



## Crimson Specialty, 12 & Under

**Joseph M Linsey Facility Brandeis University**

**Hosted by**

*Crimson Aquatics  
SSRP*

**Sunday June 29th, 2025**

Held under the sanction of USA Swimming New England: NE25-0629CRIM

<b>Meet Director</b>	Rebecca Le	<a href="mailto:rebeccale862@gmail.com">rebeccale862@gmail.com</a>	617-710-0888
<b>Meet Referee</b>	Rebecca Sparks	<a href="mailto:r1sparks@cox.net">r1sparks@cox.net</a>	401-699-2542
<b>Entry Chair</b>	Adriana Shack	<a href="mailto:adriana.marmolejo@olympian.org">adriana.marmolejo@olympian.org</a>	480-307-4813
<b>Admin Official</b>	Adriana Schack	<a href="mailto:adriana.marmolejo@olympian.org">adriana.marmolejo@olympian.org</a>	480-307-4813
<b>Safety Monitor</b>	Jen Purvis	<a href="mailto:crimsonswwimming@gmail.com">crimsonswwimming@gmail.com</a>	339-221-2379

**SESSIONS:**

Date	Session Name	Warm up	Start
Sunday June 29th	12 & Under	9:00AM	10:05AM

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the neswim.com website.**

**IMPORTANT DEADLINES** First date of entry: Monday May 12th, 2025  
 Final date of entry: Wednesday June 18th, 2025  
 Payment deadline: Friday June 27th, 2025

**SITE** The Linsey Pool Competition Pool is a 6 lane, 25-yard pool. The timing system includes a fully-automatic Daktronics electronic timing system with touchpads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 10 feet deep; the turn end of the pool is 3.5 feet deep. Spectator seating is for 150. The pool is located inside the Gosman Sports and Convocation Center, 415 South St, Waltham MA 02453. Please enter through the main entrance on Main Street, there is no standing on this street, parking is available on the back of the building. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

**FORMAT:**

- The meet will be swum as timed finals. Seeding slowest to fastest.
- No events will swim with more than one swimmer per lane
- 25-yard events will start at the start end and will be timed with (3 watches, electronic)

		<ul style="list-style-type: none"> <li>Scratch sheets will be used for all sessions and must be turned in at the control table 30 minutes before the start of each session.</li> </ul>
<b>SCRATCHES</b>  <b>COURSE ELIGIBILITY</b>	SCY, SCM, LCM	<ul style="list-style-type: none"> <li>All swimmers must be currently registered as athlete members of United States Swimming before 5:00 pm on the day before the first day of the meet. New England swimmers must have a proof of age on file by the above deadline in order to compete</li> <li>Age is determined by the age of the swimmer on the first day of the meet.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Coaches must be registered before the start of the meet.</li> <li>If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting the entry.</li> <li>Deck registrations will NOT be accepted.</li> </ul>
<b>DISABILITY SWIMMERS</b>		<ul style="list-style-type: none"> <li>Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>ENTRY POLICY</b>	First Come, First Served (FCFS)	<ul style="list-style-type: none"> <li>The host team may reserve entries only for their own team.</li> <li>Entries will open at 12:00am on the first date of entries.</li> <li>Entries received at the same clock second shall be considered tied in sequence with any other entries received on that clock second.</li> <li>Entries received before the first date of entries shall be considered tied in sequence with any entries received in the first clock second of the first day of entries.</li> <li>Should the meet become oversubscribed, and entries tied in sequence require resolution, a lottery will be conducted by the New England Swimming office. The results of the lottery will be shared with all involved parties.</li> </ul>

<p><b>CUT PROTOCOL</b></p> <p>If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary:</p>	<ul style="list-style-type: none"> <li>Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed.</li> <li>Entries may be cut by time or to a specific number of heats for specified events.</li> <li>Teams may be asked to cut relay events.</li> <li>If deck scratches allow a reasonable timeline, the swimmers can be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet.</li> </ul>
<p><b>ENTRIES</b></p> <p><b>RELAYS</b></p> <p><b>TIME TRIALS</b> Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows.</p>	<ul style="list-style-type: none"> <li>Electronic entries should be emailed as an attachment to the entry chairperson. Please check that your team's name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: Friday June 27th 2025. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> <li>Mail completed signed entry cover page and waiver, and payment to the entry chairperson: <ul style="list-style-type: none"> <li>Adriana Schack</li> <li>573 Hill Street Hamden</li> <li>CT, 06514</li> </ul> </li> <li>Any team that fails to send payment, cover page and waiver form, by the entry due date may be scratched from the meet and may be assessed a \$100 fine at the discretion of the Entry Chairperson. If no payment is received after 30 days, the fine is doubled. This fine is payable to the Crimson Aquatics. Late payment of entry fees may result in future exclusion from meets hosted by our club.</li> <li><b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is <b>NOT</b> required for delivery.</li> <li>Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. <b>Your entry is considered received only if you receive an acknowledgement.</b></li> <li>All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.</li> <li>All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's)</li> <li>Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events,</li> <li><b>ENTRY TIME UPDATES:</b> Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chair. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)</li> <li>No deck entries will be accepted.</li> </ul>
<p><b>FEES</b></p>	<ul style="list-style-type: none"> <li>N/A</li> </ul>
	<ul style="list-style-type: none"> <li>Timed final individual events 200 yards and under: \$5.00</li> <li>Distance events (events 400 yards and over).\$10.00</li> <li>Time Trials \$10.00 for IE, \$40 for relays</li> <li>Swimmer Participation Fee is \$25.00 per swimmer</li> <li>NES Travel Fee: \$1.00 per swimmer (to be included in the check and the host team will send to NE Swimming)</li> <li>Non-electronic entries: \$5.50 for individual, \$10.50 for distance and \$25.00 for relays.</li> </ul>

	N/A
<b>ADMISSIONS</b>	
<b>MEET MOBILE</b>	<p><b>MEET MOBILE HEAT SHEETS</b> (delete if not offering) Meet Mobile heat sheets will be offered at this meet for \$5.99. (Payable thru the app store) The Meet Mobile heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds.</p> <p><b>MEET MOBILE:</b> Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.</p>
<b>WARM-UP</b>	The pool will open for warm-ups as designated on the event list.... one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.
<b>AWARDS</b>	N/A
<b>SCORING</b>	The meet will not be scored.
<b>LEGAL SPLITS</b>	<p><b>Individual Events:</b> Preferably, legal splits should be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party should supply an additional timer(s) on the lane for the split, if necessary, to ensure an accurate time. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course. Optionally, a legal split may be requested after the event using a legal split form when using a fully automatic timing system. The Admin Official has discretion to either grant or deny the request after reviewing the available evidence. Backstroke legal splits must be requested in advance to ensure a legal finish.</p>
<b>SWIMWEAR</b>	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <a href="#">Tech Suit Restriction for 12-and-Under Swimmers</a> .

**RULES**

- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet.
- Operation of a **DRONE**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted.
- **PHOTOGRAPHY**: As per New England Swimming policy, professional photographers contracted by the Crimson Aquatics or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.
- **VIDEO STREAMING**: All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may originate from behind the starting blocks or from any other area marked as a NO CAMERA ZONE.
- Deck Changing is **PROHIBITED**.
- An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.
- According to New England Swimming Best Practices, all athletes should shower before entering the pool.
- In accordance with New England Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.

**SAFETY**

- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.

- Lifeguards on staff will be in charge of any safety/medical issues. They are to be reported to in case of emergency. AED located on the wall mid pool by lifeguard staff on locker room side of the pool. All patrons must follow lifeguard instructions.
  - Diving will be prohibited during warm-ups, except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time.
- WARM UP SAFETY:**
- For all warm-up sessions, swimmers must utilize a “sit and slide”/ “three-point” entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.
  - During competition, when entering the warm-up/warm-down area, a “sit and slide”/ “three-point” entry is required at all times.”
  - In extraordinary cases, due to bulkheads and other pool designs, it may be determined that it is unsafe or impossible for swimmers to perform the required sit and slide entry. In such extremely rare cases, the sit and slide rule may be modified. Exceptions to the sit and slide rule shall only be made when performing the sit and slide entry poses risk of injury to swimmers and/or risk damaging or ripping of swimsuits. An exception to the sit and slide rule shall only be made when the Safety Monitor, Meet Director, and Meet Referee have evaluated the risks and unanimously determined that the use of the sit and slide entry poses such great risk as to be unsafe. In these cases, the Safety Monitor, Meet Director, and Meet Referee must determine and agree upon an alternative safety plan to ensure swimmer safety.

**SAFE SPORT**

- The USA Swimming Safe Sport program is USA Swimming’s comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
- The Minor Athlete Abuse Prevention Policy ([www.usaswimming.org/maapp](http://www.usaswimming.org/maapp)) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.
- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).
- All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after Sunday June 29th, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after Sunday June 29th, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

<p><b>FACILITY RULES</b></p>	<p><b>PARKING</b></p> <p>The main address of Brandeis University is 415 South St in Waltham.</p> <p>Upon entering the main athletics drive on South Street, proceed straight down the hill and wind to the left behind the Gosman Athletic Center. On the back side of the building, continue straight to the end of the building (tennis courts on right) and take a left. Drive up the incline and take the first right just after the big red dumpster (do not drive straight up the hill under the glassed footbridge, it is a fire lane!). The building now on your left is the Linsey pool.</p> <p>Park in the lot adjacent to the back of the pool building. If there are no spaces remaining, continue out of this lot to the right and down the hill (student housing on left) and park in the larger lot you spill into. This lot will be adjacent to the tennis courts.</p> <p>NOTE: Once you drive past the red dumpster, the road between the pool and the parking lot becomes a one way road. Cars should only exit the parking lot behind the pool by taking a right. All swimmers, coaches, and parents should walk up the fire lane (under the glass footbridge) to the stairs on the right hand side. These stairs lead to the front of Linsey pool where you can enter the pool via the main glass entrance doors. There is a Brandeis lifeguard stationed at the desk monitoring building access. <b>Do not attempt to access the pool via the handicapped ramp or the emergency exit door that is at the top of the metal staircase on the back of the building.</b> All swimmers and coaches should exit via the main entrance at the end of the meet as well.</p> <p>Once inside the main lobby, the girl's locker room is down one flight on the immediate left and the boy's locker room is down one floor on the immediate right.</p> <p>Important Notes:  <b>There is to be no stopping, parking, or general drop off/pick up activities on South Street. This is a busy street and there is no practical place to stop or pull over.</b></p>
<p><b>CHANGES TO MEET</b></p>	<p>Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Patrick Johnstone. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.</p>
<p><b>WEATHER/FACILITY PROTOCOL</b></p>	<p>If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet</p>
<p><b>MEET JURY</b></p>	<p>Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.</p>
<p><b>DECK ACCESS</b></p>	<p>The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.</p>
<p><b>OFFICIALS</b></p>	<p>Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.</p>
<p><b>GENERAL</b></p>	<p>Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available.</p> <p>No concessions</p>

<b>DIRECTIONS</b>	N/A
<b>HOTELS</b>	N/A
<b>EVENTS</b>	(separate page)
<b>WAIVERS</b>	USA Swimming, Inc., New England Swimming, Inc., and Crimson Aquatics and Brandeis University cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/New England Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming/New England Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**Crimson Aquatics Team Specialty  
ORDER OF EVENTS**

**Session: 12 & Under Warm-up: 9:00-10:00AM Start: 10:05AM**

<u>Girls #</u>	<u>Events</u>	<u>Boys #</u>
1	12 & Under 200 Free	2
3	10 & Under 25 Fly	4
5	10 & Under 25 Back	6
7	12 & Under 100 Fly	8
9	12 & Under 50 Breast	10
11	12 & Under 50 Free	12
13	12 & Under 100 Back	14
15	12 & Under 200 Individual Medley	16
17	10 & Under 25 Breast	18
19	10 & Under 25 Free	20
21	12 & Under 100 Breast	22
23	12 & Under 50 Fly	24
25	12 & Under 50 Back	26
27	12 & Under 100 Free	28

**ENTRY PAYMENT AND LIABILITY RELEASE FORM**

**Crimson Specialty 12 & Under  
Crimson Aquatics  
Brandeis University Sunday June 29th 2025**

Held under the sanction of USA Swimming/New England: NE25-0629CRIM

**CONTACT  
INFO**

CLUB NAME:

CONTACT NAME:

CONTACT EMAIL

CONTACT CELL PHONE:

LIST UNATTACHED SWIMMERS:

**ENTRY FEES**

Individual Entries (200 and under) @ \$5.00 \_\_\_\_\_ = \$ \_\_\_\_\_

Distance events (400 and more) @ \$10.00 \_\_\_\_\_ = \$ \_\_\_\_\_

Swimmer Participation Fee: # athletes \_\_\_\_\_ @ \$ 25.00 = \$ \_\_\_\_\_

NE Travel Surcharge: # athletes \_\_\_\_\_ @ \$1.00 each = \$ \_\_\_\_\_

TOTAL DUE: \$ \_\_\_\_\_

**PAYMENT**

Make checks payable to: Crimson Aquatics

Send to: Adriana Schack 573 Hill St Hamden CT, 06514

Payment deadline: Friday June 27th, 2025

**WAIVER:**

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming Inc, Crimson Aquatics and Brandeis University for any and all injuries suffered by him/her at said meet, including Covid 19. In submitting this entry, the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

\_\_\_\_\_  
Signature of Authorized Team Official

\_\_\_\_\_  
Date