

CMSL Division 5 Championships

July 27, 2024

Warmups – 7:30am to 8:55am

Meet Starts – 9:00am

Hosted by: Nottingham Swim Club
1104 Kingsbridge Terrace
Mount Airy, MD. 21771

Meet Coordinator: Jason Poirier – Coordinator and Data Manager
jpoirier76@gmail.com
443-955-3005

Jed Spencer – Nottingham Team Rep

Parking

There will be limited parking in the Nottingham Swim Club Pool lot. Street parking is available in the neighborhood. Please do not block driveways or mailboxes.

Pool Course

6 Lanes, 25 Meter Non-Turbulent Lane Lines.

Meet Format

The meet events and order of events are the same as CMSL dual meets.

Meet Eligibility

Each swimmer must be registered with their swim team and must have swum in at least two (2) dual meets during the current season to be eligible to qualify for Divisional Championships.

Meet Entries

All individual and relay entries must be submitted via email to Jason Poirier (jpoirier76@gmail.com). Swimmers may be entered in a total of 4 events including relays and each club may enter one (1) relay team in each relay event. Each team may only enter 3 swimmers in each event. For seeding purposes, entries must have a seed time. If swum in a dual meet, that time must be used; if not, time from a timed trial may be submitted. NT entries will not be accepted. Submitted times should be converted to meters and entries can be submitted as an SD3 entry file.

Entry Deadline

Entries must be received **no later than Sunday, July 21st at 6:00pm**. Entry summary reports are due to CMSL by 9:00am Tuesday morning.

Fees

- \$5.00 for each individual entry
- \$20.00 for each relay
- There will be no deck entries allowed

****Checks for entries should be made payable to CMSL and turned in at the Straehle Meet. If payment is not received the team will not be able to participate.****

Awards

- 1st - 3rd Individuals and relay teams will receive a trophy
- 4th - 8th Individuals and relay teams will receive a ribbon
- Each team will need to designate someone to collect their awards after the meet
- Please do not take awards until the meet is complete

Starting/Timing

- Starting blocks will be used for all events
- Meet results will be tabulated by computer (using Hy-TEK Meet Manager)
- Stop watches will be used for timing and each team shall supply their own watches
- Each team will need to provide timers for their assigned lanes for the entire meet

Officials

The meet will be officiated by Maryland Officials Club.

Meet Timeline

7:40am – 8:50am - Warm Ups (see lane assignments below)

8:50am – 9:00am - Team Cheers

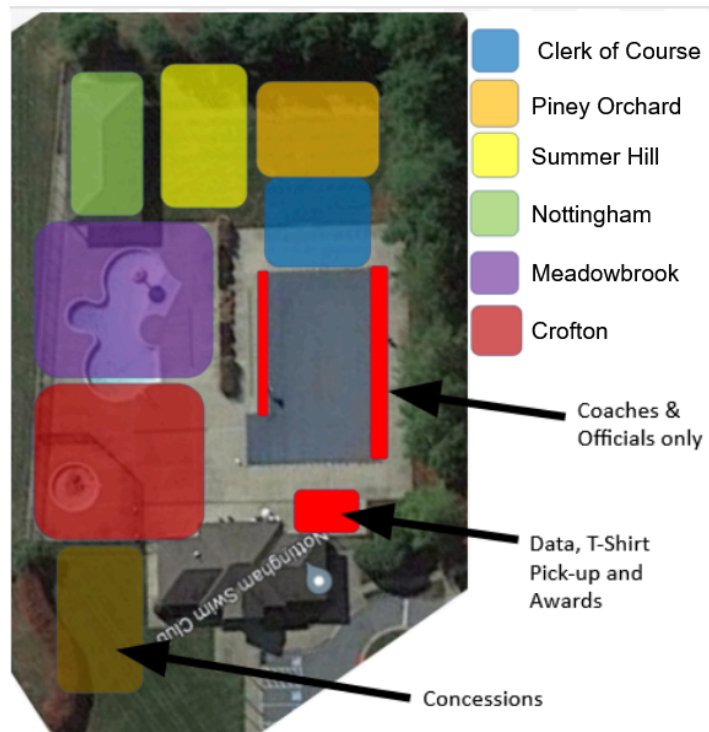
9:00am - National Anthem followed by Meet Start

Warm-Ups Time/Lane Assignments

Team	Time	Lanes
Nottingham	7:30am – 7:55am	1 through 6
Piney Orchard	7:55am – 8:20am	1 through 3
Meadowbrook	7:55am – 8:20am	4 through 6
Summer Hill	8:20am – 8:55am	1 through 3
Crofton	8:20am – 8:55am	4 through 6

Seating Assignments

See the seating diagram below to locate assigned team seating locations. Please provide your own chairs and tents.



MUSHROOM POOL AND BABY POOL ARE CLOSED DURING SWIM MEETS

Programs

A limited number of programs will be for sale before the meet. Our meet results will be live on Meet Mobile. Keyword search: "NSC", year "2024"

Concessions

Concession will be available serving both breakfast (breakfast sandwiches, chicken biscuits, bagels, donuts, and fruit) and lunch (chicken sandwiches, burgers, hot dogs, and chips), coffee and assorted drinks. Cash, Credit Cards, and Contactless payments will be accepted. Please no bills over \$20.

National Anthem at 9am

We invite ALL of the Seniors from each team to join us at the Starting Blocks at 8:55am.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
MBK	NSC	PO	CVST	SH	

Divisional T-Shirt

A divisional tee shirt is available (pre-order only). T-shirt orders can be placed using the link below through end of day (midnight) July 21st. Please make sure that you select your team when ordering shirts. Shirts will be available for pick up the morning of the meet and we ask each team to send one representative to pick up their orders. *See data table when you arrive*

Volunteer Assignments

Bring your own watches

Timers					
Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1
NSC	MBK	PO	CVST	SH	NSC
MBK	PO	CVST	SH	NSC	MBK
PO	CVST	SH	NSC	MBK	PO

NSC - 4, MBK - 4, PO - 4, CVST - 3, SH - 3

Bring your own watches

Head Timers	
1st Half	CVST
2nd Half	SH

CVST - 1, SH - 1

Stroke and Turn Officials (1 member per team)				
IM and Free	NSC	PO		
Back and Fly	SH	CVST		
Breast and Relay	MBK (BR & R)	NSC (BR & R)	SH (Relay Only)	PO (Relay Only)

NSC - 2, MBK - 1, PO - 2, CVST - 1, SH - 2

Table Worker Assignments (1 member per team)			
IM and Free	MBK	CVST	NSC
Back and Fly	CVST	SH	NSC
Breast & Relay	PO	MBK	NSC

NSC - 3, MBK - 2, PO - 1, CVST - 2, SH - 1

Ribbon and Trophies Worker Assignments (1 member per team)		
IM and Free	SH	MBK
Back and Fly	PO	CVST
Breast & Relay	NSC	SH

NSC - 1, MBK - 1, PO - 1, CVST - 1, SH - 2

Runner Assignments (1 member per team)	
IM	NSC
Free	MBK
Back	PO
Fly	CVST
Breast	SH
Relay	PO

NSC - 1, MBK - 1, PO - 2, CVST - 1, SH - 1

Clerk of Course (1 member per half)	
1st Half	NSC, MBK, PO, CVST, SH
2nd Half	NSC, MBK, PO, CVST, SH

NSC - 2, MBK - 2, PO - 2, CVST - 2, SH - 2