

UTMOST

SPRING GALA 2025

Sunday 23rd March

Closing date 14th March

Licence Number : TBC

This Level 3 competition is licensed by the Swim England.
The competition is promoted by the Isle of Man Swimming Association.

Isle of Man Swimming Association

UTMOST SPRING GALA 2025

Affiliated to Swim England Northwest Region

Venue: The National Sports Centre, Douglas, Isle of Man (25m Pool)

Dates and Times

2022	Check-in open	Check-in close	Warm-up start	Competition start	Notes
Sunday 23 rd March Session 1	10:30	10:55	11:00	12:00	
Sunday 23 rd March Session 2	15:00	15:25	15:30	16:30	Session 2 Times are subject to change

Session Times

- **Session 2 times above are as a guide and are subject to change by the promoter.**
- **Once entries have closed and been processed a notification will be sent to IOM Swimming and advertised to relevant clubs.**
- **We will aim to give a 1-hour lunch break between the end of session 1 and the warm-up for session 2.**
- **Entries for the 200m events will be restricted.**

Entry Criteria

- In line with the Swim England transgender and non-binary competition policy the following definitions apply:
Female - Athletes with a birth sex of female
Open - Athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category
- Only swimmers registered with the Swim England are eligible to enter and it will be run under a **LEVEL 3** licence.
- In the case of an entry to an event for which a swimmer has no prior time or a time outside the qualification time, the promoter, at its discretion, notwithstanding the entry time fails to meet the entry criteria, reserves the right to accept the entry and allocate a time to the swimmer.
- The National Coach and the Club Head Coach are to ensure swimmers are capable and competent to swim the events they enter.
- Entry times to have been achieved since 1st Jan 2022

Age Groups

- Ages are based on the swimmers age on **23rd March 2025**.
- The age groups will be 9-11, 12-13, 14-15 and Open
- The minimum age to enter individually is 9 years
- Swimmers are at their own & their clubs discretion not to over swim by entering too many events. National Coach & IOMSC reserves the authority to restrict a swimmers entry.

Submission of Entries

- The Meet Director has the authority to adjust the number of entries accepted in the interest of safety, time constraints and to ensure the smooth running of the meet.
- The Promoter reserves the right to guarantee entries for any clubs that are based off-island and are travelling to the event. Off-Island clubs should contact the promoter or Head Coach for more information on entries.
- **Entry Fees:** £6.00p for each individual event entered.
Please pay your regional club as per their direction. We will invoice them for the accepted entries.

No refunds will be made for withdrawals unless the athlete is deemed unfit to compete with evidence by a doctors note.

- **Entries close at midnight on the 14th March or as instructed by Isle of Man clubs.**
No entries will be permitted after the closing time / date.

Isle of Man Swimming Association

UTMOST SPRING GALA 2025

- Club representatives should contact the promoter to agree on how they will send entries. This can include using Team Unify/On Deck, Team Manager export or agreed Excel spreadsheet. These should be with the promoter no more than **2** days after the closing date. One entry form per individual competitor may be required by clubs and if so submit current time alongside events.
- Entries **must** include the swimmers current **ASA** registration number and clubs/swimmers need to ensure this is up to date and the correct **category**. **Failure to do so may result in their entry being refused.**

Events

- All events are to be Heat Declared Winner (HDW) events and to be swum as one seeded event.
- Overhead starts to be operated during competition (This may also apply to backstroke events when previous heat swimmers stay in water at the side/corner of the lane until the next heat has started.)
- Swimmers will be separated into age groups for the event results. 9-11, 12 -13, 14 -15, Open

Check In

- **Individual competitors** must register/check-in at the designated desk situated within the NSC by the above closing time unless prior arrangement is made with the Promoter.
- **Competitors may check-in for session 2 at the same time as session 1, however anyone just attending session 2 can check in at the advertised times.**
Clubs will be contacted in the event of any no-shows and individuals may be restricted from entering future galas.
- Competitors not otherwise registered by closing registration time will be assumed absent and their entries withdrawn from that day's events.

Warm -up

- Warm up will be split into two equal Male and Female sessions and be under the control of the coaches. The first session of warm up will be for the gender of the first event of the session.

Confirmation of Entry acceptance

- All accepted entries will be notified to the relevant clubs as soon as possible after closing date. Swimmers should check your entries.

General

- **Reminder: No Parents are allowed in the Changing Areas or on Poolside at any time**
- No valuables should be left in the changing room during the warm-up or events
- Please note that all competitors take part at their own risk.
- Contact email for organiser is iomswimlaptop@outlook.com

Promoters Rights

- **The promoters reserve the right at their discretion to alter, amend, delete or add to the programme of events, awards or the conditions of entry, acceptance or competition.**
- **Anything not covered in the above – or not printed in other meet information will be at the discretion of the promoters.**

Isle of Man Swimming Association

UTMOST SPRING GALA 2025

Individual Competitor Entry Form

(First of three pages)

Part (A)

Surname _____ First name _____

Date of Birth ____/____/____ Club _____

ASA Number _____

Have you entered the IOM Swimming Events before? Yes No

Have any of your personal details in Part "A" changed? Yes No

Address _____ Mobile for text messaging _____

_____ Tel No _____

_____ Post Code _____

E-mail Add: _____

AN EMAIL ADDRESS AND A MOBILE NUMBER FOR TEXT MESSAGING SHOULD BE PROVIDED IF AVAILABLE

Part (B)

I enclose £ _____ for _____ events

Part (C)

Declaration

1. Under the Data Protection Acts and Regulations consent is required for the Isle of Man Swimming Association and/or Island Swimming Clubs affiliated to Isle of Man Swimming Association to disclose identities and information on entrants to the organiser, public, press, local radio & other media. Please complete the details below to authorise those organisations to disclose information to the organiser and for the disclosure of any such information in the programme, results and elsewhere for whatever purpose.

2. I understand that my / my child's photograph may be taken during events or presentations by photographers registered with the organiser and those photographs may be made available for sale or distribution by the organiser to competitors, supporters or press.

3. I understand that I / [my child] compete/[s] in the events at my / [their] own risk. *[Delete as applicable]*

Parental Permission (for entrant under 18):

I give my consent to the above and agree to my above-named child taking part in the event/s

Permission (for entrant over 18):

I consent to the above and apply to take part in the event/s

Signed.....Date:
(To be signed by the parent or guardian of a swimmer under 18)

Signed.....Date:
(Entrants over 18 at date of signing)

IMPORTANT
ISLE OF MAN CLUBS WILL BE PROVIDED WITH A LIST OF ACCEPTED ENTRIES AS SOON AS POSSIBLE AFTER THE CLOSING DATE.
OVERSEAS COMPETITORS AND SCHOOL TEAM ENTRIES ARE NOTIFIED BY EMAIL/POST
PLEASE CHECK YOUR ENTRIES ARE CORRECT
NO LATE ENTRIES WILL BE ACCEPTED

Isle of Man Swimming Association

UTMOST SPRING GALA 2025

Individual Competitor Event Entry Form (Part D) Name:

Sunday 23rd March 2025 - Session 1

- | | | |
|----|-----------------------------|--|
| 1 | Male/Open 200m Backstroke | |
| 2 | Female 200m Backstroke | |
| 3 | Male/Open 50m Breaststroke | |
| 4 | Female 50m Breaststroke | |
| 5 | Male/Open 100m Butterfly | |
| 6 | Female 100m Butterfly | |
| 7 | Male/Open 50m Backstroke | |
| 8 | Female 50m Backstroke | |
| 9 | Male/Open 200m Breaststroke | |
| 10 | Female 200m Breaststroke | |
| 11 | Male/Open 100m Freestyle | |
| 12 | Female 100m Freestyle | |
| 13 | Male/Open 200m Butterfly | |

Sunday 23rd March 2025 - Session 2

- | | | |
|----|-----------------------------|--|
| 14 | Female 200m IM | |
| 15 | Male/Open 200m IM | |
| 16 | Female 50m Freestyle | |
| 17 | Male/Open 50m Freestyle | |
| 18 | Female 100m Backstroke | |
| 19 | Male/Open 100m Backstroke | |
| 20 | Female 50m Butterfly | |
| 21 | Male/Open 50m Butterfly | |
| 22 | Female 200m Freestyle | |
| 23 | Male/Open 200m Freestyle | |
| 24 | Female 100m Breaststroke | |
| 25 | Male/Open 100m Breaststroke | |
| 26 | Female 200m Butterfly | |

Number of Entries X £6.00 = £..... (Payment attached)

Please make a copy of your entries