
4	Nurit, Leopold E	SO	WWH	4:29.67
5	Bartholomew, Lachlan T	SO	WAJ	4:30.56
6	Kim, Lucas Y	JR	MTB	4:40.51
7	Wizenberg, Griffin M	SO	WWH	4:45.49
8	Mastronikolas, Markos P	FR	WCH	4:59.58

Event 16 Girls 500 Yard Freestyle

MCPS:	4:46.55	2024	Andrea Dworak
4A3A North:	4:51.00	2024	Andrea Dworak

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Finals Starts at 10:08 AM				
2	Williams, Jordan	JR	PBR	7:20.52
3	Ascencio, Paulina L	FR	JHB	6:31.07
4	Levin, Maya A	SO	AEI	6:16.15
5	Wofford, Elise J	FR	SPB	6:17.65
6	Thompson, Katie D	FR	SPB	6:31.56
7	Jacobson, Allison B	SR	WHE	7:41.45
Heat 2 of 3 Finals Starts at 10:16 AM				
1	Vadlamudi, Anjali M	SO	AEI	5:40.66
2	Hammond, Hailey G	SR	BCC	5:24.46
3	de Souza, Paige A	SR	WCH	5:21.38
4	Dean, Skylar H	SR	CZM	5:20.25
5	Hughes, Sophia	SO	WWH	5:21.11
6	Ossi, Chloe C	JR	MTB	5:21.96
7	Ossi, Hope A	JR	MTB	5:26.49
8	Ladd, Ruth M	JR	BCC	5:52.45
Heat 3 of 3 Finals Starts at 10:23 AM				
1	Floyd, Elle N	SR	SHE	5:15.73
2	Fecko, Mia L	JR	SHE	5:13.27
3	Mason, Izabella S	FR	WHE	5:05.52
4	Saybolt, Elanor H	JR	WAJ	4:55.89
5	Bell, Ainsley C	FR	WCH	4:59.21
6	Gilbert, Annie G	FR	WWH	5:11.44
7	Sanford, Molly	SO	JHB	5:14.15
8	Down, Bella C	JR	WAJ	5:20.20

Event 17 Boys 200 Yard Freestyle Relay

MCPS:	1:22.82	2024	Churchill
4A3A North:	1:29.91	2018	Blake

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 10:43 AM			
2	JFK	A	1:50.89
3	NWD	A	1:43.54
4	WHE	A	1:39.27
5	CZM	A	1:40.14
6	PBR	A	1:50.33
Heat 2 of 2 Finals Starts at 10:45 AM			
1	MTB	A	1:38.11
2	SHE	A	1:32.49
3	BCC	A	1:28.77
4	WCH	A	1:24.73
5	WAJ	A	1:25.58
6	WWH	A	1:29.82
7	JHB	A	1:36.47
8	AEI	A	1:38.87

Event 18 Girls 200 Yard Freestyle Relay

MCPS:	1:34.58	2023	B-CC
4A3A North:	1:39.48	2017	Sherwood

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 10:47 AM			
2	NWD	A	2:26.50
3	PBR	A	2:13.44
4	AEI	A	1:49.03
5	SPB	A	1:53.09
6	WHE	A	2:24.86
7	JFK	A	2:27.88
Heat 2 of 2 Finals Starts at 10:50 AM			
1	JHB	A	1:45.21
2	BCC	A	1:44.08
3	WWH	A	1:41.19
4	WCH	A	1:37.26
5	WAJ	A	1:40.56
6	SHE	A	1:43.00
7	MTB	A	1:44.11
8	CZM	A	1:48.75

Event 19 Boys 100 Yard Backstroke

MCPS:	48.36	2023	Blake Conway
4A3A North:	50.54	2024	Mikhail Kojanov

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 10:52 AM				
3	Barry, Mamadou D	FR	JFK	1:36.00
4	Landa, Chris J	SR	AEI	1:17.06
5	Zelaya, Matthew A	FR	JFK	1:17.60
6	Behr, Everett B	SO	PBR	1:49.28
Heat 2 of 4 Finals Starts at 10:54 AM				
1	Nguyen, Ashton K	FR	WHE	1:14.27
2	Pelter, Richard E	FR	CZM	1:10.86
3	Sylvester, Michael B	SR	PBR	1:08.48
4	Nguyen, Thien Trieu	SR	SPB	1:08.10
5	Bensimon, Kyle E	SR	SPB	1:08.37
6	Healy, Liam P	JR	CZM	1:09.33
7	Livingston, Izzy J	SR	JHB	1:11.84
8	Egbarin, Joey I	JR	WHE	1:15.67

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Meet Program - Swimming

Heat 3 Finals (#19 Boys 100 Yard Backstroke)

1	Hickman, Brevin P	FR	NWD	1:02.50
2	Vaonakis, Phoenix B	JR	JHB	59.35
3	Guo, Ethan B	JR	MTB	57.32
4	Arovas, Adrian L	SR	BCC	57.15
5	Opima, Bryce	SR	SHE	57.31
6	Han, Rowan	FR	WWH	58.86
7	Raab, Ethan F	SR	AEI	1:01.25
8	Warnke, Becker J	SO	NWD	1:06.31

Heat 4 of 4 Finals Starts at 10:58 AM

1	Penn, Charlie J	JR	WWH	54.57
2	Devinney, Jay Cole	FR	WCH	52.12
3	Friedman, Owen J	SR	WAJ	51.51
4	Begin, Charlie J	SR	WCH	48.94
5	Knapp, Lucas M	SR	WAJ	51.09
6	Duma, John M	SR	BCC	51.71
7	Maready, Mason C	SO	SHE	52.78
8	Bryce, Liam J	SO	MTB	55.63

Event 20 Girls 100 Yard Backstroke

MCPS:	53.26	2026	Virginia Hinds
4A3A North:	57.80	2015	Margarita Ryan

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 10:59 AM				
3	Cox, Gabby J	FR	NWD	1:56.28
4	French, Talia A	FR	JFK	1:34.59
5	Serna, Magdalena C	JR	NWD	1:55.92
Heat 2 of 4 Finals Starts at 11:02 AM				
1	Kee, Maddie H	SR	JFK	1:28.94
2	Lang, Cameron E	JR	JHB	1:21.69
3	Mushahwar, Ava G	JR	CZM	1:18.88
4	Egwim, Tessa N	SO	SPB	1:16.97
5	Halas, Claire D	SO	CZM	1:18.75
6	Funk, Luella B	SO	WHE	1:21.09
7	Minalu, Kalkidan A	SO	WHE	1:27.00
Heat 3 of 4 Finals Starts at 11:04 AM				
1	Dewey, Lydia C	JR	JHB	1:12.25
2	Ahyick Wong, Ashley K	SR	WAJ	1:06.22
3	Roddin, Rachel A	FR	AEI	1:04.36
4	Liu, Ashley C	SO	WWH	1:03.81
5	Kraft, Allison M	SO	SHE	1:04.19
6	Williams, Jill C	SR	SHE	1:05.63
7	Wofford, Elise J	FR	SPB	1:08.78
8	Stenger, Lucy H	SR	AEI	1:12.47
Heat 4 of 4 Finals Starts at 11:05 AM				
1	Krupinski, Grace R	SR	BCC	1:02.89
2	Burger, Millie M	SO	WCH	59.94
3	Young, Lindsay L	SR	MTB	57.28
4	Hinds, Virginia C	SR	BCC	53.26
5	Yeou, Jisoo	SO	WWH	56.71
6	Schur, Grace K	SO	WCH	59.64
7	McCarty, Jacqueline L	SR	WAJ	1:00.39
8	DeBacker, Leila G	FR	MTB	1:03.51

Event 21 Boys 100 Yard Breaststroke

MCPS:	54.21	2023	Jed Garner
4A3A North:	56.82	2024	Brian Wilbur

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 11:07 AM				
3	Vaidya, Abraham A	JR	SPB	1:26.50
4	Huffine-Wright, Xavier L	FR	PBR	1:19.09
5	Fink, Larry	SO	JFK	1:19.44
6	Behr, Simon P	SR	PBR	1:35.65
Heat 2 of 4 Finals Starts at 11:09 AM				
1	McFarland, Andrew R	SO	AEI	1:17.60
2	Reineke, Alexander S	JR	AEI	1:14.81
3	Muljo, Alex K	JR	WHE	1:13.08
4	Fowler, Landon E	SR	CZM	1:10.50
5	Duran, Jonas R	SO	NWD	1:12.56
6	Ferman, Lucas A	FR	JHB	1:13.15
7	Wilson, James J	SR	JFK	1:15.91
8	Williams, Brian N	SO	SPB	1:18.20
Heat 3 of 4 Finals Starts at 11:10 AM				
1	Rees, Oliver F	SO	NWD	1:08.90
2	Rampulla, Nate	FR	WWH	1:06.55
3	Kwon, Ian C	JR	SHE	1:04.95
4	Hua, Ethan Y	SR	MTB	1:01.36
5	Helfers, Teague T	SO	WHE	1:02.21
6	Guo, Peter N	FR	MTB	1:05.41
7	Johnson, Benjamin M	SO	WWH	1:07.41
8	Ghosh, Shreyas N	SR	CZM	1:09.21
Heat 4 of 4 Finals Starts at 11:12 AM				
1	Alie, Caleb J	SR	SHE	1:00.36
2	Dawson, Jack O	JR	JHB	58.85
3	Bagshaw, Max J	SR	WAJ	57.46
4	Dionne, Luc S	JR	WAJ	54.44
5	Devinney, Maximus	JR	WCH	57.10
6	Lakhe, Kyle K	SR	BCC	58.45
7	Stoian, Teddy J	SO	BCC	59.59
8	Wang, Alexander Z	SO	WCH	1:01.06

Event 22 Girls 100 Yard Breaststroke

MCPS:	1:01.25	2023	Sienna Karp
4A3A North:	1:05.87	2018	Kaitlin Gravell

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Finals Starts at 11:13 AM				
3	Rogers, Sophia Z	SO	WHE	1:56.81
4	Viloria, Jenna A	JR	WHE	1:38.97
5	Gappa, Ramona S	JR	JFK	1:44.13
Heat 2 of 4 Finals Starts at 11:15 AM				
1	Angleton, Kayla R	SR	JFK	1:30.14
2	Zeigler, Abby L	SR	JHB	1:22.01
3	Thompson, Katie D	FR	SPB	1:19.70
4	Ladd, Ruth M	JR	BCC	1:17.53
5	Nguyen, Vivian	SR	PBR	1:17.97
6	Soza, Angie T	JR	NWD	1:21.83
7	Wheeler, Lily E	JR	PBR	1:29.41
8	Kenney, Katie A	SR	NWD	1:33.93

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Meet Program - Swimming

Heat 3 Finals (#22 Girls 100 Yard Breaststroke)

1	Vadlamudi, Anjali M	SO	AEI	1:16.77
2	Lee, Maisie B	FR	MTB	1:14.85
3	Trang, Kim T	SR	JHB	1:13.50
4	Floyd, Sofie E	SO	SHE	1:12.57
5	Lee, Jeanelle F	SR	WAJ	1:12.66
6	Ma, Enya K	JR	MTB	1:13.73
7	Rudmann, Caroline G	SR	CZM	1:15.28
8	Thompson, Tessa N	FR	SPB	1:16.93

Heat 4 of 4 Finals Starts at 11:18 AM

1	Bailey, Alysa L	JR	WAJ	1:10.70
2	Shive, Leah W	JR	WCH	1:06.72
3	Tansey, Annie K	FR	CZM	1:05.61
4	Bu, Catherine	SR	WCH	1:03.61
5	Lakso, Brooke E	FR	SHE	1:04.79
6	Yang, Julie	SR	WWH	1:05.83
7	Gilbert, Annie G	FR	WWH	1:08.94
8	Holtz, Nadia A	SR	BCC	1:12.47

Event 23 Boys 400 Yard Freestyle Relay

MCPS:	**3:01.57**	**2024**	**Churchill**
4A3A North:	**3:15.83**	**2024**	**Montgomery Blair**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 11:30 AM			
3	AEI	A	4:08.15
4	JHB	A	3:41.48
5	WHE	A	3:43.59
6	JFK	A	4:19.85
Heat 2 of 2 Finals Starts at 11:35 AM			
1	CZM	A	3:33.97
2	SHE	A	3:17.01
3	WWH	A	3:11.40
4	WCH	A	3:03.49
5	WAJ	A	3:05.45
6	BCC	A	3:15.09
7	MTB	A	3:22.99
8	NWD	A	3:40.41

Event 24 Girls 400 Yard Freestyle Relay

MCPS:	**3:26.90**	**2023**	**B-CC**
4A3A North:	**3:35.39**	**2018**	**Sherwood**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 11:38 AM			
2	NWD	A	5:31.13
3	SPB	A	4:15.56
4	WHE	A	4:01.81
5	JHB	A	4:11.63
6	JFK	A	4:53.13
Heat 2 of 2 Finals Starts at 11:44 AM			
1	CZM	A	3:51.29
2	MTB	A	3:45.01
3	WWH	A	3:35.13
4	BCC	A	3:32.16
5	WCH	A	3:32.90
6	WAJ	A	3:39.79
7	SHE	A	3:48.11
8	AEI	A	3:55.31