

## SUNDANCE HILLS WARM-UP SCHEDULE

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:25 am	CK	CK	SH	SH	HTS	BMS
6:45 am	CCV	CCV	HOM	HOM	SG	SG
7:05 am	WC2	HF	K	SP	BF	GO
7:25 am	P	HV	HH	HG	HF2	FP
7:45 am	CLEAR POOL	CLEAR POOL	CLEAR POOL	CLEAR POOL	CLEAR POOL	CLEAR POOL

**Volunteer Check-in and Team Packet Pickup** in Sailfish Room.

**Scratch Meeting** at 7am in the Sailfish Room.

**Stroke Judge & Timing Meeting** at 7:45

Please no markers or body paints used on swimmers except for on their arms with their events.

**Tent Drop-off** between the cones on the street in front of the pool. Tent locations are marked with stake signs (see map). Tents should be monitored at all times. Bags are provided for trash.

**Heat Sheets (\$4) and Highlighters (\$1)** will be available at concessions at 7:00am.

**Warm-up / Cool-down pool:** Swimmers may use the diving pool to warm up and cool down as needed. This is not to be used for recreational purposes and if it is the lifeguard will ask the swimmer(s) to leave the dive pool.

**Heating Area:** The heating tent is at the east end of the diving pool.

**Coaches Area:** Two chairs per team poolside as marked with signage.

**Spectator Area:** Primarily on the West side of the pool outside of the roped off deck area. You may also set your chairs in the grassy area east of the pool and the volleyball pit. Only officials are allowed inside the ropes on the deck.

**Race Results** will be posted on the clubhouse window as soon as they become available.

**Team Meet Packets** – Will contain the following: Meet Programs for Coaches & Parent Reps, Coaches Lunch Tickets and Team Cards

**Questions:**

Parent Reps: Kathy Kummetz 303-483-1883 kummetz@comcast.net