



DYSL Board Meeting Minutes – 28 August 2018

DATE: Tuesday, August 28, 2018 **TIME:** 5:00 PM-8:00 pm **LOCATION:** Alwaha South

ATTENDEES PRESENT:

Jeremy Babbington (Commissioner), Jacques Olckers (Assistant Commissioner), Manar Elfayoumy (Secretary), Eduardo Del Carmen (IT Manager), Kellie Nielson (Treasurer), Mary Lubbe, Donna Sambodo, Joe McLaughlin & Juan Caralt

AGENDA TOPICS

Fall 2018 / Swimmers

- Seven (7) lanes of pool to be assigned to DYSL during swimming practice every weekday from 3.15 - 7.45 pm.
- Eight (8) swim meets proposed for Fall season. Six in Hills Pool, One at Lasers (Al Khobar) and one at Ras Tanura pool.
- All Internal swim meets will have a relay as the final event, which will alternate between freestyle relay and IM relay. During these meets, swimmers will be able to swim five (5) events plus a relay.
- The event order for all internal meets will be posted on the website at the start of the season to allow parents and swimmers to see what events they want to swim.
- Meet directors for all Fall Swim meets assigned at meeting.

New swimmer tryouts & orientation

- Returning swimmers registration will be on Sunday September 2nd from 5 p.m. to 7 p.m.
- Registration online via website.
- Swimming dues for fall season will be 1000 SAR per returning swimmer.
- IT Manager will send an email that includes link for online registration through website.
- Try out for new swimmers will be held at the hills swimming pool on Monday September 10th from 4:30 p.m. to 6:30 p.m.
- Swimmers will be evaluated by the four (4) coaches and two (2) experience board members Jacques Olckers and Juan Caralt.
- Details of tryouts will be posted on the website with strokes to be swum, distance and times per age group.
- An email will be sent to the successful swimmers who will be invited to new swimmer orientation.
- New swimmer orientation will be on September 16 between 5 - 7 pm, Al Waha South room #3.
- An email will be sent to all unsuccessful swimmers.

Swim team groups

- Structure of the swim team group will be based on age group. Each group will have some swimmers from different age groups swimmers according to their swimming ability and coaches recommendations.
- Promotion to different group or level that will help the swimmer to improve his swimming ability and potential will be based on coach's recommendations alone (which will need to be unanimous).
- Coach's decision will be based on ability, swimming time as well as the swimmers maturity level.
- Coaches to be rotated between the levels of each group according to a set schedule so all the swimmers will benefit from all the coaches equally.

Work Groups

- A technical swimming committee will be formed with two board members - Juan Caralt and Jacques Olckers and three carefully selected parents with knowledge of swimming coaching and technique management.
- This group will meet on a regular basis with the coaches and provide appropriate training to motivate, support and standardize swimming techniques among the coaches.
- The Committee will have a continuous professional communication with the coaches throughout the season and report back to the board with any findings or actions needed.

Swim Practice

- Introduce a planned stretching routine before swimming to avoid any injuries also have a standard in water warm up before the planned workout.
- As we have four (4) coaches, one coach will lead the stretch routine with the swimmers.
- Ask the parents to send their swimmers 15 minutes earlier to do stretching without taking time out of the actual training time.
- Ensure Senior Dolphin finish time is 7.45 pm

DYSL Email

- Manar Metawea (Secretary) will be responding to all incoming email and direct them as needed to the appropriate channels. All group communication will be through swimtopia using dysl.dolphins@gmail.com.
- Most of the members were in favor of using ONLY swimtopia as our official swim team communication channel.
- Team Snap will be retired.

Reinforcing rules

- Enforcing disciplines, rules and expectations from both swimmers and parents during training sessions – email will be sent to all parents
- Conveying to parents the communication protocol with coaches as well as the board.

Key position backups

- Identify board members to cover other members during the time when they will be OOK.