



2025 HOX LAST CHANCE SWIM MEET

****ATTENTION****

You will be required to show a valid Driver License when entering the gated community. Let the security guard know you are attending the Last Chance swim meet to gain access.

This is a **NON SANCTIONED** Recreational swim meet. Times will not be valid for USA Swimming.

DATE: Sunday, July 20, 2025 at 3:00 PM

INDIVIDUAL ENTRIES: Accepted at www.fastswims.com. Entry deadline Friday, July 18, 2025 at 11:00 AM or until the meet sells out.

TEAM ENTRIES: You must complete the form and pre-register at www.hoxswim.com. Team entry deadline Friday, July 18, 2025 at 3PM. Submitting as a team you will have an extended entry deadline and a guaranteed spot.

COST: \$12 splash fee, \$10 per event. Open lanes **ONLY** will be sold at the meet for an increased fee of \$12 per event. **NO REFUNDS** or **CREDITS** will be given for no shows or scratches.

PSYCH SHEET: The Psych sheet will be posted by Saturday, July 19, 2025 at 10AM. IMMEDIATELY contact HOX computers at hoxcomputers@gmail.com with any concerns or corrections. Meet program will be posted by 9AM July 20, 2025.

QUESTIONS: Contact Last Chance Meet Director, Sarah Kolbe
lastchance@hoxswim.com

WARM-UPS:

Meet Begins	3:00 PM
OPEN warm-ups	1:30 PM - 2:30 PM
8 & Under warm-up ONLY	2:30 PM - 2:45 PM

LOCATION: Blackhawk Country Club Sports Complex - 1098 Eagle Nest Place, Danville, CA 94506

DIRECTIONS AND PARKING: From 680 North, take the El Cerro exit and turn left. Continue straight - El Cerro Road becomes Diablo Road which then becomes Blackhawk Road. Follow the road until you reach the Main Gate entrance at Blackhawk Country Club. Turn left into the visitor's lane. Once through the gate, proceed straight on Blackhawk Drive. At the roundabout, turn left. The pool is located at the very top of the hill on the left.

In addition to the main parking lot, street parking is available as well as a dirt parking lot located at the back of the main lot. Please do not park in any reserved spaces (reserved spaces will be clearly marked), or Handicap spaces without a valid placard.

MEET JOBS: This meet is completely staffed by the HOX team, no jobs are required of any other family or team.

RESULTS: During the meet, results will be posted to Meet Mobile. The computer backup database for teams will be available at www.hoxswim.com immediately following the meet.

SET-UP AREA: Teams and families may set-up starting at 1:00 PM on Sunday

T-SHIRTS: T-shirts will be sold on site; more info will be posted on our website.

RULES:

- Fly overs will be used.
- Only (1) swimmer at a time allowed at the starting block.
- All events will swim fast to slow.
- All events are timed finals.

- Events will be timed using (2) timers and touchpads.

USE OF THE FACILITY:

- This is a pre-registered event and it is NOT open to the public. It is restricted to swim team members, their parents and swim team officials only.
- There is (1) bathroom on the pool deck. There are additional bathrooms located upstairs near the Hawk's Nest snack bar.
- There are NO locker rooms on site.
- There are (2) changing tents located at the bathrooms near the bocce courts.
- The fitness center is closed to the public and is for members only

ATHLETES:

- Meet program will be available on July 20 at 9AM at www.hoxswim.com.
- Please communicate scratches to the computer desk. Scratches are non-refundable and non-transferable.
- Fast suits are permitted as per current USA swim rules.

TOUCHPADS AND TIMING:

- HOX will use touchpads at the meet. In order to prepare your swimmers for the use of touchpads, please inform your coaches to allow them adequate preparation.
- When recorded by properly operating automatic timing equipment (touchpads), the pad time shall be the official time unless a malfunction has occurred. • Primary Timing System Malfunction — A malfunction may have occurred if:
 - The difference between the time obtained by the primary system and the back-up system(s) is approximately .30 second or greater; or
 - The place judge(s) reports a different order of finish; or
 - It is reported that the swimmer missed the touchpad or had a soft touch.

STROKE & TURN:

- Age groups will be required to swim the stroke 100% correct, 100% of the time.

FOOD AND BEVERAGE:

- Blackhawk Country Club will have food and beverages available for purchase. Cash and credit cards will be accepted. No outside food or beverage allowed.

MEET EVENTS:

- Event # 1, 2, 51, 52 are MIXED gender events. See below.

Event #	Girls Event	Event #	Boys Event
1	MIXED GENDER	6-18 YRS OLD	50 yd FREE
2	MIXED GENDER	6-18 YRS OLD	100 yd IM
3	6 & U 25 yd Free	4	6 & U 25 yd Free
5	7-8 25 yd Free	6	7-8 25 yd Free
7	9-10 50 yd Free	8	9-10 50 yd Free
9	11-12 50 yd Free	10	11-12 50 yd Free
11	13-14 50 yd Free	12	13-14 50 yd Free
13	15-18 100 yd Free	14	15-18 100 yd Free
15	6 & U 25 yd Breast	16	6 & U 25 yd Breast
17	7-8 25 yd Breast	18	7-8 25 yd Breast
19	9-10 50 yd Breast	20	9-10 50 yd Breast
21	11-12 50 yd Breast	22	11-12 50 yd Breast
23	13-14 50 yd Breast	24	13-14 50 yd Breast
25	15-18 100 yd Breast	26	15-18 100 yd Breast

27	6 & U 25 yd Back	28	6 &U 25 yd Back
29	7-8 25 yd Back	30	7-8 25 yd Back
31	9-10 50 yd Back	32	9-10 50 yd Back
33	11-12 50 yd Back	34	11-12 50 yd Back
35	13-14 50 yd Back	36	13-14 50 yd Back
37	15-18 100 yd Back	38	15-18 100 yd Back
39	6 & U 25 yd Fly	40	6 &U 25 yd Fly
41	7-8 25 yd Fly	42	7-8 25 yd Fly
43	9-10 50 yd Fly	44	9-10 50 yd Fly
45	11-12 50 yd Fly	46	11-12 50 yd Fly
47	13-14 50 yd Fly	48	13-14 50 yd Fly
49	15-18 100 yd Fly	50	15-18 100 yd Fly
51	MIXED GENDER	6-18 YRS OLD	100 yd IM
52	MIXED GENDER	6-18 YRS OLD	50 yd FREE

HOX SWIM TEAM CONTACTS:

Title	Name	Email
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President	Kristen Heiden	hoxprez@gmail.com
Meet Director	Sarah Kolbe	lastchance@hoxswim.com
Computers	Elizabeth Yoo	hoxcomputers@gmail.com
AD / Head Coach	Sean Quackenbush	seanq@blackhawkcc.org

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS BLACKHAWK COUNTRY CLUB, HOX SWIM TEAM, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

USE OF PHOTOGRAPHY/VIDEOGRAPHY: Use of any recording device, including voice recording, still camera or video is prohibited in the locker rooms, changing areas and from behind the starting blocks. Please report any use of such a recording device in these spaces to the meet director.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results.